

## Chapter 7 Pain and culture

### CLINICAL QUESTIONNAIRE

- 1 What is the recognized pattern of *pain behaviour* (language of distress) in the socio-cultural milieu of:
  - a the health professional?
  - b the patient?
- 2 Is the patient suffering *private pain*, but not translating it into public pain? If not, why not?
- 3 Is the patient displaying *public pain*? If so:
  - a does he or she also have private pain?
  - b what does the patient intend to signal or achieve by the use of pain behaviour?
- 4 In the patient's socio-cultural background, is pain seen as a 'message' with a religious or healing significance?
- 5 In the patient's socio-cultural background, is pain behaviour accepted/encouraged/responded to, or not?
- 6 In the clinical setting, is pain behaviour accepted/encouraged/ responded to, or not?
- 7 How does the *patient* view the origin, significance and prognosis of the pain?
- 8 How do the patient's *family and friends* view the origin, significance and prognosis of the pain?
- 9 Is treatment with analgesics sufficient, or should the illness associated with the pain be treated as well?