

Supplementary Table 1. Correctional (Sliding-Scale) Insulin (Insulin Aspart)			
BG Values	Low-Dose	Medium-Dose	High-Dose
151-200	+1	+2	+3
201-250	+2	+4	+6
251-300	+3	+6	+9
301-349	+4	+8	+12
≥ 350	+5	+10	+15

Supplementary Table 2. Titration of Basal Insulin (Insulin Glargine)	
Fasting AM BG	Basal Dose Adjustment
If BG < 60 mg/dl	Decrease dose by 20%
If BG 60-79 mg/dl	Decrease dose by 10%
If BG 80-139 mg/dl	No change
If BG 140-179 mg/dl	Increase dose by 10%
If BG 180-249 mg/dl	Increase dose by 20%
If BG >250 mg/dl	Increase dose by 30%
BG: blood glucose	