

References

- Abrahamsen, R., & Naish, P. (2021). Studies in patients with temporomandibular disorders pain: Can scales of hypnotic susceptibility predict the outcome on pain relief? *American Journal of Clinical Hypnosis*, *64*(1), 12–19. <https://doi.org/10.1080/00029157.2020.1863183>
- Abrams, L., Huh-Yoo, J., Light, L. L., & Panicker, S. (Eds.). (2024). Ethical challenges in the use of digital technologies in psychological science [Special issue]. *American Psychologist*, *79*(1).
- Accardi, M., Cleere, C., Lynn, S. J., & Kirsch, I. (2013). Placebo versus “standard” hypnosis rationale: Attitudes, expectancies, hypnotic responses, and experiences. *American Journal of Clinical Hypnosis*, *56*(2), 103–114. <https://doi.org/10.1080/00029157.2013.769087>
- Acunzo, D. J., Oakley, D. A., & Terhune, D. B. (2021). The neurochemistry of hypnotic suggestion. *American Journal of Clinical Hypnosis*, *63*(4), 355–371. <https://doi.org/10.1080/00029157.2020.1865869>
- Alarcón, A., Franch, M., Mendoza, M. E., & Capafons, A. (2023). Paradigm’s relevance in empirical research biases: Hypnotizability, resilience, and self-control, an empty systematic review. *Psychology of Consciousness: Theory, Research, and Practice*. <https://doi.org/10.1037/cns0000384>
- Alicic, E., Conroy, R., & Thoresen, S. (2020). Epidemiology, clinical presentation, and developmental considerations in children and adolescents. In D. Forbes, J. I. Bisson, C. M. Monson, & L. Berliner (Eds.), *Effective treatments for PTSD: Practice guidelines from the international society for traumatic stress studies* (3rd ed., pp. 30–48). The Guilford Press.
- Alladin, A. (2010). Evidence-based hypnotherapy for depression. *International Journal of Clinical and Experimental Hypnosis*, *58*(2), 165–185. <https://doi.org/10.1080/00207140903523194>
- Alladin, A. (2012). Cognitive hypnotherapy for major depressive disorder. *American Journal of Clinical Hypnosis*, *54*(4), 275–293. <https://doi.org/10.1080/00029157.2012.654527>
- Alladin, A., & Amundson, J. (2016). Cognitive hypnotherapy as a transdiagnostic protocol for emotional disorders. *International Journal of Clinical and Experimental Hypnosis*, *64*(2), 147–166. <https://doi.org/10.1080/00207144.2016.1131585>
- Allredge, C. T., & Elkins, G. R. (2023). Adaptive experiential theory of hypnosis. *International Journal of Clinical and Experimental Hypnosis*, *71*(3), 165–175. <https://doi.org/10.1080/00207144.2023.2226178>
- Allredge, C. T., Sliwinski, J. R., & Elkins, G. R. (2024). Treating hot flashes with hypnosis: Does hypnotizability modulate reductions? *Journal of Clinical Psychology in Medical Settings*. <https://doi.org/10.1007/s10880-023-09994-w>
- Almohammed, O. A., Alsalem, A. A., Almangour, A. A., Alotaibi, L. H., Al Yami, M. S., & Lai, L. (2022). Antidepressants and health-related quality of life (HRQoL) for patients with depression: Analysis of the medical expenditure panel survey from the United States. *PLOS ONE*, *17*(4), e0265928. <https://doi.org/10.1371/journal.pone.0265928>
- Altan-Atalay, A., Kaya-Kızılöz, B., İlkmen, Y. S., & Kozol, E. (2022). Impact of abstract vs. concrete processing on state rumination: An exploration of the role of cognitive flexibility. *Journal of Behavior Therapy and Experimental Psychiatry*, *74*, 101691. <https://doi.org/10.1016/j.jbtep.2021.101691>

- Alter, D. S. (2023). Things that go bump in the night. *American Journal of Clinical Hypnosis*, 1–10. <https://doi.org/10.1080/00029157.2023.2193231>
- American Academy of Pediatrics. (n.d.). *Center of excellence on social media and youth mental health*. Center for Excellence: Social Media and Youth Mental Health. <https://www.aap.org/en/patient-care/media-and-children/center-of-excellence-on-social-media-and-youth-mental-health/>
- American Psychiatric Association. (Ed.). (2022). *Diagnostic and statistical manual of mental disorders: DSM-5-TR* (5th ed., text rev.). Author.
- American Psychological Association. (2017). *Clinical practice guidelines for the treatment of posttraumatic stress disorder (PTSD) in adults*. <https://www.apa.org/ptsd-guideline>
- American Psychological Association. (2023a). *American psychological association health advisory on social media use in adolescence* (pp. 1–12). <https://www.apa.org/topics/social-media-internet/health-advisory-adolescent-social-media-use.pdf>
- American Psychological Association. (2023b, November). *Stress in America 2023*. <https://www.apa.org/news/press/releases/stress/2023/collective-trauma-recovery>
- Anbar, R. D. (2023). *Changing children's lives with hypnosis: A journey to the center*. Rowman & Littlefield Publishers.
- Anbar, R. D. (2024). Hypnosis in pediatric and adult pulmonology. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 576–589). Routledge. <https://doi.org/10.4324/9781003449126-53>
- Apelian, C., De Vignemont, F., & Terhune, D. B. (2023). Comparative effects of hypnotic suggestion and imagery instruction on bodily awareness. *Consciousness and Cognition*, 108, 103473. <https://doi.org/10.1016/j.concog.2023.103473>
- Arce, R., Selaya, A., Sanmarco, J., & Fariña, F. (2023). Implanting rich autobiographical false memories: Meta-analysis for forensic practice and judicial judgment making. *International Journal of Clinical and Health Psychology*, 23(4), 100386. <https://doi.org/10.1016/j.ijchp.2023.100386>
- Armstrong, C. (2019). *Rethinking trauma treatment: Attachment, memory reconsolidation, and resilience*. W.W. Norton & Company.
- Armstrong, C. (2024, January 21). *Healing grief with clinical hypnosis*. New England Society of Clinical Hypnosis, virtual. <https://nesch.org/event-5428239>
- Arnold, M. B. (1946). On the mechanism of suggestion and hypnosis. *The Journal of Abnormal and Social Psychology*, 41(2), 107–128. <https://doi.org/10.1037/h0058458>
- Aronson, E., Wilson, T. D., Sommers, S. R., & Page-Gould, E. (2022). *Social psychology* (11th ed.). Pearson.
- Asch, S. (1951). Effects of group pressure on the modification and distortion of judgments. In H. Guetzkow (Ed.), *Groups, leadership and men*. Carnegie.
- Asch, S. (1955). Opinions and social pressures. *Scientific American*, 193(5), 31–35.
- Asch, S. (1956). Studies of independence and conformity: I. A minority of one against a unanimous majority. *Psychological Monographs: General and Applied*, 70(9), 1–70. <https://doi.org/10.1037/h0093718>
- Askay, S. W., Patterson, D. R., Jensen, M. P., & Sharar, S. R. (2007). A randomized controlled trial of hypnosis for burn wound care. *Rehabilitation Psychology*, 52(3), 247–253. <https://doi.org/10.1037/0090-5550.52.3.247>
- Avramova, N. T. (2023). Dental fear, anxiety, and phobia – Behavioral management and implications for dentists. *Journal of Mind and Medical Sciences*, 10(1), 42–50. <https://doi.org/10.22543/2392-7674.1349>
- Balban, M. Y., Neri, E., Kogon, M. M., Weed, L., Nouriani, B., Jo, B., Holl, G., Zeitzer, J. M., Spiegel, D., & Huberman, A. D. (2023). Brief structured respiration practices enhance mood and reduce physiological arousal. *Cell Reports Medicine*, 4(1), 100895. <https://doi.org/10.1016/j.xcrm.2022.100895>
- Bandler, R., & Grinder, J. (1975). *The structure of magic Vol. I*. Science and Behavior Books.
- Bandler, R., & Grinder, J. (1979). *Frogs into princes*. Real People Press.
- Bányai, É. É., & Hilgard, E. R. (1976). A comparison of active-alert hypnotic induction with traditional relaxation induction. *Journal of Abnormal Psychology*, 85(2), 218–224. <https://doi.org/10.1037/0021-843X.85.2.218>

- Barabasz, A. (2000). EEG markers of alert hypnosis: The induction makes a difference. *Sleep and Hypnosis: A Journal of Clinical Neuroscience and Psychopathology*, 2(4), 164–169.
- Barabasz, A., & Barabasz, M. (2016). Induction technique: Beyond simple response to suggestion. *American Journal of Clinical Hypnosis*, 59(2), 204–213. <https://doi.org/10.1080/00029157.2016.1209456>
- Barabasz, A., Barabasz, M., Jensen, S., Calvin, S., Trevisan, M., & Warner, D. (1999). Cortical event-related potentials show the structure of hypnotic suggestions is crucial. *International Journal of Clinical and Experimental Hypnosis*, 47(1), 5–22. <https://doi.org/10.1080/00207149908410019>
- Barabasz, A., Higley, L., Christensen, C., & Barabasz, M. (2010). Efficacy of hypnosis in the treatment of human papillomavirus (HPV) in women: Rural and urban samples. *International Journal of Clinical and Experimental Hypnosis*, 58(1), 102–121. <https://doi.org/10.1080/00207140903310899>
- Barabasz, A., & Watkins, J. G. (2005). *Hypnotherapeutic techniques* (2nd ed.). Brunner-Routledge.
- Barber, T. X. (1960). The necessary and sufficient conditions for hypnotic behavior. *American Journal of Clinical Hypnosis*, 3(1), 31–42. <https://doi.org/10.1080/00029157.1960.10404345>
- Barber, T. X. (1961). Antisocial and criminal acts induced by “Hypnosis”: A review of experimental and clinical findings. *Archives of General Psychiatry*, 5(3), 301. <https://doi.org/10.1001/archpsyc.1961.01710150083013>
- Barber, T. X. (1969). *Hypnosis: A scientific approach* (1st ed.). Van Nostrand Reinhold.
- Barber, T. X. (Ed.). (1976). *Advances in altered states of consciousness & human potentialities: A PDI research reference work*. Psychological Dimensions.
- Barber, T. X. (1999). A comprehensive three-dimensional theory of hypnosis. In I. Kirsch, A. Capafons, E. Cardeña-Buelna, & S. Amigó (Eds.), *Clinical hypnosis and self-regulation: Cognitive-behavioral perspectives* (pp. 21–48). American Psychological Association. <https://doi.org/10.1037/10282-001>
- Barber, T. X. (2000). A deeper understanding of hypnosis: Its secrets, its nature, its essence. *American Journal of Clinical Hypnosis*, 42(3–4), 208–272. <https://doi.org/10.1080/00029157.2000.10734361>
- Barber, T. X., & Calverley, D. (1962). Hypnotic behavior as a function of task motivation. *The Journal of Psychology*, 54(2), 363–389. <https://doi.org/10.1080/00223980.1962.9713126>
- Barber, T. X., Spanos, N. P., & Chaves, J. F. (1974). *Hypnosis, imagination, and human potentialities*. Pergamon Press.
- Bardeen, J. R., Gorday, J. Y., & Weathers, F. W. (2022). Executive functioning deficits exacerbate posttraumatic stress symptoms: A longitudinal mediation model. *Journal of Anxiety Disorders*, 87, 102556. <https://doi.org/10.1016/j.janxdis.2022.102556>
- Barlow, D. H. (Ed.). (2021). *Clinical handbook of psychological disorders: A step-by-step treatment manual* (6th ed.). The Guilford Press.
- Barnier, A., & McConkey, K. (2004). Defining and identifying the highly hypnotizable person. In M. Heap, R. Brown, & D. Oakley (Eds.), *The highly hypnotizable person: Theoretical, experimental and clinical issues* (pp. 33–60). Brunner/Routledge.
- Barnier, A., Terhune, D. B., Polito, V., & Woody, E. Z. (2022). A componential approach to individual differences in hypnotizability. *Psychology of Consciousness: Theory, Research, and Practice*, 9(2), 130–140. <https://doi.org/10.1037/cns0000267>
- Barrett, D. (2024). Types of high hypnotizables. In G. De Benedittis, J. H. Linden, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 331–346). Routledge. <https://doi.org/10.4324/9781003449126-30>
- Bass, E., & Davis, L. (1988). *The courage to heal: A guide for women survivors of child sexual abuse* (1st ed). Perennial Library.
- Batra, A., Eck, S., Riegel, B., Friedrich, S., Fuhr, K., Torchalla, I., & Tönnies, S. (2024). Hypnotherapy compared to cognitive-behavioral therapy for smoking cessation in a randomized controlled trial. *Frontiers in Psychology*, 15, 1330362. <https://doi.org/10.3389/fpsyg.2024.1330362>
- Battaglia, M. B. (2023). Medical hypnosis: Where cancer & hypnotherapy meet. *Oncology Issues*, 38(3), 85–87. <https://doi.org/10.3928/25731777-20230515-19>

- Bayne, A. P. (2024). Self-guided online medical hypnosis program improves dry nights in children with nocturnal enuresis in a prospective single-center pilot study. *Clinical Pediatrics*, 63(5), 703–707. <https://doi.org/10.1177/00099228231186690>
- Beck, A. T., Rush, A. J., Shaw, B. F., & Emery, G. (1979). *Cognitive therapy of depression*. The Guilford Press.
- Beevi, Z., Low, W. Y., & Hassan, J. (2017). The effectiveness of hypnosis intervention for labor: An experimental study. *American Journal of Clinical Hypnosis*, 60(2), 172–191. <https://doi.org/10.1080/0029157.2017.1280659>
- Benedetti, F. (2024). Placebo and nocebo effects. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 869–882). Routledge. <https://doi.org/10.4324/9781003449126-79>
- Benoit, V., & Gabola, P. (2021). Effects of positive psychology interventions on the well-being of young children: A systematic literature review. *International Journal of Environmental Research and Public Health*, 18(22), 12065. <https://doi.org/10.3390/ijerph182212065>
- Benson, H., & Klipper, M. Z. (2000). *The relaxation response*. HarperTorch.
- Benson, H., & Proctor, W. (2011). *Relaxation revolution: The science and genetics of mind body healing*. Scribner.
- Berberich, F. R. (2007). Pediatric suggestions: Using hypnosis in the routine examination of children. *American Journal of Clinical Hypnosis*, 50(2), 121–129. <https://doi.org/10.1080/00029157.2007.10401609>
- Berberich, F. R. (2011). Attending to suggestion and trance in the pediatric history and physical examination: A case study. *American Journal of Clinical Hypnosis*, 54(1), 5–15. <https://doi.org/10.1080/0029157.2011.566645>
- Berberich, F. R. (2018). *Suggestion language in medical care: How to talk to patients to promote trust and cooperation*. BookBaby.
- Berger, R. (Ed.). (2024). *The Routledge international handbook of posttraumatic growth*. Routledge.
- Bicego, A., Gregoire, C., Rousseaux, F., Faymonville, M.-E., & Vanhaudenhuyse, A. (2024). How can we better understand hypnosis and its modulation of pain with neuroimaging? In G. DeBenedittis, J. H. Linden, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 359–375). Routledge.
- Blease, C., & DesRoches, C. M. (2022). Open notes in patient care: Confining deceptive placebos to the past? *Journal of Medical Ethics*, 48(8), 572–574. <https://doi.org/10.1136/medethics-2021-107746>
- Blume, E. S. (1990). *Secret survivors: Uncovering incest and its aftereffects in women* (2nd ed.). Wiley.
- Blumenfeld, H. (2023). Brain mechanisms of conscious awareness: Detect, pulse, switch, and wave. *The Neuroscientist*, 29(1), 9–18. <https://doi.org/10.1177/10738584211049378>
- Bomyea, J., Johnson, A., & Lang, A. J. (2017). Information processing in PTSD: Evidence for biased attentional, interpretation, and memory processes. *Psychopathology Review*, 4(3), 218–243. <https://doi.org/10.5127/pr.037214>
- Bonin, E. A. C., Martens, G., Cassol, H., Chatelle, C., Laureys, S., & Thibaut, A. (2021). PET imaging in altered states of consciousness: Coma, sleep, and hypnosis. In R. A. J. O. Dierckx, A. Otte, E. F. J. De Vries, A. Van Waarde, & K. L. Leenders (Eds.), *PET and SPECT in neurology* (pp. 1149–1176). Springer International Publishing. https://doi.org/10.1007/978-3-030-53168-3_45
- Bonini, L., Rotunno, C., Arcuri, E., & Gallese, V. (2022). Mirror neurons 30 years later: Implications and applications. *Trends in Cognitive Sciences*, 26(9), 767–781. <https://doi.org/10.1016/j.tics.2022.06.003>
- Bratman, G. N., & Olvera-Alvarez, H. A. (2022). Nature and health: Perspectives and pathways. *Ecopsychology*, 14(3), 133–136. <https://doi.org/10.1089/eco.2022.29007.editorial>
- Brown, N. J. L., Lomas, T., & Eiroa-Orosa, F. J. (Eds.). (2018). *The Routledge international handbook of critical positive psychology*. Routledge.
- Brunoli, M. P. (2023). Spiritual healing in palliative care with clinical hypnosis: Neuroscience and therapy. *American Journal of Clinical Hypnosis*, 1–13. <https://doi.org/10.1080/00029157.2023.2281466>

- Brugnoli, M. P. (2024). Clinical hypnosis in palliative care. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 723–735). Routledge. <https://doi.org/10.4324/9781003449126-66>
- Buhusi, C. V., Oprisan, S. A., & Buhusi, M. (2023). The future of integrative neuroscience: The big questions. *Frontiers in Integrative Neuroscience*, 17, 1113238. <https://doi.org/10.3389/fnint.2023.1113238>
- Bundy, N. (2022). Time, complexity, and the meaning of help: A systematic review of people's experiences of single-session therapy. *Journal of Systemic Therapies*, 41(2), 68–87. <https://doi.org/10.1521/jsyt.2022.41.2.68>
- Burger, J. M. (2009). Replicating Milgram: Would people still obey today? *American Psychologist*, 64(1), 1–11. <https://doi.org/10.1037/a0010932>
- Burns, G. W. (1998). *Nature-guided therapy: Brief integrative strategies for health and well-being*. Brunner/Mazel.
- Burns, G. W. (2001). *101 Healing stories: Using metaphors in therapy*. Wiley.
- Burns, G. W. (2005). *101 Healing stories for kids and teens: Using metaphors in therapy*. Wiley.
- Burns, G. W. (Ed.). (2007). *Healing with stories: Your casebook collection for using therapeutic metaphors*. Wiley.
- Burns, G. W. (Ed.). (2010). *Happiness, healing, enhancement: Your casebook collection for applying positive psychology in therapy*. Wiley.
- Burns, G. W. (2017). *101 stories for enhancing happiness and well-being: Using metaphors in positive psychology*. Routledge.
- Burns, G. W. (2024a). Using metaphors to build hope and hopefulness from depression. *American Journal of Clinical Hypnosis*, 66(1), 48–60. <https://doi.org/10.1080/00029157.2023.2210178>
- Burns, G. W. (2024b). Nature-guided hypnosis: Facilitating hypnotic elicitation and therapy through client-generated focused attention. In M. P. Jensen (Ed.), *Handbook of hypnotic techniques, Vol. 3: Favorite methods of master clinicians* (pp. 79–96). Denny Creek Press.
- Butterfield, R. D., Grad-Freilich, M., & Silk, J. S. (2023). The role of neural self-referential processes underlying self-concept in adolescent depression: A comprehensive review and proposed neurobehavioral model. *Neuroscience & Biobehavioral Reviews*, 149, 105183. <https://doi.org/10.1016/j.neubiorev.2023.105183>
- Cacioppo, J. T., Berntson, G. G., & Decety, J. (2010). Social neuroscience and its relationship to social psychology. *Social Cognition*, 28(6), 675–685. <https://doi.org/10.1521/soco.2010.28.6.675>
- Callara, A. L., Zelič, Ž., Fontanelli, L., Greco, A., Santarcangelo, E. L., & Sebastiani, L. (2023). Is hypnotic induction necessary to experience hypnosis and responsible for changes in brain activity? *Brain Sciences*, 13(6), 875. <https://doi.org/10.3390/brainsci13060875>
- Cannistrà, F., & Hoyt, M. F. (2020). The nine logics beneath brief therapy interventions: A framework to help therapists achieve their purpose. *Journal of Systemic Therapies*, 39(1), 19–34. <https://doi.org/10.1521/jsyt.2020.39.1.19>
- Cano-López, J. B., García-Sancho, E., Fernández-Castilla, B., & Salguero, J. M. (2022). Empirical evidence of the metacognitive model of rumination and depression in clinical and nonclinical samples: A systematic review and meta-analysis. *Cognitive Therapy and Research*, 46(2), 367–392. <https://doi.org/10.1007/s10608-021-10260-2>
- Cardena, E. (2023). A celebration of Irving Kirsch [Special issue]. *American Journal of Clinical Hypnosis*, 65(3).
- Cardena, E., & Pekala, R. (2014). Methodological issues in the study of altering consciousness and anomalous experience. In E. Cardena & R. Pekala (Eds.), *Varieties of anomalous experience: Examining the scientific evidence* (2nd ed.). American Psychological Association.
- Carvalho, C., Caetano, J. M., Cunha, L., Rebouta, P., Kaptchuk, T. J., & Kirsch, I. (2016). Open-label placebo treatment in chronic low back pain: A randomized controlled trial. *Pain*, 157(12), 2766–2772. <https://doi.org/10.1097/j.pain.0000000000000700>
- Casula, C. C. (2020). The importance of rapport in hypnotic clinical practice. *OBM Integrative and Complementary Medicine*, 5(1), 1–13. <https://doi.org/10.21926/obm.icm.2001010>

- Casula, C. C. (2022). Stimulating unconscious processes with metaphors and narrative. *American Journal of Clinical Hypnosis*, 64(4), 339–354. <https://doi.org/10.1080/00029157.2021.2019670>
- Casula, C. C. (2024). Utilization of metaphor as a therapeutic tool. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 213–227). Routledge. <https://doi.org/10.4324/9781003449126-20>
- Catsaros, S., & Wendland, J. (2023). Psychological impact of hypnosis for pregnancy and childbirth: A systematic review. *Complementary Therapies in Clinical Practice*, 50, 101713. <https://doi.org/10.1016/j.ctcp.2022.101713>
- Center for Humane Technology. (n.d.). *Key issues overview: Today's world & technology*. <https://www.humanetech.com/key-issues>
- Centers for Disease Control and Prevention. (2023, May 4). *Current cigarette smoking among adults in the United States*. https://www.cdc.gov/tobacco/data_statistics/fact_sheets/adult_data/cig_smoking/index.htm
- Cheavens, J. S., & Feldman, D. B. (2022). *The science and application of positive psychology*. Cambridge University Press. <https://doi.org/10.1017/9781108609791>
- Chefetz, R. A. (2015). *Intensive psychotherapy for persistent dissociative processes: The fear of feeling real*. W.W. Norton & Company.
- Chogle, A., Lee, A., Santucci, N. R., Yeh, A. M., Prozialeck, J. D., Borlack, R. E., & Van Tilburg, M. A. L. (2023). Clinical hypnosis for pediatric gastrointestinal disorders: A practical guide for clinicians. *Journal of Pediatric Gastroenterology and Nutrition*, 76(3), 271–277. <https://doi.org/10.1097/MPG.0000000000003651>
- Christensen, C., Finley, A., & Kelley, C. (2022). Integrating hypnosis into clinical practice and applications. In G. R. Elkins (Ed.), *Introduction to clinical hypnosis: The basics and beyond* (pp. 349–392). Mountain Pine Publishing.
- Christensen, C., & Gwozdziwycz, N. (2015). Revision of the APA division 30 definition of hypnosis. *American Journal of Clinical Hypnosis*, 57(4), 448–451. <https://doi.org/10.1080/00029157.2015.1011498>
- Christensen, C. C. (2005). Preferences for descriptors of hypnosis: A brief communication. *International Journal of Clinical and Experimental Hypnosis*, 53(3), 281–289. <https://doi.org/10.1080/00207140590961358>
- Cipriano, C., Strambler, M. J., Naples, L. H., Ha, C., Kirk, M., Wood, M., Sehgal, K., Zieher, A. K., Eveleigh, A., McCarthy, M., Funaro, M., Ponnock, A., Chow, J. C., & Durlak, J. (2023). The state of evidence for social and emotional learning: A contemporary meta-analysis of universal school-based SEL interventions. *Child Development*, 94(5), 1181–1204. <https://doi.org/10.1111/cdev.13968>
- Coe, W. C., Kobayashi, K., & Howard, M. L. (1972). An approach toward isolating factors that influence antisocial conduct in hypnosis. *International Journal of Clinical and Experimental Hypnosis*, 20(2), 118–131. <https://doi.org/10.1080/00207147208409282>
- Coe, W. C., & Sarbin, T. R. (1991). Role theory: Hypnosis from a dramaturgical and narrational perspective. In S. J. Lynn & J. W. Rhue (Eds.), *Theories of hypnosis: Current models and perspectives* (pp. 303–323). The Guilford Press.
- Connors, M. H., Quinto, L., Deeley, Q., Halligan, P. W., Oakley, D. A., & Kanaan, R. A. (2024). Hypnosis and suggestion as interventions for functional neurological disorder: A systematic review. *General Hospital Psychiatry*, 86, 92–102. <https://doi.org/10.1016/j.genhosppsych.2023.12.006>
- Cooley, S. J., Jones, C. R., Kurtz, A., & Robertson, N. (2020). ‘Into the Wild’: A meta-synthesis of talking therapy in natural outdoor spaces. *Clinical Psychology Review*, 77, 101841. <https://doi.org/10.1016/j.cpr.2020.101841>
- Corenblum, B., & Goernert, P. N. (2023). Directed forgetting of emotionally toned items and mental health: A meta-analytic review. *Memory*, 31(5), 605–634. <https://doi.org/10.1080/09658211.2023.2185930>

- Corneille, O., & Lush, P. (2023). Sixty years after Orne's *American Psychologist* article: A conceptual framework for subjective experiences elicited by demand characteristics. *Personality and Social Psychology Review*, 27(1), 83–101. <https://doi.org/10.1177/10888683221104368>
- Cox, R. E., & Barnier, A. J. (2010). Hypnotic illusions and clinical delusions: Hypnosis as a research method. *Cognitive Neuropsychiatry*, 15(1–3), 202–232. <https://doi.org/10.1080/13546800903319884>
- Cozzolino, M., & Celia, G. (2021). The psychosocial genomics paradigm of hypnosis and mind–body integrated psychotherapy: Experimental evidence. *American Journal of Clinical Hypnosis*, 64(2), 123–138. <https://doi.org/10.1080/00029157.2021.1947767>
- Craig, H., Gasevic, D., Ryan, J., Owen, A., McNeil, J., Woods, R., Britt, C., Ward, S., & Freak-Poli, R. (2023). Socioeconomic, behavioural, and social health correlates of optimism and pessimism in older men and women: A cross-sectional study. *International Journal of Environmental Research and Public Health*, 20(4), 3259. <https://doi.org/10.3390/ijerph20043259>
- Crawford, H., & Gruzelier, J. (1992). A midstream view of the neuropsychophysiology of hypnosis: Recent research and future directions. In E. Fromm & M. Nash (Eds.), *Contemporary hypnosis research* (pp. 227–266). The Guilford Press.
- Crawford, H. J., Brown, A. M., & Moon, C. E. (1993). Sustained attentional and disattentional abilities: Differences between low and highly hypnotizable persons. *Journal of Abnormal Psychology*, 102(4), 534–543. <https://doi.org/10.1037/0021-843X.102.4.534>
- Criswell, S. R. (2024a). How to encourage self-care in helping professionals through process-oriented hypnosis. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 791–805). Routledge. <https://doi.org/10.4324/9781003449126-73>
- Criswell, S. R. (2024b). Applying process-oriented hypnosis to treat perfectionism-related depression. *American Journal of Clinical Hypnosis*, 1–15. <https://doi.org/10.1080/00029157.2023.2208638>
- Criswell, S. R., Sherman, R., & Krippner, S. (2018). Cognitive behavioral therapy with heart rate variability biofeedback for adults with persistent noncombat-related posttraumatic stress disorder. *The Permanente Journal*, 22(4), 17–207. <https://doi.org/10.7812/TPP/17-207>
- Cuijpers, P., Karyotaki, E., Harrer, M., & Stikkelbroek, Y. (2023). Individual behavioral activation in the treatment of depression: A meta-analysis. *Psychotherapy Research*, 33(7), 886–897. <https://doi.org/10.1080/10503307.2023.2197630>
- Curtis, D. (2021). Analysis of 50,000 exome-sequenced UK Biobank subjects fails to identify genes influencing probability of developing a mood disorder resulting in psychiatric referral. *Journal of Affective Disorders*, 281, 216–219. <https://doi.org/10.1016/j.jad.2020.12.025>
- Da Silva Macedo, L. J., Alves, A. O., Mazza, G. S., Pinto, A. S. B., Santos Coelho, F. M., & Oliveira, G. D. P. (2023). Sleeping and dreaming in Greek mythology. *Sleep Medicine*, 101, 178–182. <https://doi.org/10.1016/j.sleep.2022.10.020>
- Daitch, C. (2018). Cognitive behavioral therapy, mindfulness, and hypnosis as treatment methods for generalized anxiety disorder. *American Journal of Clinical Hypnosis*, 61(1), 57–69. <https://doi.org/10.1080/00029157.2018.1458594>
- Dames, H., & Oberauer, K. (2022). Directed forgetting in working memory. *Journal of Experimental Psychology: General*, 151(12), 2990–3008. <https://doi.org/10.1037/xge0001256>
- De Benedittis, G. (2017). Headaches-adults. In G. R. Elkins (Ed.), *Handbook of medical and psychological hypnosis: Foundations, applications, and professional issues* (pp. 245–257). Springer Publishing Company.
- De Benedittis, G. (2020). From quantum physics to quantum hypnosis: A quantum mind perspective. *International Journal of Clinical and Experimental Hypnosis*, 68(4), 433–450. <https://doi.org/10.1080/00207144.2020.1799380>
- De Benedittis, G. (2021a). Neural mechanisms of hypnosis and meditation-induced analgesia: A narrative review. *International Journal of Clinical and Experimental Hypnosis*, 69(3), 363–382. <https://doi.org/10.1080/00207144.2021.1917294>

- De Benedittis, G. (2021b). Neurophysiology and neuropsychology of hypnosis. *American Journal of Clinical Hypnosis*, 63(4), 291–293. <https://doi.org/10.1080/00029157.2021.1892411>
- De Benedittis, G. (2021c). Neurophysiology and neuropsychology of hypnosis: Recent advances and future perspectives: Part 2. *American Journal of Clinical Hypnosis*, 64(1), 1–3. <https://doi.org/10.1080/00029157.2021.1953309>
- De Benedittis, G. (2023). The challenge of fibromyalgia efficacy of hypnosis in alleviating the invisible pain: A narrative review. *International Journal of Clinical and Experimental Hypnosis*, 71(4), 276–296. <https://doi.org/10.1080/00207144.2023.2247443>
- De Benedittis, G. (2024a). Hypnosis in neurological disorders and neurorehabilitation. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 590–602). Routledge. <https://doi.org/10.4324/9781003449126-54>
- De Benedittis, G. (2024b). The potential role of hypnosis and neurofeedback in linking neuroscience to psychotherapy. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 408–422). Routledge. <https://doi.org/10.4324/9781003449126-37>
- De Benedittis, G. (2024c). Hypnotic modulation of autonomic nervous system (ANS) activity. *Brain Sciences*, 14(3), 249. <https://doi.org/10.3390/brainsci14030249>
- de Matos, N. M. P., Staempfli, P., Seifritz, E., Preller, K., & Bruegger, M. (2023). Investigating functional brain connectivity patterns associated with two hypnotic states. *Frontiers in Human Neuroscience*, 17, 1286336. <https://doi.org/10.3389/fnhum.2023.1286336>
- De Pascalis, V. (2024a). Brain functional correlates of resting hypnosis and hypnotizability: A review. *Brain Sciences*, 14(2), 115. <https://doi.org/10.3390/brainsci14020115>
- De Pascalis, V. (2024b). EEG oscillatory activity concomitant with hypnosis and hypnotizability. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 244–255). Routledge. <https://doi.org/10.4324/9781003449126-24>
- De Shazer, S. (1985). *Keys to solution in brief therapy*. W.W. Norton.
- De Shazer, S. (1988). *Clues: Investigating solutions in brief therapy*. W.W. Norton.
- Deady, M., Glozier, N., Calvo, R., Johnston, D., Mackinnon, A., Milne, D., Choi, I., Gayed, A., Peters, D., Bryant, R., Christensen, H., & Harvey, S. B. (2022). Preventing depression using a smartphone app: A randomized controlled trial. *Psychological Medicine*, 52(3), 457–466. <https://doi.org/10.1017/S0033291720002081>
- Del Casale, A., Alcibiade, A., Zocchi, C., & Ferracuti, S. (2024). Neural correlates of hypnosis. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 233–243). Routledge. <https://doi.org/10.4324/9781003449126-23>
- Delic, V., Ratliff, W. A., & Citron, B. A. (2021). Sleep deprivation, a link between post-traumatic stress disorder and Alzheimer's disease. *Journal of Alzheimer's Disease*, 79(4), 1443–1449. <https://doi.org/10.3233/JAD-201378>
- Dell, P. F. (2024). What is the source of hypnotic responses? *International Journal of Clinical and Experimental Hypnosis*, 72(1), 64–83. <https://doi.org/10.1080/00207144.2023.2276846>
- DeSouza, D. D., Stimpson, K. H., Baltusis, L., Sacchet, M. D., Gu, M., Hurd, R., Wu, H., Yeomans, D. C., Williams, N., & Spiegel, D. (2020). Association between anterior cingulate neurochemical concentration and individual differences in hypnotizability. *Cerebral Cortex*, 30(6), 3644–3654. <https://doi.org/10.1093/cercor/bhz332>
- Diamond, M. J. (2020). Return of the repressed: Revisiting dissociation and the psychoanalysis of the traumatized mind. *Journal of the American Psychoanalytic Association*, 68(5), 839–874. <https://doi.org/10.1177/0003065120964929>
- Dimsdale, J. E. (2021). *Dark persuasion: A history of brainwashing from Pavlov to social media*. Yale University Press.
- Djalovski, A., Dumas, G., Kinreich, S., & Feldman, R. (2021). Human attachments shape interbrain synchrony toward efficient performance of social goals. *NeuroImage*, 226, 117600. <https://doi.org/10.1016/j.neuroimage.2020.117600>

- Doidge, N. (2007). *The brain that changes itself: Stories of personal triumph from the frontiers of brain science*. Penguin.
- Doidge, N. (2015). Hypnosis, neuroplasticity, and the plastic paradox. *American Journal of Clinical Hypnosis*, 57(3), 349–354. <https://doi.org/10.1080/00029157.2015.985572>
- Dorahy, M. J., Gold, S. N., & O'Neil, J. A. (Eds.). (2023). *Dissociation and the dissociative disorders: Past, present, future* (2nd ed.). Routledge.
- Draaisma, D. (2015). *Forgetting: Myths, perils and compensations*. Yale University Press.
- Duek, O., Korem, N., Li, Y., Kelmendi, B., Amen, S., Gordon, C., Milne, M., Krystal, J. H., Levy, I., & Harpaz-Rotem, I. (2023). Long term structural and functional neural changes following a single infusion of Ketamine in PTSD. *Neuropsychopharmacology*, 48(11), 1648–1658. <https://doi.org/10.1038/s41386-023-01606-3>
- Dumont, É., Ogez, D., Nahas, S., & El-Baalbaki, G. (2023). The use of hypnosis during the perinatal period: A systematic review. *International Journal of Clinical and Experimental Hypnosis*, 71(1), 25–47. <https://doi.org/10.1080/00207144.2022.2160258>
- Dusek, J. A., Otu, H. H., Wohlhueter, A. L., Bhasin, M., Zerbini, L. F., Joseph, M. G., Benson, H., & Libermann, T. A. (2008). Genomic counter-stress changes induced by the relaxation response. *PLoS One*, 3(7), e2576. <https://doi.org/10.1371/journal.pone.0002576>
- Dyba, J., Rossi, K. L., Żurek, M., & Rossi, E. L. (2021). Electrodynamics of clinical hypnosis. *American Journal of Clinical Hypnosis*, 64(2), 110–122. <https://doi.org/10.1080/00029157.2021.1943299>
- Eads, B., & Wark, D. M. (2018). Alert hypnosis with Tai Chi movement for trauma resolution. *American Journal of Clinical Hypnosis*, 61(2), 173–184. <https://doi.org/10.1080/00029157.2018.1489775>
- Eason, A. D., & Parris, B. A. (2019). Clinical applications of self-hypnosis: A systematic review and meta-analysis of randomized controlled trials. *Psychology of Consciousness: Theory, Research, and Practice*, 6(3), 262–278. <https://doi.org/10.1037/cns0000173>
- Eason, A. D., & Parris, B. A. (2024). The importance of highlighting the role of the self in hypnotherapy and hypnosis. *Complementary Therapies in Clinical Practice*, 54, 101810. <https://doi.org/10.1016/j.ctcp.2023.101810>
- Eichel, S. (2010). Lay hypnotherapy and the credentialing of Zoe the cat. In D. Barrett (Ed.), *Hypnosis and hypnotherapy: Neuroscience, personality and cultural factors* (pp. 125–144). Praeger.
- Eimer, B. N. (2012). Inadvertent adverse consequences of clinical and forensic hypnosis: Minimizing the risks. *American Journal of Clinical Hypnosis*, 55(1), 8–31. <https://doi.org/10.1080/00029157.2012.686071>
- Eisikovits, N. (2023, July 5). AI is an existential threat – Just not the way you think. *The Conversation*. <https://theconversation.com/ai-is-an-existential-threat-just-not-the-way-you-think-207680>
- El Baou, C., Desai, R., Cooper, C., Marchant, N. L., Pilling, S., Richards, M., Saunders, R., Buckman, J. E. J., Aguirre, E., John, A., & Stott, J. (2023). Psychological therapies for depression and cardiovascular risk: Evidence from national healthcare records in England. *European Heart Journal*, 44(18), 1650–1662. <https://doi.org/10.1093/eurheartj/ehad188>
- Elder, R. S., & Krishna, A. (2022). A review of sensory imagery for consumer psychology. *Journal of Consumer Psychology*, 32(2), 293–315. <https://doi.org/10.1002/jcpsy.1242>
- Elkins, G. R. (2014). *Hypnotic relaxation therapy: Principles and applications*. Springer.
- Elkins, G. R. (Ed.). (2017). *Handbook of medical and psychological hypnosis: Foundations, applications, and professional issues*. Springer Publishing Company.
- Elkins, G. R., Barabasz, A. F., Council, J. R., & Spiegel, D. (2015). Advancing research and practice: The revised APA division 30 definition of hypnosis. *International Journal of Clinical and Experimental Hypnosis*, 63(1), 1–9. <https://doi.org/10.1080/00207144.2014.961870>
- Elkins, G. R., Johnson, A. K., Johnson, A. J., & Sliwinski, J. (2015). Factor analysis of the Elkins hypnotizability scale. *International Journal of Clinical and Experimental Hypnosis*, 63(3), 335–345. <https://doi.org/10.1080/00207144.2015.1031550>
- Elkins, G. R., & Snyder, M. (2023). Applications of hypnosis in behavioral medicine. In L. S. Milling (Ed.), *Evidence-based practice in clinical hypnosis* (pp. 139–161). American Psychological Association. <https://doi.org/10.1037/0000347-006>

- Epstein, D. (2020). *Range: How generalists triumph in a specialized world*. Pan Books.
- Erickson, B. A. (2017). Ericksonian hypnotherapy. In G. R. Elkins (Ed.), *Handbook of medical and psychological hypnosis: Foundations, applications, and professional issues* (pp. 119–131). Springer Publishing Company.
- Erickson, B. A., & Keeney, B. (Eds.). (2006). *Milton H. Erickson, M.D.: An American healer*. Ringing Rock Press.
- Erickson, M. H. (1954a). Pseudo-orientation in time as an hypnotherapeutic procedure. *Journal of Clinical and Experimental Hypnosis*, 2(4), 261–283. <https://doi.org/10.1080/00207145408410117>
- Erickson, M. H. (1954b). Special techniques of brief hypnotherapy. *Journal of Clinical and Experimental Hypnosis*, 2(2), 109–129. <https://doi.org/10.1080/00207145408409943>
- Erickson, M. H. (1958a). Naturalistic techniques of hypnosis. *American Journal of Clinical Hypnosis*, 1(1), 3–8. <https://doi.org/10.1080/00029157.1958.10401766>
- Erickson, M. H. (1958b). Pediatric hypnotherapy. In E. Rossi (Ed.), *The collected works of Milton H. Erickson on hypnosis, volume 4: Innovative hypnotherapy* (Vol. 4, pp. 174–180). Irvington Publishers.
- Erickson, M. H. (1959). Further clinical techniques of hypnosis: Utilization techniques. *American Journal of Clinical Hypnosis*, 2(1), 3–21. <https://doi.org/10.1080/00029157.1959.10401792>
- Erickson, M. H. (1964a). An hypnotic technique for resistant patients: The patient, the technique and its rationale and field experiments. *American Journal of Clinical Hypnosis*, 7(1), 8–32. <https://doi.org/10.1080/00029157.1964.10402387>
- Erickson, M. H. (1964b). The burden of responsibility in effective psychotherapy. *American Journal of Clinical Hypnosis*, 6(3), 269–271. <https://doi.org/10.1080/00029157.1964.10402352>
- Erickson, M. H. (1964c). The confusion technique in hypnosis. *American Journal of Clinical Hypnosis*, 6(3), 183–207. <https://doi.org/10.1080/00029157.1964.10402343>
- Erickson, M. H. (1966). The interspersal hypnotic technique for symptom correction and pain control. *American Journal of Clinical Hypnosis*, 8(3), 198–209. <https://doi.org/10.1080/00029157.1966.10402492>
- Erickson, M. H. (1980). Impotence: Facilitating unconscious reconditioning. In E. Rossi (Ed.) *The collected papers of Milton H. Erickson, Vol.4* (pp. 374–382). Irvington Publishers.
- Erickson, M. H., & Erickson, E. M. (1958). Further considerations of time distortion: Subjective time condensation as distinct from time expansion. *American Journal of Clinical Hypnosis*, 1(2), 83–88. <https://doi.org/10.1080/00029157.1958.10734339>
- Erickson, M. H., & Rosen, S. (1982). *My voice will go with you: The teaching tales of Milton H. Erickson, M.D.* W.W. Norton.
- Erickson, M. H., & Rossi, E. L. (1976). Two level communication and the microdynamics of trance and suggestion. *American Journal of Clinical Hypnosis*, 18(3), 153–171. <https://doi.org/10.1080/00029157.1976.10403794>
- Erickson, M. H., & Rossi, E. L. (1979). *Hypnotherapy, an exploratory casebook*. Irvington Publishers.
- Erickson, M. H., & Rossi, E. L. (1981). *Experiencing hypnosis: Therapeutic approaches to altered states*. Irvington Publishers.
- Erickson, M. H., Rossi, E. L., & Rossi, S. I. (1976). *Hypnotic realities: The induction of clinical hypnosis and forms of indirect suggestion*. Irvington Publishers.
- Erickson-Klein, R., & Short, D. (2024). The contributions of Milton Erickson to modern clinical hypnosis. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 57–72). Routledge. <https://doi.org/10.4324/9781003449126-8>
- Esdaile, J. (2003). *Mesmerism in India and its practical applications in surgery and medicine*. University Press of the Pacific.
- Etzrodt, C. M. (2013). Ethical considerations of therapeutic hypnosis and children. *American Journal of Clinical Hypnosis*, 55(4), 370–377. <https://doi.org/10.1080/00029157.2012.746933>
- Evans, F. J., & Orne, M. T. (1971). The disappearing hypnotist: The use of simulating subjects to evaluate how subjects perceive experimental procedures. *International Journal of Clinical and Experimental Hypnosis*, 19(4), 277–296. <https://doi.org/10.1080/00207147108407173>

- Ewin, D. M. (1986). The effect of hypnosis and mental set on major surgery and burns. *Psychiatric Annals*, 16(2), 115–118. <https://doi.org/10.3928/0048-5713-19860201-14>
- Ewin, D. M. (1992). Hypnotherapy for warts (*verruca vulgaris*): 41 consecutive cases with 33 cures. *American Journal of Clinical Hypnosis*, 35(1), 1–10. <https://doi.org/10.1080/00029157.1992.10402977>
- Facco, E. (2021). Hypnosis and hypnotic ability between old beliefs and new evidences: An epistemological reflection. *American Journal of Clinical Hypnosis*, 64(1), 20–35. <https://doi.org/10.1080/00029157.2020.1863181>
- Faerman, A., Bishop, J. H., Stimpson, K. H., Phillips, A., Gülser, M., Amin, H., Nejad, R., DeSouza, D. D., Geoly, A. D., Kallioniemi, E., Jo, B., Williams, N. R., & Spiegel, D. (2024). Stanford Hypnosis Integrated with Functional Connectivity-targeted Transcranial Stimulation (SHIFT): A preregistered randomized controlled trial. *Nature Mental Health*, 2(1), 96–103. <https://doi.org/10.1038/s44220-023-00184-z>
- Faerman, A., & Spiegel, D. (2021). Shared cognitive mechanisms of hypnotizability with executive functioning and information salience. *Scientific Reports*, 11(1), 5704. <https://doi.org/10.1038/s41598-021-84954-8>
- Faerman, A., & Spiegel, D. (2024). The neuropsychology of hypnotizability. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 291–312). Routledge. <https://doi.org/10.4324/9781003449126-28>
- Faerman, A., Stimpson, K. H., Bishop, J. H., Neri, E., Phillips, A., Gülser, M., Amin, H., Nejad, R., Fotros, A., Williams, N. R., & Spiegel, D. (2021). Hypnotic predictors of agency: Responsiveness to specific suggestions in hypnosis is associated with involuntariness in fibromyalgia. *Consciousness and Cognition*, 96, 103221. <https://doi.org/10.1016/j.concog.2021.103221>
- Farahzadi, Y., & Kekecs, Z. (2021). Towards a multi-brain framework for hypnosis: A review of quantitative methods. *American Journal of Clinical Hypnosis*, 63(4), 389–403. <https://doi.org/10.1080/00029157.2020.1865129>
- Feldman, J. B. (2020). The rhythmic finger focus hypnotic technique: Multilevel application of Ericksonian utilization. *American Journal of Clinical Hypnosis*, 62(4), 409–426. <https://doi.org/10.1080/00029157.2019.1709150>
- Feldman, R. (2020). What is resilience: An affiliative neuroscience approach. *World Psychiatry*, 19(2), 132–150. <https://doi.org/10.1002/wps.20729>
- Feldman, R. (2021). Social behavior as a transdiagnostic marker of resilience. *Annual Review of Clinical Psychology*, 17(1), 153–180. <https://doi.org/10.1146/annurev-clinpsy-081219-102046>
- Fernandez, A., Urwicz, L., Vuilleumier, P., & Berna, C. (2021). Impact of hypnosis on psychophysiological measures: A scoping literature review. *American Journal of Clinical Hypnosis*, 64(1), 36–52. <https://doi.org/10.1080/00029157.2021.1873099>
- Festinger, L. (1957). *A theory of cognitive dissonance*. Stanford University Press.
- Field, P. B. (1965). An inventory scale of hypnotic depth. *International Journal of Clinical and Experimental Hypnosis*, 13(4), 238–249. <https://doi.org/10.1080/00207146508412946>
- Filo, G. (2024). Hypnodontics. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 563–575). Routledge. <https://doi.org/10.4324/9781003449126-52>
- Fiorio, M., Modenese, M., & Cesari, P. (2020). The rubber hand illusion in hypnosis provides new insights into the sense of body ownership. *Scientific Reports*, 10(1), 5706. <https://doi.org/10.1038/s41598-020-62745-x>
- Fivush, R., & Grysman, A. (2023). Accuracy and reconstruction in autobiographical memory: (Re)consolidating neuroscience and sociocultural developmental approaches. *WIREs Cognitive Science*, 14(3), e1620. <https://doi.org/10.1002/wcs.1620>
- Flemons, D. (2020). Toward a relational theory of hypnosis. *American Journal of Clinical Hypnosis*, 62(4), 344–363. <https://doi.org/10.1080/00029157.2019.1666700>
- Flemons, D. (2022). *The heart and mind of hypnotherapy: Inviting connection, inventing change*. W.W. Norton & Company.

- Flemons, D. (2024). Unraveling depression: Principles and practices of clinical hypnosis. *American Journal of Clinical Hypnosis*, 66(1), 6–19. <https://doi.org/10.1080/00029157.2023.2208622>
- Fletcher, S., Mitchell, S., Curran, D., Armour, C., & Hanna, D. (2023). Empirically derived patterns of post-traumatic stress and growth: A systematic review. *Trauma, Violence & Abuse*, 24(5), 3132–3150. <https://doi.org/10.1177/15248380221129580>
- Flynn, N. (2018). Systematic review of the effectiveness of hypnosis for the management of headache. *International Journal of Clinical and Experimental Hypnosis*, 66(4), 343–352. <https://doi.org/10.1080/00207144.2018.1494432>
- Fonseca, C. (2019). *The caring child: Raising empathetic and emotionally intelligent children*. Routledge. <https://doi.org/10.4324/9781003238751>
- Forbes, D., Bisson, J. I., Monson, C. M., & Berliner, L. (Eds.). (2020). *Effective treatments for PTSD: Practice guidelines from the international society for traumatic stress studies* (3rd ed.). The Guilford Press.
- Forester-Miller, H. (Ed.). (2017). The benefits of hypnosis in cancer care [Special issue]. *American Journal of Clinical Hypnosis*, 60(1), 106.
- Forgács, B. (2020). An electrophysiological abstractness effect for metaphorical meaning making. *eNeuro*, 7(5), ENEURO.0052–20.2020. <https://doi.org/10.1523/ENEURO.0052-20.2020>
- Franch, M., Alarcón, A., & Capafons, A. (2023). Applications of hypnosis as an adjuvant in oncological settings: A systematic review. *International Journal of Clinical and Experimental Hypnosis*, 71(1), 1–24. <https://doi.org/10.1080/00207144.2022.2160255>
- Frank, P., Batty, G. D., Pentti, J., Jokela, M., Poole, L., Ervasti, J., Vahtera, J., Lewis, G., Steptoe, A., & Kivimäki, M. (2023). Association between depression and physical conditions requiring hospitalization. *JAMA Psychiatry*, 80(7), 690. <https://doi.org/10.1001/jamapsychiatry.2023.0777>
- Franklin, J. E. (2023). Palliative hypnosis approaches in the symptomatic treatment of amyotrophic lateral sclerosis (ALS). *American Journal of Clinical Hypnosis*, 1–15. <https://doi.org/10.1080/00029157.2023.2252875>
- Franzen, A., & Mader, S. (2023). The power of social influence: A replication and extension of the Asch experiment. *PLOS ONE*, 18(11), e0294325. <https://doi.org/10.1371/journal.pone.0294325>
- Fredrickson, R. (1992). *Repressed memories: A journey to recovery from sexual abuse*. Simon and Schuster.
- French, J., & Raven, B. (1959). The bases of social power. In D. Cartwright (Ed.), *Studies in social power* (pp. 150–167). Institute for Social Research.
- Frischholz, E. J., & Nichols, L. E. (2010). A historical context for understanding “an eye roll test for hypnotizability”. *American Journal of Clinical Hypnosis*, 53(1), 3–13. <https://doi.org/10.1080/00029157.2010.10401742>
- Fry, B. R., Roberts, D., Thakkar, K. N., & Johnson, A. W. (2022). Variables influencing conditioning-evoked hallucinations: Overview and future applications. *Psychological Medicine*, 52(14), 2937–2949. <https://doi.org/10.1017/S0033291722002100>
- Fuhr, K., Meisner, C., Broch, A., Cyrny, B., Hinkel, J., Jaberg, J., Petrasch, M., Schweizer, C., Stiegler, A., Zeep, C., & Batra, A. (2021). Efficacy of hypnotherapy compared to cognitive behavioral therapy for mild to moderate depression – Results of a randomized controlled rater-blind clinical trial. *Journal of Affective Disorders*, 286, 166–173. <https://doi.org/10.1016/j.jad.2021.02.069>
- Fusaro, M., Bufacchi, R. J., Nicolardi, V., & Provenzano, L. (2022). The analgesic power of pleasant touch in individuals with chronic pain: Recent findings and new insights. *Frontiers in Integrative Neuroscience*, 16, 956510. <https://doi.org/10.3389/fnint.2022.956510>
- Fusco, N., Bernard, F., Roelants, F., Watremez, C., Musellec, H., Laviolle, B., Beloeil, H., Ahmin, M., Barthes, S., Boulon, N., Branchu, P., Copin-Eliat, C., Delahaye-Larralde, S., Fillatre, P., Donal, C., Hugot, P., Gauvrit, C., Guillou, N., Leroyer, I., . . . Yven, T. (2020). Hypnosis and communication reduce pain and anxiety in peripheral intravenous cannulation: Effect of language and confusion on pain during peripheral intravenous catheterization (KTHYPE), a multicentre randomised trial. *British Journal of Anaesthesia*, 124(3), 292–298. <https://doi.org/10.1016/j.bja.2019.11.020>

- Gafner, G. (2006). *More hypnotic inductions*. W.W. Norton & Co.
- Gafner, G. (2010). *Techniques of hypnotic induction*. Crown House Publishing.
- Gafner, G., & Benson, S. (2000). *Handbook of hypnotic inductions*. W. W. Norton.
- Gardner, G. G., & Olness, K. (1981). *Hypnosis and hypnotherapy with children*. Grune & Stratton.
- Gazzaniga, M. S. (1970). *The bisected brain*. Appleton-Century-Crofts.
- Gazzaniga, M. S. (1985). *The social brain: Discovering the networks of the mind*. Basic Books.
- Gazzaniga, M. S. (2018). *The consciousness instinct: Unraveling the mystery of how the brain makes the mind*. Farrar, Straus and Giroux.
- Geagea, D., Ogez, D., Kimble, R., & Tyack, Z. (2023). Demystifying hypnosis: Unravelling facts, exploring the historical roots of myths, and discerning what is hypnosis. *Complementary Therapies in Clinical Practice, 52*, 101776. <https://doi.org/10.1016/j.ctcp.2023.101776>
- Geagea, D., Ogez, D., Kimble, R., & Tyack, Z. (2024). Redefining hypnosis: A narrative review of theories to move towards an integrative model. *Complementary Therapies in Clinical Practice, 54*, 101826. <https://doi.org/10.1016/j.ctcp.2023.101826>
- Gelfand, S. (2020). The nocebo effect and informed consent – Taking autonomy seriously. *Cambridge Quarterly of Healthcare Ethics, 29*(2), 223–235. <https://doi.org/10.1017/S0963180119001026>
- Genecov, M., & Seligman, M. E. P. (2023). Optimism and pessimism. In D. J. A. Dozois & K. S. Dobson (Eds.), *Treatment of psychosocial risk factors in depression* (pp. 253–280). American Psychological Association. <https://doi.org/10.1037/0000332-012>
- Gfeller, J. D. (1993). Enhancing hypnotizability and treatment responsiveness. In J. W. Rhue, S. J. Lynn, & I. Kirsch (Eds.), *Handbook of clinical hypnosis* (pp. 235–249). American Psychological Association. <https://doi.org/10.1037/10274-011>
- Ghasemi, F. (2023). Revisiting the effects of hypnotic suggestion on reading comprehension: The role of emotional intelligence and hypnotic suggestibility. *Current Psychology, 42*(14), 11759–11770. <https://doi.org/10.1007/s12144-021-02422-y>
- Gibson, H. B., & Heap, M. (2021). *Hypnosis in therapy*. Routledge. <https://doi.org/10.4324/9781003163404>
- Gilligan, S. G. (1987). *Therapeutic trances: The cooperation principle in Ericksonian hypnotherapy*. Brunner/Mazel.
- Ginandes, C. (2017). Bone fractures. In G. Elkins (Ed.), *Handbook of medical and psychological hypnosis: Foundation, applications, and professional issues* (pp. 179–186). Springer.
- Ginandes, C., Brooks, P., Sando, W., Jones, C., & Aker, J. (2003). Can medical hypnosis accelerate post-surgical wound healing? Results of a clinical trial. *American Journal of Clinical Hypnosis, 45*(4), 333–351. <https://doi.org/10.1080/00029157.2003.10403546>
- Gloede, M. E., Sapp, M., & Van Susteren, W. (2021). Hypnosis and mindfulness meditation: The power of suggestibility. *International Journal of Clinical and Experimental Hypnosis, 69*(4), 411–421. <https://doi.org/10.1080/00207144.2021.1908830>
- Goddard, S. G., Stevens, C. J., Jackman, P. C., & Swann, C. (2023). A systematic review of flow interventions in sport and exercise. *International Review of Sport and Exercise Psychology, 16*(1), 657–692. <https://doi.org/10.1080/1750984X.2021.1923055>
- Godot, D. (2017). Formulating hypnotic suggestions. In *Handbook of medical and psychological hypnosis: Foundations, applications and professional issues* (pp. 57–68). Springer.
- Gold, S. N., & Quiñones, M. (2020). Applicability of hypnosis to the treatment of complex PTSD and dissociation. *American Journal of Clinical Hypnosis, 63*(2), 78–94. <https://doi.org/10.1080/00029157.2020.1789546>
- Goldfus, T. B. (2017). *From real life to cyberspace (and back again): Helping our young clients develop a strong inner selfie: A clinician's guide*. Zeig, Tucker & Theisen Inc.
- Goldfus, T. B. (2024). The impact of social media use on depression, anxiety, and well-being for teens/young people: Using hypnosis to build a strong sense of self. *American Journal of Clinical Hypnosis, 66*(2), 140–156. <https://doi.org/10.1080/00029157.2023.2240863>
- Goleman, D. (1995). *Emotional intelligence* (1st ed.). Bloomsbury.

- Goleman, D. (2006). *Social intelligence: The new science of human relationships* (1st ed.). Bantam Books.
- Gorassini, D. R., & Spanos, N. P. (1986). A social-cognitive skills approach to the successful modification of hypnotic susceptibility. *Journal of Personality and Social Psychology*, 50(5), 1004–1012. <https://doi.org/10.1037/0022-3514.50.5.1004>
- Gorassini, D. R., & Spanos, N. P. (1999). The Carleton Skill Training Program for modifying hypnotic suggestibility: Original version and variations. In I. Kirsch, A. Capafons, E. Cardeña-Buelna, & S. Amigó (Eds.), *Clinical hypnosis and self-regulation: Cognitive-behavioral perspectives* (pp. 141–177). American Psychological Association. <https://doi.org/10.1037/10282-006>
- Gordon, D. S., & Cohen, C. (2017). *The glass enclosure: Psychodynamic exploration through guided imagery*. Zeig, Tucker & Theisen, Inc.
- Götz, F. J., Mitschke, V., & Eder, A. B. (2023). Conflict experience and resolution underlying obedience to authority. *Scientific Reports*, 13(1), 11161. <https://doi.org/10.1038/s41598-023-38067-z>
- Grant, A. (2021). *Think again: The power of knowing what you don't know*. Viking Press.
- Grant, A. (2023). *Hidden potential: The science of achieving greater things*. Viking Press.
- Graves, T. C. (1920). Commentary on a case of hystero-epilepsy with delayed puberty. *The Lancet*, 196(5075), 1134–1135. [https://doi.org/10.1016/S0140-6736\(01\)00108-8](https://doi.org/10.1016/S0140-6736(01)00108-8)
- Green, J. P., & Lynn, S. J. (2023). Hypnosis for the treatment of smoking. In L. S. Milling (Ed.), *Evidence-based practice in clinical hypnosis* (pp. 163–192). American Psychological Association. <https://doi.org/10.1037/0000347-007>
- Green, J. P., & Lynn, S. J. (2024). The promise of hypnosis within CBT for smoking cessation. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 474–485). Routledge. <https://doi.org/10.4324/9781003449126-44>
- Greenberger, D., & Padesky, C. A. (2016). *Mind over mood: Change how you feel by changing the way you think* (2nd ed.). The Guilford Press.
- Greetham, S., Goodwin, S., Wells, L., Whitham, C., Jones, H., Rigby, A., Sathyapalan, T., Reid, M., & Atkin, S. (2016). Pilot investigation of a virtual gastric band hypnotherapy intervention. *International Journal of Clinical and Experimental Hypnosis*, 64(4), 419–433. <https://doi.org/10.1080/00207144.2016.1209037>
- Grégoire, C., Faymonville, M.-E., Vanhauzenhuysse, A., Jerusalem, G., Monseur, J., & Bragard, I. (2023). A group intervention combining self-hypnosis and self-care in oncology: Implementation in daily life and perceived usefulness. *International Journal of Clinical and Experimental Hypnosis*, 71(4), 313–337. <https://doi.org/10.1080/00207144.2023.2249044>
- Grégoire, C., Faymonville, M.-E., Vanhauzenhuysse, A., Jerusalem, G., Willems, S., & Bragard, I. (2022). Randomized, controlled trial of an intervention combining self-care and self-hypnosis on fatigue, sleep, and emotional distress in posttreatment cancer patients: 1-year follow-up. *International Journal of Clinical and Experimental Hypnosis*, 70(2), 136–155. <https://doi.org/10.1080/00207144.2022.2049973>
- Greywoode, R., & Szigethy, E. (2022). Behavioral digital therapeutics in gastrointestinal conditions. *Gastroenterology Clinics of North America*, 51(4), 741–752. <https://doi.org/10.1016/j.gtc.2022.07.011>
- Grinder, J., & Bandler, R. (1976). *The structure of magic Vol. II*. Science and Behavior Books.
- Grinder, J., & Bandler, R. (1981). *Trance-formations: Neuro-linguistic programming and the structure of hypnosis*. Real People Press.
- Gronholm, P. C., Bakolis, I., Cherian, A. V., Davies, K., Evans-Lacko, S., Girma, E., Gurung, D., Hanlon, C., Hanna, F., Henderson, C., Kohrt, B. A., Lempp, H., Li, J., Loganathan, S., Maulik, P. K., Ma, N., Ouali, U., Romeo, R., Rüsche, N., . . . Thornicroft, G. (2023). Toward a multi-level strategy to reduce stigma in global mental health: Overview protocol of the Indigo Partnership to develop and test interventions in low- and middle-income countries. *International Journal of Mental Health Systems*, 17(1), 2. <https://doi.org/10.1186/s13033-022-00564-5>
- Gross, J. (2023, January 11). How Finland is teaching a generation to spot misinformation. *New York Times*, 10.

- Gruzelier, J. (1988). The neuropsychology of hypnosis. In M. Heap (Ed.), *Hypnosis: Current clinical, experimental and forensic practices* (pp. 68–76). Croom Helm.
- Gruzelier, J. (1990). Neurophysiological investigations of hypnosis: Cerebral laterality and beyond. In R. van Dyck, P. Spinhoven, & A. van der Toes (Eds.), *Hypnosis: Theory, research and clinical practice* (pp. 37–51). Free University Press.
- Guzman Torres, E., Krause-Utz, A., & Sack, M. (2023). Predictors of complex PTSD: The role of trauma characteristics, dissociation, and comorbid psychopathology. *Borderline Personality Disorder and Emotion Dysregulation*, 10(1), 1. <https://doi.org/10.1186/s40479-022-00208-7>
- Hagen, R., & Kennair, L. E. O. (2024). Metacognitive therapy for depression. *Cogent Mental Health*, 3(1), 1–19. <https://doi.org/10.1080/28324765.2024.2308533>
- Haley, J. (Ed.). (1967). *Advanced techniques of hypnosis and therapy: Selected papers of Milton H. Erickson, M.D.* Grune & Stratton.
- Haley, J. (1973). *Uncommon therapy: Psychiatric techniques of Milton H. Erickson*, M. D. W. W. Norton.
- Haley, J. (1984). *Ordeal therapy*. Jossey-Bass.
- Haley, J. (2005). *The power tactics of Jesus Christ, and other essays* (2nd ed.). Crown House.
- Haley, J., & Richeport-Haley, M. (2015). *The art of strategic therapy*. Routledge.
- Hall, K. J., Fawcett, E. J., Hourihan, K. L., & Fawcett, J. M. (2021). Emotional memories are (usually) harder to forget: A meta-analysis of the item-method directed forgetting literature. *Psychonomic Bulletin & Review*, 28(4), 1313–1326. <https://doi.org/10.3758/s13423-021-01914-z>
- Hall, K. T. (2022). *Placebos*. The MIT Press.
- Hall, K. T., Loscalzo, J., & Kaptchuk, T. (2018). Pharmacogenomics and the placebo response. *ACS Chemical Neuroscience*, 9(4), 633–635. <https://doi.org/10.1021/acschemneuro.8b00078>
- Hallford, D. J., Rusanov, D., Yeow, J. J. E., & Barry, T. J. (2021). Overgeneral and specific autobiographical memory predict the course of depression: An updated meta-analysis. *Psychological Medicine*, 51(6), 909–926. <https://doi.org/10.1017/S0033291721001343>
- Halsband, U., & Wolf, T. G. (2021). Current neuroscientific research database findings of brain activity changes after hypnosis. *American Journal of Clinical Hypnosis*, 63(4), 372–388. <https://doi.org/10.1080/00029157.2020.1863185>
- Hambrick, E. P., Brawner, T. W., & Perry, B. D. (2019). Timing of early-life stress and the development of brain-related capacities. *Frontiers in Behavioral Neuroscience*, 13, 183. <https://doi.org/10.3389/fnbeh.2019.00183>
- Hammer, C. M., Scholz, M., Bischofsberger, L., Paulsen, F., & Burger, P. H. M. (2020). Feasibility of clinical hypnosis for test anxiety in first-year medical students. *International Journal of Clinical and Experimental Hypnosis*, 68(4), 511–520. <https://doi.org/10.1080/00207144.2020.1799379>
- Hammond, D. C. (Ed.). (1990). *Handbook of hypnotic suggestions and metaphors*. Norton.
- Hammond, D. C. (2015). Defining hypnosis: An integrative, multi-factor conceptualization. *American Journal of Clinical Hypnosis*, 57(4), 439–444. <https://doi.org/10.1080/00029157.2015.1011496>
- Handel, D. L., & Néron, S. (2017). Cancer palliation: Layered hypnotic approaches mending symptoms, minding hope, and meaning. *American Journal of Clinical Hypnosis*, 60(1), 33–49. <https://doi.org/10.1080/00029157.2017.1299678>
- Hansen, E. (2024). Efforts, pitfalls, and criteria to build a bridge between hypnosis and medicine. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 741–754). Routledge. <https://doi.org/10.4324/9781003449126-69>
- Harmon-Jones, E., Matis, S., Angus, D. J., & Harmon-Jones, C. (2024). Does effort increase or decrease reward valuation? Considerations from cognitive dissonance theory. *Psychophysiology*, e14536. <https://doi.org/10.1111/psyp.14536>
- Harrington, A. (2019). *Mind fixers: Psychiatry's troubled search for the biology of mental illness*. W.W. Norton & Company.
- Hasan, S. S., & Vasant, D. (2023). The emerging new reality of hypnosis teletherapy: A major new mode of delivery of hypnotherapy and clinical hypnosis training. *International Journal of*

- Clinical and Experimental Hypnosis*, 71(2), 153–164. <https://doi.org/10.1080/00207144.2023.2185527>
- Hassan, S. A., & Schefflin, A. W. (2024). Understanding the dark side of hypnosis as a form of undue influence exerted in authoritarian cults and online contexts. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 755–772). Routledge. <https://doi.org/10.4324/9781003449126-70>
- Häuser, W., & De Benedittis, G. (2024). Hypnosis and fibromyalgia syndrome. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 640–649). Routledge. <https://doi.org/10.4324/9781003449126-58>
- Heimbacher, D. (2023). *Positive psychology: The 4 pillars of happiness*. Wise Minds Publishing.
- Helgeland, H., Savage, B., & Kozłowska, K. (2024). Hypnosis in the treatment of functional somatic symptoms in children and adolescents. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 517–536). Routledge. <https://doi.org/10.4324/9781003449126-48>
- Henrich, J., & Muthukrishna, M. (2023). What makes us smart? *Topics in Cognitive Science*, tops.12656. <https://doi.org/10.1111/tops.12656>
- Hertenstein, E., Benz, F., Schneider, C. L., & Baglioni, C. (2023). Insomnia – A risk factor for mental disorders. *Journal of Sleep Research*, 32(6), e13930. <https://doi.org/10.1111/jsr.13930>
- Hilgard, E. R. (1953). *Introduction to psychology* (1st ed.). Harcourt, Brace & Co.
- Hilgard, E. R. (1965a). *Hypnotic susceptibility*. Harcourt, Brace & Jovanovich.
- Hilgard, E. R. (1965b). Hypnosis. *Annual Review of Psychology*, 16(1), 157–180. <https://doi.org/10.1146/annurev.ps.16.020165.001105>
- Hilgard, E. R. (1977). *Divided consciousness: Multiple controls in human thought and action*. Wiley.
- Hilgard, E. R. (1991). A neodissociation interpretation of hypnosis. In J. Rhue & S. Lynn (Eds.), *Theories of hypnosis: Current models and perspectives* (pp. 83–104). The Guilford Press.
- Hilgard, E. R. (1992a). Dissociation and theories of hypnosis. In E. Fromm & M. Nash (Eds.), *Contemporary hypnosis research* (pp. 69–101). The Guilford Press.
- Hilgard, E. R. (1992b). Divided consciousness and dissociation. *Consciousness and Cognition*, 1(1), 16–31. [https://doi.org/10.1016/1053-8100\(92\)90041-8](https://doi.org/10.1016/1053-8100(92)90041-8)
- Hilgard, E. R., & Hilgard, J. R. (1975). *Hypnosis in the relief of pain*. W. Kaufmann.
- Hilgard, E. R., MacDonald, H., Morgan, A. H., & Johnson, L. S. (1978). The reality of hypnotic analgesia: A comparison of highly hypnotizables with simulators. *Journal of Abnormal Psychology*, 87(2), 239–246. <https://doi.org/10.1037/0021-843X.87.2.239>
- Hilgard, E. R., & Tart, C. T. (1966). Responsiveness to suggestions following waking and imagination instructions and following induction of hypnosis. *Journal of Abnormal Psychology*, 71(3), 196–208. <https://doi.org/10.1037/h0023323>
- Hilgard, J. R. (1979). *Personality and hypnosis: A study of imaginative involvement* (2nd ed.). University of Chicago Press.
- Hill, R., & Rossi, E. (2017). *Practitioners guide to mirroring hands: A client-responsive therapy that facilitates natural problem solving and mind-body healing*. Crown House Publishing.
- Hoefl, F., Gabrieli, J. D. E., Whitfield-Gabrieli, S., Haas, B. W., Bammer, R., Menon, V., & Spiegel, D. (2012). Functional brain basis of hypnotizability. *Archives of General Psychiatry*, 69(10), 1064. <https://doi.org/10.1001/archgenpsychiatry.2011.2190>
- Hoerster, K. D., Campbell, S., Dolan, M., Stappenbeck, C. A., Yard, S., Simpson, T., & Nelson, K. M. (2019). PTSD is associated with poor health behavior and greater Body Mass Index through depression, increasing cardiovascular disease and diabetes risk among U.S. veterans. *Preventive Medicine Reports*, 15, 100930. <https://doi.org/10.1016/j.pmedr.2019.100930>
- Holas, P., & Kamińska, J. (2023). Mindfulness meditation and psychedelics: Potential synergies and commonalities. *Pharmacological Reports*, 75(6), 1398–1409. <https://doi.org/10.1007/s43440-023-00551-8>

- Holt-Lunstad, J. (2022). Social connection as a public health issue: The evidence and a systemic framework for prioritizing the “social” in social determinants of health. *Annual Review of Public Health*, 43(1), 193–213. <https://doi.org/10.1146/annurev-publhealth-052020-110732>
- Horton, J., & Crawford, H. (2004). The highly hypnotizable person: Theoretical, experimental and clinical issues. In M. Heap, R. Brown, & D. Oakley (Eds.), *Neurophysiological and genetic determinates of high hypnotizability* (pp. 133–151). Brunner-Routledge.
- Hosseinzadegan, F., Radfar, M., Shafiee-Kandjani, A. R., & Sheikh, N. (2017). Efficacy of self-hypnosis in pain management in female patients with multiple sclerosis. *International Journal of Clinical and Experimental Hypnosis*, 65(1), 86–97. <https://doi.org/10.1080/00207144.2017.1246878>
- Howard, H. A. (2017). Promoting safety in hypnosis: A clinical instrument for the assessment of alertness. *American Journal of Clinical Hypnosis*, 59(4), 344–362. <https://doi.org/10.1080/00029157.2016.1203281>
- Hoyt, M. F., Young, J., & Rycroft, P. (2020). Single session thinking 2020. *Australian and New Zealand Journal of Family Therapy*, 41(3), 218–230. <https://doi.org/10.1002/anzf.1427>
- Hudacek, K. D. (2007). A review of the effects of hypnosis on the immune system in breast cancer patients: A brief communication. *International Journal of Clinical and Experimental Hypnosis*, 55(4), 411–425. <https://doi.org/10.1080/00207140701506706>
- Hull, C. L. (1933). *Hypnosis and suggestibility: An experimental approach*. Crown House Publishing.
- International Association for the Study of Pain. (n.d.). *Terminology*. <https://www.iasp-pain.org/resources/terminology/>
- Jacobs, J. M., Maaravi, Y., & Stessman, J. (2021). Optimism and longevity beyond age 85. *The Journals of Gerontology: Series A*, 76(10), 1806–1813. <https://doi.org/10.1093/gerona/glab051>
- Jacobson, E. (1974). *Progressive relaxation: A physiological and clinical investigation of muscular states and their significance in psychology and medical practice*. University of Chicago Press.
- Jacobson, E. (1978). *You must relax: A practical method of reducing the strains of modern living* (5th ed.). McGraw-Hill.
- Jensen, M. P. (2011a). *Hypnosis for chronic pain management: Therapist guide*. Oxford University Press.
- Jensen, M. P. (2011b). *Hypnosis for chronic pain management: Workbook*. Oxford University Press.
- Jensen, M. P. (Ed.). (2017). *The art and practice of hypnotic induction: Favorite methods of master clinicians*. Denny Creek Press.
- Jensen, M. P. (Ed.). (2018). *Hypnotic techniques for chronic pain management: Favorite methods of master clinicians*. Denny Creek Press.
- Jensen, M. P. (Ed.). (2019). *Hypnosis for acute and procedural pain management: Favorite methods of master clinicians*. Denny Creek Press.
- Jensen, M. P. (2022, March 26). *Advanced training: Hypnosis for enhancing comfort in individuals with chronic pain*. Oregon Society of Clinical Hypnosis. <https://oregonhypnosis.org/event-4365054>
- Jensen, M. P. (2024a). EEG-assessed bandwidth power and hypnotic analgesia. In G. De Benedittis, J. H. Linden, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 376–390). Routledge.
- Jensen, M. P. (2024b). Hypnosis and chronic pain management. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 628–639). Routledge. <https://doi.org/10.4324/9781003449126-57>
- Jensen, M. P., Adachi, T., Tomé-Pires, C., Lee, J., Osman, Z. J., & Miró, J. (2015). Mechanisms of hypnosis: Toward the development of a biopsychosocial model. *International Journal of Clinical and Experimental Hypnosis*, 63(1), 34–75. <https://doi.org/10.1080/00207144.2014.961875>
- Jensen, M. P., Ehde, D. M., Gertz, K. J., Stoelb, B. L., Dillworth, T. M., Hirsh, A. T., Molton, I. R., & Kraft, G. H. (2010). Effects of self-hypnosis training and cognitive restructuring on daily pain intensity and catastrophizing in individuals with multiple sclerosis and chronic pain. *International Journal of Clinical and Experimental Hypnosis*, 59(1), 45–63. <https://doi.org/10.1080/00207144.2011.522892>

- Jensen, M. P., Jamieson, G. A., Lutz, A., Mazzoni, G., McGeown, W. J., Santarcangelo, E. L., Demertzi, A., De Pascalis, V., Bányai, É. I., Rominger, C., Vuilleumier, P., Faymonville, M.-E., & Terhune, D. B. (2017a). New directions in hypnosis research: Strategies for advancing the cognitive and clinical neuroscience of hypnosis. *Neuroscience of Consciousness*, 2017(1). <https://doi.org/10.1093/nc/nix004>
- Jensen, M. P., Mendoza, M. E., Ehde, D. M., Patterson, D. R., Molton, I. R., Dillworth, T. M., Gertz, K. J., Chan, J., Hakimian, S., Battalio, S. L., & Ciol, M. A. (2020). Effects of hypnosis, cognitive therapy, hypnotic cognitive therapy, and pain education in adults with chronic pain: A randomized clinical trial. *Pain*, 161(10), 2284–2298. <https://doi.org/10.1097/j.pain.0000000000001943>
- Jensen, M. P., Solé, E., Castarlenas, E., Racine, M., Roy, R., Miró, J., & Cane, D. (2017b). Behavioral inhibition, maladaptive pain cognitions, and function in patients with chronic pain. *Scandinavian Journal of Pain*, 17(1), 41–48. <https://doi.org/10.1016/j.sjpain.2017.07.002>
- Jiang, H., White, M. P., Greicius, M. D., Waelde, L. C., & Spiegel, D. (2017). Brain activity and functional connectivity associated with hypnosis. *Cerebral Cortex*, 4083–4093. <https://doi.org/10.1093/cercor/bhw220>
- Kaiser, P. (2011). Childhood anxiety, worry, and fear: Individualizing hypnosis goals and suggestions for self-regulation. *American Journal of Clinical Hypnosis*, 54(1), 16–31. <https://doi.org/10.1080/00029157.2011.575965>
- Kaiser, P. (2014). Childhood anxiety and psychophysiological reactivity: Hypnosis to build discrimination and self-regulation skills. *American Journal of Clinical Hypnosis*, 56(4), 343–367. <https://doi.org/10.1080/00029157.2014.884487>
- Kambara, K., Matsumoto, M., Hako, S., Shigematsu, J., Yokoyama, S., & Ogata, A. (2023). An intervention to promote concrete thinking style in young adults: Effects on depressive symptoms and its protective factors. *Journal of Behavior Therapy and Experimental Psychiatry*, 81, 101857. <https://doi.org/10.1016/j.jbtep.2023.101857>
- Kandel, E. R. (2007). *In search of memory: The emergence of a new science of mind*. Norton.
- Kang, H., Fischer, I. C., Dickinson, S., Na, P. J., Tsai, J., Tedeschi, R. G., & Pietrzak, R. H. (2024). Posttraumatic growth in U.S. military veterans: Results from the national health and resilience in veterans study. *The Psychiatric Quarterly*, 95(1), 17–32. <https://doi.org/10.1007/s11126-023-10061-8>
- Kaptschuk, T. J., Friedlander, E., Kelley, J. M., Sanchez, M. N., Kokkotou, E., Singer, J. P., Kowalczykowski, M., Miller, F. G., Kirsch, I., & Lembo, A. J. (2010). Placebos without deception: A randomized controlled trial in irritable bowel syndrome. *PLoS ONE*, 5(12), e15591. <https://doi.org/10.1371/journal.pone.0015591>
- Kasos, E., Kasos, K., Józsa, E., Varga, K., Bányai, É., Költő, A., & Szabó, A. (2022). Altered states of consciousness during exercise, active-alert hypnosis, and everyday waking state. *International Journal of Clinical and Experimental Hypnosis*, 70(3), 300–313. <https://doi.org/10.1080/00207144.2022.2093644>
- Kasos, E., Kasos, K., Költő, A., Józsa, E., & Varga, K. (2020). Phenomenological experiences during active-alert hypnosis: Comparison of hypnotist and subject. *International Journal of Clinical and Experimental Hypnosis*, 68(4), 451–465. <https://doi.org/10.1080/00207144.2020.1802733>
- Kassin, S. M., Redlich, A. D., Alceste, F., & Luke, T. J. (2018). On the general acceptance of confessions research: Opinions of the scientific community. *American Psychologist*, 73(1), 63–80. <https://doi.org/10.1037/amp0000141>
- Kazantzis, N., & Miller, A. R. (2022). A comprehensive model of homework in cognitive behavior therapy. *Cognitive Therapy and Research*, 46(1), 247–257. <https://doi.org/10.1007/s10608-021-10247-z>
- Kazantzis, N., Whittington, C., Zelencich, L., Kyrios, M., Norton, P. J., & Hofmann, S. G. (2016). Quantity and quality of homework compliance: A meta-analysis of relations with outcome in cognitive behavior therapy. *Behavior Therapy*, 47(5), 755–772. <https://doi.org/10.1016/j.beth.2016.05.002>
- Kekecs, Z., Bowers, J., Johnson, A., Kendrick, C., & Elkins, G. (2016). The Elkins hypnotizability scale: Assessment of reliability and validity. *International Journal of Clinical and Experimental Hypnosis*, 64(3), 285–304. <https://doi.org/10.1080/00207144.2016.1171089>

- Kekecs, Z., Moss, D., Elkins, G., De Benedittis, G., Palsson, O. S., Shenefelt, P. D., Terhune, D. B., Varga, K., & Whorwell, P. J. (2022). Guidelines for the assessment of efficacy of clinical hypnosis applications. *International Journal of Clinical and Experimental Hypnosis*, 70(2), 104–122. <https://doi.org/10.1080/00207144.2022.2049446>
- Kennedy, W. P. (1961). The nocebo reaction. *Medical World*, 95, 203–205.
- Kihlstrom, J. F. (2008). The domain of hypnosis, revisited. In M. R. Nash & A. J. Barnier (Eds.), *The Oxford handbook of hypnosis: Theory, research, and practice* (pp. 21–52). Oxford University Press.
- Kihlstrom, J. F. (2021). Recognition in posthypnotic amnesia, revisited. *International Journal of Clinical and Experimental Hypnosis*, 69(3), 383–410. <https://doi.org/10.1080/00207144.2021.1910827>
- Kihlstrom, J. F. (2022). Consciousness, the unconscious, and the self. *Psychology of Consciousness: Theory, Research, and Practice*, 9(1), 78–92. <https://doi.org/10.1037/cns0000285>
- Kihlstrom, J. F. (2023). Hypnotizability in the clinic, viewed from the laboratory. *International Journal of Clinical and Experimental Hypnosis*, 71(2), 115–126. <https://doi.org/10.1080/00207144.2023.2185526>
- Kirca, A., M. Malouff, J., & Meynadier, J. (2023). The effect of expressed gratitude interventions on psychological wellbeing: A meta-analysis of randomized controlled studies. *International Journal of Applied Positive Psychology*. <https://doi.org/10.1007/s41042-023-00086-6>
- Kirsch, I. (1985). Response expectancy as a determinant of experience and behavior. *American Psychologist*, 40(11), 1189–1202. <https://doi.org/10.1037/0003-066X.40.11.1189>
- Kirsch, I. (1990). *Changing expectations: A key to effective psychotherapy*. Brooks/Cole.
- Kirsch, I. (1991). The social learning theory of hypnosis. In S. Lynn & J. Rhue (Eds.), *Theories of hypnosis: Current models and perspectives* (pp. 439–466). The Guilford Press.
- Kirsch, I. (1994). Clinical hypnosis as a nondeceptive placebo: Empirically derived techniques. *American Journal of Clinical Hypnosis*, 65(3), 246–257. <https://doi.org/10.1080/00029157.2022.2119023>
- Kirsch, I. (1997). Response expectancy theory and application: A decennial review. *Applied and Preventive Psychology*, 6(2), 69–79. [https://doi.org/10.1016/S0962-1849\(05\)80012-5](https://doi.org/10.1016/S0962-1849(05)80012-5)
- Kirsch, I. (2000). The response set theory of hypnosis. *American Journal of Clinical Hypnosis*, 42(3–4), 274–292. <https://doi.org/10.1080/00029157.2000.10734362>
- Kirsch, I. (2010). *The emperor's new drugs: Exploding the antidepressant myth*. Basic Books.
- Kirsch, I. (2011). The altered state issue: Dead or alive? *International Journal of Clinical and Experimental Hypnosis*, 59(3), 350–362. <https://doi.org/10.1080/00207144.2011.570681>
- Kirsch, I. (2018). Response expectancy and the placebo effect. In *International review of neurobiology* (Vol. 138, pp. 81–93). Elsevier. <https://doi.org/10.1016/bs.irn.2018.01.003>
- Kirsch, I. (2019). Placebo effect in the treatment of depression and anxiety. *Frontiers in Psychiatry*, 10, 407. <https://doi.org/10.3389/fpsy.2019.00407>
- Kirsch, I., Deacon, B. J., Huedo-Medina, T. B., Scoboria, A., Moore, T. J., & Johnson, B. T. (2008). Initial severity and antidepressant benefits: A meta-analysis of data submitted to the Food and Drug Administration. *PLoS Medicine*, 5(2), e45. <https://doi.org/10.1371/journal.pmed.0050045>
- Kirsch, I., Montgomery, G., & Sapirstein, G. (1995). Hypnosis as an adjunct to cognitive-behavioral psychotherapy: A meta-analysis. *Journal of Consulting and Clinical Psychology*, 63(2), 214–220. <https://doi.org/10.1037/0022-006X.63.2.214>
- Kirsch, I., Moore, T. J., Scoboria, A., & Nicholls, S. S. (2002). The emperor's new drugs: An analysis of antidepressant medication data submitted to the U.S. food and drug administration. *Prevention & Treatment*, 5(1). <https://doi.org/10.1037/1522-3736.5.1.523a>
- Kirsch, I., & Yapko, M. D. (2024). Re-thinking the treatment of depression: Have we been misinformed about antidepressants? A webinar discussion with Irving Kirsch, Ph.D. and Michael D. Yapko, Ph.D. *American Journal of Clinical Hypnosis*, 66(2), 157–170. <https://doi.org/10.1080/00029157.2024.2343624>

- Kluft, R. P. (2012a). Issues in the detection of those suffering adverse effects in hypnosis training. *American Journal of Clinical Hypnosis*, 54(3), 213–232. <https://doi.org/10.1080/00029157.2011.631228>
- Kluft, R. P. (2012b). Enhancing workshop safety: Learning from colleagues' adverse experiences (Part I – structure/content). *American Journal of Clinical Hypnosis*, 55(1), 85–103. <https://doi.org/10.1080/00029157.2012.659359>
- Kluft, R. P. (2012c). Enhancing workshop safety: Learning from colleagues' adverse experiences (Part II – structure/policy). *American Journal of Clinical Hypnosis*, 55(1), 104–122. <https://doi.org/10.1080/00029157.2011.650800>
- Kluft, R. P. (2012d). Approaches to difficulties in realerting subjects from hypnosis. *American Journal of Clinical Hypnosis*, 55(2), 140–159. <https://doi.org/10.1080/00029157.2012.660891>
- Kluft, R. P. (2016a). The wounded self in trauma treatment. *American Journal of Clinical Hypnosis*, 59(1), 69–87. <https://doi.org/10.1080/00029157.2016.1163659>
- Kluft, R. P. (2016b). Perspectives on pathways to induction: Confronting unexpected challenges. *American Journal of Clinical Hypnosis*, 59(2), 186–203. <https://doi.org/10.1080/00029157.2016.1193721>
- Kluft, R. P. (2017). Precautions to the use of hypnosis in patient care. In G. R. Elkins (Ed.), *Handbook of medical and psychological hypnosis: Foundations, applications, and professional issues* (pp. 687–698). Springer.
- Kluft, R. P. (2023). Toward the effective treatment of dissociative symptoms and dissociative disorders. *Psychoanalytic Social Work*, 30(1), 3–31. <https://doi.org/10.1080/15228878.2022.2095876>
- Kohen, D. P. (2024). Professional training and development in pediatric hypnosis. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 855–866). Routledge. <https://doi.org/10.4324/9781003449126-77>
- Kohen, D. P., & Olness, K. (2023). *Hypnosis with children* (5th ed.). Routledge.
- Kohen, D. P., & Olness, K. (2024). Hypnosis: A developmental perspective. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 192–201). Routledge. <https://doi.org/10.4324/9781003449126-18>
- Korte, K. J., Jiang, T., Koenen, K. C., & Gradus, J. (2020). Trauma and PTSD: Epidemiology, comorbidity, and clinical presentation in adults. In D. Forbes, J. I. Bison, C. M. Monson, & L. Berliner (Eds.), *Effective treatments for PTSD: Practice guidelines from the International Society for Traumatic Stress Studies* (3rd ed., pp. 13–29). The Guilford Press.
- Kosslyn, S. M., Thompson, W. L., Costantini-Ferrando, M. F., Alpert, N. M., & Spiegel, D. (2000). Hypnotic visual illusion alters color processing in the brain. *American Journal of Psychiatry*, 157(8), 1279–1284. <https://doi.org/10.1176/appi.ajp.157.8.1279>
- Kovach, M. (2020). Leader influence: A research review of French & Raven's (1959) power dynamics. *Journal of Values-Based Leadership*, 13(2). <https://doi.org/10.22543/0733.132.1312>
- Krantz, D. S., Shank, L. M., & Goodie, J. L. (2022). Post-traumatic stress disorder (PTSD) as a systemic disorder: Pathways to cardiovascular disease. *Health Psychology*, 41(10), 651–662. <https://doi.org/10.1037/hea0001127>
- Kristjánsson, K. (2010). Positive psychology, happiness, and virtue: The troublesome conceptual issues. *Review of General Psychology*, 14(4), 296–310. <https://doi.org/10.1037/a0020781>
- Krittanawong, C., Maitra, N. S., Khawaja, M., Wang, Z., Fogg, S., Rozenkrantz, L., Virani, S. S., Levin, M., Storch, E. A., Tobler, P. N., Charney, D. S., & Levine, G. N. (2023a). Association of pessimism with cardiovascular events and all-cause mortality. *Progress in Cardiovascular Diseases*, 76, 91–98. <https://doi.org/10.1016/j.pcad.2022.11.018>
- Krittanawong, C., Maitra, N. S., Qadeer, Y. K., Wang, Z., Fogg, S., Storch, E. A., Celano, C. M., Huffman, J. C., Jha, M., Charney, D. S., & Lavie, C. J. (2023b). Association of depression and cardiovascular disease. *The American Journal of Medicine*, 136(9), 881–895. <https://doi.org/10.1016/j.amjmed.2023.04.036>
- Kroger, W., & Freed, S. C. (1956). *Psychosomatic gynecology: Including problems of obstetrical care*. Glencoe Free Press.

- Kroger, W. S. (2008). *Clinical and experimental hypnosis in medicine, dentistry, and psychology* (Rev. 2nd ed.). Lippincott Williams & Wilkins.
- Kroger, W. S., & Fezler, W. D. (1976). *Hypnosis and behavior modification: Imagery conditioning*. Lippincott Williams & Wilkins.
- Kumar, P., Waiter, G. D., Dubois, M., Milders, M., Reid, I., & Steele, J. D. (2017). Increased neural response to social rejection in major depression. *Depression and Anxiety, 34*(11), 1049–1056. <https://doi.org/10.1002/da.22665>
- Kuttner, L. (2020). Pediatric hypnosis: Treatment that adds and rarely subtracts. *International Journal of Clinical and Experimental Hypnosis, 68*(1), 16–28. <https://doi.org/10.1080/00207144.2020.1685329>
- Kuttner, L., & Vargay, A. (2024). Hypnosis: Finding relief for children and teens in pain. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 537–550). Routledge. <https://doi.org/10.4324/9781003449126-49>
- Kvalnes, Ø., & Hansen-Sandseter, E. B. (2023). Negative consequences of protection. In Ø. Kvalnes & E. B. Hansen Sandseter (Eds.), *Risky play* (pp. 47–57). Springer International Publishing. https://doi.org/10.1007/978-3-031-25552-6_4
- Lacey, S., Stilla, R., & Sathian, K. (2012). Metaphorically feeling: Comprehending textural metaphors activates somatosensory cortex. *Brain and Language, 120*(3), 416–421. <https://doi.org/10.1016/j.bandl.2011.12.016>
- Lacy, B. E., Pimentel, M., Brenner, D. M., Chey, W. D., Keefer, L. A., Long, M. D., & Moshiree, B. (2021). ACG clinical guideline: Management of irritable bowel syndrome. *American Journal of Gastroenterology, 116*(1), 17–44. <https://doi.org/10.14309/ajg.0000000000001036>
- Laeng, B., & Sulutvedt, U. (2014). The eye pupil adjusts to imaginary light. *Psychological Science, 25*(1), 188–197. <https://doi.org/10.1177/0956797613503556>
- Landry, M., & Rainville, P. (2024). Beyond the neural signature of hypnosis. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 256–268). Routledge. <https://doi.org/10.4324/9781003449126-25>
- Landry, M., Da Silva Castanheira, J., Boisvert, C., Rousseaux, F., Sackur, J., Raz, A., Ogez, D., Rainville, P., & Jerbi, K. (2023). Unravelling the neural dynamics of hypnotic susceptibility: Aperiodic neural activity as a central feature of hypnosis [preprint]. *Neuroscience*. <https://doi.org/10.1101/2023.11.16.567097>
- Landry, M., Da Silva Castanheira, J., Milton, D., & Raz, A. (2022). Suggestion alters Stroop automaticity: Hypnotic alexia through a proactive lens. *Psychology of Consciousness: Theory, Research, and Practice, 9*(2), 159–171. <https://doi.org/10.1037/cns0000268>
- Lang, E. (2017). Pain control: Acute and procedural. In G. Elkins (Ed.), *Handbook of medical and psychological hypnosis: Foundations, applications, and professional issues* (pp. 333–340). Springer.
- Lang, E. (2024, February 22). *Rapid hypnotic techniques at the medical forefront (comfort talk)*. American Society of Clinical Hypnosis 66th Annual Scientific Meetings and Workshops (ASMW), Virtual.
- Langer, E. J., Blank, A., & Chanowitz, B. (1978). The mindlessness of ostensibly thoughtful action: The role of “placebic” information in interpersonal interaction. *Journal of Personality and Social Psychology, 36*(6), 635–642. <https://doi.org/10.1037/0022-3514.36.6.635>
- Langeslag, S. J. E., & Posey, Z. W. (2023). Factors that contribute to an inability to remember an important aspect of a traumatic event. *Memory, 31*(10), 1402–1411. <https://doi.org/10.1080/09658211.2023.2268304>
- Langlois, P., Perrochon, A., David, R., Rainville, P., Wood, C., Vanhauzenhuyse, A., Pageaux, B., Ounajim, A., Lavallière, M., Debarnot, U., Luque-Moreno, C., Roulaud, M., Simoneau, M., Goudman, L., Moens, M., Rigoard, P., & Billot, M. (2022). Hypnosis to manage musculoskeletal and neuropathic chronic pain: A systematic review and meta-analysis. *Neuroscience & Biobehavioral Reviews, 135*, 104591. <https://doi.org/10.1016/j.neubiorev.2022.104591>
- Lankton, C. H., & Lankton, S. R. (1989). *Tales of enchantment: Goal-oriented metaphors for adults and children in therapy*. Brunner/Mazel.

- Lankton, S. R. (2015). APA division 30's new definition of hypnosis. *American Journal of Clinical Hypnosis*, 57(4), 367–468.
- Lankton, S. R. (2018). Conscious/unconscious dissociation induction: Increasing hypnotic performance with “resistant” clients. In V. K. Kumar & S. R. Lankton (Eds.), *Hypnotic induction: Perspectives, strategies and concerns*. Routledge.
- Lankton, S. R. (2020a). Relying on scripts versus not relying on scripts. *American Journal of Clinical Hypnosis*, 62(3), 172–177. <https://doi.org/10.1080/00029157.2019.1677407>
- Lankton, S. R. (2020b). What Milton Erickson said about being Ericksonian. *American Journal of Clinical Hypnosis*, 63(1), 4–13. <https://doi.org/10.1080/00029157.2020.1754068>
- Lankton, S. R. (2022). Emanated imagery: Shaping presupposed success. *American Journal of Clinical Hypnosis*, 65(1), 18–29. <https://doi.org/10.1080/00029157.2022.2066431>
- Lankton, S. R. (2023). States of consciousness and ego states. *International Journal of Transactional Analysis Research & Practice*, 14(2), 42–53. <https://doi.org/10.29044/v14i2p42>
- Lankton, S. R. (2024). Self-image building protocol for treating depression in hypnosis. *American Journal of Clinical Hypnosis*, 66(1), 61–69. <https://doi.org/10.1080/00029157.2023.2298633>
- Lankton, S. R., & Eimer, B. (2012). Minimizing the risk of inadvertent negative consequences of hypnosis: Clinical and forensic applications [Special issue]. *American Journal of Clinical Hypnosis*, 55(1).
- Laurence, J.-R., Beaulieu-Prévost, D., & du Chéné, T. (2008). *Measuring and understanding individual differences in hypnotizability* (M. Nash & A. Barnier, Eds., pp. 225–253). Oxford University Press.
- Lawrence, J., & Lee, R. E. (2003). *Inherit the wind*. Ballantine Books.
- Lebowitz, M. S., Dolev-Amit, T., & Zilcha-Mano, S. (2021). Relationships of biomedical beliefs about depression to treatment-related expectancies in a treatment-seeking sample. *Psychotherapy*, 58(3), 366–371. <https://doi.org/10.1037/pst0000320>
- LeCron, L. (1953). A method of measuring the depth of hypnosis, and the experience of nonvolition. *International Journal of Clinical and Experimental Hypnosis*, 31, 293–308.
- Lee, E. L., Richards, N., Harrison, J., & Barnes, J. (2022). Prevalence of use of traditional, complementary and alternative medicine by the general population: A systematic review of national studies published from 2010 to 2019. *Drug Safety*, 45(7), 713–735. <https://doi.org/10.1007/s40264-022-01189-w>
- Lembo, A., Kelley, J. M., Nee, J., Ballou, S., Iturrino, J., Cheng, V., Rangan, V., Katon, J., Hirsch, W., Kirsch, I., Hall, K., Davis, R. B., & Kaptchuk, T. J. (2021). Open-label placebo vs double-blind placebo for irritable bowel syndrome: A randomized clinical trial. *Pain*, 162(9), 2428–2435. <https://doi.org/10.1097/j.pain.0000000000002234>
- Lemercier, C. E., & Terhune, D. B. (2018). Psychedelics and hypnosis: Commonalities and therapeutic implications. *Journal of Psychopharmacology*, 32(7), 732–740. <https://doi.org/10.1177/0269881118780714>
- Lentoor, A. G. (2023). Cognitive and neural mechanisms underlying false memories: Misinformation, distortion or erroneous configuration? *AIMS Neuroscience*, 10(3), 255–268. <https://doi.org/10.3934/Neuroscience.2023020>
- Li, Z., & Li, S.-X. (2022). The application of hypnosis in sports. *Frontiers in Psychology*, 12, 771162. <https://doi.org/10.3389/fpsyg.2021.771162>
- Light, L. L., Panicker, S., Abrams, L., & Huh-Yoo, J. (2024). Ethical challenges in the use of digital technologies in psychological science: Introduction to the special issue. *American Psychologist*, 79(1), 1–8. <https://doi.org/10.1037/amp0001286>
- Lindeløv, J. K., Kvamme, T. L., Thomsen, K. R., Overgaard, R., & Overgaard, M. (2023). Hypnosis for acquired brain injury: Four patient cases and five testable predictions. *New Ideas in Psychology*, 71, 101046. <https://doi.org/10.1016/j.newideapsych.2023.101046>
- Lindeløv, J. K., Overgaard, R., & Overgaard, M. (2017). Improving working memory performance in brain-injured patients using hypnotic suggestion. *Brain*, 140(4), 1100–1106. <https://doi.org/10.1093/brain/awx001>
- Linden, J. H. (2024). The hypnotic lens on trauma and treatment. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 451–462). Routledge. <https://doi.org/10.4324/9781003449126-42>

- Linden, J. H., Sugarman, L. I., De Benedittis, G., & Varga, K. (Eds.). (2024). *The Routledge international handbook of clinical hypnosis*. Routledge.
- Lindheim, M. Ø. (2024). Actual favorite places. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 892–903). Routledge. <https://doi.org/10.4324/9781003449126-81>
- Lipton, B. H. (2005). *The biology of belief: Unleashing the power of consciousness, matter and miracles*. Mountain of Love/Elite Books.
- Loftus, E. F. (2005). Planting misinformation in the human mind: A 30-year investigation of the malleability of memory: Figure 1. *Learning & Memory*, 12(4), 361–366. <https://doi.org/10.1101/lm.94705>
- Loftus, E. F. (2017). Eavesdropping on memory. *Annual Review of Psychology*, 68(1), 1–18. <https://doi.org/10.1146/annurev-psych-010416-044138>
- Loftus, E., & Yapko, M. D. (2021, December 3). *Is the repressed memory controversy still controversial?* [Conference session]. Evolution of Psychotherapy, Anaheim, CA.
- Lomas, T., & VanderWeele, T. J. (2023). The complex creation of happiness: Multidimensional conditionality in the drivers of happy people and societies. *The Journal of Positive Psychology*, 18(1), 15–33. <https://doi.org/10.1080/17439760.2021.1991453>
- Lombard, L. (2024). A vision to enhance self-regulation in children: The promise of pediatric hypnosis. *American Journal of Clinical Hypnosis*, 66(4), 316–322. <https://doi.org/10.1080/00029157.2024.2317790>
- Lombard, L., & Milling, L. S. (2023). Hypnosis with children and adolescents. In L. S. Milling (Ed.), *Evidence-based practice in clinical hypnosis* (pp. 193–220). American Psychological Association. <https://doi.org/10.1037/0000347-008>
- London, P. (1962). Hypnosis in children: An experimental approach. *International Journal of Clinical and Experimental Hypnosis*, 10(2), 79–91. <https://doi.org/10.1080/00207146208415867>
- London, P. (1963). *Children's hypnotic susceptibility scale*. Consulting Psychologists Press.
- Lopez, S. J., Pedrotti, J. T., & Snyder, C. R. (2019). *Positive psychology: The scientific and practical explorations of human strengths* (4th ed.). Sage.
- Lorenzo-Luaces, L., & Fite, R. E. (2024). Wider, faster, more: Re-envisioning depression treatment research in the United States. *Practice Innovations*, 9(1), 19–29. <https://doi.org/10.1037/pri0000240>
- Loriedo, C., & Torti, C. (2010). Systemic hypnosis with depressed individuals and their families. *International Journal of Clinical and Experimental Hypnosis*, 58(2), 222–246. <https://doi.org/10.1080/00207140903523277>
- Loriedo, C., Rago, N., & Genovesi, I. (2024). Systemic hypnosis. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 486–500). Routledge. <https://doi.org/10.4324/9781003449126-45>
- Lou, C., Taylor, C. R., & Zhou, X. (2023). Influencer marketing on social media: How different social media platforms afford influencer-follower relation and drive advertising effectiveness. *Journal of Current Issues & Research in Advertising*, 44(1), 60–87. <https://doi.org/10.1080/10641734.2022.2124471>
- Loughman, A., & Haslam, N. (2018). Neuroscientific explanations and the stigma of mental disorder: A meta-analytic study. *Cognitive Research: Principles and Implications*, 3(1), 43. <https://doi.org/10.1186/s41235-018-0136-1>
- Ludwig, R. J., & Welch, M. G. (2022). Wired to connect: The autonomic socioemotional reflex arc. *Frontiers in Psychology*, 13, 841207. <https://doi.org/10.3389/fpsyg.2022.841207>
- Lunova, T., Komorovsky, R., & Klishch, I. (2023). Gender differences in treatment delays, management and mortality among patients with acute coronary syndrome: A systematic review and meta-analysis. *Current Cardiology Reviews*, 19(1), e300622206530. <https://doi.org/10.2174/1573403X18666220630120259>
- Lynn, S. J., & Green, J. P. (2023). An introduction to the practice of clinical hypnosis. In L. S. Milling (Ed.), *Evidence-based practice in clinical hypnosis* (pp. 3–27). American Psychological Association.

- Lynn, S. J., & Sherman, S. J. (2000). The clinical importance of sociocognitive models of hypnosis: Response set theory and Milton Erickson's strategic interventions. *American Journal of Clinical Hypnosis*, 42(3–4), 294–315. <https://doi.org/10.1080/00029157.2000.10734363>
- Lynn, S. J., Cardaña, E., Green, J. P., & Laurence, J.-R. (2022). The case for clinical hypnosis: Theory and research-based do's and don'ts for clinical practice. *Psychology of Consciousness: Theory, Research, and Practice*, 9(2), 187–200. <https://doi.org/10.1037/cns0000257>
- Lynn, S. J., Green, J. P., Polizzi, C. P., Ellenberg, S., Gautam, A., & Aksen, D. (2019). Hypnosis, hypnotic phenomena, and hypnotic responsiveness: Clinical and research foundations – a 40-year perspective. *International Journal of Clinical and Experimental Hypnosis*, 67(4), 475–511. <https://doi.org/10.1080/00207144.2019.1649541>
- Lynn, S. J., Green, J. P., Zahedi, A., & Apelian, C. (2023). The response set theory of hypnosis reconsidered: Toward an integrative model. *American Journal of Clinical Hypnosis*, 65(3), 186–210. <https://doi.org/10.1080/00029157.2022.2117680>
- Lynn, S. J., Green, J. P., Zahedi, A., Apelian, C., & Kirsch, I. (2024). An empirically-informed integrative theory of hypnosis. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 158–167). Routledge. <https://doi.org/10.4324/9781003449126-14>
- Lynn, S. J., Kirsch, I., Terhune, D. B., & Green, J. P. (2020). Myths and misconceptions about hypnosis and suggestion: Separating fact and fiction. *Applied Cognitive Psychology*, 34(6), 1253–1264. <https://doi.org/10.1002/acp.3730>
- Lynn, S. J., Laurence, J.-R., & Kirsch, I. (2015). Hypnosis, suggestion, and suggestibility: An integrative model. *American Journal of Clinical Hypnosis*, 57(3), 314–329. <https://doi.org/10.1080/00029157.2014.976783>
- Lynn, S. J., McNally, R. J., & Loftus, E. F. (2023). The memory wars then and now: The contributions of Scott O. Lilienfeld. *Clinical Psychological Science*, 11(4), 725–743. <https://doi.org/10.1177/21677026221133034>
- Lynn, S. J., Weekes, J. R., & Milano, M. J. (1989). Reality versus suggestion: Pseudomemory in hypnotizable and simulating subjects. *Journal of Abnormal Psychology*, 98(2), 137–144. <https://doi.org/10.1037/0021-843X.98.2.137>
- Lynn, S., Kirsch, I., & Hallquist, M. (2008). Social cognitive theories of hypnosis. In M. Nash & A. Barnier (Eds.), *The Oxford handbook of hypnosis* (pp. 111–139). Oxford University Press.
- Lyons, L. (2015). *Using hypnosis with children: Creating and delivering effective interventions*. W.W. Norton & Company.
- Lyons, L. (2023). *The anxiety audit: 7 sneaky ways anxiety takes hold and how to escape them*. Health Communications, Inc.
- Lyons, L. (2024). Hypnosis with depressed children and teens: Building skills, creating connection. *American Journal of Clinical Hypnosis*, 66(1), 70–82. <https://doi.org/10.1080/00029157.2023.2208624>
- MacDonald, J. J., Baxter-King, R., Vavreck, L., Naeim, A., Wenger, N., Sepucha, K., & Stanton, A. L. (2022). Depressive symptoms and anxiety during the COVID-19 pandemic: Large, longitudinal, cross-sectional survey. *JMIR Mental Health*, 9(2), e33585. <https://doi.org/10.2196/33585>
- Maes, M. H., & Stoyanov, D. (2022). False dogmas in mood disorders research: Towards a nomothetic network approach. *World Journal of Psychiatry*, 12(5), 651–667. <https://doi.org/10.5498/wjp.v12.i5.651>
- Maldonado, J. R., & Spiegel, D. (2023). Dissociative disorders. In A. Tasman, M. B. Riba, R. D. Alarcón, C. A. Alfonso, S. Kanba, D. M. Ndeti, C. H. Ng, T. G. Schulze, & D. Lecic-Tosovski (Eds.), *Tasman's psychiatry* (pp. 1–46). Springer International Publishing. https://doi.org/10.1007/978-3-030-42825-9_80-1
- Malloggi, E., & Santarcangelo, E. L. (2023). Physiological correlates of hypnotizability: Hypnotic behaviour and prognostic role in medicine. *Brain Sciences*, 13(12), 1632. <https://doi.org/10.3390/brainsci13121632>

- Marasine, N. R., Sankhi, S., Lamichhane, R., Marasini, N. R., & Dangi, N. B. (2021). Use of antidepressants among patients diagnosed with depression: A scoping review. *BioMed Research International*, 2021, 1–8. <https://doi.org/10.1155/2021/6699028>
- Marci, C. D., Ham, J., Moran, E., & Orr, S. P. (2007). Physiologic correlates of perceived therapist empathy and social-emotional process during psychotherapy. *Journal of Nervous & Mental Disease*, 195(2), 103–111. <https://doi.org/10.1097/01.nmd.0000253731.71025.fc>
- Martin, S. R., Shah, P., Denton, C., Zeltzer, L. K., Veluswamy, S., Khoo, M. C. K., & Coates, T. D. (2020). Autonomically-mediated decrease in microvascular blood flow due to mental stress and pain in sickle cell disease: A target for neuromodulatory interventions. *Complementary Therapies in Medicine*, 49, 102334. <https://doi.org/10.1016/j.ctim.2020.102334>
- Maslow, A. H. (1958). A dynamic theory of human motivation. In C. L. Stacey & M. DeMartino (Eds.), *Understanding human motivation* (pp. 26–47). Howard Allen Publishers. <https://doi.org/10.1037/11305-004>
- Matsumoto, N., Takahashi, Y., & Hallford, D. J. (2023). Different retrieval mechanisms of overgeneral autobiographical memory for positive and negative cues in remitted major depressive disorder. *Journal of Behavior Therapy and Experimental Psychiatry*, 79, 101822. <https://doi.org/10.1016/j.jbtep.2022.101822>
- Matsumoto, N., Takahashi, Y., & Kawaguchi, J. (2020). Increased direct retrieval of overgeneral categorical memory in individuals with dysphoria and a history of major depression. *Cognitive Therapy and Research*, 44(3), 483–498. <https://doi.org/10.1007/s10608-020-10079-3>
- McCann, B. S. (2023). Prevalence of different approaches to clinical hypnosis: Bridging research and practice. *International Journal of Clinical and Experimental Hypnosis*, 71(2), 139–152. <https://doi.org/10.1080/00207144.2023.2194934>
- McCann, B. S., & Collin, A. (2024). Hypnotically enhancing behavioral activation in the treatment of depression. *American Journal of Clinical Hypnosis*, 66(2), 97–107. <https://doi.org/10.1080/00029157.2023.2270005>
- McCann, B. S., & Landes, S. J. (2010). Hypnosis in the treatment of depression: Considerations in research design and methods. *International Journal of Clinical and Experimental Hypnosis*, 58(2), 147–164. <https://doi.org/10.1080/00207140903523186>
- McConkey, K. M., & Sheehan, P. W. (1995). *Hypnosis, memory, and behavior in criminal investigation*. Guilford Press.
- McGrady, A., & Moss, D. (2018). *Integrative pathways: Navigating chronic illness with a mind-body-spirit approach*. Springer International Publishing. <https://doi.org/10.1007/978-3-319-89313-6>
- McKernan, L. C., & Connors, E. L. (2023). Hypnosis and chronic pain. In L. S. Milling (Ed.), *Evidence-based practice in clinical hypnosis* (pp. 109–137). American Psychological Association. <https://doi.org/10.1037/0000347-005>
- McKernan, L. C., Connors, E. L., Ryden, A. M., Finn, M. T. M., Kim, A., Vandekar, S. N., Dmochowski, R. R., & Reynolds, W. S. (2023). Clinical hypnosis can reduce lower urinary tract symptoms in individuals with chronic pain. *Neurourology and Urodynamics*, 42(1), 330–339. <https://doi.org/10.1002/nau.25090>
- McKittrick, M. L., Connors, E. L., & McKernan, L. C. (2022). Hypnosis for chronic neuropathic pain: A scoping review. *Pain Medicine*, 23(5), 1015–1026. <https://doi.org/10.1093/pm/pnab320>
- McNally, R. J. (2023). The return of repression? Evidence from cognitive psychology. *Topics in Cognitive Science*, tops.12638. <https://doi.org/10.1111/tops.12638>
- McNeal, S. (2020). Hypnotic ego-strengthening: Where we've been and the road ahead. *American Journal of Clinical Hypnosis*, 62(4), 392–408. <https://doi.org/10.1080/00029157.2019.1709151>
- Meaklim, H., Saunders, W. J., Byrne, M. L., Junge, M. F., Varma, P., Finck, W. A., & Jackson, M. L. (2023). Insomnia is a key risk factor for persistent anxiety and depressive symptoms: A 12-month longitudinal cohort study during the COVID-19 pandemic. *Journal of Affective Disorders*, 322, 52–62. <https://doi.org/10.1016/j.jad.2022.11.021>

- Menard, C., Pfau, M. L., Hodes, G. E., Kana, V., Wang, V. X., Bouchard, S., Takahashi, A., Flanigan, M. E., Aleyasin, H., LeClair, K. B., Janssen, W. G., Labonté, B., Parise, E. M., Lorsch, Z. S., Golden, S. A., Heshmati, M., Tamminga, C., Turecki, G., Campbell, M., . . . Russo, S. J. (2017). Social stress induces neurovascular pathology promoting depression. *Nature Neuroscience*, *20*(12), 1752–1760. <https://doi.org/10.1038/s41593-017-0010-3>
- Merz, A. E., Campus, G., Abrahamsen, R., & Wolf, T. G. (2022). Hypnosis on acute dental and maxillofacial pain relief: A systematic review and meta-analysis. *Journal of Dentistry*, *123*, 104184. <https://doi.org/10.1016/j.jdent.2022.104184>
- Meyer, H. H., & Stutts, L. A. (2024). The impact of single-session gratitude interventions on stress and affect. *The Journal of Positive Psychology*, *19*(2), 315–322. <https://doi.org/10.1080/17439760.2023.2170823>
- Milgram, S. (1963). Behavioral study of obedience. *The Journal of Abnormal and Social Psychology*, *67*(4), 371–378. <https://doi.org/10.1037/h0040525>
- Milgram, S. (1974). *Obedience to authority*. Harper & Row.
- Miller, S. D., Bargmann, S., Chow, D., Seidel, J., & Maeschalck, C. (2016). Feedback-informed treatment (FIT): Improving the outcome of psychotherapy one person at a time. In W. O'Donohue & A. Maragakis (Eds.), *Quality improvement in behavioral health* (pp. 247–262). Springer International Publishing. https://doi.org/10.1007/978-3-319-26209-3_16
- Miller, S. D., Hubble, M. A., Chow, D., & Seidel, J. (2015). Beyond measures and monitoring: Realizing the potential of feedback-informed treatment. *Psychotherapy*, *52*(4), 449–457. <https://doi.org/10.1037/pst0000031>
- Milling, L. S. (Ed.). (2023a). *Evidence-based practice in clinical hypnosis*. American Psychological Association.
- Milling, L. S. (2023b). Hypnosis for acute and procedural pain. In L. S. Milling (Ed.), *Evidence-based practice in clinical hypnosis* (pp. 77–107). American Psychological Association. <https://doi.org/10.1037/0000347-004>
- Milling, L. S., Valentine, K. E., LoStimolo, L. M., Nett, A. M., & McCarley, H. S. (2021). Hypnosis and the alleviation of clinical pain: A comprehensive meta-analysis. *International Journal of Clinical and Experimental Hypnosis*, *69*(3), 297–322. <https://doi.org/10.1080/00207144.2021.1920330>
- Milling, L. S., Valentine, K. E., McCarley, H. S., & LoStimolo, L. M. (2019). A meta-analysis of hypnotic interventions for depression symptoms: High hopes for hypnosis? *American Journal of Clinical Hypnosis*, *61*(3), 227–243. <https://doi.org/10.1080/00029157.2018.1489777>
- Mills, J. (2001). Ericksonian play therapy: The spirit of healing with children and adolescents. In B. Geary & J. Zeig (Eds.), *The handbook of Ericksonian psychotherapy* (pp. 506–521). The Milton H. Erickson Foundation Press.
- Moga, G., & Dienes, Z. (2022). Expressing unconscious general knowledge using Chevreul's pendulum. *American Journal of Clinical Hypnosis*, *64*(4), 306–315. <https://doi.org/10.1080/00029157.2021.2010641>
- Mohl, J. C., & Schutkofsky, M. J. (2017). Volitional and nonvolitional responses to hypnotic suggestions: Predictors and subjective experience. *American Journal of Clinical Hypnosis*, *59*(4), 393–413. <https://doi.org/10.1080/00029157.2016.1236328>
- Moitra, M., Santomauro, D., Collins, P. Y., Vos, T., Whiteford, H., Saxena, S., & Ferrari, A. J. (2022). The global gap in treatment coverage for major depressive disorder in 84 countries from 2000–2019: A systematic review and Bayesian meta-regression analysis. *PLOS Medicine*, *19*(2), e1003901. <https://doi.org/10.1371/journal.pmed.1003901>
- Moncrieff, J., Cooper, R. E., Stockmann, T., Amendola, S., Hengartner, M. P., & Horowitz, M. A. (2022). The serotonin theory of depression: A systematic umbrella review of the evidence. *Molecular Psychiatry*, *28*(8), 3243–3256. <https://doi.org/10.1038/s41380-022-01661-0>
- Montgomery, G. H., Schnur, J. B., Tiersten, A., Benck, K., & Erblich, J. (2024). A randomized controlled trial of hypnosis to manage musculoskeletal pain in breast cancer survivors taking aromatase

- inhibitors. *Psychology of Consciousness: Theory, Research, and Practice*. <https://doi.org/10.1037/cns0000388>
- Moore, S. A., & Zoellner, L. A. (2007). Overgeneral autobiographical memory and traumatic events: An evaluative review. *Psychological Bulletin*, *133*(3), 419–437. <https://doi.org/10.1037/0033-2909.133.3.419>
- Morgan, A. H., & Hilgard, E. R. (1973). Age differences in susceptibility to hypnosis. *International Journal of Clinical and Experimental Hypnosis*, *21*(2), 78–85. <https://doi.org/10.1080/00207147308409308>
- Morgan, A., & Hilgard, E. (1978). The Stanford hypnotic scale for children. *American Journal of Clinical Hypnosis*, *21*, 148–169.
- Moss, D. (2019). The most beautiful man: An integration of hypnosis and biofeedback for depression and dissociation. *American Journal of Clinical Hypnosis*, *61*(4), 322–334. <https://doi.org/10.1080/00029157.2018.1517082>
- Moss, D. (2020a). Paradigms in integrative medicine and the place of clinical hypnosis. *OBM Integrative and Complementary Medicine*, *5*(1). <https://doi.org/10.21926/obm.icm.2001007>
- Moss, D. (2020b). Physiological monitoring to enhance clinical hypnosis and psychotherapy. *International Journal of Clinical and Experimental Hypnosis*, *68*(4), 466–474. <https://doi.org/10.1080/00207144.2020.1790992>
- Moujaes, F., Rieser, N. M., Phillips, C., De Matos, N. M. P., Brügger, M., Dürler, P., Smigielski, L., Stämpfli, P., Seifritz, E., Vollenweider, F. X., Anticevic, A., & Preller, K. H. (2023). Comparing neural correlates of consciousness: From psychedelics to hypnosis and meditation. *Biological Psychiatry: Cognitive Neuroscience and Neuroimaging*, *9*. <https://doi.org/10.1016/j.bpsc.2023.07.003>
- Munson, S. O., Trenkle, B., & Gallawa, R. (2015). Preferences for descriptors of hypnosis: The international point of view. *International Journal of Clinical and Experimental Hypnosis*, *63*(3), 284–293. <https://doi.org/10.1080/00207144.2015.1031536>
- Murphy, J. J. (2024). *Solution-focused therapy*. American Psychological Association.
- Nagy, T. F. (2011). *Essential ethics for psychologists: A primer for understanding and mastering core issues*. American Psychological Association.
- Nahin, R. L., Rhee, A., & Stussman, B. (2024). Use of complementary health approaches overall and for pain management by US adults. *JAMA*, *331*(7), 613. <https://doi.org/10.1001/jama.2023.26775>
- Nash, R. A., Berkowitz, S. R., & Roche, S. (2016). Public attitudes on the ethics of deceptively planting false memories to motivate healthy behavior. *Applied Cognitive Psychology*, *30*(6), 885–897. <https://doi.org/10.1002/acp.3274>
- National Institute on Drug Abuse. (2024, May 14). *Drug overdose death rates*. <https://nida.nih.gov/research-topics/trends-statistics/overdose-death-rates>
- Néron, S., & Handel, D. L. (2023). Creating critical palliative hypnotic adjustments: Temporality, hope, and meaning. *American Journal of Clinical Hypnosis*, 1–14. <https://doi.org/10.1080/00029157.2023.2269996>
- Nolen-Hoeksema, S. (2000). The role of rumination in depressive disorders and mixed anxiety/depressive symptoms. *Journal of Abnormal Psychology*, *109*(3), 504–511. <https://doi.org/10.1037/0021-843X.109.3.504>
- Nolen-Hoeksema, S., Wisco, B. E., & Lyubomirsky, S. (2008). Rethinking rumination. *Perspectives on Psychological Science*, *3*(5), 400–424. <https://doi.org/10.1111/j.1745-6924.2008.00088.x>
- Nurko, S., Saps, M., Kossowsky, J., Zion, S. R., Di Lorenzo, C., Vaz, K., Hawthorne, K., Wu, R., Ciciora, S., Rosen, J. M., Kaptchuk, T. J., & Kelley, J. M. (2022). Effect of open-label placebo on children and adolescents with functional abdominal pain or irritable bowel syndrome: A randomized clinical trial. *JAMA Pediatrics*, *176*(4), 349. <https://doi.org/10.1001/jamapediatrics.2021.5750>
- Nyiri, B., & Lynn, S. J. (2024). Self-hypnosis. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 182–191). Routledge. <https://doi.org/10.4324/9781003449126-17>
- O'Toole, S. K., Solomon, S. L., & Bergdahl, S. A. (2016). A meta-analysis of hypnotherapeutic techniques in the treatment of PTSD symptoms. *Journal of Traumatic Stress*, *29*(1), 97–100. <https://doi.org/10.1002/jts.22077>

- Oakley, D. A., & Halligan, P. W. (2013). Hypnotic suggestion: Opportunities for cognitive neuroscience. *Nature Reviews Neuroscience*, 14(8), 565–576. <https://doi.org/10.1038/nrn3538>
- Office of the Surgeon General. (2023). *Social media and youth mental health: The U.S. surgeon general's advisory*. <https://www.hhs.gov/sites/default/files/sg-youth-mental-health-social-media-advisory.pdf>
- Olness, K. (2024). Hypnosis and the future of the world's children. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 883–891). Routledge. <https://doi.org/10.4324/9781003449126-80>
- Olness, K., & Kohen, D. (2022). Hypnosis with children. In G. R. Elkins (Ed.), *Introduction to clinical hypnosis: The basics and beyond* (pp. 407–429). Mountain Pine Publishing.
- Orne, E. C., Whitehouse, W. G., Dinges, D. F., & Orne, M. T. (1996). Memory liabilities associated with hypnosis: Does low hypnotizability confer immunity? *International Journal of Clinical and Experimental Hypnosis*, 44(4), 354–369. <https://doi.org/10.1080/00207149608416098>
- Orne, M. T. (1959). The nature of hypnosis: Artifact and essence. *The Journal of Abnormal and Social Psychology*, 58(3), 277–299. <https://doi.org/10.1037/h0046128>
- Orne, M. T. (1962). On the social psychology of the psychological experiment: With particular reference to demand characteristics and their implications. *American Psychologist*, 17(11), 776–783. <https://doi.org/10.1037/h0043424>
- Orne, M. T. (1965). Undesirable effects of hypnosis: The determinants and management. *International Journal of Clinical and Experimental Hypnosis*, 13(4), 226–237. <https://doi.org/10.1080/00207146508412945>
- Orne, M. T. (1966). Hypnosis, motivation and compliance. *American Journal of Psychiatry*, 122(7), 721–726. <https://doi.org/10.1176/ajp.122.7.721>
- Orne, M. T. (1971). The simulation of hypnosis: Why, how, and what it means. *International Journal of Clinical and Experimental Hypnosis*, 19(4), 183–210. <https://doi.org/10.1080/00207147108407167>
- Orne, M. T. (1972). Can a hypnotized subject be compelled to carry out otherwise unacceptable behavior? A discussion. *International Journal of Clinical and Experimental Hypnosis*, 20(2), 101–117. <https://doi.org/10.1080/00207147208409281>
- Orne, M. T. (1975). Psychotherapy in contemporary America: Its development and context. In S. Ariete, D. Freedman, & J. Dyrud (Eds.), *American handbook of psychiatry, vol. 5: Treatment* (pp. 3–33). Basic Books.
- Orne, M. T. (1979). The use and misuse of hypnosis in court. *International Journal of Clinical and Experimental Hypnosis*, 27(4), 311–341. <https://doi.org/10.1080/00207147908407571>
- Ospel, J., Singh, N., Ganesh, A., & Goyal, M. (2023). Sex and gender differences in stroke and their practical implications in acute care. *Journal of Stroke*, 25(1), 16–25. <https://doi.org/10.5853/jos.2022.04077>
- Otani, A. (2020). The mindfulness-based phase-oriented trauma therapy (MB-POTT): Hypnosis-informed mindfulness approach to trauma. *American Journal of Clinical Hypnosis*, 63(2), 95–111. <https://doi.org/10.1080/00029157.2020.1765726>
- Otani, A. (2024). Mindfulness meditation and hypnosis in clinical practice. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 806–822). Routledge. <https://doi.org/10.4324/9781003449126-74>
- Otte, J. L., Carpenter, J. S., Roberts, L., & Elkins, G. R. (2020). Self-hypnosis for sleep disturbances in menopausal women. *Journal of Women's Health*, 29(3), 461–463. <https://doi.org/10.1089/jwh.2020.8327>
- Ozgunay, S. E., Kasapoglu Aksoy, M., Deniz, K. N., Onen, S., Onur, T., Kilicarslan, N., Eminoglu, S., & Karasu, D. (2024). Effect of hypnosis on pain, anxiety, and quality of life in female patients with fibromyalgia: Prospective, randomized, controlled study. *International Journal of Clinical and Experimental Hypnosis*, 72(1), 51–63. <https://doi.org/10.1080/00207144.2023.2277853>
- Pachaiappan, S., Tee, M. Y., & Low, W. Y. (2023). Effect of self-hypnosis on test anxiety among secondary school students in Malaysia. *International Journal of Clinical and Experimental Hypnosis*, 71(4), 338–349. <https://doi.org/10.1080/00207144.2023.2246512>

- Padesky, C. A., & Kennerley, H. (2023). *Dialogues for discovery: Improving psychotherapy's effectiveness*. Oxford University Press.
- Pagonabarraga, J., Álamo, C., Castellanos, M., Díaz, S., & Manzano, S. (2023). Depression in major neurodegenerative diseases and strokes: A critical review of similarities and differences among neurological disorders. *Brain Sciences*, *13*(2), 318. <https://doi.org/10.3390/brainsci13020318>
- Palsson, O. S., & Ballou, S. (2020). Hypnosis and cognitive behavioral therapies for the management of gastrointestinal disorders. *Current Gastroenterology Reports*, *22*(7), 31. <https://doi.org/10.1007/s11894-020-00769-z>
- Palsson, O. S., Kekecs, Z., De Benedittis, G., Moss, D., Elkins, G. R., Terhune, D. B., Varga, K., Shenefelt, P. D., & Whorwell, P. J. (2023). Current practices, experiences, and views in clinical hypnosis: Findings of an international survey. *International Journal of Clinical and Experimental Hypnosis*, *71*(2), 92–114. <https://doi.org/10.1080/00207144.2023.2183862>
- Pang, J. W. V., Subramaniam, P., Amit, N., Wahab, S., & Moustafa, A. A. (2024). Hypnotherapy as treatment for depression: A scoping review. *International Journal of Clinical and Experimental Hypnosis*, *72*(2), 155–188. <https://doi.org/10.1080/00207144.2024.2317193>
- Park, L. C., & Covi, L. (1965). Nonblind placebo trial: An exploration of neurotic patients' responses to placebo when its inert content is disclosed. *Archives of General Psychiatry*, *12*(4), 336. <https://doi.org/10.1001/archpsyc.1965.01720340008002>
- Park, N., & Peterson, C. (2006). Strengths of character and the family. *Family Therapy Magazine*, *5*(6), 28–33.
- Parrella, N.-F., Hill, A. T., Dipnall, L. M., Loke, Y. J., Enticott, P. G., & Ford, T. C. (2024). Inhibitory dysfunction and social processing difficulties in autism: A comprehensive narrative review. *Journal of Psychiatric Research*, *169*, 113–125. <https://doi.org/10.1016/j.jpsychires.2023.11.014>
- Parsons-Fein, J. (2006). Interview with Amir Raz, Ph.D., July 14, 2005. *American Journal of Clinical Hypnosis*, *49*(2), 129–142. <https://doi.org/10.1080/00029157.2006.10401565>
- Patihis, L., Otgaar, H., Lynn, S. J., Loftus, E. F., & McNally, R. J. (2023). The recovered memory debate: Wins, losses, and creating future open-minded skeptics. In C. L. Cobb, S. J. Lynn, & W. O'Donohue (Eds.), *Toward a science of clinical psychology* (pp. 377–394). Springer International Publishing. https://doi.org/10.1007/978-3-031-14332-8_19
- Patterson, D. R. (2010). *Clinical hypnosis for pain control* (1st ed.). American Psychological Association.
- Patterson, D. R., & Mendoza, M. E. (2024). *Clinical hypnosis for pain control: A comprehensive approach to management and treatment* (2nd ed.). American Psychological Association.
- Patterson, D. R., Goldberg, M. L., & Ehde, D. M. (1996). Hypnosis in the treatment of patients with severe burns. *American Journal of Clinical Hypnosis*, *38*(3), 200–212. <https://doi.org/10.1080/00029157.1996.10403338>
- Paulo, R. M., Albuquerque, P. B., & Bull, R. (2016). Improving the enhanced cognitive interview with a new interview strategy: Category clustering recall. *Applied Cognitive Psychology*, *30*(5), 775–784. <https://doi.org/10.1002/acp.3253>
- Pavani, J.-B., & Colombo, D. (2023). Appreciation and rumination, not problem solving and avoidance, mediate the effect of optimism on emotional wellbeing. *Personality and Individual Differences*, *205*, 112094. <https://doi.org/10.1016/j.paid.2023.112094>
- Peebles, M. J. (2018). Harm in hypnosis: Three understandings from psychoanalysis that can help. *American Journal of Clinical Hypnosis*, *60*(3), 239–261. <https://doi.org/10.1080/00029157.2018.1400811>
- Peebles, M. J. (2021). *When psychotherapy feels stuck*. Routledge.
- Pekala, R. J. (1991). The phenomenology of consciousness inventory. In R. J. Pekala (Ed.), *Quantifying consciousness* (pp. 127–143). Springer. https://doi.org/10.1007/978-1-4899-0629-8_8
- Pekala, R. J. (2002). Operationalizing trance II: Clinical application using a psychophenomenological approach. *American Journal of Clinical Hypnosis*, *44*(3–4), 241–255. <https://doi.org/10.1080/00029157.2002.10403484>

- Pekala, R. J., & Creegan, K. (2020). States of consciousness, the qEEG, and noetic snapshots of the brain/mind interface: A case study of hypnosis and Sidhi meditation. *OBM Integrative and Complementary Medicine*, 5(2), 1–35. <https://doi.org/10.21926/obm.icm.2002019>
- Pekala, R. J., & Rock, A. J. (2024). From phenomenology to noetic analysis. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 105–123). Routledge. <https://doi.org/10.4324/9781003449126-11>
- Penninx, B. W. J. H., Beekman, A. T. F., Honig, A., Deeg, D. J. H., Schoevers, R. A., Van Eijk, J. T. M., & Van Tilburg, W. (2001). Depression and cardiac mortality: Results from a community-based longitudinal study. *Archives of General Psychiatry*, 58(3), 221. <https://doi.org/10.1001/archpsyc.58.3.221>
- Perfect, M. M., & Champagne, C. (2020). Hypnosis and the potential application in the school setting. In C. Maykel & M. A. Bray (Eds.), *Promoting mind-body health in schools: Interventions for mental health professionals* (pp. 267–282). American Psychological Association. <https://doi.org/10.1037/0000157-019>
- Perlstadt, H. (2023). Obedience to authority: A whirlwind of controversy. In H. Perlstadt (Ed.), *Assessing social science research ethics and integrity* (pp. 129–157). Springer International Publishing. https://doi.org/10.1007/978-3-031-34538-8_6
- Perri, R. L. (2024). Alteration of hypnotic phenomena and hypnotizability with non-invasive brain stimulation (NIBS). In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 347–356). Routledge. <https://doi.org/10.4324/9781003449126-31>
- Perri, R. L., & Di Filippo, G. (2023). Alteration of hypnotic experience following transcranial electrical stimulation of the left prefrontal cortex. *International Journal of Clinical and Health Psychology*, 23(2), 100346. <https://doi.org/10.1016/j.ijchp.2022.100346>
- Perri, R. L., Perrotta, D., Rossani, F., & Pekala, R. J. (2022). Boosting the hypnotic experience: Inhibition of the dorsolateral prefrontal cortex alters hypnotizability and sense of agency: A randomized, double-blind and sham-controlled tDCS study. *Behavioural Brain Research*, 425, 113833. <https://doi.org/10.1016/j.bbr.2022.113833>
- Peters, S. L., Gibson, P. R., & Halmos, E. P. (2023b). Smartphone app-delivered gut-directed hypnotherapy improves symptoms of self-reported irritable bowel syndrome: A retrospective evaluation. *Neurogastroenterology & Motility*, 35(4), e14533. <https://doi.org/10.1111/nmo.14533>
- Peters, S., Gibson, P., & Halmos, E. (2022, October). App-delivered gut-directed hypnotherapy program Nerva improves symptoms in patients with irritable bowel syndrome but how can we ensure users are compliant? *American Journal of Gastroenterology*, 117(10s), e365–e366. <https://doi.org/10.14309/01.ajg.0000858700.31768.51>
- Peters, S., Gibson, P., & Halmos, E. (2023a). Improvements in psychological outcomes following app-delivered gut-directed hypnotherapy: Highlighting the importance of the biopsychosocial model of care in IBS. *American Journal of Gastroenterology*, 118(10S), S508–S508. <https://doi.org/10.14309/01.ajg.0000952416.43527.3d>
- Peterson, C. (2006). *A primer in positive psychology*. Oxford University Press.
- Peterson, C., & Seligman, M. E. P. (2004). *Character strengths and virtues: A handbook and classification*. American Psychological Association, Oxford University Press.
- Piccione, C., Hilgard, E. R., & Zimbardo, P. G. (1989). On the degree of stability of measured hypnotizability over a 25-year period. *Journal of Personality and Social Psychology*, 56(2), 289–295. <https://doi.org/10.1037/0022-3514.56.2.289>
- Polito, V., Waters, F., & McIlwain, D. (Eds.). (2015). Sense of agency: Theory, methods, and application [Special issue]. *Psychology of Consciousness: Theory, Research, and Practice*, 2(3).
- Poole, J. C., Dobson, K. S., & Pusch, D. (2017). Childhood adversity and adult depression: The protective role of psychological resilience. *Child Abuse & Neglect*, 64, 89–100. <https://doi.org/10.1016/j.chiabu.2016.12.012>

- Porges, S. W. (2023). The vagal paradox: A polyvagal solution. *Comprehensive Psychoneuroendocrinology*, 16, 100200. <https://doi.org/10.1016/j.cpnc.2023.100200>
- Prochaska, J. O., Norcross, J. C., & Prochaska, J. C. (2024). *Systems of psychotherapy: A transtheoretical analysis* (10th ed.). Oxford University Press.
- Provençal, S.-C., Bond, S., Rizkallah, E., & El-Baalbaki, G. (2018). Hypnosis for burn wound care pain and anxiety: A systematic review and meta-analysis. *Burns*, 44(8), 1870–1881. <https://doi.org/10.1016/j.burns.2018.04.017>
- Putra, K. A., Prasetyo, C. E., & Sianipar, A. (2023). Inhibition on irrelevant negative information alleviates the mediating role of psychological distress in the association between trait rumination and symptoms of depression and anxiety. *Cogent Psychology*, 10(1), 2228556. <https://doi.org/10.1080/23311908.2023.2228556>
- Pyun, Y. D. (2015). Creating past-life identity in hypnotic regression. *International Journal of Clinical and Experimental Hypnosis*, 63(3), 365–372. <https://doi.org/10.1080/00207144.2015.1031557>
- Queirolo, L., Facco, E., Bacci, C., Mucignat, C., & Zanette, G. (2024). Impairment of hypnosis by nocebo response and related neurovegetative changes: A case report in oral surgery. *International Journal of Clinical and Experimental Hypnosis*, 72(2), 189–201. <https://doi.org/10.1080/00207144.2024.2311908>
- Raes, F., Griffith, J. W., Craeynest, M., Williams, J. M. G., Hermans, D., Barry, T. J., Takano, K., & Hallford, D. J. (2023). Overgeneralization as a predictor of the course of depression over time: The role of negative overgeneralization to the self, negative overgeneralization across situations, and overgeneral autobiographical memory. *Cognitive Therapy and Research*, 47(4), 598–613. <https://doi.org/10.1007/s10608-023-10385-6>
- Rainville, P., Duncan, G. H., Price, D. D., Carrier, B., & Bushnell, M. C. (1997). Pain affect encoded in human anterior cingulate but not somatosensory cortex. *Science*, 277(5328), 968–971. <https://doi.org/10.1126/science.277.5328.968>
- Rakhshan, V. (2018). Cognition and wound healing. In M. A. Shiffman & M. Low (Eds.), *Chronic wounds, wound dressings and wound healing* (Vol. 6, pp. 255–291). Springer International Publishing. https://doi.org/10.1007/15695_2018_134
- Ramondo, N., Gignac, G. E., Pestell, C. F., & Byrne, S. M. (2021). Clinical hypnosis as an adjunct to cognitive behavior therapy: An updated meta-analysis. *International Journal of Clinical and Experimental Hypnosis*, 69(2), 169–202. <https://doi.org/10.1080/00207144.2021.1877549>
- Ramondo, N., Pestell, C. F., Byrne, S. M., & Gignac, G. E. (2024). Cognitive behavioral therapy and hypnosis in the treatment of major depressive disorder: A randomized control trial. *International Journal of Clinical and Experimental Hypnosis*, 72(3), 229–253. <https://doi.org/10.1080/00207144.2024.2354722>
- Rankaduwa, S., & Owen, A. M. (2023). Psychedelics, entropic brain theory, and the taxonomy of conscious states: A summary of debates and perspectives. *Neuroscience of Consciousness*, 2023(1), niad001. <https://doi.org/10.1093/nc/niad001>
- Raz, A., Fan, J., & Posner, M. I. (2005). Hypnotic suggestion reduces conflict in the human brain. *Proceedings of the National Academy of Sciences*, 102(28), 9978–9983. <https://doi.org/10.1073/pnas.0503064102>
- Raz, A., Schwartzman, D., & Guindi, D. (2008). Hemihypnosis, hypnosis, and the importance of knowing right from trend. *American Journal of Clinical Hypnosis*, 51(2), 201–208. <https://doi.org/10.1080/00029157.2008.10401665>
- Reid, D. B. (2023). Hypnosis and anxiety. In L. S. Milling (Ed.), *Evidence-based practice in clinical hypnosis* (pp. 29–46). American Psychological Association. <https://doi.org/10.1037/0000347-002>
- Reid, D. B., & Christensen, C. (2024). Clinical hypnosis and anxiety. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 427–438). Routledge. <https://doi.org/10.4324/9781003449126-40>

- Rhodes, J. R., Biggs, M. L., Griggs, J., Roberts, R. L., & Elkins, G. R. (2022). Willingness and accessibility of a hypnosis intervention for anxiety among a low socioeconomic status population. *Journal of Integrative and Complementary Medicine*, 28(7), 587–590. <https://doi.org/10.1089/jicm.2022.0512>
- Rhue, J. (2004). Developmental determinants of high hypnotizability. In M. Heap, R. Brown, & D. Oakley (Eds.), *The highly hypnotizable person: Theoretical, experimental and clinical issues* (pp. 115–132). Brunner/Routledge.
- Rhue, J. W. (2010). Clinical hypnosis with children. In S. J. Lynn, J. W. Rhue, & I. Kirsch (Eds.), *Handbook of clinical hypnosis* (2nd ed., pp. 467–491). American Psychological Association.
- Richeport-Haley, M., & Carlson, J. (Eds.). (2010). *Jay Haley revisited*. Routledge.
- Richert, R. A., & Smith, E. I. (2011). Preschoolers' quarantining of fantasy stories. *Child Development*, 82(4), 1106–1119. <https://doi.org/10.1111/j.1467-8624.2011.01603.x>
- Riesthuis, P., Otgaar, H., Bogaard, G., & Mangiulli, I. (2023). Factors affecting the forced confabulation effect: A meta-analysis of laboratory studies. *Memory*, 31(5), 635–651. <https://doi.org/10.1080/09658211.2023.2185931>
- Rikard, S. M., Strahan, A. E., Schmit, K. M., & Guy, G. P. (2023). Chronic pain among adults – United States 2019–2021. *MMWR. Morbidity and Mortality Weekly Report*, 72(15), 379–385. <https://doi.org/10.15585/mmwr.mm7215a1>
- Rizzo, G., Berger, J., De Angelis, M., & Pozharliev, R. (2023). How sensory language shapes influencer's impact. *Journal of Consumer Research*, 50(4), 810–825. <https://doi.org/10.1093/jcr/ucad017>
- Rizzo, R. R. N., Medeiros, F. C., Pires, L. G., Pimenta, R. M., McAuley, J. H., Jensen, M. P., & Costa, L. O. P. (2018). Hypnosis enhances the effects of pain education in patients with chronic nonspecific low back pain: A randomized controlled trial. *The Journal of Pain*, 19(10), 1103.e1–1103.e9. <https://doi.org/10.1016/j.jpain.2018.03.013>
- Rizzolatti, G., & Craighero, L. (2004). The mirror-neuron system. *Annual Review of Neuroscience*, 27(1), 169–192. <https://doi.org/10.1146/annurev.neuro.27.070203.144230>
- Roberts, N. P., Back, S. E., Mueser, K. T., & Murray, L. K. (2020). Treatment considerations for PTSD comorbidities. In D. Forbes, J. I. Bisson, C. M. Monson, & L. Berliner (Eds.), *Effective treatments for PTSD: Practice guidelines from the international society for traumatic stress studies* (3rd ed., pp. 417–450). The Guilford Press.
- Roffman, A. E. (2008). Men are grass: Bateson, Erickson, utilization and metaphor. *American Journal of Clinical Hypnosis*, 50(3), 247–257. <https://doi.org/10.1080/00029157.2008.10401627>
- Rogers, C. R. (1951). *On becoming a person: A therapist's view of psychotherapy*. Constable.
- Rogers, C. R. (1963). The concept of the fully functioning person. *Psychotherapy: Theory, Research & Practice*, 1(1), 17–26. <https://doi.org/10.1037/h0088567>
- Roozenbeek, J., Culloty, E., & Suiter, J. (2023). Countering misinformation: Evidence, knowledge gaps, and implications of current interventions. *European Psychologist*, 28(3), 189–205. <https://doi.org/10.1027/1016-9040/a000492>
- Rosenbloom, B., Slepian, P. M., Azam, M. A., Aternali, A., Birnie, K., Curtis, K., Thaker, S., Ladak, S., Waisman, A., Clarke, H., Katz, J., & Weinrib, A. Z. (2024). A randomized controlled trial of clinical hypnosis as an opioid-sparing adjunct treatment for pain relief in adults undergoing major oncologic surgery. *Journal of Pain Research*, 17, 45–59. <https://doi.org/10.2147/JPR.S424639>
- Rosendahl, J., Alldredge, C. T., & Haddenhorst, A. (2024). Meta-analytic evidence on the efficacy of hypnosis for mental and somatic health issues: A 20-year perspective. *Frontiers in Psychology*, 14, 1330238. <https://doi.org/10.3389/fpsyg.2023.1330238>
- Rossi, E. (1972). *Dreams and the growth of personality: Expanding awareness in psychotherapy*. Pergamon Press.
- Rossi, E. (1982). Hypnosis and ultradian cycles: A new state(s) theory of hypnosis? *American Journal of Clinical Hypnosis*, 25(1), 21–32. <https://doi.org/10.1080/00029157.1982.10404061>
- Rossi, E. (1993). *The psychobiology of mind-body healing: New concepts of therapeutic hypnosis* (Rev. ed.). W.W. Norton.

- Rossi, E. (2001). Psychobiological principles of creative Ericksonian psychotherapy. In B. Geary & J. Zeig (Eds.), *The handbook of Ericksonian psychotherapy* (pp. 122–153). The Milton H. Erickson Foundation Press.
- Rossi, E. (2002). *The psychobiology of gene expression: Neuroscience and neurogenesis in hypnosis and the healing arts*. W.W. Norton.
- Rossi, E. (2004a). *A discourse with our genes: The psychosocial and cultural genomics of therapeutic hypnosis and psychotherapy*. Editris S.A.S.
- Rossi, E. (2004b). The genomic science foundation of body psychotherapy. *USA Body Psychotherapy Journal*, 3(2), 30–49.
- Rossi, E. (2007). *The breakout heuristic: The new neuroscience of mirror neurons, consciousness, and creativity in human relationships*. Milton H. Erickson Foundation Press.
- Rossi, E. (2009). The psychosocial genomics of therapeutic hypnosis, psychotherapy, and rehabilitation. *American Journal of Clinical Hypnosis*, 51(3), 281–298.
- Rossi, E. (2010). How we light and brighten the lamps of human consciousness. *The Australian Journal of Clinical Hypnotherapy and Hypnosis*, 31(2), 62–90.
- Rossi, E. (Ed.). (1980). *The collected papers of Milton H. Erickson on hypnosis* (Vol. 1–4). Irvington.
- Rossi, E., Erickson-Klein, R., & Rossi, K. (Eds.). (2008–2012). *The collected works Milton H. Erickson* (pp. 1–16). The Milton H. Erickson Foundation Press. <https://doi.org/10.1080/00029157.2009.10401678>
- Rossi, E., & Nimmons, D. (1991). *The 20-minute break: Reduce stress, maximize performance, and improve health and emotional well-being using the new science of ultradian rhythms*. J.P. Tarcher.
- Rotaru, T.-Ş., & Rusu, A. (2016). A meta-analysis for the efficacy of hypnotherapy in alleviating PTSD symptoms. *International Journal of Clinical and Experimental Hypnosis*, 64(1), 116–136. <https://doi.org/10.1080/00207144.2015.1099406>
- Rothschild, B. (2017). *The body remembers, vol. 2: Revolutionizing trauma treatment*. W.W. Norton & Company.
- Rothschild, B. (2021). *Revolutionizing trauma treatment: Stabilization, safety, & nervous system balance*. W.W. Norton & Company.
- Rousseaux, F., Panda, R., Toussaint, C., Bicego, A., Niimi, M., Faymonville, M., Nyssen, A., Laureys, S., Gosseries, O., & Vanhaudenhuyse, A. (2023). Virtual reality hypnosis in the management of pain: Self-reported and neurophysiological measures in healthy subjects. *European Journal of Pain*, 27(1), 148–162. <https://doi.org/10.1002/ejp.2045>
- Roy-Byrne, P., & Stein, M. B. (2018). *PTSD and medical illness* (C. B. Nemeroff & C. R. Marmar, Eds., Vol. 1). Oxford University Press. <https://doi.org/10.1093/med/9780190259440.003.0005>
- Rubens, K., Shakespeare-Finch, J., Mehta, D., & Bruenig, D. (2023). Epigenetic markers of posttraumatic growth. In R. Berger (Ed.), *The Routledge international handbook of posttraumatic growth* (pp. 15–20). Routledge. <https://doi.org/10.4324/9781032208688-3>
- Rubenstein, A., Duek, O., Doran, J., & Harpaz-Rotem, I. (2024). To expose or not to expose: A comprehensive perspective on treatment for posttraumatic stress disorder. *American Psychologist*, 79(3), 331–343. <https://doi.org/10.1037/amp0001121>
- Ruysschaert, N. (2014). The use of hypnosis in therapy to increase happiness. *American Journal of Clinical Hypnosis*, 56(3), 269–284. <https://doi.org/10.1080/00029157.2013.846845>
- Ryum, T., Bennion, M., & Kazantzis, N. (2023). Integrating between-session homework in psychotherapy: A systematic review of immediate in-session and intermediate outcomes. *Psychotherapy*, 60(3), 306–319. <https://doi.org/10.1037/pst0000488>
- Ryum, T., Bennion, M., & Kazantzis, N. (2024). Homework as a driver of change in psychotherapy. *Journal of Clinical Psychology*, 80(4), 733–743. <https://doi.org/10.1002/jclp.23627>
- Sadler, P., & Woody, E. Z. (2021). Multicomponent theories of hypnotizability: History and prospects. *International Journal of Clinical and Experimental Hypnosis*, 69(1), 27–49. <https://doi.org/10.1080/00207144.2021.1833210>

- Sanchez-Armass, O. (2015). A defining moment: Commentary on the revised APA division 30 definition of hypnosis. *American Journal of Clinical Hypnosis*, 57(4), 445–447. <https://doi.org/10.1080/00029157.2015.1011497>
- Santarcangelo, E. L., Carli, G., & Sebastiani, L. (2021). An evolutionary approach to hypnotizability. *American Journal of Clinical Hypnosis*, 63(4), 294–301. <https://doi.org/10.1080/00029157.2020.1860893>
- Sarbin, T. R. (1950). Contributions to role-taking theory: I. Hypnotic behavior. *Psychological Review*, 57(5), 255–270. <https://doi.org/10.1037/h0062218>
- Sarbin, T. R. (1997). Hypnosis as a conversation: “Believed-in imaginings” revisited. *Contemporary Hypnosis*, 14(4), 203–215. <https://doi.org/10.1002/ch.105>
- Sarbin, T. R. (2005). Reflections on some unresolved issues in hypnosis. *International Journal of Clinical and Experimental Hypnosis*, 53(2), 119–134. <https://doi.org/10.1080/00207140590927581>
- Sarbin, T. R., & Coe, W. C. (1972). *Hypnosis: A social psychological analysis of influence communication*. Holt, Rinehart and Winston.
- Schachter, S., & Singer, J. (1962). Cognitive, social, and physiological determinants of emotional state. *Psychological Review*, 69(5), 379–399. <https://doi.org/10.1037/h0046234>
- Schacter, D. L. (2001). *The seven sins of memory: How the mind forgets and remembers*. Houghton Mifflin.
- Scheflin, A. W., & Hassan, S. A. (2024). The image of hypnosis. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 773–788). Routledge. <https://doi.org/10.4324/9781003449126-71>
- Scheier, M. F., Swanson, J. D., Barlow, M. A., Greenhouse, J. B., Wrosch, C., & Tindle, H. A. (2021). Optimism versus pessimism as predictors of physical health: A comprehensive reanalysis of dispositional optimism research. *American Psychologist*, 76(3), 529–548. <https://doi.org/10.1037/amp0000666>
- Schlechter, P., König, M., McNally, R. J., & Morina, N. (2023). Crying over spilled milk? A network analysis of aversive well-being comparison, brooding rumination and depressive symptoms. *Journal of Affective Disorders*, 339, 520–530. <https://doi.org/10.1016/j.jad.2023.07.088>
- Schmidt, B., Rohleder, N., & Engert, V. (2024). Post-hypnotic safety suggestion improves stress coping with long-lasting effects. *Scientific Reports*, 14(1), 3548. <https://doi.org/10.1038/s41598-024-54071-3>
- Schmierer, A., De Col, L., Stöcker, T., & Wolf, T. G. (2023). A hypnotic turbo-induction technique for wisdom tooth extraction. *American Journal of Clinical Hypnosis*, 65(4), 314–326. <https://doi.org/10.1080/00029157.2022.2123774>
- Schnurr, P. P. (2024, March 4). *Physical health effects of PTSD*. National Center for PTSD, PTSD Consultation Program: Lecture Series, Virtual. https://www.ptsd.va.gov/professional/consult/lecture_series.asp
- Schroder, H. S., Duda, J. M., Christensen, K., Beard, C., & Björngvinsson, T. (2020). Stressors and chemical imbalances: Beliefs about the causes of depression in an acute psychiatric treatment sample. *Journal of Affective Disorders*, 276, 537–545. <https://doi.org/10.1016/j.jad.2020.07.061>
- Schulman, P., Castellon, C., & Seligman, M. E. P. (1989). Assessing explanatory style: The content analysis of verbatim explanations and the attributional style questionnaire. *Behaviour Research and Therapy*, 27(5), 505–509. [https://doi.org/10.1016/0005-7967\(89\)90084-3](https://doi.org/10.1016/0005-7967(89)90084-3)
- Schumpe, B. M., Bélanger, J. J., & Nisa, C. F. (2020). The reactance decoy effect: How including an appeal before a target message increases persuasion. *Journal of Personality and Social Psychology*, 119(2), 272–292. <https://doi.org/10.1037/pspa0000192>
- Schwartz, R. C. (2021). *No bad parts: Healing trauma & restoring wholeness with the internal family systems model*. Sounds True.
- Seligman, M. (1996). *The optimistic child* (1st ed.). HarperPerennial.
- Seligman, M. (2000). Positive psychology. In J. Gillham (Ed.), *The science of optimism and hope: Research essays in honor of Martin E.P. Seligman*. Templeton Foundation Press.
- Seligman, M. (2002). *Authentic happiness: Using the new positive psychology to realize your potential for lasting fulfillment*. Free Press.

- Seligman, M. (2011). *Flourish: A visionary new understanding of happiness and well-being* (1st ed.). Free Press.
- Seligman, M. (2018a). *The hope circuit: A psychologist's journey from helplessness to optimism*. PublicAffairs.
- Seligman, M. (2018b). PERMA and the building blocks of well-being. *The Journal of Positive Psychology*, 13(4), 333–335. <https://doi.org/10.1080/17439760.2018.1437466>
- Seligman, M. (2023, December 15). *Positive psychology and beyond* [Keynote]. Evolution of Psychotherapy, Anaheim, CA. <https://www.eventscribe.net/2023/EVP/agenda>
- Seligman, M., Steen, T. A., Park, N., & Peterson, C. (2005). Positive psychology progress: Empirical validation of interventions. *American Psychologist*, 60(5), 410–421. <https://doi.org/10.1037/0003-066X.60.5.410>
- Shapiro, R. (2016). *Easy ego state interventions: Strategies for working with parts*. W.W. Norton & Company.
- Sharav, Y., Haviv, Y., & Tal, M. (2023). Placebo or nocebo interventions as affected by hypnotic susceptibility. *Applied Sciences*, 13(2), 931. <https://doi.org/10.3390/app13020931>
- Sharma, P. R., Wade, K. A., & Jobson, L. (2023). A systematic review of the relationship between emotion and susceptibility to misinformation. *Memory*, 31(1), 1–21. <https://doi.org/10.1080/09658211.2022.2120623>
- Shaw, J. (2016). *The memory illusion: Why you might not be who you think you are*. Doubleday Canada.
- Sheehan, P. (1971). Countering preconceptions about hypnosis: An objective index of involvement with the hypnotist. *Journal of Abnormal Psychology*, 78(3), 299–322. <https://doi.org/10.1037/h0031803>
- Sheehan, P. (1973). Analysis of the heterogeneity of “faking” and “simulating” performance in the hypnotic setting. *International Journal of Clinical and Experimental Hypnosis*, 21(3), 213–225. <https://doi.org/10.1080/00207147308409125>
- Sheehan, P. (1979). Hypnosis and the processes of imagination. In E. Fromm & R. Shor (Eds.), *Hypnosis: Developments in research and new perspectives* (2nd ed., pp. 105–135). Aldine.
- Sheehan, P. (1980). Factors influencing rapport in hypnosis. *Journal of Abnormal Psychology*, 89(2), 263–281. <https://doi.org/10.1037/0021-843X.89.2.263>
- Sheehan, P. (1992). The phenomenology of hypnosis and the experiential analysis technique. In E. Fromm & M. Nash (Eds.), *Contemporary hypnosis research* (pp. 364–389). Guilford.
- Sheehan, P. (Ed.). (1972). *The function and nature of imagery*. Academic Press.
- Sheehan, P., & McConkey, K. M. (1982). *Hypnosis and experience: The exploration of phenomena and process*. Erlbaum.
- Sheehan, P., & Perry, C. W. (1976). *Methodologies of hypnosis: A critical appraisal of contemporary paradigms of hypnosis*. Erlbaum.
- Sheehan, P., McConkey, K., & Cross, D. (1978). Experiential analysis of hypnosis: Some new observations on hypnotic phenomena. *Journal of Abnormal Psychology*, 87(5), 570–573.
- Shenefelt, P. (2017). Skin disorders. In G. Elkins (Ed.), *Handbook of medical and psychological hypnosis: Foundations, applications and professional issues* (pp. 409–418). Springer.
- Shenefelt, P. D. (2024). Hypnosis for skin disorders. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 603–614). Routledge. <https://doi.org/10.4324/9781003449126-55>
- Shiga, T. (2023). Depression and cardiovascular diseases. *Journal of Cardiology*, 81(5), 485–490. <https://doi.org/10.1016/j.jcc.2022.11.010>
- Shor, R. E. (1959). Hypnosis and the concept of the generalized reality-orientation. *American Journal of Psychotherapy*, 13(3), 582–602. <https://doi.org/10.1176/appi.psychotherapy.1959.13.3.582>
- Shor, R. E. (1970). The three-factor theory of hypnosis as applied to the book-reading fantasy and to the concept of suggestion. *International Journal of Clinical and Experimental Hypnosis*, 18(2), 89–98. <https://doi.org/10.1080/00207147008415907>
- Shor, R. E., & Orne, E. C. (1963). Norms on the Harvard group scale of hypnotic susceptibility, form A. *International Journal of Clinical and Experimental Hypnosis*, 11(1), 39–47. <https://doi.org/10.1080/00207146308409226>

- Short, D. (2020). Whispering hypnosis: Phylogenetically programmed behavior and a pluralistic understanding of hypnosis. *American Journal of Clinical Hypnosis*, 62(3), 178–197. <https://doi.org/10.1080/00029157.2019.1640180>
- Short, D. (2021). What is Ericksonian therapy: The use of core competencies to operationally define a nonstandardized approach to psychotherapy. *Clinical Psychology: Science and Practice*, 28(3), 282–292. <https://doi.org/10.1037/cps0000014>
- Short, D. (2022). The aim of clinical hypnosis – intelligence or compliance? *American Journal of Clinical Hypnosis*, 64(4), 283–289. <https://doi.org/10.1080/00029157.2022.2039637>
- Siegel, D. J. (2020). *The developing mind: How relationships and the brain interact to shape who we are* (3rd ed.). Guilford Press.
- Siegel, D. J., & Drulis, C. (2023). An interpersonal neurobiology perspective on the mind and mental health: Personal, public, and planetary well-being. *Annals of General Psychiatry*, 22(1), 5. <https://doi.org/10.1186/s12991-023-00434-5>
- Silva, J. J., Da Silva, J., Souza, L. F., Sá-Caputo, D., Cortez, C. M., Paineiras-Domingos, L. L., & Bernardo-Filho, M. (2022). Effectiveness of hypnosis on pain and anxiety in dentistry: Narrative review. *American Journal of Clinical Hypnosis*, 65(2), 87–98. <https://doi.org/10.1080/00029157.2021.205528>
- Simione, L., Gnagnarella, C., Spina, G., & Bersani, G. (2023). The interaction between optimism and pessimism predicted the perceived risk of infection during the Covid-19 pandemic: An exploratory cross-sectional study. *Psychological Reports*. <https://doi.org/10.1177/00332941231153320>
- Sine, H., Achbani, A., & Filali, K. (2022). The effect of hypnosis on the intensity of pain and anxiety in cancer patients: A systematic review of controlled experimental trials. *Cancer Investigation*, 40(3), 235–253. <https://doi.org/10.1080/07357907.2021.1998520>
- Sloman, S. A., & Fernbach, P. (2017). *The knowledge illusion: Why we never think alone*. Riverhead Books.
- Sloman, S. A., Patterson, R., & Barbey, A. K. (2021). Cognitive neuroscience meets the community of knowledge. *Frontiers in Systems Neuroscience*, 15, 675127. <https://doi.org/10.3389/fnsys.2021.675127>
- Smeeth, D., Beck, S., Karam, E. G., & Pluess, M. (2021). The role of epigenetics in psychological resilience. *The Lancet Psychiatry*, 8(7), 620–629. [https://doi.org/10.1016/S2215-0366\(20\)30515-0](https://doi.org/10.1016/S2215-0366(20)30515-0)
- Smith, D. M., Acunzo, D. J., Deeley, P. Q., Mehta, M. A., & Terhune, D. B. (2024). The neurochemical bases of verbal suggestion and hypnosis. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 269–287). Routledge. <https://doi.org/10.4324/9781003449126-26>
- Sobolewska-Nowak, J., Wachowska, K., Nowak, A., Orzechowska, A., Szulc, A., Płaza, O., & Gaflecki, P. (2023). Exploring the heart-mind connection: Unraveling the shared pathways between depression and cardiovascular diseases. *Biomedicines*, 11(7), 1903. <https://doi.org/10.3390/biomedicines11071903>
- Sola, C., Devigne, J., Bringuier, S., Pico, J., Coruble, L., Capdevila, X., Captier, G., & Dadure, C. (2023). Hypnosis as an alternative to general anaesthesia for paediatric superficial surgery: A randomised controlled trial. *British Journal of Anaesthesia*, 130(3), 314–321. <https://doi.org/10.1016/j.bja.2022.11.023>
- Spanos, N., & Chaves, J. (1991). History and historiography of hypnosis. In S. Lynn & J. Rhue (Eds.), *Theories of hypnosis: Current models and perspectives* (pp. 43–78). Guilford.
- Spanos, N., Flynn, D., & Gabora, M. (1989). Suggested negative visual hallucinations in hypnotic subjects: When no means yes. *British Journal of Experimental & Clinical Hypnosis*, 6(2), 63–67.
- Sperry, R. W. (1968). Hemisphere de-connection and unity in conscious awareness. *American Psychologist*, 23(10), 723–733. <https://doi.org/10.1037/h0026839>
- Spiegel, D. (1993). *Living beyond limits: New hope and help for facing life-threatening illness*. Times Books.
- Spiegel, D. (2010). Hypnosis in the treatment of posttraumatic stress disorders. In S. Lynn, J. Rhue, & I. Kirsch (Eds.), *Handbook of clinical hypnosis* (pp. 415–432). American Psychological Association.

- Spiegel, D. (2011). Mind matters in cancer survival. *JAMA*, *305*(5), 502. <https://doi.org/10.1001/jama.2011.69>
- Spiegel, D. (2024). Tranceformation: Digital dissemination of hypnosis. *Neuron*, *112*(3), 340–341. <https://doi.org/10.1016/j.neuron.2023.12.010>
- Spiegel, D., Kraemer, Helena, C., Bloom, Joan, R., & Gottheil, E. (1989). Effect of psychosocial treatment on survival of patients with metastatic breast cancer. *The Lancet*, *334*(8668), 888–891. [https://doi.org/10.1016/S0140-6736\(89\)91551-1](https://doi.org/10.1016/S0140-6736(89)91551-1)
- Spiegel, E. B. (2016). Attachment-focused hypnosis in psychotherapy for complex trauma: Attunement, representation, and mentalization. *International Journal of Clinical and Experimental Hypnosis*, *64*(1), 45–74. <https://doi.org/10.1080/00207144.2015.1099402>
- Spiegel, H. (1972). An eye-roll test for hypnotizability. *American Journal of Clinical Hypnosis*, *53*(1), 15–18. <https://doi.org/10.1080/00029157.2010.10401743>
- Spiegel, H. (1980). Hypnosis and evidence: Help or hindrance? *Annals of the New York Academy of Sciences*, *347*, 73–85. <https://doi.org/10.1111/j.1749-6632.1980.tb21256.x>
- Spiegel, H. (2007). The neural trance: A new look at hypnosis. *International Journal of Clinical and Experimental Hypnosis*, *55*(4), 387–410. <https://doi.org/10.1080/00207140701506367>
- Spiegel, H. (2008). Commentary. *American Journal of Clinical Hypnosis*, *51*(2), 149–151. <https://doi.org/10.1080/00029157.2008.10401655>
- Spiegel, H., & Spiegel, D. (2004). *Trance and treatment: Clinical uses of hypnosis* (2nd ed.). American Psychological Association.
- Staffin, R. (2024). Implicit rapport: Some introductory comments. *International Journal of Clinical and Experimental Hypnosis*, *72*(2), 202–217. <https://doi.org/10.1080/00207144.2024.2329089>
- Stamenković, D., Ichien, N., & Holyoak, K. J. (2020). Individual differences in comprehension of contextualized metaphors. *Metaphor and Symbol*, *35*(4), 285–301. <https://doi.org/10.1080/10926488.2020.1821203>
- Stanley, P. J., & Schutte, N. S. (2023). Merging the self-determination theory and the broaden and build theory through the nexus of positive affect: A macro theory of positive functioning. *New Ideas in Psychology*, *68*, 100979. <https://doi.org/10.1016/j.newideapsych.2022.100979>
- Stein, A. T., Carl, E., Cuijpers, P., Karyotaki, E., & Smits, J. A. J. (2021). Looking beyond depression: A meta-analysis of the effect of behavioral activation on depression, anxiety, and activation. *Psychological Medicine*, *51*(9), 1491–1504. <https://doi.org/10.1017/S0033291720000239>
- Stein, M. V., Lynn, S. J., & Terhune, D. B. (2023). Reconciling myths and misconceptions about hypnosis with scientific evidence. *BJPsych Advances*, *29*(6), 391–392. <https://doi.org/10.1192/bja.2023.30>
- Stern, D. B., Spiegel, H., & Nee, J. C. (1978-1979). The hypnotic induction profile: Normative observations, reliability and validity. *American Journal of Clinical Hypnosis*, *21*(2–3), 109–133. <https://doi.org/10.1080/00029157.1978.10403967>
- Stone, M. B., Yaseen, Z. S., Miller, B. J., Richardville, K., Kalaria, S. N., & Kirsch, I. (2022). Response to acute monotherapy for major depressive disorder in randomized, placebo controlled trials submitted to the US food and drug administration: Individual participant data analysis. *BMJ*, e067606. <https://doi.org/10.1136/bmj-2021-067606>
- Stroop, J. R. (1935). Studies of interference in serial verbal reactions. *Journal of Experimental Psychology*, *18*(6), 643–662. <https://doi.org/10.1037/h0054651>
- Sugarman, L. I. (2021). Leaving hypnosis behind? *American Journal of Clinical Hypnosis*, *64*(2), 139–156. <https://doi.org/10.1080/00029157.2021.1935686>
- Sugarman, L. I., & Wester, W. C. (Eds.). (2014). *Therapeutic hypnosis with children and adolescents* (2nd ed.). Crown House Publishing Limited.
- Sugarman, L. I., Linden, J. H., & Brooks, L. W. (2020). *Changing minds with clinical hypnosis: Narratives and discourse for a new health care paradigm*. Routledge.
- Szechtman, H., Woody, E., Bowers, K. S., & Nahmias, C. (1998). Where the imaginal appears real: A positron emission tomography study of auditory hallucinations. *Proceedings of the National Academy of Sciences*, *95*(4), 1956–1960. <https://doi.org/10.1073/pnas.95.4.1956>

- Szeverényi, C. (2024). Bleeding, hemostasis: Suggestive techniques. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 688–697). Routledge. <https://doi.org/10.4324/9781003449126-63>
- Szigethy, E. (2015). Hypnotherapy for inflammatory bowel disease across the lifespan. *American Journal of Clinical Hypnosis*, 58(1), 81–99. <https://doi.org/10.1080/00029157.2015.1040112>
- Szmaglinska, M., Andrew, L., Massey, D., & Kirk, D. (2024). Exploring the underutilized potential of clinical hypnosis: A scoping review of healthcare professionals' perceptions, knowledge, and attitudes. *International Journal of Clinical and Experimental Hypnosis*, 72(2), 109–138. <https://doi.org/10.1080/00207144.2023.2276451>
- Tan, G., Rintala, D. H., Jensen, M. P., Fukui, T., Smith, D., & Williams, W. (2015). A randomized controlled trial of hypnosis compared with biofeedback for adults with chronic low back pain. *European Journal of Pain*, 19(2), 271–280. <https://doi.org/10.1002/ejp.545>
- Tanna, V., Parry, L., Brookes, N., Epps, A., & Lah, S. (2024). Post-traumatic amnesia: A scoping review & content analysis of behavioral disturbances. *Brain Injury*, 38(2), 142–149. <https://doi.org/10.1080/02699052.2024.2304865>
- Tart, C. (1970). Self-report scales of hypnotic depth. *International Journal of Clinical and Experimental Hypnosis*, 18, 105–125.
- Tart, C. T. (1980). A systems approach to altered states of consciousness. In J. M. Davidson & R. J. Davidson (Eds.), *The psychobiology of consciousness* (pp. 243–269). Springer. https://doi.org/10.1007/978-1-4684-3456-9_11
- Tasso, A. F., Pérez, N. A., Moore, M., Griffo, R., & Nash, M. R. (2020). Hypnotic responsiveness and nonhypnotic suggestibility: Disparate, similar, or the same? *International Journal of Clinical and Experimental Hypnosis*, 68(1), 38–67. <https://doi.org/10.1080/00207144.2020.1685330>
- Tavris, C., & Aronson, E. (2020). *Mistakes were made (but not by me): Why we justify foolish beliefs, bad decisions, and hurtful acts*. Mariner Books, Houghton Mifflin Harcourt.
- Tedeschi, R. G., & Calhoun, L. G. (1996). The posttraumatic growth inventory: Measuring the positive legacy of trauma. *Journal of Traumatic Stress*, 9(3), 455–471. <https://doi.org/10.1002/jts.2490090305>
- Tellegen, A., & Atkinson, G. (1974). Openness to absorbing and self-altering experiences (“absorption”), a trait related to hypnotic susceptibility. *Journal of Abnormal Psychology*, 83(3), 268–277. <https://doi.org/10.1037/h0036681>
- Téllez, A., Rodríguez-Padilla, C., Juárez-García, D. M., Jaime-Bernal, L., Sanchez-Jáuregui, T., Almaraz-Castruita, D., & Vielma-Ramírez, H. (2020). Hypnosis in women with breast cancer: Its effects on cytokines. *American Journal of Clinical Hypnosis*, 62(3), 298–310. <https://doi.org/10.1080/00029157.2019.1611536>
- Terhune, D. B., & Cardeña, E. (2016). Nuances and uncertainties regarding hypnotic inductions: Toward a theoretically informed praxis. *American Journal of Clinical Hypnosis*, 59(2), 155–174. <https://doi.org/10.1080/00029157.2016.1201454>
- Terr, L. (1994). *Unchained memories: True stories of traumatic memories, lost and found*. Basic Books.
- Thomas, J. (n.d.). *The Meg Foundation origin story: How one little girl and the idea of empowering people became the Meg Foundation*. Megfoundationforpain.Org. <https://www.megfoundationforpain.org/articles/the-meg-foundation-origin-story-part-2/>
- Thompson, K. F. (2004). *The art of therapeutic communication: The collected works of Kay F. Thompson* (S. Kane & K. Olness, Eds.). Crown House Publishing.
- Thompson, T., Terhune, D. B., Oram, C., Sharangparni, J., Rouf, R., Solmi, M., Veronese, N., & Stubbs, B. (2019). The effectiveness of hypnosis for pain relief: A systematic review and meta-analysis of 85 controlled experimental trials. *Neuroscience & Biobehavioral Reviews*, 99, 298–310. <https://doi.org/10.1016/j.neubiorev.2019.02.013>
- Thomson, L. (2005). *Harry the hypno-potamus* (Vol. 1). Crown House Publishing.
- Thomson, L. (2009). *Harry the hypno-potamus: More metaphorical tales for children* (Vol. 2). Crown House Publishing.

- Thomson, L. (2023). Humor, hypnosis and kids. *American Journal of Clinical Hypnosis*, 1–9. <https://doi.org/10.1080/00029157.2023.2249533>
- Timmermann, C., Bauer, P. R., Gosseries, O., Vanhaudenhuyse, A., Vollenweider, F., Laureys, S., Singer, T., Antonova, E., & Lutz, A. (2023). A neurophenomenological approach to non-ordinary states of consciousness: Hypnosis, meditation, and psychedelics. *Trends in Cognitive Sciences*, 27(2), 139–159. <https://doi.org/10.1016/j.tics.2022.11.006>
- Torem, M. S. (2022). Age progression therapy techniques in hypnosis. *American Journal of Clinical Hypnosis*, 65(1), 1–3. <https://doi.org/10.1080/00029157.2022.2066430>
- Tramontana, J., Sharkey, A., & Hays, S. (2022). Future projection therapy: Techniques and case examples. *American Journal of Clinical Hypnosis*, 65(1), 60–71. <https://doi.org/10.1080/00029157.2022.2061899>
- Turner, A. P., Jensen, M. P., Day, M. A., & Williams, R. M. (2021). Behavioral activation and behavioral inhibition: An examination of function in chronic pain. *Rehabilitation Psychology*, 66(1), 57–64. <https://doi.org/10.1037/rep0000316>
- Twenge, J. M. (2014). *Generation me-revised and updated: Why today's young Americans are more confident, assertive, entitled – and more miserable than ever before*. Atria Paperback.
- Twenge, J. M. (2020). Why increases in adolescent depression may be linked to the technological environment. *Current Opinion in Psychology*, 32, 89–94. <https://doi.org/10.1016/j.copsyc.2019.06.036>
- Twenge, J. M. (2023). *Generations: The real differences between Gen Z, Millennials, Gen X, Boomers, and silents-and what they mean for America's future*. Atria Books.
- Twenge, J. M., & Campbell, W. K. (2009). *The narcissism epidemic: Living in the age of entitlement*. Free Press.
- Twenge, J. M., Haidt, J., Lozano, J., & Cummins, K. M. (2022). Specification curve analysis shows that social media use is linked to poor mental health, especially among girls. *Acta Psychologica*, 224, 103512. <https://doi.org/10.1016/j.actpsy.2022.103512>
- Unestahl, L.-E. (2018). Alert, eyes-open sport hypnosis. *American Journal of Clinical Hypnosis*, 61(2), 159–172. <https://doi.org/10.1080/00029157.2018.1491387>
- Valentine, K. E., Milling, L. S., Clark, L. J., & Moriarty, C. L. (2019). The efficacy of hypnosis as a treatment for anxiety: A meta-analysis. *International Journal of Clinical and Experimental Hypnosis*, 67(3), 336–363. <https://doi.org/10.1080/00207144.2019.1613863>
- van Zyl, L. E., Gaffaney, J., Van Der Vaart, L., Dik, B. J., & Donaldson, S. I. (2023). The critiques and criticisms of positive psychology: A systematic review. *The Journal of Positive Psychology*, 1–30. <https://doi.org/10.1080/17439760.2023.2178956>
- Vanhaudenhuyse, A., Marie, N., Gosseries, O., & Faymonville, M.-E. (2022). Neurophysiology of hypnosis. In G. R. Elkins (Ed.), *Introduction to clinical hypnosis: The basics and beyond* (pp. 69–93). Mountain Pine Publishing.
- Varga, K., & Nagy, Z. S. (2024). Calm contact technique based on the endocrinological mechanism of hypnosis – a theoretical proposal. *Brain Sciences*, 14(1), 83. <https://doi.org/10.3390/brainsci14010083>
- Varga, K., Baányai, É. I., & Goósi-greguss, A. C. (1994). Parallel application of the experiential analysis technique with subject and hypnotist: A new possibility for measuring interactional synchrony. *International Journal of Clinical and Experimental Hypnosis*, 42(2), 130–139. <https://doi.org/10.1080/00207149408409346>
- Varga, K., Józsa, E., & Kekecs, Z. (2014). Comparative analysis of phenomenological patterns of hypnotists and subjects: An interactional perspective. *Psychology of Consciousness: Theory, Research, and Practice*, 1(3), 308–319. <https://doi.org/10.1037/cns0000013>
- Vermetten, E., Dorahy, M. J., & Spiegel, D. (Eds.). (2007). *Traumatic dissociation: Neurobiology and treatment*. American Psychiatric Association Publishing.
- Vylobkova, V., & Heintz, S. (2023). A meeting of positive behaviors: The relations of three aspects of flexibility with character strengths. *Frontiers in Psychology*, 13, 1078764. <https://doi.org/10.3389/fpsyg.2022.1078764>

- Wagstaff, G. F., Wheatcroft, J. M., Caddick, A. M., Kirby, L. J., & Lamont, E. (2011). Enhancing witness memory with techniques derived from hypnotic investigative interviewing: Focused meditation, eye-closure, and context reinstatement. *International Journal of Clinical and Experimental Hypnosis*, 59(2), 146–164. <https://doi.org/10.1080/00207144.2011.546180>
- Waigel, N. C., & Lemos, V. N. (2023). A systematic review of adolescent flourishing. *Europe's Journal of Psychology*, 19(1), 79–99. <https://doi.org/10.5964/ejop.6831>
- Waldinger, R. J., & Schulz, M. S. (2023). *The good life: Lessons from the world's longest scientific study of happiness*. Simon & Schuster.
- Walker, D. (2022). Obeying authority: Should we trust them or not? *Integrative Psychological and Behavioral Science*, 57(3), 878–887. <https://doi.org/10.1007/s12124-022-09691-7>
- Wall, T. W. (2018). Hypnosis: A psychodynamic perspective. *American Journal of Clinical Hypnosis*, 60(3), 218–238. <https://doi.org/10.1080/00029157.2018.1400809>
- Walsh, E., & Oakley, D. A. (2022). Editing reality in the brain. *Neuroscience of Consciousness*, 2022(1), niac009. <https://doi.org/10.1093/nc/niac009>
- Wang, F., Guo, J., & Yang, G. (2023). Study on positive psychology from 1999 to 2021: A bibliometric analysis. *Frontiers in Psychology*, 14, 1101157. <https://doi.org/10.3389/fpsyg.2023.1101157>
- Wark, D. M. (2023). 49words: An active alert hypnosis protocol for stress regulation. *American Journal of Clinical Hypnosis*, 65(4), 327–336. <https://doi.org/10.1080/00029157.2023.2166807>
- Wark, D. M., & Reid, D. B. (2018). Looking at alert, conversational hypnosis. *American Journal of Clinical Hypnosis*, 61(2), 85–87. <https://doi.org/10.1080/00029157.2018.1506636>
- Watkins, H. H. (1993). Ego-state therapy: An overview. *American Journal of Clinical Hypnosis*, 35(4), 232–240. <https://doi.org/10.1080/00029157.1993.10403014>
- Watkins, J. G. (2009). Hypnosis: Seventy years of amazement, and still don't know what it is! *American Journal of Clinical Hypnosis*, 52(2), 133–145. <https://doi.org/10.1080/00029157.2009.10401704>
- Watzlawick, P. (1978). *The language of change: Elements of therapeutic communication*. Norton.
- Watzlawick, P. (1985). Hypnotherapy without trance. In J. Zeig (Ed.), *Ericksonian psychotherapy: Vol. 1: Structures* (pp. 5–14). Brunner/Mazel.
- Watzlawick, P., Weakland, J. H., & Fisch, R. (1974). *Change: Principles of problem formation and problem resolution*. Norton.
- Weinberger, J., Brigante, M., & Nissen, K. (2022). Conscious intelligence is overrated: The normative unconscious and hypnosis. *American Journal of Clinical Hypnosis*, 64(4), 290–305. <https://doi.org/10.1080/00029157.2021.2025032>
- Weiss-Cowie, S., Verhaeghen, P., & Duarte, A. (2023). An updated account of overgeneral autobiographical memory in depression. *Neuroscience & Biobehavioral Reviews*, 149, 105157. <https://doi.org/10.1016/j.neubiorev.2023.105157>
- Weissman, M. M., Wickramaratne, P., Nomura, Y., Warner, V., Verdeli, H., Pilowsky, D. J., Grillon, C., & Bruder, G. (2005). Families at high and low risk for depression: A 3-generation study. *Archives of General Psychiatry*, 62(1), 29. <https://doi.org/10.1001/archpsyc.62.1.29>
- Weitzenhoffer, A. M. (2000). *The practice of hypnotism* (2nd ed.). John Wiley & Sons.
- Weitzenhoffer, A. M. (2002). Scales, scales and more scales. *American Journal of Clinical Hypnosis*, 44(3–4), 209–219. <https://doi.org/10.1080/00029157.2002.10403481>
- Weitzenhoffer, A. M., & Hilgard, E. (1959). *Stanford hypnotic susceptibility scale: Forms A and B, for use in research investigations in the field of hypnotic phenomena*. Consulting Psychologists Press.
- Weitzenhoffer, A. M., & Hilgard, E. (1962). *Stanford hypnotic susceptibility scale: Form C*. Consulting Psychologists Press.
- Wester, W. C., & Hammond, D. C. (2011). Solving crimes with hypnosis. *American Journal of Clinical Hypnosis*, 53(4), 249–263. <https://doi.org/10.1080/00029157.2011.10404355>
- Wetterstrand, O. (1902). *Hypnotism and its application to practical medicine* (3rd ed.). G.P. Putnam's Sons.

- Whorwell, P. J. (2024). Hypnosis in gastroenterology. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 615–627). Routledge. <https://doi.org/10.4324/9781003449126-56>
- Wilhelm, J. D., Smith, M. W., Kesson, H., & Appleman, D. (2023). *Fighting fake news: Teaching students to identify and interrogate information pollution*. Corwin.
- Williams, P., & Menendez, D. S. (2023). *Becoming a professional life coach: The art and science of a whole-person approach* (3rd ed.). Norton Professional Books.
- Willmarth, E. (Ed.). (2015). Rediscovering Jay Haley's contributions to hypnosis [Special issue]. *International Journal of Clinical and Experimental Hypnosis*, 63(4), 373–481.
- Wilson, R. R. (2009). *Don't panic: Taking control of anxiety attacks* (3rd ed.). Collins Living.
- Wilson, R. R., & Lyons, L. (2013). *Anxious kids, anxious parents: 7 ways to stop the worry cycle and raise courageous & independent children*. Health Communications, Inc.
- Wofford, N., Snyder, M., Corlett, C. E., & Elkins, G. R. (2023). Systematic review of hypnotherapy for sleep and sleep disturbance. *International Journal of Clinical and Experimental Hypnosis*, 71(3), 176–215. <https://doi.org/10.1080/00207144.2023.2226177>
- Wolf, T. G., Faerber, K. A., Rummel, C., Halsband, U., & Campus, G. (2022). Functional changes in brain activity using hypnosis: A systematic review. *Brain Sciences*, 12(1), 108. <https://doi.org/10.3390/brainsci12010108>
- Wong, Y. J. (2023). The catalyst model of change: Gratitude interventions with positive long-term effects. *Affective Science*, 4(1), 152–162. <https://doi.org/10.1007/s42761-022-00136-3>
- World Health Organization. (2017, March 3). *Depression: Let's talk*. World Health Organization.
- World Health Organization. (2019). *WHO global report on traditional and complementary medicine 2019*. <https://iris.who.int/handle/10665/312342>
- World Health Organization. (2021). *International classification of diseases, eleventh revision (ICD-11)*. <https://icd.who.int/browse11>
- World Health Organization. (2022a). *What works to prevent violence against children online?* <https://iris.who.int/handle/10665/364706>
- World Health Organization. (2022b, March 2). *COVID-19 pandemic triggers 25% increase in prevalence of anxiety and depression worldwide*. <https://www.who.int/news/item/02-03-2022-covid-19-pandemic-triggers-25-increase-in-prevalence-of-anxiety-and-depression-worldwide>
- World Health Organization. (2023a). *WHO report on the global tobacco epidemic, 2023: Protect people from tobacco smoke*. <https://www.who.int/publications/i/item/9789240077164>
- World Health Organization. (2023b, March 31). *Depressive disorder (depression)*. <https://www.who.int/news-room/fact-sheets/detail/depression>
- Wu, A., Scult, M. A., Barnes, E. D., Betancourt, J. A., Falk, A., & Gunning, F. M. (2021). Smartphone apps for depression and anxiety: A systematic review and meta-analysis of techniques to increase engagement. *NPJ Digital Medicine*, 4(1), 20. <https://doi.org/10.1038/s41746-021-00386-8>
- Yapko, D. E. (2003). *Understanding autism spectrum disorders: Frequently asked questions*. Jessica Kingsley.
- Yapko, D. E. (2006). The utilization approach to treating depression in individuals with autistic spectrum disorders. In M. D. Yapko (Ed.), *Hypnosis and treating depression: Applications in clinical practice* (pp. 243–267). Routledge, Taylor & Francis Group.
- Yapko, M. D. (1981). The effect of matching primary representational system predicates on hypnotic relaxation. *American Journal of Clinical Hypnosis*, 23, 169–175.
- Yapko, M. D. (1984). *Trancework: An introduction to clinical hypnosis* (1st ed.). Irvington Publishers.
- Yapko, M. D. (1988). Confusion methodologies in the management of pain. *Hypnos: Swedish Journal of Hypnosis in Psychotherapy and Psychosomatic Medicine*, 15, 163–173.
- Yapko, M. D. (1992). *Hypnosis and the treatment of depressions: Strategies for change*. Brunner/Mazel.
- Yapko, M. D. (1993). The seductions of memory. *Family Therapy Networker*, 17(5), 30–37.

- Yapko, M. D. (1994a). Suggestibility and repressed memories of abuse: A survey of psychotherapists' beliefs. *American Journal of Clinical Hypnosis*, 36(3), 163–171. <https://doi.org/10.1080/00029157.1994.10403066>
- Yapko, M. D. (1994b). *Suggestions of abuse: True and false memories of childhood sexual trauma*. Simon & Schuster.
- Yapko, M. D. (1997a). *Breaking the patterns of depression*. Random House, Doubleday.
- Yapko, M. D. (1997b). The troublesome unknowns about trauma and recovered memories. In M. Conway (Ed.), *Recovered memories and false memories* (pp. 22–33). Oxford University Press.
- Yapko, M. D. (1999). *Hand me down blues: How to stop depression from spreading in families*. Golden Books.
- Yapko, M. D. (2001). *Treating depression with hypnosis: Integrating cognitive-behavioral and strategic approaches*. Brunner-Routledge.
- Yapko, M. D. (2009). *Depression is contagious: How the most common mood disorder is spreading around the world and how to stop it*. Free Press.
- Yapko, M. D. (2010b). Hypnosis in the treatment of depression: An overdue approach for encouraging skillful mood management. *International Journal of Clinical and Experimental Hypnosis*, 58(2), 137–146. <https://doi.org/10.1080/00207140903523137>
- Yapko, M. D. (2010c). Hypnotically catalyzing experiential learning across treatments for depression: Actions can speak louder than moods. *International Journal of Clinical and Experimental Hypnosis*, 58(2), 186–201. <https://doi.org/10.1080/00207140903523228>
- Yapko, M. D. (2011a). *Mindfulness and hypnosis: The power of suggestion to transform experience*. Norton.
- Yapko, M. D. (2011b). Suggesting mindfulness. *Psychotherapy Networker*, 35(5), 28–33, 50–52.
- Yapko, M. D. (2013). Treating depression with antidepressants: Drug-placebo efficacy debates limit broader considerations. *American Journal of Clinical Hypnosis*, 55(3), 272–290. <https://doi.org/10.1080/00029157.2012.707156>
- Yapko, M. D. (2015). The new division 30 definitions regarding hypnosis: Is “concise” better? *American Journal of Clinical Hypnosis*, 57(4), 425–430. <https://doi.org/10.1080/00029157.2015.1011490>
- Yapko, M. D. (2016a). *Keys to unlocking depression: An internationally known depression expert tells you what you need to know to overcome depression*. Yapko Publications.
- Yapko, M. D. (2016b). *The discriminating therapist: Asking “how” questions, making distinctions, and finding direction in therapy*. Yapko Publications.
- Yapko, M. D. (2018). *Taking hypnosis to the next level: Valuable tips for enhancing your clinical practice*. Yapko Publications.
- Yapko, M. D. (2019). *Trancework: An introduction to the practice of clinical hypnosis* (5th ed.). Routledge, Taylor & Francis Group.
- Yapko, M. D. (2021). *Process-oriented hypnosis: Focusing on the forest, not the trees*. Norton.
- Yapko, M. D. (2022a). Encouraging hindsight in advance: Age progression in therapy – and life. *American Journal of Clinical Hypnosis*, 65(1), 4–17. <https://doi.org/10.1080/00029157.2022.2038067>
- Yapko, M. D. (2022b). The “whack-a-mole” challenge of hypnosis research: A commentary regarding “guidelines for the assessment of efficacy of clinical hypnosis applications”. *International Journal of Clinical and Experimental Hypnosis*, 70(3), 220–226. <https://doi.org/10.1080/00207144.2022.2104648>
- Yapko, M. D. (2024a). Applying hypnosis strategically in treating depression. In J. H. Linden, G. De Benedittis, L. I. Sugarman, & K. Varga (Eds.), *The Routledge international handbook of clinical hypnosis* (pp. 439–450). Routledge. <https://doi.org/10.4324/9781003449126-41>
- Yapko, M. D. (2024b). Addressing global cognition and ineffective depressogenic discrimination strategies with clinical hypnosis. *American Journal of Clinical Hypnosis*, 66(1), 35–47. <https://doi.org/10.1080/00029157.2023.2199811>
- Yapko, M. D. (Ed.). (2010a). Hypnosis and treating depression [Special issue]. *International Journal of Clinical and Experimental Hypnosis*, 58(2).

- Yapko, M. D. (Ed.). (2024c). Hypnosis in treating depression: Applying multidimensional perspectives, part 1 [Special issue]. *American Journal of Clinical Hypnosis*, 66(1).
- Yapko, M. D. (Ed.). (2024d). Hypnosis in treating depression: Applying multidimensional perspectives, part 2 [Special issue]. *American Journal of Clinical Hypnosis*, 66(2).
- Yapko, M. D., & Criswell, S. R. (2023). Hypnosis and depression. In L. S. Milling (Ed.), *Evidence-based practice in clinical hypnosis* (pp. 47–76). American Psychological Association. <https://doi.org/10.1037/0000347-003>
- Yu, Y., Zheng, X., Xu, W., Huang, Y., Wang, X., Hong, W., Wang, R., Ye, X., & Zhang, C. (2024). The impact of parental overprotection on the emotions and behaviors of pediatric hematologic cancer patients: A multicenter cross-sectional study. *Frontiers in Psychology*, 14, 1290608. <https://doi.org/10.3389/fpsyg.2023.1290608>
- Zeig, J. K. (1985). *Experiencing Erickson: An introduction to the man and his work*. Brunner/Mazel.
- Zeig, J. K. (1990). Seeding. In J. K. Zeig & S. Gilligan (Eds.), *Brief therapy: Myths, methods, and metaphors* (pp. 221–246). Brunner/Mazel.
- Zeig, J. K. (2011). Hypnotic induction. In Loredio, C., Zeig, J., & Nardone, G (Eds.), *Tranceforming Ericksonian methods* (pp. 43–58). The Milton H. Erickson Foundation Press.
- Zeig, J. K. (2014). *The induction of hypnosis: An Ericksonian elicitation approach*. The Milton H. Erickson Foundation Press.
- Zeig, J. K. (2015). *Psychoaerobics: An experiential method to empower therapist excellence*. The Milton H. Erickson Foundation Press.
- Zeig, J. K. (2018). *The anatomy of experiential impact through Ericksonian psychotherapy: Seeing, doing, being*. The Milton H. Erickson Foundation Press.
- Zeig, J. K. (2019). *Evocation: Enhancing the psychotherapeutic encounter*. The Milton H. Erickson Foundation Press.
- Zeig, J. K. (2022a). *Advancing psychotherapy: Transforming conversations*. The Milton H. Erickson Foundation Press.
- Zeig, J. K. (2022b). *An epic life*. The Milton H. Erickson Foundation Press.
- Zeig, J. K. (Ed.). (1980). *A teaching seminar with Milton H. Erickson, M.D* (1st ed.). Brunner/Mazel.
- Zeig, J. K. (Ed.). (2001). *Changing directives: The strategic therapy of Jay Haley*. The Milton H. Erickson Foundation Press.
- Zeig, J. K., & Geary, B. B. (1990). Seeds of strategic and interactional psychotherapies: Seminal contributions of Milton H. Erickson. *American Journal of Clinical Hypnosis*, 33(2), 105–112. <https://doi.org/10.1080/00029157.1990.10402912>
- Zeig, J. K., & Tanev, K. S. (2020). Marital hypnotherapy: A session with Milton Erickson with commentary. *International Journal of Clinical and Experimental Hypnosis*, 68(3), 263–288. <https://doi.org/10.1080/00207144.2020.1762493>
- Zeig, J. K., & Tanev, K. S. (2022). Advancing hypnotic inductions: An Ericksonian perspective. *European Journal of Psychotherapy & Counselling*, 24(4), 457–472. <https://doi.org/10.1080/13642537.2023.2175885>
- Zimmer, Z., Fraser, K., Grol-Prokopczyk, H., & Zajacova, A. (2022). A global study of pain prevalence across 52 countries: Examining the role of country-level contextual factors. *Pain*, 163(9), 1740–1750. <https://doi.org/10.1097/j.pain.0000000000002557>
- Zimmerman, K., Muñoz, V., Snyder, M., & Elkins, G. R. (2023). Reliability and validity of the Elkins hypnotizability scale within a clinical sample. *International Journal of Clinical and Experimental Hypnosis*, 71(3), 263–271. <https://doi.org/10.1080/00207144.2023.2226179>
- Zimmerman, M., D'Avanzato, C., & King, B. T. (2023). Telehealth treatment of patients with major depressive disorder during the COVID-19 pandemic: Comparative safety, patient satisfaction, and effectiveness to prepandemic in-person treatment. *Journal of Affective Disorders*, 323, 624–630. <https://doi.org/10.1016/j.jad.2022.12.015>