Online Supplementary Table 1. Obstetric details of the study sample with test statistics

Obstetric data					
Kind of loss, N (%)				0.98^d	*ns*
Early miscarriage	118 (51.8)	57 (49.6)	61 (54.0)		
Late miscarriage	38 (16.7)	19 (16.5)	19 (16.8)		
Termination due to fetal anomaly	30 (13.2)	15 (13.0)	15 (13.3)		
Stillbirth	42 (18.4)	24 (20.9)	18 (15.9)		
Mean gestational week, **M (SD),**	17.80 (10.09)	18.17 (10.36)	17.42 (9.85)	6286.50^e	*ns*
[range]	[5-43]	[5-42]	[6-43]		
Mean time since loss, **M (SD),**	9.93 (24.11)	8.84 (19.28)	11.05 (28.23)	5989.00^e	*ns*
[range]	[0-260]	[0-144]	[0-260]		
Previous miscarriage, N (%)	67 (29.4)	33 (28.7)	34 (30.1)	0.05^b	*ns*
Previous termination, N (%)	19 (8.3)	7 (6.1)	12 (10.6)	1.53^b	*ns*
Previous stillbirth, N (%)	3 (1.3)	2 (1.7)	1 (0.9)	0.32^b	*ns*
Having living children, N (%)	85 (37.4)	38 (33.0)	47 (41.6)	1.93^b	*ns*

Note. [a] two-tailed *t* test; [b] Pearson chi-square, 2 x 2 table, *df* = 1; [c] Pearson chi-square, 3 x 2 table, *df* = 2; [d] Pearson chi-square, 4 x 2 table, *df* = 3; [e] Mann-Whitney U-test.

Online Supplementary Table 2. Recurring themes during the intervention

Themes	
Self-blame	Perceiving having done something wrong (e.g. smoking or jogging during pregnancy)
Guilt	Feeling that their bodies have failed
Ambivalence	Ambivalent attitudes toward the pregnancy
"Child-envy"	The feeling of being envious of other people's children