

Supplement 1: Exploratory Factor Analysis Using Oblique Rotation of the Emotions During Childbirth Scale (N = 330)

	1	2	3	4	5
Positive emotions ($\alpha = 0.94$)					
Fantastic	.84				
Happy	.83				
Strong	.81				
Joyful	.81				
Proud	.80				
Enjoyment	.80				
Confident	.75				
Independent	.66				
Composed	.66				
Natural	.64				
Safe	.57				
Dissociation ($\alpha = 0.80$)					
Detached as if in a dream		.86			
That time sped up or slowed down		.72			
It was not really happening		.70			
Confused or disoriented		.64			
Emotionally numb		.59			
Anger ($\alpha = 0.82$)					
Angry			.81		
Annoyed or irritated			.80		
That my trust was violated			.68		
Fear ($\alpha = 0.87$)					
Horrified				.89	
Panicked				.87	
Fearful or scared				.79	
Helpless				.64	
Distressed				.55	
Guilt ($\alpha = 0.75$)					
Like I had failed					.86
Guilty					.76
Sad			.35		.34
Eigenvalues	10.15	2.98	1.97	1.70	1.14
Percent of variance	37.60	11.03	7.29	6.31	4.23

Note: Only factor loading > .30 are presented.