



**ECOLOGICAL INTERVENTIONS  
FOR BEHAVIOURS THAT  
CHALLENGE**

# Why do people have challenging behaviour?

- Behaviour is functional – it serves a purpose for an individual
- Behaviour is responsive to change or event in the environment
- PBS aims to understand the person and their behaviour
- Ecological Interventions are strategic changes in the environment to reduce the need for behaviour to occur

# Critical change

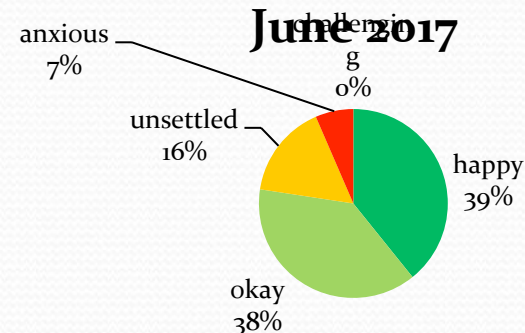
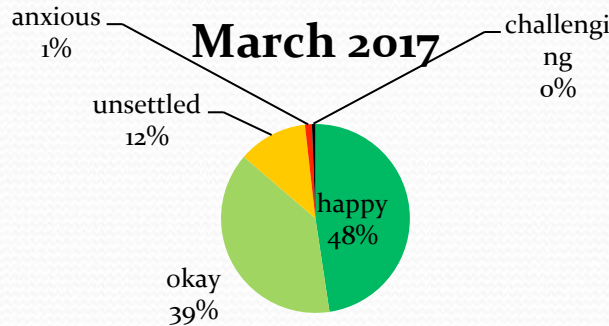
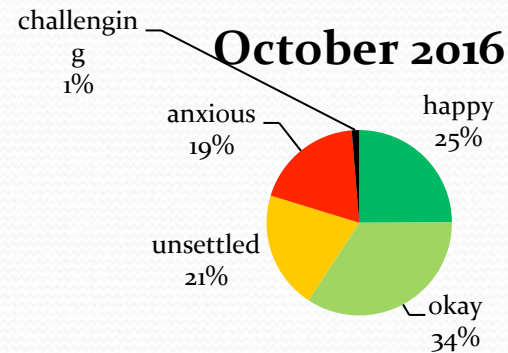
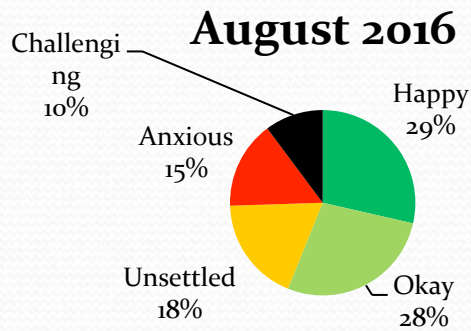
- Staffing levels, skills and support styles
- Type of house, location and impact on person and others
- Access to community and preferred activities
- Skills of the person – including communication and choice
- Goals and Succeeding
- Physical Health issues resolved or managed



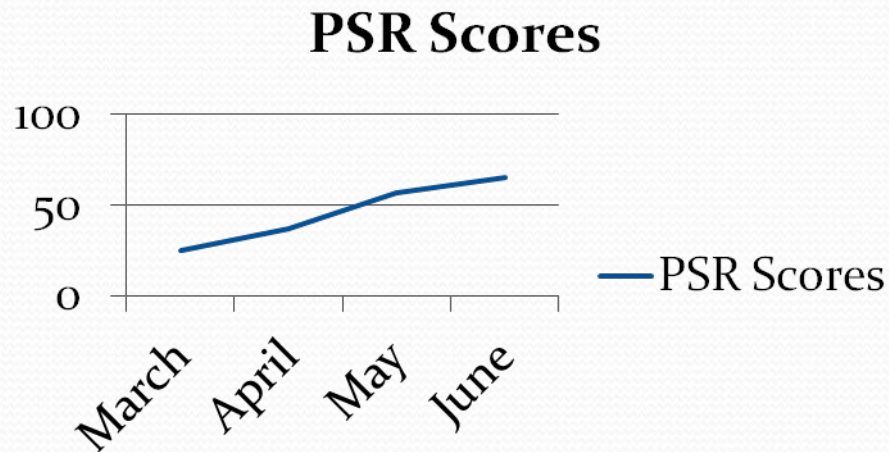
# Case Study

# Positive Behaviour Support and STOMP

1. Data Driven – help to inform decisions of health practitioners



2. Clear action plan and approach for staff to support people with changing medication and behaviours that challenge



3. Directly involves the opinions and actions of the person, families, friends and staff working with the person



## 4. Evidence Outcomes

Skill	M	T	W	T	F	S	S
Take a break	√	√	√	√	√	√	√
Have a shower	√		√	√	√		√
Tolerate visitor	√		√		√	√	√



# Challenges to using this model

- Might require some commitment and expenditure in the short term
- Definitely requires an organisation wide approach and multi disciplinary support including social services and health services
- Is continuous and requires consistency
- Impacted on by lack of quality in a service or lack of services/opportunities/resources available