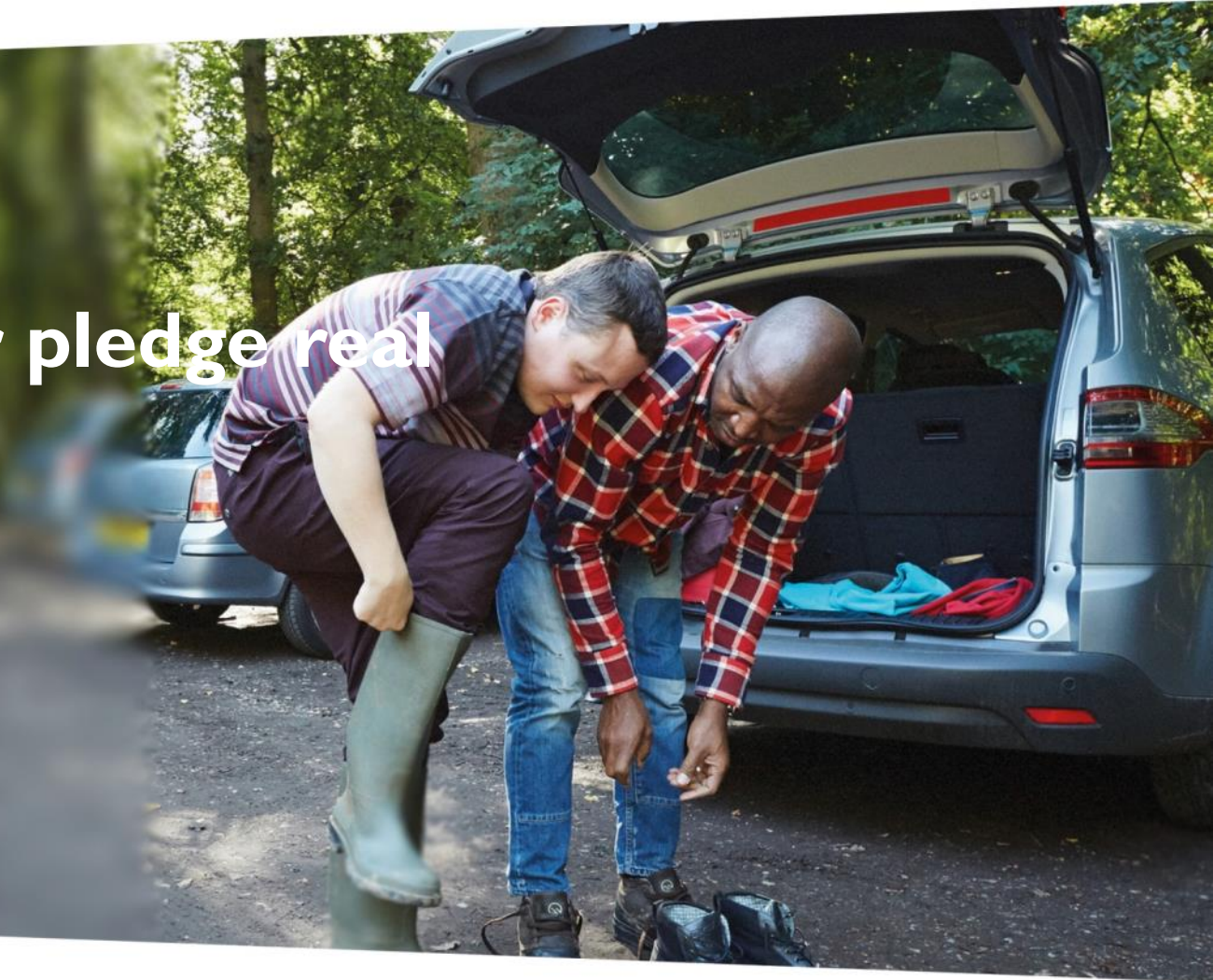




STOMP

Making your pledge real

January '18



Dimensions – a bit about us

- National not for profit organisation
- Group structure consisting of parent and 3 x subsidiaries (Dimensions (UK), O3W, Waymarks, Discovery)
- Employ approximately 6500+ people
- Support approximately 3800+ people with learning disabilities and/or autism
- Approximately 1300 people receive 24 hour support



Getting involved in the STOMP programme

- In September 2016 we started to think about psychotropic medications and the STOMP campaign



- Dr David Branford undertook a small sample survey
- The purpose to provide a flavour of the current case load and potential issues
- The cases were selected at random by Dimensions staff working in diverse locations of the UK.



Our response

- A company-wide endorsement and championing of the STOMPLD campaign
- A company-wide training programme about psychotropic medications and their best use
- Making the reduction in the use of psychotropic medications a fundamental cornerstone of the Dimensions programmes such as 'Activate'
- The development of specific tools and advice to enable Dimensions staff to be a part of an active programme of psychotropic medication withdrawal
- At the beginning of our journey 54% (702) of these people were prescribed psychotropic medication and only 13% (169) with reduction plans





dimensions

Some questions for you.....

- Do you know how many people your support are on psychotropic medications?
- If you do, do you know what for?
- Do your staff know?



What's worked?

- Having an identified lead
- The psychotropic survey
- Introducing the toolkit
(especially the checklist/
action plans
- Great internal communications – blogging, statistics (!), internal newsletters
- Stories – don't underestimate the power of stories
- Mandatory training
- Accountability – board level reporting
- Working with others—VODG, CQC, NDTi, CBF, NHSE
- Engaging other internal departments, review team, L&D
- The right culture



Some of the challenges?

- Making sure that we reached everybody posters, agendas, etc
- Finding an approach that would allow enough autonomy but would also provide the necessary levels of organisational accountability
- Areas working differently - trying to stay on track of things



Some stories from Charles



What next for Dimensions?

One STOMP beyond.....

Aim – *to ensure that every person we support who is prescribed psychotropic medications, has those prescriptions issued and reviewed in line with NICE guidelines and person centred practice!*

