



UNIVERSITY OF GOTHENBURG  
DEPT OF FOOD AND NUTRITION, AND SPORT SCIENCE

## THE PATHS TO RIO STUDY

*Please note that all information provided in response to this questionnaire will be treated confidentially. Anonymity of individual respondents is assured. Your answers serve to prepare the interview. All answers are voluntary.*

### Personal Background

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#### When is your birthday?

(Year)

(Month)

#### How tall are you?

(cm)

#### How much do you weigh ?

(kg)?

#### Where do you currently live?

- with my parents       on my own    in a student home/ collectively  
 with my partner/children    other \_\_\_\_\_.

#### Are you currently studying?

- No       Yes, full-time       Yes, part-time

#### Are you currently working?

- No       Yes, full-time       Yes, part-time

### Sporting Background

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#### When have you first been selected for the junior national team?

(Year)

**When have you first been selected for the senior national team?**

(Year)

**In total, how long have you been in the national team?**

(Years)            (Months)

**When did you get selected for the Rio 2016 team?**

(Year)            (Month)

**Please list what you consider to be your major athletic successes?**

(Type of event)            (Year);

(Type of event)            (Year);

(Type of event)            (Year);

(Type of event)            (Year);

**How many hours do you train on average a week?**

0-7 hours             8-15 hours             16-23 hours             more than 24 hours

**How many competition days/game days do you have on average per year?**

1-10 days             11-20 days             20-30 days             more then 30 days

**How would you judge your general health?**

very bad             bad             mediocre             good             very good

**Are you currently injured or ill?**

no             yes, injured             yes, ill

**Many thanks for your collaboration.**

**Please contact us at if you have any questions regarding the project:**

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