

Baseline variable	FTC	MSTC
Age, y mean (low, high)	53.9 (28.7, 72.1)	52.5 (29.2, 73.7)
EDSS-S (SD) (low, high)	5.2 (1.1) (3.5, 6.5)	5.4 (1.0) (4, 6.5)
Female (n, %)	31 (81.6)	30 (75)
Married/Partner	30 (78.9)	21 (52.5)
Caucasian/ Hispanic/Latino	32 (84.2)	38 (95)
Education: BS or above	9 (23.7)	12 (30)
Unemployed	33 (86.8)	28 (70)
Income \leq \$30,000	24 (63.2)	17 (42.5)
Relapsing-remitting	28 (73.7)	24 (60)
Progressive MS	10 (26.3)	15 (37.5)

Supplementary Table 1 Baseline characteristics of the two treatment groups

Abbreviations: FTC = Fatigue: Take Control, MSTC = MS: Take Control, y = years, EDSS-S = Expanded Disability Status Scale - Self-assessed, BS = Bachelor's of Science, MS = multiple sclerosis