

Appendix 1. Options of support by a structured PPC approach

Prenatal	Perinatal	Postnatal
Counseling about options of Palliative Care		
Support during pregnancy (psychological, social and spiritual aspects)	Support for the realization of individual wishes <ul style="list-style-type: none"> - for instance, baptism - farewell ritual 	Support for the realization of wishes <ul style="list-style-type: none"> - hospital discharge
Anticipatory care planning – Birth plan (induction of labor, caesarean section...) and Care plan for the newborn (possible trajectory, symptoms...)	Support of the child during delivery including symptom control in the delivery room	Symptom control after birth (pain, respiratory distress, neurological symptoms...)
Preparation of farewell, grief counseling for the family including siblings	Support of the whole family including siblings	Support during the grieving process (access and support psychological, social, spiritual needs)
Coordination of care, care planning and communication with all involved teams, specialists, and the patient and family		