Supplemental material 2.

**Groups and related codes emerging from the answers to the last open question of the questionnaire.**

<table>
<thead>
<tr>
<th>Groups</th>
<th>Number of codes</th>
<th>Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physiotherapy during COVID-19</td>
<td>29</td>
<td>&quot;new&quot; physiotherapist role&lt;br&gt;&quot;time of care&quot;&lt;br&gt;admiration for frontline colleagues&lt;br&gt;assessment of patients with COVID-19&lt;br&gt;attention&lt;br&gt;collaboration with colleagues&lt;br&gt;communicating is difficult&lt;br&gt;communicating is important&lt;br&gt;difficulty in working with PPE&lt;br&gt;educating is difficult&lt;br&gt;effortless commitment&lt;br&gt;explaining others’ indications&lt;br&gt;few trained colleagues&lt;br&gt;gratitude of patients&lt;br&gt;importance of movement&lt;br&gt;knowledge and tools&lt;br&gt;lack of knowledge&lt;br&gt;procedures and limitations for prevention&lt;br&gt;psychological help to patients&lt;br&gt;rehabilitation as &quot;non-essential&quot;&lt;br&gt;remote physiotherapy&lt;br&gt;satisfaction&lt;br&gt;sense of inadequacy&lt;br&gt;suspension of treatment&lt;br&gt;team working&lt;br&gt;to help&lt;br&gt;undelayable treatment&lt;br&gt;changes in work mode&lt;br&gt;working with children is difficult</td>
</tr>
<tr>
<td>Information</td>
<td>9</td>
<td>colleagues as the source of information&lt;br&gt;confusion&lt;br&gt;fake/biased media information&lt;br&gt;lack of reliable information&lt;br&gt;late/not updated indications&lt;br&gt;role of the professional body/scientific associations&lt;br&gt;uncertainty&lt;br&gt;unclear (employer) indications&lt;br&gt;useful information</td>
</tr>
<tr>
<td>Fear and negative feelings</td>
<td>25</td>
<td>2020 better than 2021 (contagions)&lt;br&gt;a family to manage&lt;br&gt;alienation&lt;br&gt;attention&lt;br&gt;being on the front line&lt;br&gt;confusion&lt;br&gt;distress&lt;br&gt;emotional fatigue&lt;br&gt;fear for family members&lt;br&gt;fear for others&lt;br&gt;fear for work&lt;br&gt;fear for your own person&lt;br&gt;fear of contagion&lt;br&gt;fears of others (patients)&lt;br&gt;hard/difficult experiences&lt;br&gt;I'm not afraid&lt;br&gt;initial difficulty&lt;br&gt;initial fear&lt;br&gt;limitation of personal contacts&lt;br&gt;sense of inadequacy&lt;br&gt;source of stress&lt;br&gt;tiredness&lt;br&gt;uncertainty&lt;br&gt;unpredictability&lt;br&gt;vaccine risk acceptance</td>
</tr>
</tbody>
</table>
Organization and management

35 "new" physiotherapist role
  "time of care"
  a family to manage
  change of activities
  choice to stop working
  collaboration with colleagues
  color zones are meaningless
  confusion
  costs of personal protective equipment (PPE)
  difficulty in finding PPE
  economic damage for freelance physiotherapists
  employees cannot choose
  few trained colleagues
  focus on clinical research
  freelance colleagues do not work
  I work alone (freelance physiotherapist)
  indirect consequences
  lack of protection
  lack of psychological support for health professionals
  late/not updated indications
  no work changes
  precarious working conditions
  procedures and limitations for prevention
  professional firm closed
  redefinition of established priorities
  reorganization of services
  role of the professional body/scientific associations
  support for collaborators
  team working
  uncertainty
  unclear (employer) indications
  useful information
  work interruption
  work mode changes
  working without direct contact

Professional education

11 colleagues as the source of information
  few trained colleagues
  importance of education
  initial unpreparedness
  knowledge and tools
  lack of knowledge
  lack of specific training
  role of the professional body/scientific associations
  self-education
  studying things left out
  to learn

Change

20 "new" physiotherapist role
  2020 better than 2021 (contagions)
  adaptation and resilience
  attention
  awareness
  being on the front line
  change of activities
  focus on clinical research
  gradual recovery
  importance of education
  improvement over time
  initial fear
  knowledge and tools
  looking for the bright side
  new experience
  procedures and limitations for prevention
  redefinition of established priorities
  routine leads to greater serenity
  vaccine risk acceptance
  work mode changes
<table>
<thead>
<tr>
<th>Prevention measures</th>
<th>19</th>
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<tbody>
<tr>
<td>adaptation and resilience</td>
<td></td>
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<tr>
<td>already equipped with PPE</td>
<td></td>
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<tr>
<td>choice to stop working</td>
<td></td>
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<tr>
<td>color zones are meaningless</td>
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<tr>
<td>communicating is difficult</td>
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<tr>
<td>costs of personal protective equipment (PPE)</td>
<td></td>
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<tr>
<td>difficulty in finding PPE</td>
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<td>difficulty in working with PPE</td>
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<tr>
<td>distance as a consequence</td>
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<td>knowledge and tools</td>
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<td>long time needed</td>
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<tr>
<td>physical fatigue</td>
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<td>PPE utility</td>
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<tr>
<td>remote physiotherapy</td>
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<tr>
<td>routine leads to greater serenity</td>
<td></td>
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<tr>
<td>unclear (employer) indications</td>
<td></td>
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<tr>
<td>vaccine risk acceptance</td>
<td></td>
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<tr>
<td>work mode changes</td>
<td></td>
</tr>
<tr>
<td>working with children is difficult</td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Patients</th>
<th>7</th>
</tr>
</thead>
<tbody>
<tr>
<td>“time of care”</td>
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<tr>
<td>fears of others (patients)</td>
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<tr>
<td>gratitude of patients</td>
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<tr>
<td>physical fatigue of patients</td>
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<tr>
<td>psychological help to patients</td>
<td></td>
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<tr>
<td>suspension of treatment</td>
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<tr>
<td>working with children is difficult</td>
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<table>
<thead>
<tr>
<th>Positive aspects</th>
<th>17</th>
</tr>
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<tbody>
<tr>
<td>awareness</td>
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</tr>
<tr>
<td>both serenity and prudence</td>
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<tr>
<td>collaboration with colleagues</td>
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<tr>
<td>effortless commitment</td>
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<tr>
<td>gradual recovery</td>
<td></td>
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<tr>
<td>gratitude of patients</td>
<td></td>
</tr>
<tr>
<td>I managed to work</td>
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<tr>
<td>I’m not afraid</td>
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<tr>
<td>improvement over time</td>
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<tr>
<td>knowledge and tools</td>
<td></td>
</tr>
<tr>
<td>looking for the bright side</td>
<td></td>
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<tr>
<td>luckily no contacts</td>
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<tr>
<td>pride in work done</td>
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<tr>
<td>routine leads to greater serenity</td>
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<tr>
<td>satisfaction</td>
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<tr>
<td>vaccine presence</td>
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<tr>
<td>very intense personal experience</td>
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</tbody>
</table>
Networks. Relationships between codes were derived from the respondents' narratives.

Network “Physiotherapy during COVID-19”
Network “Information”

- late/not updated indications
- unclear (employer) indications
- confusion
- useful information
- role of the professional body/scientific associations
- fake/biased media information
- lack of reliable information
- colleagues as the source of information
Network “Fear and negative feelings”

- Fear and negative feelings
  - Fear of contagion
    - Initial difficulty
    - Initial fear
    - Uncertainty
    - Fear for work
    - Fear for others
  - Fear for family members
  - Fear for your own person
  - Fevers of others (patients)
  - Vaccine risk acceptance
  - 2020 better than 2021 (contagions)
  - Limitation of personal contacts
  - Alienation
  - Attention
  - Unpredictability
  - Sense of inadequacy
  - Source of stress
  - Hard/difficult experience
  - A family to manage
  - Distress
  - Emotional fatigue
  - Being on the front line
  - Tiredness

- Is cause of
- Is associated with
Network “Professional education”

- Role of the professional body/scientific associations
- Self-education
- To learn
- Knowledge and tools
- Initial unpreparedness
- Lack of knowledge
- Lack of specific training
- Few trained colleagues
- Importance of education
- Colleagues as the source of information
- Studying things left out

Relationships:
- Lack of knowledge is part of initial unpreparedness
- Initial unpreparedness is caused by lack of knowledge
- Lack of knowledge is associated with importance of education
- Importance of education is associated with few trained colleagues
Network “Change”

- Work mode changes
- Redefinition of established priorities
  - Focus on clinical research
  - Looking for the bright side
- Being on the front line
  - Initial fear
  - Procedures and limitations for prevention
  - Change of activities
- 2020 better than 2021 (contagions)
  - New experience
  - Gradual recovery
  - Improvement over time
- Adaptation and resilience
- Routine leads to greater serenity
- Awareness
- Importance of education
  - "New" physiotherapist role
- Knowledge and tools

Connections:
- Work mode changes is part of redefinition of established priorities.
- Being on the front line is associated with initial fear.
- Work mode changes is part of being on the front line.
- Initial fear is associated with procedures and limitations for prevention.
- Procedures and limitations for prevention is part of looking for the bright side.
- Change of activities is caused by initial fear.
- Gradual recovery is associated with gradual recovery.
- Gradual recovery is associated with improvement over time.
- Improvement over time is associated with adaptation and resilience.
- Adaptation and resilience leads to greater serenity.
Network “Prevention measures”
Network “Patients”

- time of care
- suspension of treatment
- patients’ physical fatigue
- fears of others (patients)
- gratitude of patients
- psychological help to patients
- working with children is difficult
Network “Positive aspects”

- I'm not afraid
- Awareness
- Vaccine presence
- Knowledge and tools
- Effortless commitment
- Looking for the bright side
- Luckily no contacts
- I managed to work
- Collaboration with colleagues
- Very intense personal experience
- Routine leads to greater serenity
- Both serenity and prudence
- Improvement over time
- Gratitude of patients
- Satisfaction
- Pride in work done
- Gradual recovery