

Chapter 12 Migration, globalization and health

CLINICAL QUESTIONNAIRE

In migrant communities

- 1 Was the migration primarily:
 - a involuntary ('*push*')?
 - b voluntary ('*pull*')?
- 2 What sources of *stress* for the migrant can be identified in:
 - a the migrant's personality?
 - b their family?
 - c the migrant community itself?
 - d the host community?
 - e the changes in 'life space' involved in migration?
- 3 Is there evidence of *cultural bereavement* in the migrant, or their community?
- 4 What *strategies* have the migrants, or their community, adopted to reduce the effects of cultural bereavement?
- 5 Within the *migrant family*, is there evidence of:
 - a generational inversion?
 - b gender inversion?
 - c time inversion?
 - d space inversion?

In migrant mental health

- 6 Should migrant *mental health problems* be dealt with by:
 - a psychotherapists?
 - b psychiatrists?
 - c traditional or religious healers?
 - d self-help groups?
 - e a combination of the above?