

Appendix A

Table A1. Cultural Life Script events (including number and percentage of mentions), and mean and standard deviation of expected age at occurrence, prevalence, importance, emotional valence, and societal pressure associated with the events. Asterisk (*) denotes categories that were not considered part of the Malaysian Cultural Life Script according to Janssen and Haque (2018), whereas dashed line denotes the 4% threshold of Berntsen and Rubin (2004).

<i>Category</i>	<i>Number</i>	<i>Percentage</i>	<i>Age</i>		<i>Prevalence</i>		<i>Importance</i>		<i>Valence</i>		<i>Pressure</i>	
			<i>M</i>	<i>SD</i>	<i>M</i>	<i>SD</i>	<i>M</i>	<i>SD</i>	<i>M</i>	<i>SD</i>	<i>M</i>	<i>SD</i>
Marriage	92	76.67	27.74	3.32	72.60	14.77	5.57	1.18	1.95	0.95	5.41	1.43
Begin childcare / kindergarten	63	52.50	4.29	2.07	87.00	13.94	5.73	1.26	1.67	1.24	4.40	1.62
Begin primary school	50	41.67	7.10	0.68	89.60	12.01	5.88	1.10	1.50	1.25	4.70	1.89
Begin university	50	41.67	17.74	2.85	64.68	19.58	5.90	0.99	1.44	1.25	5.36	1.19
Having children	45	37.50	29.89	2.94	65.42	16.15	5.44	1.20	1.93	1.03	5.20	1.55
Death (Own)	44	36.67	78.23	10.34	99.20	5.28	5.66	1.68	-0.91	1.58	1.80	1.23
First full-time job	43	35.83	23.51	1.37	82.05	15.44	5.98	1.08	0.72	1.32	6.14	0.89
University graduation	42	35.00	22.93	1.07	59.40	16.42	6.07	0.95	1.93	1.42	5.79	1.02
Birth (Own)*	35	29.17	2.83	15.18	99.71	1.69	6.29	1.07	1.80	1.47	3.17	2.28
Retirement	28	23.33	62.18	7.56	79.89	17.79	4.93	1.68	1.36	1.16	3.32	1.91
Beginning high school	27	22.50	13.22	2.14	84.04	13.59	5.89	0.89	1.04	1.22	5.19	1.47
Fall in love / first kiss	27	22.50	16.59	4.24	87.78	12.85	5.11	1.45	1.30	1.17	4.04	1.48
Adolescence / puberty	25	20.83	12.88	4.54	80.40	22.20	5.92	1.08	0.56	1.71	3.56	1.96
Settle on career	24	20.00	27.08	5.82	66.88	21.27	6.21	0.88	1.33	1.58	6.08	1.02
Peer group / friendships	20	16.67	10.65	7.52	83.70	22.86	6.20	0.89	1.50	1.79	3.30	2.05
Adulthood*	19	15.83	22.47	4.64	84.68	14.21	6.42	0.77	1.63	1.34	5.63	1.61
Death of parents	16	13.33	49.50	12.61	89.38	9.66	6.50	0.82	-2.25	1.18	2.50	2.07

Learning to walk / first steps	15	12.50	1.67	1.05	94.80	5.29	6.60	1.30	2.60	0.91	3.60	2.41
High school graduation	14	11.67	17.57	1.60	70.29	16.49	5.64	0.93	1.07	1.33	5.29	0.99
Making a long journey	14	11.67	25.07	13.18	69.79	20.34	5.07	1.07	1.71	1.44	3.57	1.95
First rejection / heartbreak	13	10.83	18.46	6.33	77.00	17.55	5.46	1.05	-1.54	1.05	3.00	1.83
Learning to talk / first words	13	10.83	2.00	1.00	94.38	7.61	6.62	0.65	2.85	0.38	4.00	2.04
Meeting future partner	13	10.83	23.69	4.71	72.85	21.31	4.85	1.46	1.38	1.45	4.69	1.44
Buying house or other property	11	9.17	31.82	7.69	58.00	16.98	5.09	1.38	1.45	1.21	6.00	0.89
Major achievement	11	9.17	25.27	8.17	62.18	24.67	6.00	1.18	1.73	1.27	5.36	1.43
First birthday	10	8.33	0.80	0.42	88.70	14.74	5.30	1.16	2.50	0.97	2.20	1.40
Twenty-first birthday*	6	5.00	21.00	0.00	82.00	21.54	5.33	1.21	1.83	0.75	2.50	1.05
Children leave house / empty nest	5	4.17	38.40	15.73	72.00	15.25	5.40	1.52	-0.20	1.30	4.00	1.00
End primary school	5	4.17	12.20	0.45	84.20	19.66	5.40	1.14	1.40	1.52	4.40	1.52
Important promotion at work	5	4.17	28.80	5.45	63.00	23.83	5.60	1.34	2.40	0.55	5.20	1.30
Serious illness	5	4.17	39.20	33.70	78.60	25.37	5.40	1.34	-2.60	0.55	1.60	0.55
Death of grandparents*	4	3.33	20.75	6.60	90.00	20.00	5.50	1.73	-1.75	1.26	2.00	1.41
First part-time job*	4	3.33	16.75	0.96	72.00	19.13	4.50	1.29	1.00	0.82	3.25	1.71
Obtaining driver's license	4	3.33	18.50	1.29	74.00	12.94	5.75	1.26	1.00	1.15	4.75	1.71
Accident	3	2.50	15.00	13.75	68.67	28.02	5.67	1.53	-2.67	0.58	3.33	2.52
First play friend	3	2.50	4.33	0.58	79.67	33.50	5.00	1.73	2.00	1.00	2.00	1.73
Having grandchildren	3	2.50	53.33	6.11	61.67	28.43	5.67	0.58	2.67	0.58	3.33	1.15
Problems at home*	3	2.50	24.33	7.37	95.33	8.08	6.00	1.00	1.00	2.65	4.67	1.15
Moving to another house*	2	1.67	17.00	11.31	50.00	14.14	4.50	0.71	-1.00	1.41	1.50	0.71
First sexual experience	1	0.83	18.00	0.00	95.00	0.00	6.00	0.00	2.00	0.00	7.00	0.00

Learning to cycle or swim*	1	0.83	10.00	0.00	100.00	0.00	4.00	0.00	1.00	0.00	1.00	0.00
Leave home	1	0.83	20.00	0.00	75.00	0.00	7.00	0.00	-1.00	0.00	5.00	0.00
Problems at work*	1	0.83	27.00	0.00	89.00	0.00	6.00	0.00	1.00	0.00	2.00	0.00
Other*	20	16.67	15.60	8.91	77.80	24.52	6.35	1.09	0.80	1.58	3.90	1.80

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Appendix B

Table B1. Perceived Individual Life Story events (including number and percentage of mentions), and mean and standard deviation of (expected) age at occurrence, prevalence, importance, valence, and societal pressure associated with the events. Asterisk (*) denotes categories that were not considered part of the Malaysian Cultural Life Script according to Janssen and Haque (2018), whereas dashed line denotes the 4% threshold of Berntsen and Rubin (2004).

<i>Category</i>	<i>Number</i>	<i>Percentage</i>	<i>Age</i>		<i>Prevalence</i>		<i>Importance</i>		<i>Valence</i>		<i>Pressure</i>	
			<i>M</i>	<i>SD</i>	<i>M</i>	<i>SD</i>	<i>M</i>	<i>SD</i>	<i>M</i>	<i>SD</i>	<i>M</i>	<i>SD</i>
Begin university	84	70.00	18.80	2.13	57.48	21.62	6.15	1.02	1.32	1.55	4.92	1.78
Major achievement	59	49.17	23.14	9.56	39.32	20.27	6.20	0.98	2.20	1.03	4.07	1.96
Making a long journey	43	35.83	23.84	10.36	49.53	22.56	5.74	1.11	1.88	1.31	2.81	1.91
Peer groups / friendships	41	34.17	16.07	4.19	65.51	29.77	5.49	1.53	0.39	2.20	3.02	1.75
University graduation	38	31.67	22.42	1.24	60.08	18.06	6.47	0.86	1.95	1.23	5.32	1.16
Marriage	37	30.83	27.84	2.77	73.89	15.38	5.81	1.22	2.08	1.14	5.03	1.38
Beginning high school	36	30.00	13.92	1.75	65.11	28.24	6.06	0.86	0.83	2.06	4.75	1.84
Begin primary school	34	28.33	7.62	1.39	74.94	23.03	5.35	1.20	0.65	1.65	3.21	1.93
First full-time job	34	28.33	23.62	2.00	79.68	20.35	6.50	0.75	1.41	1.37	5.68	1.17
Settle on career	28	23.33	25.07	3.31	64.39	26.06	6.68	0.55	1.86	1.30	5.36	1.85
Adulthood*	26	21.67	24.50	6.54	63.92	27.57	5.77	1.27	0.42	1.70	3.73	2.13
Fall in love / first kiss	25	20.83	18.16	4.46	85.84	12.34	5.80	1.15	1.12	1.62	3.64	2.00
First rejection / heartbreak	22	18.33	17.45	2.42	77.32	24.39	5.18	1.68	-1.45	1.37	2.73	1.83
Problems at home*	22	18.33	14.05	6.40	59.68	29.77	6.09	1.19	-1.68	1.62	4.18	2.36
Having children	21	17.50	30.90	4.32	67.52	14.84	5.86	1.20	2.38	0.74	4.62	1.43
Begin childcare / kindergarten	16	13.33	4.25	0.93	75.50	23.51	5.06	1.53	1.31	1.54	2.69	1.96
Birth (Own)*	16	13.33	3.13	8.92	95.31	12.66	6.13	1.67	1.75	1.73	2.75	2.35

Accident	15	12.50	10.87	6.76	35.00	24.27	5.27	1.67	-1.40	1.64	1.67	1.11
Death of parents	15	12.50	36.93	19.64	81.20	21.24	6.53	0.92	-2.53	0.92	2.80	2.40
High school graduation	15	12.50	17.53	0.83	67.40	22.79	6.00	1.56	1.67	1.59	5.47	1.36
Leave home	15	12.50	18.87	5.94	63.47	30.67	5.53	1.13	0.87	1.19	2.93	2.05
Death (Own)	14	11.67	55.36	34.72	77.36	34.98	4.93	2.20	-0.71	1.20	2.29	1.94
Adolescence / puberty	12	10.00	12.83	5.32	61.75	29.35	5.50	1.00	0.67	1.72	3.67	1.83
First part-time job*	12	10.00	18.25	1.36	57.17	22.16	5.83	1.34	0.25	1.71	3.75	1.54
Death of grandparents*	11	9.17	15.36	4.23	91.91	9.89	6.00	0.89	-2.18	0.87	2.91	1.92
Meeting future partner	11	9.17	24.45	3.59	71.09	19.64	6.27	1.01	1.91	1.30	4.00	1.61
Retirement	10	8.33	59.50	5.99	81.90	19.65	5.40	1.51	1.70	1.06	2.50	2.07
Serious illness	9	7.50	15.00	3.61	39.56	22.87	6.11	1.05	-1.78	1.48	3.00	1.94
First sexual experience	8	6.67	18.75	2.12	75.25	22.37	5.38	1.69	-0.25	1.98	2.88	2.10
Divorce parents*	6	5.00	13.67	3.61	20.83	12.01	6.17	0.75	-1.67	1.03	3.83	2.48
Moving to another house*	6	5.00	17.50	8.98	47.00	17.15	5.83	0.98	0.33	2.34	3.33	2.42
Birth of younger sibling*	4	3.33	12.00	9.31	72.50	20.24	6.50	1.00	2.50	0.58	3.25	2.06
Buying house or other property	3	2.50	29.00	4.00	75.33	12.86	6.00	1.00	2.00	1.00	4.33	1.53
Death of sibling or friend	3	2.50	32.67	23.86	57.00	37.24	5.67	2.31	-3.00	0.00	2.67	2.89
Eighteen birthday*	3	2.50	18.33	0.58	89.00	10.15	6.00	1.00	2.67	0.58	1.00	0.00
First play friend	3	2.50	5.67	1.15	65.00	22.91	6.33	1.15	2.33	1.15	2.00	1.73
Twenty-first birthday*	3	2.50	21.00	0.00	83.33	28.87	3.00	1.73	1.33	1.53	2.33	1.53
Children leave house / empty nest	2	1.67	10.50	9.19	20.00	14.14	4.50	0.71	1.00	1.41	1.00	0.00
End primary school	2	1.67	12.00	0.00	85.00	7.07	6.50	0.71	0.00	2.83	6.50	0.71
First birthday	2	1.67	6.50	7.78	79.00	2.83	5.50	0.71	2.00	1.41	2.50	2.12

Important promotion at work	2	1.67	28.50	9.19	61.00	14.14	6.00	1.41	1.50	2.12	5.00	2.83
Learning to talk / first words	2	1.67	1.50	0.71	87.50	17.68	7.00	0.00	2.50	0.71	1.00	0.00
Obtaining driver's license	2	1.67	18.50	2.12	89.00	1.41	5.50	2.12	-1.00	2.83	4.50	0.71
Learning to cycle or swim*	1	0.83	21.00	0.00	75.00	0.00	5.00	0.00	1.00	0.00	1.00	0.00
Problems at work*	1	0.83	19.00	0.00	15.00	0.00	7.00	0.00	0.00	0.00	5.00	0.00
Other*	66	55.00	16.94	6.52	50.97	28.91	5.89	1.25	1.24	1.83	2.88	2.03