Appendix

Using a 4-point scale with the options: never true, sometimes true, often true and always true, all children responded to these 8 questionnaire items

*Exploration (4 items: exploration, learning through play, discovery and independent exploration)*

- I can explore many new things in the outdoors
- I can learn through playing in the outdoors
- I discover many new things in the outdoors
- I can learn things by myself in the outdoors

*Collaboration (4 items: group work, sharing of ideas, co-operation and support)*

- I take part in group work in the outdoors
- I share my ideas in the outdoors
- I co-operate with my classmates in the outdoors
- I help my classmates with their work in the outdoors.