

Hypnosis Organizations and Journals for Professionals

American Psychological Association, Division 30, The Society of Psychological Hypnosis

The American Psychological Association (APA) is the national organization for psychologists in the U.S., with a large membership well exceeding 100,000 members. It is divided into dozens of components, each with a specialized focus within the domain of psychology. Division 30 is called the Society of Psychological Hypnosis. Once a member of APA, you are eligible to join the component division branches of your choice. When you join Division 30, you will receive an informative newsletter three times per year. It lists events within the field in general and within Division 30 in particular. It also includes discussions of clinical issues, news updates, literature reviews, and other informative and helpful information. Furthermore, at the large annual meetings of APA, the Society of Psychological Hypnosis holds specialized programs with prominent members sharing their latest research and clinical insights. For membership information, you can contact APA directly.

Related Journals: The *International Journal of Clinical and Experimental Hypnosis* and the *Psychology of Consciousness: Theory, Research and Practice* are published quarterly with online access available for members.

Website: <https://www.apadivisions.org/division-30/index>

The American Psychological Association

APA Division Engagement

750 First Street NE

Washington, DC 20002-4242

Phone number in the U.S.: (202) 336-6013.

American Society of Clinical Hypnosis

The American Society of Clinical Hypnosis (ASCH) is an interdisciplinary organization and the largest of the national professional hypnosis societies in the U.S. ASCH holds smaller, more topically focused workshops several times a year and a large annual meeting with an impressive array of topics and presenters. The organization also publishes a quarterly newsletter. ASCH has component sections in many of the major cities and regions across the United States. Component sections vary in their level of local activity. Many hold monthly meetings and annual workshops. ASCH also provides a certification in hypnosis to members who complete the necessary educational and consultation requirements. ASCH provides a communication hub via the Hypnosis Listserve for consultation, discussion, and exchange of ideas among its members.

Journal: The *American Journal of Clinical Hypnosis (AJCH)* is published quarterly, and online access is included with membership.

Website: www.asch.net

E-mail: info@asch.net

American Society of Clinical Hypnosis

National Press Building

529 14th Street NW, Suite 1280

Washington, DC 20045-2205

Phone number in the U.S.: (410) 940-6585

Hypnotic Idea Exchange

The Hypnotic Idea Exchange (HIE) was started during the COVID-19 pandemic to create free virtual opportunities for clinical hypnosis professionals to connect and learn from each other. HIE is a joint venture of four of the ASCH component societies (North Carolina Society of Clinical Hypnosis, Northern Virginia Society of Clinical Hypnosis, The Clinical Hypnosis Society of New Jersey, and The Eastern Society of Clinical Hypnosis). This collaborative effort includes monthly presentations by leaders in the field who generally provide didactic presentations as well as opportunities to practice hypnosis techniques. It is a wonderful way to meet and collaborate with other professionals who use hypnosis. You can access recordings of past presentations and register to attend at <https://www.nchypnosis.org/hie/>.

European Society of Hypnosis

The European Society of Hypnosis (ESH) is a confederation of 47 national societies across 22 European countries. Members of the society are from the fields of medicine, dentistry, psychology, and psychotherapy. ESH offers yearly in-person conferences at various European locations featuring hypnosis experts from around the world. Their newsletter is published online quarterly. ESH has certification for members who complete approved training, supervision, and documented experience in the use of hypnosis.

Website: <https://esh-hypnosis.eu>

E-mail: info@esh-hypnosis.eu

ESH Central Office

5/2

102 Lancefield Quay

Glasgow
G3 8HF
Scotland, United Kingdom

The International Society of Hypnosis

The International Society of Hypnosis (ISH) is the umbrella organization encompassing more than two dozen constituent societies. (Check to see if your country is represented: www.ishhypnosis.org/about-ish/constituent-societies/). ISH holds tri-annual meetings, each time in a different international location, that features many of the world's premier researchers and clinicians presenting their latest findings. ISH also hosts monthly online Master Classes featuring international hypnosis experts. Membership includes an informative newsletter, monthly online gatherings hosted by the current ISH president, conference notifications and discounts, and more.

Journal: The *International Journal of Clinical and Experimental Hypnosis (IJCEH)* is published quarterly, and online access is included with membership.

Website: www.ishhypnosis.org

E-mail: info@ishhypnosis.org

The Milton H. Erickson Foundation

The Milton H. Erickson Foundation is active in advancing psychotherapy in its many forms but is especially dedicated to the advancement of Ericksonian approaches to hypnosis and psychotherapy. The Foundation is not a society and does not have a membership. When you

register for the Foundation mailing list on their website's homepage, you will receive their newsletter that provides workshop and conference announcements, interviews, clinical discussions and much more. The Foundation is the "hub of the wheel" for an international network of Erickson Institutes (more than 140 to date) that also strive to advance the work of Dr. Erickson. Each institute sets its own length and frequency of training. The Foundation Press also publishes books on Ericksonian approaches and offers audio and video recordings of past conference proceedings.

Website: www.erickson-foundation.org

E-mail: support@erickson-foundation.org

The Milton H. Erickson Foundation, Inc.

2632 E. Thomas Rd., Suite 200

Phoenix, AZ 85016

Phone number in the U.S.: (602) 956-6196

National Pediatric Hypnosis Training Institute

The National Pediatric Hypnosis Training Institute (NPHTI) offers state-of-the-art education and skill development for health care professionals interested in the use of clinical hypnosis with children and adolescents. NPHTI holds an annual conference featuring many of the most skilled pediatric hypnosis practitioners in the U.S. The organization also has informative monthly webinars and a mid-year online event with workshops, discussions, and supervised small group practice sessions. NPHTI provides a communication hub via the NPHTI Listserve for consultation, discussion, and exchange of ideas among clinicians who have trained with them.

Website: www.NPHTI.org

A contact form is available on their website: <https://www.nphti.org/contact>

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Society for Clinical and Experimental Hypnosis

The Society for Clinical and Experimental Hypnosis (SCEH) is a prominent international organization for both clinical and research-oriented hypnosis professionals. SCEH places an emphasis on research and evidence-based practice. SCEH holds an annual conference that features papers, workshops, and panels on the latest developments presented by many of the most well-known and respected people in the field. Each year SCEH also holds midyear workshops online. On-demand and live webinars are offered throughout the year on a wide range of hypnosis related topics. Members of the organization are given online access to a quarterly newsletter. SCEH offers certification in hypnosis for both clinicians and researchers.

Journal: The *International Journal of Clinical and Experimental Hypnosis (IJCEH)* is published online quarterly, and access is included with membership.

Website: www.sceh.us

E-mail: info@sceh.us

Society for Clinical & Experimental Hypnosis

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