



**Pitfalls in the definition of complex fractionated atrial  
electrograms for atrial fibrillation studies**

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## Letter to the Editor

### **Pitfalls in the definition of complex fractionated atrial electrograms for atrial fibrillation studies**

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#### **Conflict of interests**

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3 To the Editor,  
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6 We read with great interest the study by Baher and colleagues.<sup>1</sup> Their work helps to consolidate the use  
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8 of recurrence quantification analysis (RQA) in the investigation of cardiac dynamics during atrial  
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10 fibrillation (AF). It also motivates further discussion on creative methods and biomarkers for studying  
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12 such complex cardiac disorder.  
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15 As clearly pointed out by the editorial-invited perspective from Roney and Bishop<sup>2</sup>, the multiple  
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17 definitions of complex fractionated atrial electrograms (CFAEs) represent an important hurdle for the  
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19 identification of atrial substrate. We have recently shown that CFAE target identification to guide  
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21 radiofrequency ablation is dependent on the system used and settings applied.<sup>3</sup> Each system measures  
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23 different aspects of the atrial electrograms (AEGs) to characterize the atrial substrate during AF. These  
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25 factors induce inconsistencies and make the reproducibility of the AEG classification difficult. Using  
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27 revised settings that minimize the differences in CFAE classification performed by individual system  
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29 can decrease methodological heterogeneities and facilitate comparisons of CFAE mapping among  
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31 different studies.  
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35 The authors should also be commended for integrating *in-silico* and *in-vivo* models in their study, which  
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37 certainly provides further details on the underlying AF electrophysiology.<sup>1</sup> In the clinical arm of the  
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39 investigation, a smaller portion of the patients (41%) was identified with persistent AF. Additionally,  
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41 pulmonary vein isolation (PVI) terminated AF in all cases, which, despite intense debate, is challenging  
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43 in persistent AF patients.<sup>4</sup> Finally, the underlying electrophysiology of CFAEs is remarkably different  
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45 between paroxysmal and persistent AF, which might hinder a proper definition of active and passive  
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47 CFAEs, even following AF termination.<sup>5</sup> These differences should be addressed using the method  
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49 proposed by the authors. We have recently used RQA to investigate the effect of PVI on the underlying  
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51 dynamics of persistent AF in 18 patients.<sup>6</sup> Although ablation with PVI did not terminate AF, our results  
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53 show that the RQA variables were significantly affected by PVI, and that the variables were effective  
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55 in discriminating CFAE vs. normal AEGs. On other work, we investigated changes in CFAE  
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57 distribution induced by PVI in the same cohort.<sup>7</sup> Our results suggest that some atrial regions are  
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3 impervious to PVI, while others are affected by it. Nearly half of the atrial regions classified as CFAE  
4 at baseline continued as CFAE after PVI. These could represent atrial regions important in AF  
5 perpetuation, as they appear to be anchored in the atria and persisted after PVI.  
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10 Baher and colleagues should be praised for their work.<sup>1</sup> RQA is a versatile and compelling method that  
11 will certainly help improving our comprehension on the underlying dynamics of AF. Their method  
12 should be further explored in other cohorts – both *in-silico* and *in-vivo* – to study different underlying  
13 dynamics and electrophysiological mechanisms that participate in AF perpetuation.  
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For Peer Review