

	Items	Possible responses (score)
A	Has food intake declined over the past 3 months due to loss of appetite, digestive problems, chewing, or swallowing difficulties?	0 = severe decrease in food intake 1 = moderate decrease in food intake 2 = no decrease in food intake
B	Weight loss during the last 3 months?	0 = weight loss >3 kg 1 = does not know 2 = weight loss between 1 and 3 kg 3 = no weight loss
C	Mobility?	0 = bed or chair bound 1 = able to get out of bed/ chair but does not go out 2 = goes out
E	Neuropsychological problems?	0 = severe dementia or depression 1 = mild dementia 2 = no psychological problems
F	BMI? (weight in kg)/(height in m <sup>2</sup> )	0 = BMI <19 1 = BMI 19 to <21 2 = BMI 21 to <23 3 = BMI ≥23
H	Takes more than three prescription drugs per day?	0 = yes 1 = no
P	In comparison with other people of the same age, how does the patient consider his/her health status?	0.0 = not as good 0.5 = does not know 1.0 = as good 2.0 = better
	Age	0: >85 1: 80–85 2: <80
	Total score	0–17