

ID# \_\_\_\_\_ Date Completed \_\_\_\_\_ Time Completed \_\_\_\_\_

### **Response to Stroke Symptoms Questionnaire**

People may experience many different symptoms when they have a problem with the blood vessels in their brain. By symptom we mean any feeling that was unusual or out of the ordinary (for example, weakness or tingling or paralysis in your face, arm or leg, difficulty speaking, slurred speech, difficulty swallowing, dizziness, headache, visual problems). Please circle the answer or fill in the blank that best describes how you responded to your symptoms.

1. When did you first notice your symptoms?  
Date \_\_\_\_\_ Time (24 hour clock)\_\_\_\_\_
  
2. Where were you when you first noticed your symptoms?
  - a) at home
  - b) at work
  - c) in a vehicle
  - d) visiting friends or relatives
  - e) in a public place (for example, restaurant, movie, theater, hotel, meeting)
  - f) other
  
3. When you first noticed your symptoms were you
  - a) alone
  - b) with your spouse or partner
  - c) with another family member
  - d) with friends
  - e) with people at work
  - f) other
  
4. How did other people respond to you when you told them about your symptoms? (This question refers to lay people --one answer only)
  - a) they said or did nothing
  - b) they told me not to worry
  - c) they tried to comfort me
  - d) they suggested I rest or take medicine
  - e) they suggested I get medical help
  - f) they called the emergency number to get help for me
  - g) they took me to the hospital
  - h) they got upset
  - i) I never told anyone about my symptoms
  
5. What was the FIRST thing that you did when you FIRST noticed your symptoms? (one answer only)
  - a) wished or prayed that they would go away
  - b) tried to relax
  - c) pretended nothing was wrong
  - d) told someone
  - e) tried not to think about my symptoms
  - f) took medication (for example, aspirin)
  - g) called my doctor
  - h) tried self-help remedy (changing position, herbs, etc.)
  - i) told someone who was nearby (friend, co-worker, stranger, etc.)
  - j) called the emergency number
  - k) transported myself or had someone transport me to the hospital
  - l) drove to the doctor's office or clinic

6. When you FIRST noticed your symptoms did you think the problem was (one answer only )
- your brain (blood vessels in your brain)
  - fatigue
  - flu or flu-like illness
  - migrane
  - stress
  - other
7. When you first experienced your symptoms how *serious* did you think they were?
- |            |        |            |      |           |
|------------|--------|------------|------|-----------|
| 1          | 2      | 3          | 4    | 5         |
| not at all | mildly | moderately | very | extremely |
8. How anxious (distressed or upset) were you by your symptoms when you first noticed them?
- |            |        |            |      |           |
|------------|--------|------------|------|-----------|
| 1          | 2      | 3          | 4    | 5         |
| not at all | mildly | moderately | very | extremely |
9. How much ability to control your symptoms do you think you have?
- |      |          |          |       |           |
|------|----------|----------|-------|-----------|
| 1    | 2        | 3        | 4     | 5         |
| none | a little | moderate | a lot | very much |
10. How important were the following factors in causing you to delay seeking help for your symptoms?
- You delayed because you waited to see if symptoms would go away
- |            |        |            |      |           |
|------------|--------|------------|------|-----------|
| 1          | 2      | 3          | 4    | 5         |
| not at all | mildly | moderately | very | extremely |
- You delayed because you were embarrassed to get help
- |            |        |            |      |           |
|------------|--------|------------|------|-----------|
| 1          | 2      | 3          | 4    | 5         |
| not at all | mildly | moderately | very | extremely |
- You delayed because you feared what might happen
- |            |        |            |      |           |
|------------|--------|------------|------|-----------|
| 1          | 2      | 3          | 4    | 5         |
| not at all | mildly | moderately | very | extremely |
- You delayed because your symptoms came and went
- |            |        |            |      |           |
|------------|--------|------------|------|-----------|
| 1          | 2      | 3          | 4    | 5         |
| not at all | mildly | moderately | very | extremely |
- You delayed because you did not recognise your symptoms as stroke symptoms
- |            |        |            |      |           |
|------------|--------|------------|------|-----------|
| 1          | 2      | 3          | 4    | 5         |
| not at all | mildly | moderately | very | extremely |
- You delayed because you did not want to trouble anyone
- |            |        |            |      |           |
|------------|--------|------------|------|-----------|
| 1          | 2      | 3          | 4    | 5         |
| not at all | mildly | moderately | very | extremely |
- You delayed because you did not know the symptoms of a stroke
- |            |        |            |      |           |
|------------|--------|------------|------|-----------|
| 1          | 2      | 3          | 4    | 5         |
| not at all | mildly | moderately | very | extremely |
- You delayed because you did not realise the importance of your symptoms
- |            |        |            |      |           |
|------------|--------|------------|------|-----------|
| 1          | 2      | 3          | 4    | 5         |
| not at all | mildly | moderately | very | extremely |
11. How important do you think it is for someone who is having symptoms of a stroke to come to hospital?
- |            |        |            |      |           |
|------------|--------|------------|------|-----------|
| 1          | 2      | 3          | 4    | 5         |
| not at all | mildly | moderately | very | extremely |
12. On a scale of 0 to 10 with 0 being no pain and 10 being the worst pain you have ever felt, how much pain did you have? \_\_\_\_\_