

#### Part 4. Quality Evaluation of the Included RCTs

| Study ID      | Randomized method | Follow-up | Blind method | Allocation concealment | Reasons of withdrawal | Inclusion and exclusion criteria | ADRs | Statistical methods | Foundations | Medical ethics | Scores |
|---------------|-------------------|-----------|--------------|------------------------|-----------------------|----------------------------------|------|---------------------|-------------|----------------|--------|
| Zhao JC 2012  | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 0    | 0                   | 0           | 0              | 2      |
| Dong WH 2016  | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 0    | 1                   | 1           | 0              | 4      |
| Hu YC 2012    | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 0    | 1                   | 0           | 0              | 3      |
| Liao GQ 2009  | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 0                   | 0           | 0              | 3      |
| Yan Q 2015    | 1                 | 1         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 1              | 7      |
| Kang T 2015   | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 1              | 5      |
| Gao JF 2014   | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 0              | 4      |
| Liu KH 2014   | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 1              | 5      |
| Xi R 2011     | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 0              | 4      |
| Tao CL 2013   | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 0              | 4      |
| Kuang YM 2007 | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 0              | 4      |
| Liu XG 2015   | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 0    | 1                   | 0           | 0              | 3      |
| Fang XG 2012  | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 0    | 1                   | 0           | 0              | 3      |
| Wang HM 2010  | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 0              | 4      |
| Li D 2015     | 1                 | 0         | 0            | 0                      | 0                     | 1                                | 0    | 1                   | 0           | 0              | 4      |
| Zhu YS 2016   | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 0              | 4      |
| Gao W 2010    | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 0              | 4      |
| Wei H 2015    | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 0    | 1                   | 1           | 0              | 4      |
| Yu GY 2014    | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 0    | 1                   | 0           | 0              | 3      |
| Wang JY 2011  | 1                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 0              | 5      |
| Xu L 2014     | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 0    | 1                   | 0           | 0              | 3      |
| Fu SY2007     | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 0              | 4      |
| Zhang ML 2015 | 1                 | 0         | 0            | 0                      | 0                     | 1                                | 0    | 1                   | 0           | 0              | 4      |
| Jiang LH 2016 | 1                 | 0         | 1            | 0                      | 0                     | 1                                | 0    | 1                   | 0           | 0              | 5      |
| Ren H 2014    | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 0    | 1                   | 0           | 0              | 3      |
| Li X 2011     | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 0              | 4      |
| Yu Y 2016     | 1                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 1              | 6      |
| Fan S 2010    | 0                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 0              | 4      |
| Li HJ 2007    | 0                 | 1         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 0           | 0              | 5      |
| Hai YJ 2011   | 1                 | 0         | 0            | 0                      | 0                     | 1                                | 1    | 1                   | 1           | 0              | 6      |

|               |   |   |   |   |   |   |   |   |   |   |   |
|---------------|---|---|---|---|---|---|---|---|---|---|---|
| Liu T 2009    | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 4 |
| Huang SM 2013 | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 3 |
| Huang J 2008  | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 3 |
| Liang L 2010  | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 4 |
| Chen LF 2013  | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 4 |
| Ni BQ 2009    | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 5 |
| Song M 2015   | 1 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 5 |
| Wang CB 2010  | 1 | 0 | 0 | 0 | 1 | 1 | 0 | 1 | 0 | 0 | 4 |
| Zou JL 2012   | 1 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 1 | 6 |
| Ying F 2015   | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 4 |
| Zhao T 2011   | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 4 |
| Yan F 2014    | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 5 |
| Huo W 2008    | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 3 |
| Liang QL 2009 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 6 |
| Guo YH 2015   | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 4 |
| Liang JB 2015 | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 4 |
| Yang YH 2008  | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 4 |
| Lei Z 2012    | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 4 |
| Xiao B 2008   | 0 | 1 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 5 |
| Qiao JJ 2013  | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 1 | 0 | 0 | 4 |
| Fang ZM 2008  | 1 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 5 |
| Wen K 2015    | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 1 | 1 | 0 | 5 |
| Liao YJ 2011  | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 4 |
| Wang RW 2015  | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 1 | 5 |
| Zhou ZY 2012  | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 4 |
| Ma Y 2013     | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 4 |
| Huang JL 2012 | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 4 |
| Zhang L 2012  | 1 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 5 |
| Liang SY 2010 | 0 | 1 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 5 |
| Chen F 2009   | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 4 |