

Supplemental Appendix 1

Authors	Location	Name of Intervention	Target group	Type of intervention	Sport	Behavior targeted	Layer(s)	Level	Design
Abbott et al., 2008	Australia	<i>SafeClub</i>	Sports participants	Risk management education program	Soccer	Safety issues	Macro, meso	Institutional	Controlled pre- and post-survey
Anderson & Pierce, 2012	Australia	<i>Mental health first aid (MHFA)</i>	Young rural males	Mental health literacy training	Football, netball	Mental health, first aid	Meso, macro	Interpersonal	Pre- and post-survey + focus group
Barnes et al., 2010	Canada	-	Sport clubs	Partnership program	Cycling	Healthy eating, PA, smoking	Macro	Community	Network analysis
Bruun et al., 2014	Denmark	<i>Fodbold Fitness</i>	Prostate cancer survivors	Community based recreational program	Soccer	PA and quality of life	Micro, meso, macro	Intrapersonal, interpersonal, institutional	Process evaluation
Buchholz et al., 2008	Canada	<i>BodySense</i>	Female athletes	Prevention program	Gymnastics	Positive body image, eating behavior	Micro, meso	Intrapersonal, interpersonal	Randomized controlled trial
Casey et al., 2014	Australia	<i>Game Sense Approach</i>	Adolescent girls	School-sports clubs link	Tennis or football	Health promotion	Macro	Intrapersonal, interpersonal, institutional	Process evaluation
Casey et al., 2012	Australia	<i>Partnership for Health (PfH)</i>	Sports participants	System wide health promotion program		Health promotion	Macro, meso	Institutional, policy	Survey
Casey et al., 2009a	Australia	-	Regional sports assemblies	Organizational change, capacity building intervention		Health promotion	Macro	Community	Survey and interviews
Casey et al., 2009b	Australia	-	Sports clubs	Partnership development		Health promotion	Macro	Community	Case study

Cleary et al., 2012	USA	-	Elite athletes	Behavior education	Volleyball	Hydration	Micro	Intrapersonal	Cross-over trial
Corti et al., 1995	Australia	<i>Healthway</i>	Sports clubs	Sponsorship program		Health promotion	Macro	Institutional	Descriptive survey
Crisp & Swerissen, 2003	Australia	-	Sports participants	Structural changes in setting		Smoking, alcohol consumption, healthy eating, sun protection	Macro	Institutional	Case study
Darker et al., 2013	Ireland	-	Amateur sportsmen	Community, mobilization multi-level intervention	Gaelic football	Alcohol consumption	Micro, meso, macro	Intrapersonal, interpersonal, institutional, community	Qualitative study
DeBate et al., 2009	USA	<i>Girls on the run, Girls on track</i>	Adolescent girls	Sport and PA Development	Running	PA, body image, self-esteem	Micro	Intrapersonal	Pre- and post-survey
Dobbinson et al., 2006	Australia	-	Sports participants	Policies and sponsorship development	Multiple sports	Smoke free, sun protection, healthy eating, injury prevention, alcohol consumption	Macro	Institutional	Descriptive study
Eagles et al., 2016	Canada	<i>Concussion-U</i>	Sports participants	Education program	Hockey	Concussion	Micro	Intrapersonal, interpersonal	Pre- and post-survey
Edwards & Edwards, 2012	South Africa	-	Sports participants	Psychological skills training	Rugby	Health and performance	Micro	Intrapersonal	Pre- and post-survey
Falcão et al., 2012	Canada	-	Youth sport coaches and athletes	Program youth development	Soccer, basket ball	Youth developmental outcomes	Micro	Interpersonal	Qualitative pre- and post-study

Geidne et al., 2013	Sweden	<i>Goal without alcohol</i>	Sports participants	Policies implementation	Soccer	Alcohol consumption	Macro	Intrapersonal, interpersonal, institutional, community	Case study
Gianotti et al., 2010	New Zealand	<i>NetballSmart SoccerSmart</i>	Sports participants	Injury prevention coach education	Netball, soccer	Injury prevention	Micro	Interpersonal	Survey
Giles-Corti et al., 2001	Australia	<i>Healthway</i>	Sports club setting	Health sponsorship		Smoking, passive smoking	Macro	Institutional	Survey
Haudenhuyse et al., 2012	Belgium	<i>Opboxen</i>	Vulnerable youth	Sport based intervention	Boxing	Sport participation, social inclusion	Micro	Intrapersonal	Descriptive study
Hermens et al., 2017	The Netherlands	<i>Youth, Care and Sport</i>	Socially vulnerable youth	Networking	Multiple sports	Social inclusion	Macro	Community	Descriptive study
Hilland et al., 2015	England	<i>Roy Castle FagEnd</i>	Sport coaches and participants	Coach education and communication program	Multiple sports	Smoking	Micro	Interpersonal	Process evaluation
Inoue et al., 2015	USA	<i>Family Fitness Challenge</i>	Families	Family centered HP initiative	Professional NBA team	Health promotion	Micro	Intrapersonal, interpersonal	Qualitative study
Kaplan et al., 2015	Haiti	<i>GenNext</i>	Adolescent girls	Soccer-education program	Soccer	Pregnancy	Micro	Intrapersonal, interpersonal, institutional, community	Pre- and post-survey
Kingsland et al., 2015	Australia	<i>Good sports program</i>	Sports participants	Accreditation program	Australian football	Health promotion	Macro, meso	Institutional	Randomized controlled trial

Lackinger et al., 2015	Australia	<i>TGSEC</i>	Diabetes patient	PA training	Circuit training	PA, quality of life	Micro	Intrapersonal	Pre- and post-survey
Lane et al., 2017	Ireland	<i>GAA healthy club project</i>	Sport participants	Setting based health promotion	Gaelic football	Health promotion	Macro	All	Survey
Larsen et al., 2015	Norway and France	<i>Empowering coaching training program</i>	Youth football players	Coach education program	Soccer	Sports engagement	Micro	Interpersonal	Qualitative study
Litvak-Hirsch et al., 2016	Israel	<i>Mifalot's 'United Soccer for Peace'</i>	Arab and Jewish coaches and sports participants	Coach education and funding leverage	Soccer	Coaches skills, peace values	Micro	Intrapersonal, interpersonal	Qualitative study
Lozano-Sufrategui et al., 2017	Great Britain	<i>Healthy stadia</i>	Older overweight men	Weight management programmes	Physical activity, circuit training, football	Overweight, obesity	Micro	Intrapersonal	Qualitative study
Mandelbaum et al., 2005	USA	-	Female youth soccer	Injury prevention specific training	Soccer	Anterior cruciate ligament injury	Micro	Intrapersonal, interpersonal	Prospective non randomized trial
Marlier et al., 2014	Belgium	<i>Community sport program</i>	Individuals at risk of sport deprivation	Community capacity building		Health through sport	Macro	Community	Case study
Marlier et al., 2014	Belgium	<i>Community sport program</i>	Low SES adults	Community capacity building	Multi-sports	Sports participation	Micro, meso, macro	Intrapersonal, institutional and community	Qualitative study
McConkey et al., 2013	Germany, Hungary, Poland,	<i>Youth Unified</i>	Participants with	Youth sports program	Football, basketball	Social inclusion	Macro, meso	Intrapersonal	Descriptive study

	Serbia, Ukraine	<i>Sports Programme</i>	intellectual disabilities						
McElroy et al., 2008	Great Britain	<i>Care Standards Improvement Programme (CSIP) league</i>	Male	Care standards Improvement program	Soccer	Mental health	Micro	Intrapersonal, community	Descriptive study
Misener & Misener, 2016	Canada	<i>Active city</i>	Sport participants	Partnership development		Sport participation	Macro	Community	Case study
Morgan et al., 2017	Great Britain	<i>X-PERT</i>	Type 2 diabetes patients	Education program	Soccer	Diabetes empowerment, PA, medication	Micro	Intrapersonal	Pre- and post-survey
O'farrell et al., 2017	Ireland	-	Amateur sportsmen	Multifaceted community based intervention	Gaelic Football	Alcohol consumption, alcohol-related harm	Micro, meso, macro	Intrapersonal, interpersonal, institutional, community	Descriptive study
O'Gorman et al., 2015	England	-	Ethnic groups	Policy implementation	Soccer	Social inequalities	Macro	Institutional	Descriptive study
Parrott et al., 1999	USA	-	Children	Health education	Soccer	Sun protection	Micro	Interpersonal	Randomized controlled trial
Poulos & Donaldson, 2015	Australia	<i>Mayday Safety Procedure</i>	Sports participants	Diffusion of procedure	Rugby	Safety	Micro, meso	Intrapersonal, interpersonal, institutional	Quasi experimental design
Pringle et al., 2013	Great Britain	<i>Premier League Health (PLH)</i>	fUnemployed and homeless men, including black and	Soccer based health intervention	Soccer	PA, healthy eating, alcohol, smoking	Micro	Intrapersonal	Qualitative study

			ethnic minority						
Reilly et al., 2011	Australia	-	Aboriginal people	Community program	Football netball	Nutrition, physical activity	Micro, meso, macro	All	Descriptive study
Rosso & McGrath, 2016	Australia	<i>Fun</i>	Disadvantaged, migrants, refugees	Community development program	Soccer	Social inclusion, empowerment	Macro	Intrapersonal	Descriptive study
Rowland et al., 2014	Australia	-	Sports participants	Community program		Alcohol consumption, safe driving	Micro	Institutional	Quasi randomized controlled trial
Rowland et al., 2012a	Australia	<i>Good Sports program</i>	Adults in sports club	Multiple strategy accreditation program	Australian football	Alcohol consumption	Meso, macro	institutional	Survey
Rowland et al., 2012b	Australia	<i>Good Sports program</i>	Sports participants	Setting based program	Football, cricket	Health promotion	Macro, meso	Institutional	Descriptive study
Rowland et al., 2012c	Australia	<i>Good sports program</i>	Sports participants	Accreditation program	Australian football, cricket	Alcohol harm reduction and safe transport	Macro, meso	Institutional	Survey
Rowland et al., 2012d	Australia	<i>Good Sports Program</i>	Sports participants	Accreditation program	Football, cricket	Alcohol consumption	Macro, meso	Institutional	Survey
Spittle et al., 2008	Australia	<i>Out of school Hours care</i>	Sports participants	Partnership development	Multiple sports	PA and sport participation	Macro	Intrapersonal, community	Survey
Stamm et al., 2001	Switzerland	<i>Allez Hop!</i>	Inactive, new participants, middle-aged women	Campaign, intervention, PA behavior, "Sport for all" campaign	Multi-individual sports	Physical activity	Micro	Intrapersonal	Qualitative study

Tighe & McKay, 2012	Australia	<i>Alive and Kicking Goals!</i>	Indigenous young males	Suicide prevention peer-education program	Australian football	Suicide prevention, mental health	Micro	Intrapersonal	Qualitative study
Turk et al., 2013	Tonga	<i>The ASOP Tonga project</i>	Women	Community program	Netball	PA and health	Macro	Community	Qualitative study
Van Ryswyk et al., 2017	Australia	-	Elite youth athletes	Sleep optimization	Australian football	Sleep	Micro	Intrapersonal	Pre- and post-survey
Warner–Smith et al., 2000	Australia	-	Sports participants	Responsible and safe drinking	Rugby	Alcohol consumption	Macro	Institutional	Process evaluation
Wolfenden et al., 2015	Australia	-	Sports participants	Availability and cost reduction for health behavior	Rugby, football	Nutrition	Macro, meso	Intrapersonal, interpersonal, institutional	Quasi experimental design

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