

Appendix A

Study characteristics of research included in the meta-analysis

Table A1. Study characteristics of research included in the meta-analysis.

Authors	<i>N</i>	Sample description	Mean age	% of females	Personality measures	Sense of coherence measures
Bachem & Maercker, 2018	334	Bereaved people	43.73	87.40%	BFMM	OLQ-A & SOCS - R
Ebert et al., 2002	202	Students	20.7	70.79%	NEO-FFI	OLQ
Feldt et al., 2007	114	Community sample	42	100%	NEO-FFI	OLQ-A
	109	Community sample	42	0%	NEO-FFI	OLQ-A
Finogenow, 2013	240	Community sample	60.10	-	NEO-FFI	OLQ
Frommberger et al., 1999	51	Road traffic accident victims	-	-	MPT	OLQ
Grevenstein & Bluemke, 2015	1842	Community sample	28.11	85.50%	BFI-A	OLQ-A
Grevenstein et al., 2016	286	Students	15.00	-	FPI-R	OLQ-A
Grevenstein et al., 2018	1033	Community sample	41.83	75.20%	BFI-A	OLQ-A
Gruszczyńska, 2006	139	Community sample	38.04	57.55%	NEO-FFI	OLQ
	419	Community sample	47.91	100%	A 30-item scale developed by Shafer (1999)	OLQ-A
Hochwälder, 2012	279	Community sample	48.98	0%	A 30-item scale developed by Shafer (1999)	OLQ-A
Kase et al., 2018	1088	Community sample	20.35	51.47%	TIPI	OLQ
Kerksieck et al., 2017	8594	Catholic Pastoral Workers	-	25.10%	BFI-A	OLQ-A

Malik & Riaz, 2018	250	Community sample	39.40	51.20%	NEO-FFI	OLQ-A
McGee et al., 2018	268	Older adults	66.94	71.30%	BFI-A	SOCS - R
Oluyinka, 2011	452	Students	23.34	48.23%	NEO-PI	OLQ-A
Strohmaier et al., 2013	3793	Community sample	53.15	52.40%	EPI	OLQ or OLQ-A
Strümpfer & Mlonzi, 2001	141	Working adults	34.28	51.06%	IPIP	OLQ-A
Strümpfer et al., 1998	118	Students	21.01	98.30%	IPIP	OLQ & OLQ-A
	88	Employees	33.19	56.81%	IPIP	OLQ & OLQ-A
Strümpfer et al., 2010	40	Miners	-	0%	IPIP	OLQ & OLQ-A
	38	Police officers	-	0%	IPIP	OLQ & OLQ-A
	42	Special task force	-	0%	IPIP	OLQ & OLQ-A

Note. Personality trait measures: BFI-A – Big Five Inventory – abbreviated, BFMM – Big Five Mini Markers, EPI – Eysenck Personality

Inventory, FPI-R – Freiburger Personality Inventory, IPIP – International Personality Item Pool, NEO-FFI - NEO Five Factor Inventory, MPT –

Munich Personality Test, NEO-PI – NEO Personality Inventory, TIPI - Ten-Item Personality Inventory. Sense of coherence measures: OLQ –

Orientation to Life Questionnaire, OLQ-A – Orientation to Life Questionnaire – abbreviated, SOCS-R – Sense of Coherence Scale – revised.

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Appendix B
The results of the moderation analyses

Table B1. Summary of univariate meta-regression moderator analyses.

Moderators		<i>r</i> , <i>k</i> , CI (categorical moderators) <i>β</i> , <i>SE</i> , <i>Z</i> , <i>k</i> , CI (continuous moderators)	<i>Q</i>	<i>R</i> ²
Neuroticism & sense of coherence				
Group type	Non-clinical	<i>r</i> = -.55; <i>k</i> =18; 95% CI [-.61, -.50]	.99	.00
	Mental disorders	<i>r</i> = -.43; <i>k</i> =2; 95% CI [-.52, -.32]		
Age	From 15 to 66.94	<i>β</i> = .001, <i>SE</i> = .004, <i>Z</i> = .15, <i>k</i> =16, 95% CI [-.007, .008]	.02	.00
Gender	From 0% to 100%	<i>β</i> = .002, <i>SE</i> = .001, <i>Z</i> = 1.31, <i>k</i> =19, 95% CI [-.001, .004]	1.71	.00
Extraversion sense of coherence				
Group type	Non-clinical	<i>r</i> = .27; <i>k</i> =14; 95% CI [.22, .32]	.01	.00
	Mental disorders	<i>r</i> = .26; <i>k</i> =2; 95% CI [.17, .35]		
Age	From 15 to 66.94	<i>β</i> = .000, <i>SE</i> = .002, <i>Z</i> = .17, <i>k</i> =15, 95% CI [-.004, .005]	.03	.00
Gender	From 0% to 100%	<i>β</i> = .001, <i>SE</i> = .001, <i>Z</i> = .96, <i>k</i> =15, 95% CI [-.001, .002]	.92	.21
Openness to experience and sense of coherence				
Group type	Non-clinical	<i>r</i> = .13; <i>k</i> =10; 95% CI [.08, .17]	1.28	.04
	Mental disorders	<i>r</i> = .22; <i>k</i> =1; 95% CI [.12, .32]		
Age	From 20.35 to 66.94	<i>β</i> = -.001, <i>SE</i> = .002, <i>Z</i> = -.21, <i>k</i> =11, 95% CI [-.005, .004]	.04	.00
Gender	From 0% to 100%	<i>β</i> = .000, <i>SE</i> = .001, <i>Z</i> = .50, <i>k</i> =12, 95% CI [-.001, .002]	.25	.00
Agreeableness & sense of coherence				
Group type	Non-clinical	<i>r</i> = .29; <i>k</i> =9; 95% CI [.26, .32]	.11	.00
	Mental disorders	<i>r</i> = .27; <i>k</i> =1; 95% CI [.17, .37]		
Age	From 20.35 to 66.94	<i>β</i> = -.003, <i>SE</i> = .002, <i>Z</i> = -1.72, <i>k</i> =10, 95% CI [-.006, .000]	2.95	.09

Gender	From 0% to 100%	$\beta = -.001, SE = .001, Z = -.72, k = 11, 95\% CI [-.002, .001]$.51	.00
Conscientiousness & sense of coherence				
Group type	Non-clinical	$r = .33; k = 10; 95\% CI [.28, .38]$.48	.00
	Mental disorders	$r = .27; k = 1; 95\% CI [.17, .37]$		
Age	From 20.35 to 66.94	$\beta = -.005, SE = .003, Z = -1.81, k = 11, 95\% CI [-.009, .000]$	3.27	.00
Gender	From 0% to 100%	$\beta = -.001, SE = .001, Z = -1.11, k = 12, 95\% CI [-.003, .001]$	1.22	.00
Neuroticism & manageability				
Group type	Non-clinical	-		
	Mental disorders			
Age	From 20.35 to 66.94	$\beta = -.003, SE = .005, Z = -.51, k = 4, 95\% CI [-.012, .007]$.26	.00
Gender		-		
Extraversion & manageability				
Group type	Non-clinical	-		
	Mental disorders			
Age	From 20.35 to 66.94	$\beta = .001, SE = .001, Z = .76, k = 4, 95\% CI [-.002, .004]$.57	.00
Gender		-		
Openness & manageability				
Group type	Non-clinical	-		
	Mental disorders			
Age	From 20.35 to 66.94	$\beta = -.000, SE = .002, Z = -.02, k = 4, 95\% CI [-.003, .003]$.00	.00
Gender		-		
Agreeableness & manageability				
Group type	Non-clinical	-		
	Mental disorders			
Age	From 20.35 to 66.94	$\beta = -.003, SE = .003, Z = -1.11, k = 4, 95\% CI [-.008, .002]$	1.24	.20
Gender		-		

		Conscientiousness & manageability			
Group type	Non-clinical Mental disorders		-		
Age	From 20.35 to 66.94	$\beta = -.001, SE = .003, Z = -.53, k = 4, 95\% \text{ CI } [-.006, .004]$.28	.00
Gender			-		

Note: β - standardized regression coefficient, CI - confidence interval, k - number of effect sizes, Q - the test of the between-group variance

differences, r - effect sizes, R^2 - the coefficient of determination, SE - standard error, Z - Z value (β/SE). * $p \leq .05$, ** $p \leq .01$, *** $p \leq .001$.

Appendix C

Summary of publication bias analyses

Table C1. Effects of publication bias on the relationship between the Big Five personality traits and generalized self-efficacy.

Outcome	Rosenthal's fail-safe <i>N</i>		Egger's regression
	Number of additional effect sizes to bring null relationship	Rosenthal's critical values	
Neuroticism & sense of coherence	8 520	5*21+10 = 115	-1.00
Extraversion & sense of coherence	3 121	5*17+10 = 95	1.77
Openness & sense of coherence	447	5*12+10 = 70	.95
Agreeableness & sense of coherence	2 019	5*11+10 = 65	.50
Conscientiousness & sense of coherence	2 496	5*12+10 = 70	.97
Neuroticism & manageability	404	5*4+10 = 30	-
Extraversion & manageability	145	5*4+10 = 30	-
Openness & manageability	61	5*4+10 = 30	-
Agreeableness & manageability	140	5*4+10 = 30	-
Conscientiousness & manageability	52	5*4+10 = 30	-

Note: ^{pb} Number of additional effects sizes exceed Rosenthal's' critical value. ^{**} $p \leq .01$ (two-tailed value).

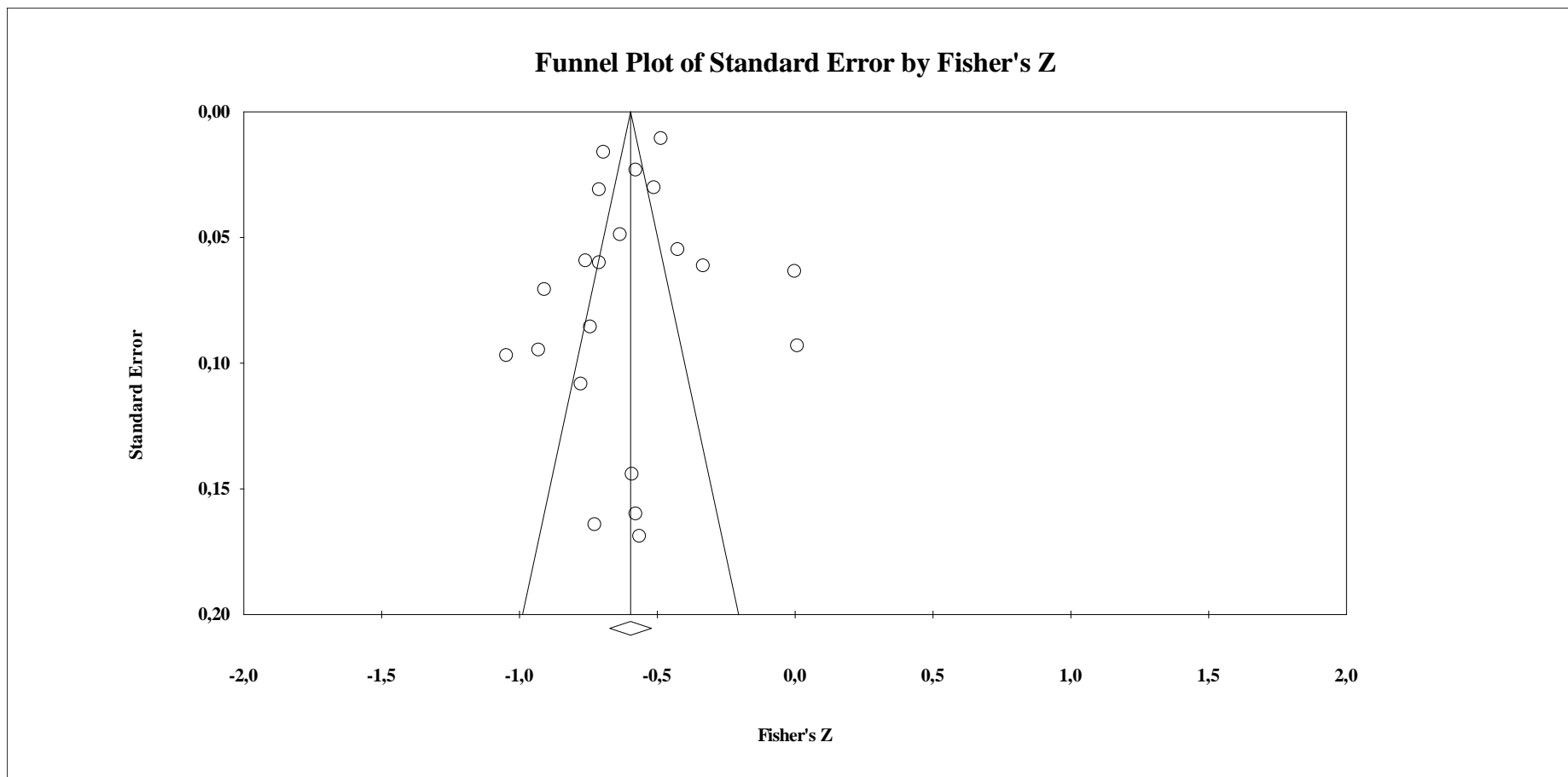


Figure 1. Egger's funnel plot representing publication bias in neuroticism-sense of coherence relationship.

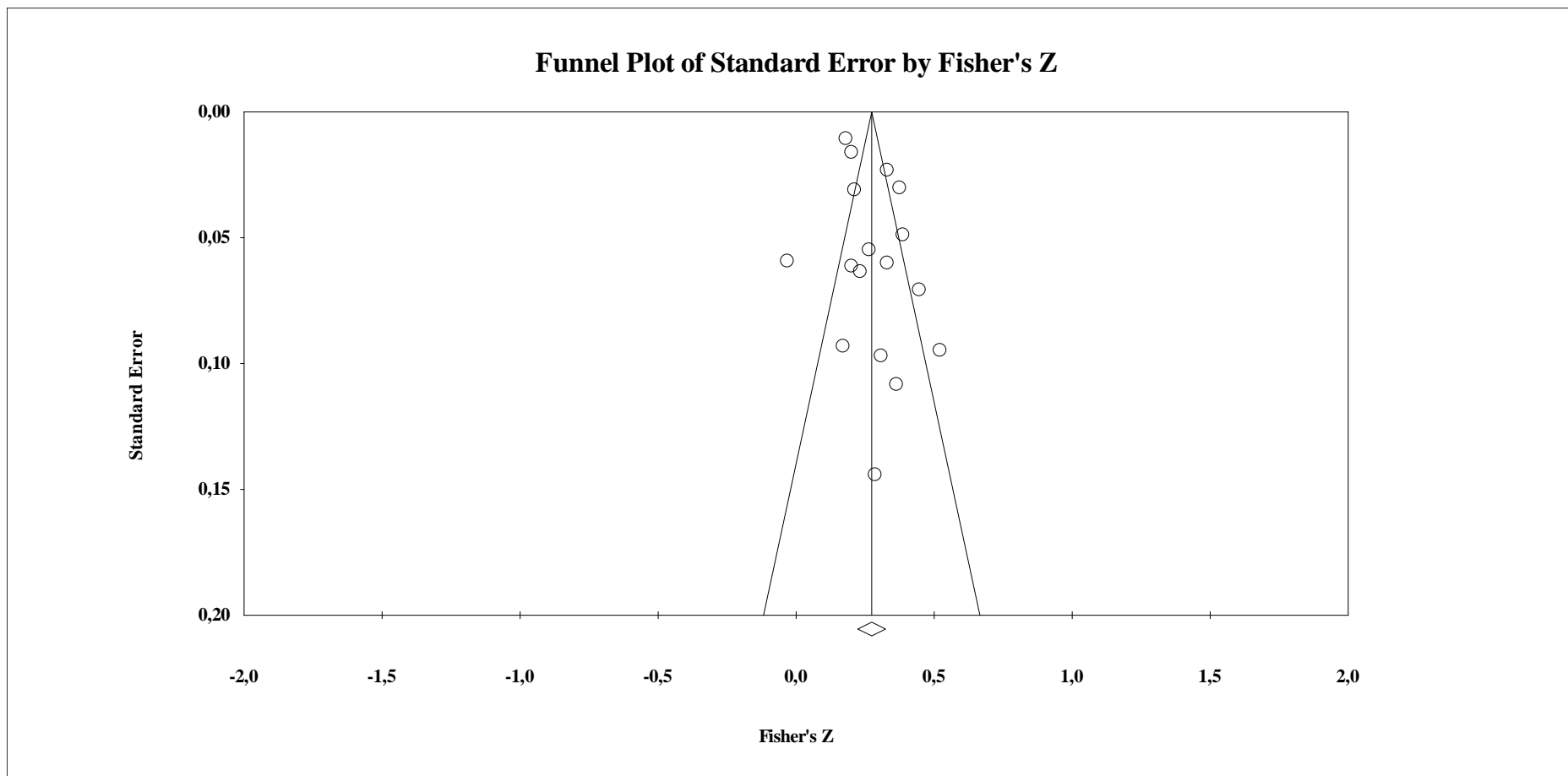


Figure 2. Egger's funnel plot representing publication bias in extraversion-sense of coherence association.

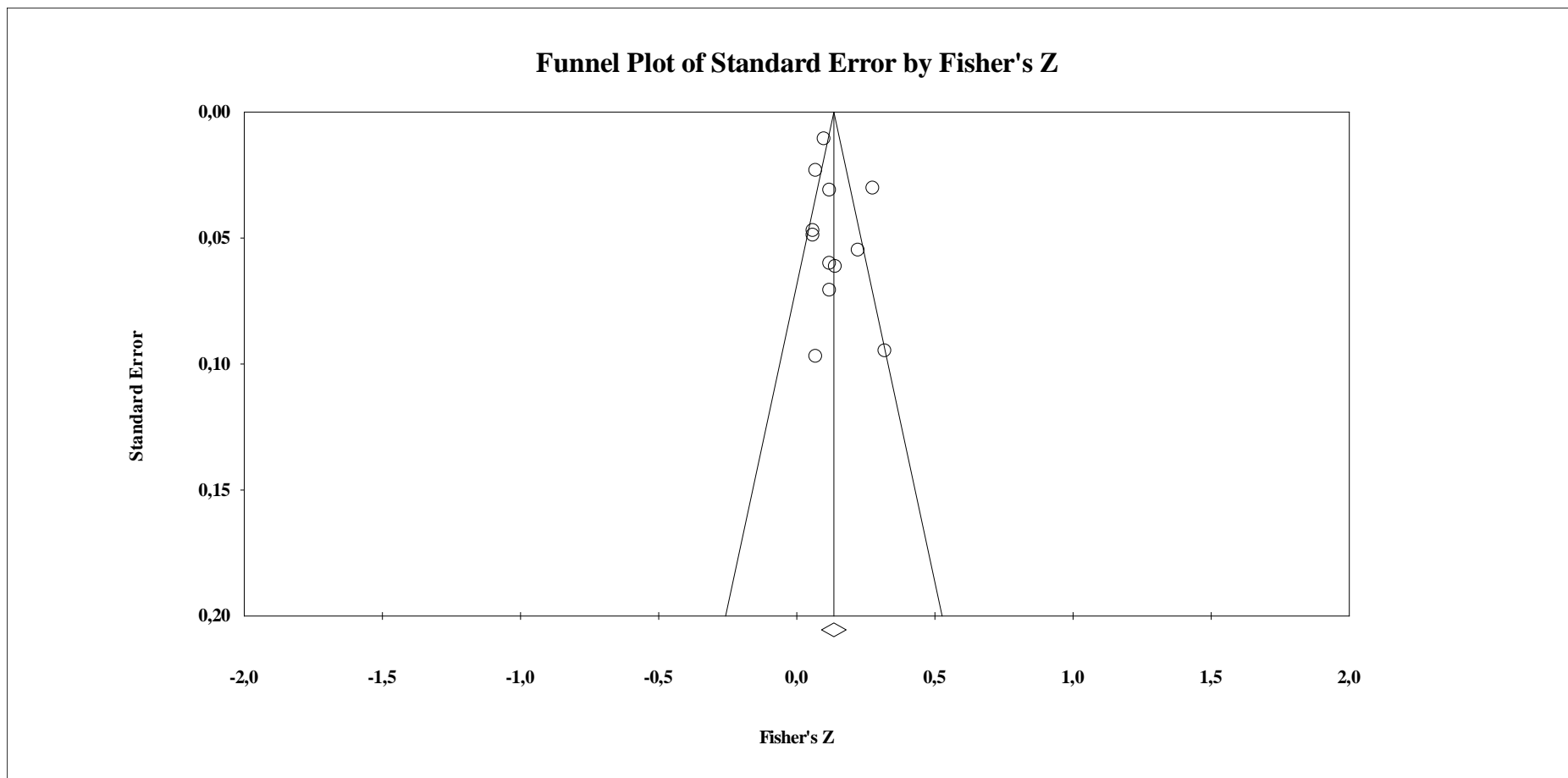


Figure 3. Egger's funnel plot representing publication bias in openness to experience-sense of coherence relation.

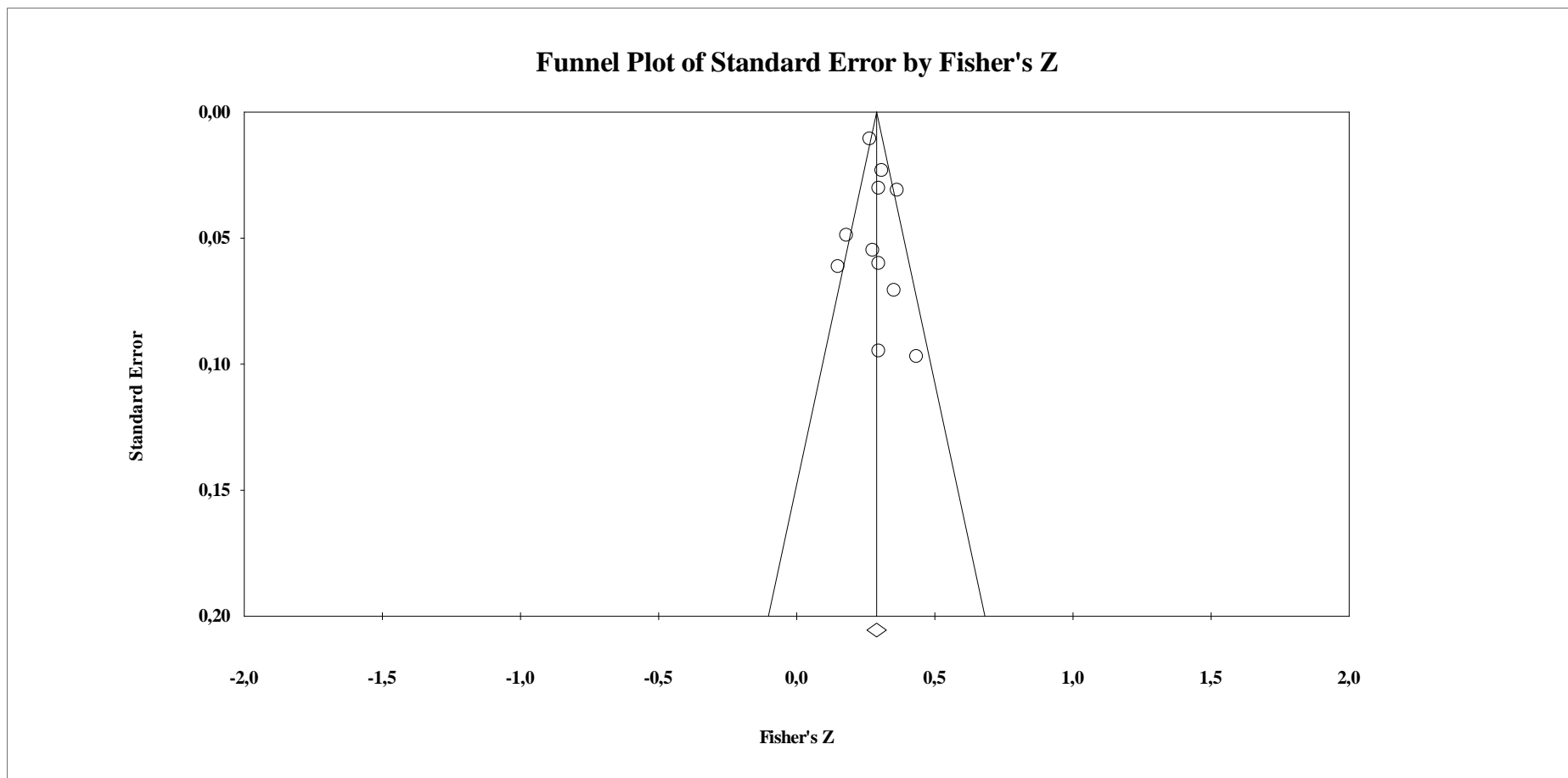


Figure 4. Egger's funnel plot representing publication bias in agreeableness-sense of coherence association.

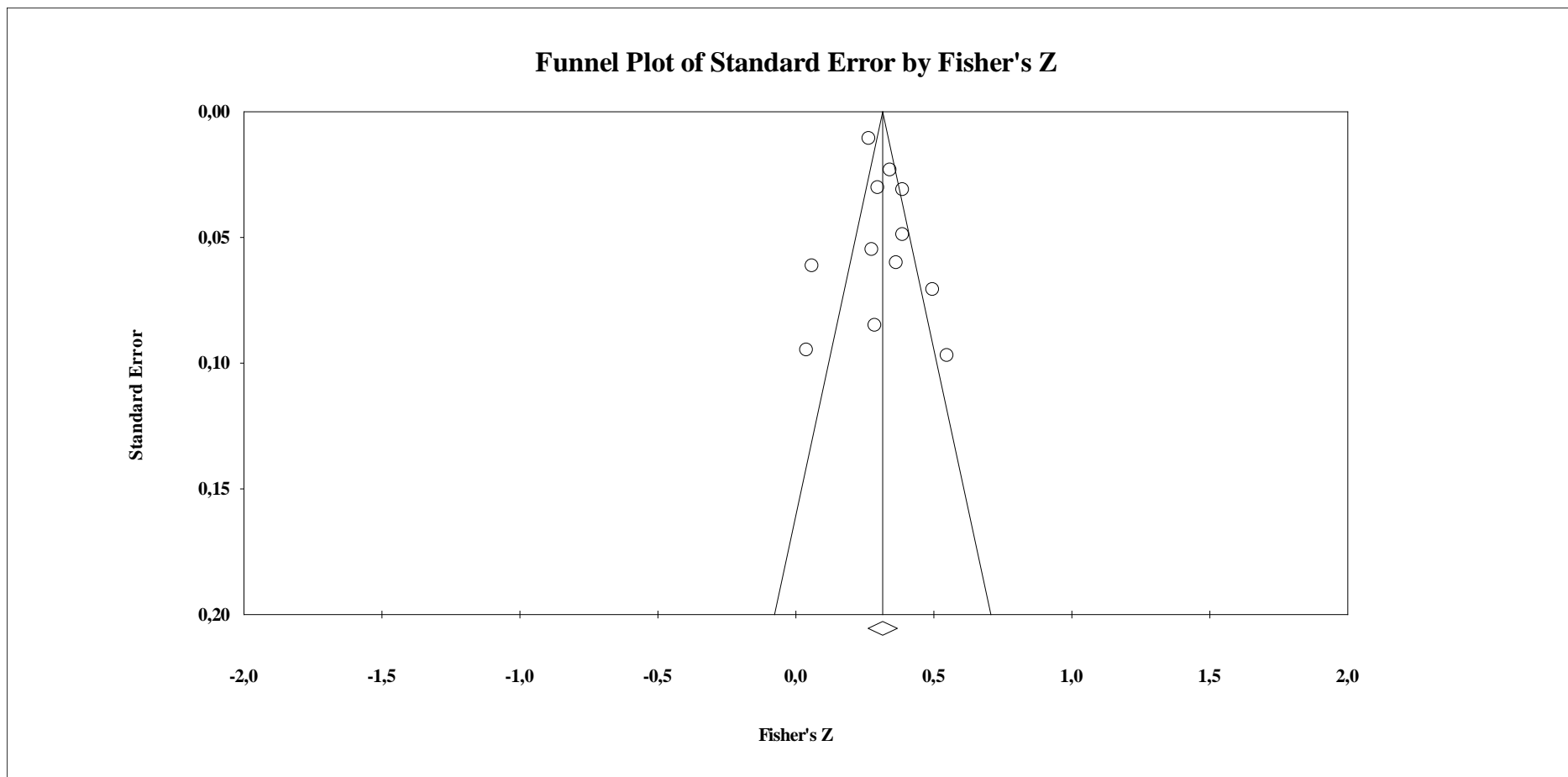


Figure 5. Egger's funnel plot representing publication bias in conscientiousness-sense of coherence relationship.