

1 Search Strategy

2 (Explode "mild cognitive impairment" or "MCI") AND ("cognitive stimulation strateg\*" OR "cognitive  
3 stimulation exercis\*" OR "cognitive stimulation activit\*" OR "mental stimulation strateg\*" OR "mental  
4 stimulation exercis\*" OR "mental stimulation activit\*" OR "cognitive stimulation" OR "cognitive training" OR  
5 "cognitive retraining" OR "cognitive re-training" OR "mental stimulation" OR "mental training" OR "mental  
6 retraining" OR "mental re-training" OR "cognitive activit\*" OR "cognitive exercis\*" OR "physical exercis\*"  
7 OR "physical activit\*" OR "exercis\*" OR "fitness" OR "resistance" OR "strength" OR "aerobic" OR  
8 "balance" OR "agility" OR "walking" OR "mind-body exercis\*" OR "mind body exercis\*" OR "mind-body  
9 activit\*" OR "mind body activit\*" OR "multimodal exercis\*" OR "multimodal activit\*" OR "multicomponent  
10 exercis\*" OR "multicomponent activit\*" OR "dual-task\*" OR "dual-task train\*" OR "dual-task intervention"  
11 OR "combine\*" OR "simultan\*" OR "danc\*" OR "tai chi" OR "dance therapy") AND ("all aged (65 and  
12 over)") AND (Randomised Controlled Trials).

13

14