

Table S1. Associations between specific dimensions of parenting and self-control for cross-sectional and longitudinal effect sizes

Specific parenting dimensions	#ES	ES _z	SE	t	95% CI(ES _z)	p	r	95% CI (r)
<i>Cross-sectional associations</i>								
Authoritative	66	.183	.025	7.227	[.133, .233]	<.001	.181	[.132, .229]
Monitoring	69	.180	.019	9.434	[.143, .218]	<.001	.178	[.142, .215]
Support	98	.243	.018	13.416	[.208, .279]	<.001	.238	[.205, .272]
Responsive discipline	36	.255	.026	9.895	[.204, .306]	<.001	.250	[.201, .297]
Warmth	50	.210	.023	9.141	[.165, .255]	<.001	.207	[.164, .250]
Supervision	16	.180	.036	4.997	[.109, .250]	<.001	.178	[.109, .245]
Positive expressivity	7	.217	.059	3.679	[.101, .333]	<.001	.214	[.101, .321]
Conflict	50	.234	.028	8.453	[.180, .289]	<.001	.230	[.178, .281]
Authoritarian	55	.185	.027	6.931	[.133, .238]	<.001	.183	[.132, .234]
Negative control	66	.157	.021	7.501	[.116, .198]	<.001	.156	[.115, .195]
Harshness	30	.106	.030	3.508	[.047, .165]	<.001	.106	[.047, .164]
Permissive	32	.151	.028	5.310	[.095, .207]	<.001	.150	[.095, .204]
Attachment	64	.221	.026	9.355	[.190, .291]	<.001	.217	[.188, .283]
Relationship	31	.273	.029	9.355	[.216, .330]	<.001	.266	[.213, .319]
<i>Longitudinal associations P → SC</i>								
Authoritative	36	.161	.029	5.617	[.105, .217]	<.001	.160	[.105, .214]
Monitoring	27	.186	.031	6.017	[.125, .246]	<.001	.183	[.124, .241]
Support	24	.083	.033	2.543	[.019, .147]	.012	.083	[.019, .146]
Responsive discipline	34	.218	.025	8.631	[.168, .268]	<.001	.215	[.166, .262]
Warmth	17	.164	.038	4.359	[.090, .238]	<.001	.163	[.090, .234]
Supervision	22	.148	.033	4.531	[.084, .213]	<.001	.147	[.084, .210]
Positive expressivity	9	.097	.055	1.771	[-.011, .205]	.078	.100	[-.011, .202]
Conflict	35	.060	.081	0.743	[-.099, .219]	.458	.060	[-.099, .216]
Authoritarian	20	.200	.041	4.842	[.118, .281]	<.001	.197	[.117, .274]

Negative control	6	.124	.041	3.031	[.043, .204]	.003	.123	[.043, .201]
Harshness	26	.107	.032	3.292	[.043, .171]	.001	.107	[.043, .169]
Permissive	6	.130	.044	2.926	[.043, .218]	.004	.130	[.043, .215]
Attachment	27	.156	.030	5.214	[.097, .215]	<.001	.154	[.097, .212]
Relationship	9	.264	.035	7.546	[.195, .333]	<.001	.258	[.193, .321]
<i>Longitudinal associations SC → P</i>								
Authoritative	37	.189	.035	5.417	[.120, .258]	<.001	.187	[.119, .252]
Monitoring	41	.131	.034	3.800	[.063, .199]	<.001	.130	[.063, .196]
Support	11	.247	.048	5.173	[.153, .341]	<.001	.242	[.152, .328]
Responsive discipline	25	.288	.036	8.053	[.217, .358]	<.001	.280	[.214, .343]
Warmth	14	.143	.070	2.051	[.006, .280]	.041	.142	[.006, .273]
Supervision	15	.192	.055	3.484	[.083, .300]	<.001	.190	[.083, .291]
Positive expressivity	9	.135	.077	1.747	[-.017, .287]	.082	.134	[-.017, .279]
Conflict	32	.191	.129	1.475	[-.064, .446]	.141	.189	[-.064, .419]
Authoritarian	22	.247	.037	6.715	[.174, .319]	<.001	.242	[.172, .309]
Negative control	9	.180	.039	4.597	[.103, .258]	<.001	.178	[.103, .252]
Harshness	22	.010	.044	.218	[-.077, .097]	.828	.010	[-.077, .097]
Permissive	6	.235	.043	5.512	[.151, .320]	<.001	.231	[.150, .310]
Attachment	17	.180	.053	3.412	[.076, .284]	<.001	.178	[.076, .277]
Relationship	7	.299	.046	6.510	[.209, .390]	<.001	.290	[.206, .371]

Note: P = parenting; SC = self-control. Only parenting dimensions with no less than 5 effect sizes in all the three categories are included to assure statistical power. To ensure similar direction of effects, effect sizes were recoded if 1) parenting pertained to negative dimensions, and 2) self-control was measured using a scale of ‘lack of self-control’, or ‘low self-control’. As such, for the negative parenting dimensions correlations appear positive, but reflect a negative correlation between negative parenting and self-control. The 95% CI (r) was calculated using fisher-z-to-r formula based on lower and upper bound of the 95% CI (ES_z).