

## Chapter 11 Cultural aspects of stress and suffering

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### CLINICAL QUESTIONNAIRE

- 1 Has the patient experienced any major *life changes* in the past year?
- 2 Is there any evidence of the '*giving-up-given-up*' complex?
- 3 What cultural factors could have *contributed towards* the patient's stress response?
- 4 What cultural factors would *protect* the patient against the stress response?

### In lay models of stress

- 5 What is meant by the terms '*stress*' or '*nerves*' when used by:
  - a the patient?
  - b their family and friends?
  - c the health professional?