

## Supplemental Material

The search strategy of PubMed is as follows:

Search (((("Kidney Failure, Chronic"[Mesh]) OR (((((((((((((((End-Stage Kidney Disease[Title/Abstract]) OR Disease, End-Stage Kidney[Title/Abstract]) OR End Stage Kidney Disease[Title/Abstract]) OR Kidney Disease, End-Stage[Title/Abstract]) OR Chronic Kidney Failure[Title/Abstract]) OR End-Stage Renal Disease[Title/Abstract]) OR Disease, End-Stage Renal[Title/Abstract]) OR End Stage Renal Disease[Title/Abstract]) OR Renal Disease, End-Stage[Title/Abstract]) OR Renal Disease, End Stage[Title/Abstract]) OR Renal Failure, End-Stage[Title/Abstract]) OR End-Stage Renal Failure[Title/Abstract]) OR Renal Failure, End Stage[Title/Abstract]) OR Renal Failure, Chronic[Title/Abstract]) OR Chronic Renal Failure[Title/Abstract]) OR ESRD[Title/Abstract]))) AND (("Exercise"[Mesh]) OR (((((((((((((((((((Exercises[Title/Abstract]) OR Physical Activity[Title/Abstract]) OR Activities, Physical[Title/Abstract]) OR Activity, Physical[Title/Abstract]) OR Physical Activities[Title/Abstract]) OR Exercise, Physical[Title/Abstract]) OR Exercises, Physical[Title/Abstract]) OR Physical Exercise [Title/Abstract]) OR Physical Exercises[Title/Abstract]) OR Acute Exercise [Title/Abstract]) OR Acute Exercises[Title/Abstract]) OR Exercise, Acute [Title/Abstract]) OR Exercises, Acute[Title/Abstract]) OR Exercise, Isometric[Title/Abstract]) OR Exercises, Isometric[Title/Abstract]) OR Isometric Exercises [Title/Abstract]) OR Isometric Exercise[Title/Abstract]) OR Exercise, Aerobic [Title/Abstract]) OR Aerobic Exercise[Title/Abstract]) OR Aerobic Exercises [Title/Abstract]) OR Exercises, Aerobic[Title/Abstract]) OR Exercise Training [Title/Abstract]) OR Exercise Trainings[Title/Abstract]) OR Training, Exercise [Title/Abstract]) OR Trainings, Exercise[Title/Abstract]))) AND (((((((Clinical Study[Title/Abstract]) OR Clinical Trial[Title/Abstract]) OR Controlled Clinical Trial[Title/Abstract]) OR randomized[Title/Abstract]) OR Randomly[Title/Abstract])) OR "Randomized Controlled Trial" [Publication Type])

