List of recommended resources for readers of

*An Introduction to Implicit Bias (2020)*
Edited by Erin Beeghly and Alex Madva

List compiled by the chapter authors

*Links are to third party websites that are not managed by the book editors, chapter authors, or book publisher*

CHAPTER 1, **Gabbrielle Johnson**
“The Psychology of Bias: From Data to Theory”

**ONLINE RESOURCES & ACTIVITIES**

- [Harvard’s Project Implicit](#). Online versions of the Implicit Association Test or IAT.

- [Buster Benson’s “Cognitive Bias Cheat Sheet.”](#) Introduction to different kinds of cognitive biases.

**PODCASTS**

- [You Are Not So Smart](#). David McRaney. Series exploring unconscious mental reasoning and biases in thought.


**FILMS**

- [Inside Out](#). Directed by Pete Docter and Ronnie Del Carmen. Animated film about the psychology of emotion, illustrating the idea of the homunculus.

- [Eternal Sunshine of the Spotless Mind](#). Directed by Michel Gondry. How our memories can sometimes represent the world inaccurately or impartially, how they relate to emotion, and how that affects our actions.
CHAPTER 2, Céline Leboeuf
“The Embodied Biased Mind”

VIDEOS

- **Walking, disability rights and embodiment.** Judith Butler and Sanaura Taylor. 14 minutes. Exploring disability and embodiment, the pair navigates the street of San Francisco together and Taylor talks about the experience of being disabled person “going for walks.” Great discussion of how external features of the social environment impacts a person’s ability to move in social space.

- **Embodying Resistance to Oppression.** Céline Leboeuf. Harvard Horizons Symposium. 5 minutes. Leboeuf discusses embodied resistance, and how an embodied analysis of the mind reveals ways in which to challenge injustice on a person-to-person level.

- **An Introduction to Frantz Fanon’s Black Skin White Masks.** Macat. 3 minutes. Fanon’s anti-colonialism and connections to embodiment.

- **Introduction to Bourdieu: Habitus.** Then & Now. 11 minutes. Introduction to Pierre Bourdieu’s notion of habitus.

- **Getting Out of Our Heads.** Alva Noë. 15 minutes. Philosophical introduction to the embodied mind

PODCASTS

- **Merleau-Ponty on the Lived Body.** Alan Saunders interview of Taylor Carman. The Philosopher’s Zone. 25 minutes. Merleau-Ponty’s career and views on embodiment, including written transcript.

- **Alone and Apart.** Alan Saunders interview of Lisa Guenther. The Philosopher’s Zone. 25 minutes. The wrongs of solitary confinement in relation to embodiment and social-situatedness.

FILMS

- **16 Body-Swap Movies You Totally Forgot About.** Heather Cichowski. The Whisp.
Films illustrating how embodiment shapes identity. Many swap sexed bodies or aged bodies, or other markers of social status, such as rich-to-poor or popular-to-unpopular.

CHAPTER 3, Michael Brownstein
“Skepticism About Bias”

PODCASTS

- Jesse Singal on the problems with implicit bias tests. Julia Galef interview of Jesse Singal. Rationally Speaking. 55 minutes. One of the most high-profile and accessible critics of implicit bias research. Transcript included.

- When Great Minds Think Unalike: Inside Science’s ‘Replication Crisis’. Shankar Vedantam and Maggie Penman. Hidden Brain. 28 minutes. An accessible exploration of some of the broader challenges facing psychology (and pretty much every other science) in terms of replicating key findings. Transcript included.


- The Half-Life of Facts. David McRaney interview of Sam Arbesman. You Are Not So Smart. 30 minutes. On the broader processes through which scientific theories get revised and eventually overturned.

ARTICLES & BLOGS


CHAPTER 4, Erin Beeghly
“Bias and Knowledge: Two Metaphors”

VIDEOS

  First in a series of very brief videos introducing implicit bias.

- **Unconscious Bias at Work – Making the Unconscious Conscious.** Life at Google. 4 minutes.
  Introduction to implicit bias.

- **Implicit Bias, Preface: Biases and Heuristics.** Jerry Kang. UCLA Office of Equity, Diversity, and Inclusion. 5 minutes.
  Introduction to biases and heuristics.

PODCASTS

- **In the Air We Breathe.** Shankar Vedentam. Hidden Brain. 36 minutes.
  Implicit bias and police shootings. Transcript included.

ARTICLES

- **The Real Problem When It Comes to Diversity and Asian-Americans.**
  Jack Linshi. Time Magazine.
  Discusses cultural stereotypes and the infamous magazine cover of “Those Asian-American Whiz Kids.”

FILMS

- **Zootopia.** Directed by J. Bush, R. Moore, & B. Howard.
  Animated film dealing with policing, profiling, and stereotypes.

CHAPTER 5, Susanna Siegel
“Bias and Perception”
VIDEOS


BLOGS


CHAPTER 6, **Katherine Puddifoot** and **Jules Holroyd** “Epistemic Injustice and Implicit Bias”

VIDEOS

- **The Urgency of Intersectionality.** Kimberlé Crenshaw. TED. 19 minutes. Pairs nicely with discussions of hermeneutical injustice. How U.S. discrimination law relies on exclusionary frames that create injustice, and concepts such as the “intersectionality” can help. Transcript included.

PODCASTS

- **Epistemic Injustice.** Nigel Warburton interview of Miranda Fricker. Philosophy Bites. 14 minutes. Introduction to testimonial injustice.

- **Kristie Dotson on Ignorance.** Myisha Cherry interview of Kristie Dotson. UnMute Podcast. Conversation about ignorance, problems facing black girls, academic passing, and black feminist thought.

FILMS

- **Hidden Figures.** Director Theodore Melfi. Chapter 6 draws numerous examples from this film to illustrate the phenomena associated with epistemic injustice.
CHAPTER 7, Nathifa Greene
“Stereotype Threat, Identity, and the Disruption of Habit”

PODCASTS

- 'Whistling Vivaldi' and Beating Stereotypes, Neal Conan interview of Claude Steele. Talk of the Nation. 30 minutes. Conversation about stereotype threat. Transcript included.

- Implicit Bias, Stereotype Threat and Higher Ed, Russell McClain. TEDx. Stereotype threat and the internalization of pervasive cultural stereotypes, and one tool for individuals to reduce stereotype threat: adopting a growth mindset.

- Stereothreat, Simon Adler, Dan Engber, Amanda Aronczyk. Radiolab. 39 minutes. Reviews original findings related to stereotype threat as well as recent controversies about the replicability of the results. Transcript included.

- An Ace Up The Poker Star’s Sleeve: The Surprising Upside Of Stereotypes, Maggie Penman and Shankar Vedantam. Hidden Brain. 22 minutes. Poker champion Annie Duke discusses navigating stereotype threat at the World Series of Poker Tournament of Champions, as well as exploiting stereotypes about women to her own advantage to gain a competitive edge. Transcript included.

ARTICLES & BLOGS

- Claude Steele’s Comment on a Quote in Radiolab’s recent program on Stereotype Threat. Medium. Claude Steele’s blog post on the “Stereothreat,” which defends a broader notion of stereotype threat than the standard one (which is focused on test-taking), and is more in line with Greene’s interpretation in Chapter 7.

FILMS

- **Concerning Violence.** Director Göran Hugo Olssen. Documentary on Fanon’s anti-colonialist philosophy and activism.

- **Frantz Fanon: Black Skin, White Mask.** Director Isaac Julien. Another illuminating documentary about Fanon.

- **Get Out.** Directed by Jordan Peele. Award-winning film illustrating cases of being knocked “out of the flow” by individuals who make your race salient in various ways. Also raises interesting philosophical questions of embodiment. Could you switch identities with someone if you moved your brain to their body? (See Chapter 2 resources.)

CHAPTER 8, **Noel Dominguez**
“Moral Responsibility for Implicit Biases”

VIDEOS


- **Excising a virus of the mind: Individual and institutional responsibility for reducing implicit bias.** Nicole T. Buchanan. Tedx. 16 minutes. How colleges and universities can be leaders in teaching future generations how to reduce bias and foster equity for all members of society.

PODCASTS

- **Leverhulme Lecture 2: Moral Responsibility and Implicit Bias.** Neil Levy. Uehiro Centre for Practical Ethics. 60 minutes. Argues that in many circumstances individuals should not be blamed for their implicit biases.
CHAPTER 9, Nancy Arden McHugh and Lacey Davidson “Epistemic Responsibility and Implicit Bias”

VIDEOS

- **Anger is Not a Bad Word**, Myisha Cherry. TEDx. 18 minutes. Argues that anger is motivational, productive, and necessary in the pursuit of justice. Instead of suggesting we get rid of anger, Cherry recommends that we express it and refuse to allow it be policed.

- **Epistemic Virtues and Vices**, Mark Alfano. Philosophy at the University of Edinburgh. Series of brief videos about better and worse ways to know about the world.

- **Wakening**, Directed by Danis Goulet. 9 minutes. In the near future, the environment has been destroyed and society suffocates under a brutal military occupation. A lone Cree wanderer Weesakechak searches an urban war zone to find the ancient and dangerous Weetigo to help fight against the occupiers.

- **Ignorance: A Short Film**, EmptyWallet Films. 5 minutes. Presented in an abstract and symbolic form, focusing on the ignorance of society and reluctance in extending very basic help to the sections who need it.

PODCASTS

- **Ally Culture and Active Bystanders**, Myisha Cherry interview of Rachel McKinnon. The Unmute Podcast. 30 minutes. The problems with being an ally and how to better support others’ lived experiences.


- **Snap Judgment**, Glynn Washington. Washington’s raw, musical brand of storytelling dares listeners to see the world through the eyes of another.

BLOGS

- **Call-Out Culture Isn’t Toxic. You Are**, Riley H. Medium. Defense and clarifications about the nature of “call-outs.”

• **The Progressive Stack and Standing for Inclusive Teaching**, Kevin Gannon. The Tattooed Professor. Introduces “progressive stacking” and other practices for structuring more equitable group conversations.

• **Struggling to rectify my epistemology of ignorance**, Veganelder. Medium. Introduction to Charles Mills’ notion of the epistemology of ignorance.

**FILMS**

• **Dear White People**, Written and Directed by Justin Simien. African-American students and their perspectives under the light of escalating racial issues in prestigious colleges in the United States. Also a [television show on Netflix](#).

• **Fruitvale Station**, Written and Directed by Ryan Coogler. Based on the events leading to the death of Oscar Grant, a young man who was killed in 2009 by police officer Johannes Mehserle at the Fruitvale district station of the Bay Area Rapid Transit (BART) system in Oakland.

• **Beatriz at Dinner**, Directed by Miguel Arteta. A dinner party turns into social commentary about class, race, and justice.

**CHAPTER 10, Rima Basu**

“The Specter of Normative Conflict: Does Fairness Require Inaccuracy?”

**PODCASTS**

• **Mr. Graham and the Reasonable Man**, More Perfect. 68 minutes. On the Supreme Court case that determined the standards for criminal culpability for police officers who use force on unarmed civilians. Transcript included.

• **The Age of the Algorithm**, 99% Invisible. 9 minutes. On the computer algorithms that shape our world in profound and mostly invisible ways.
• **Driverless Dilemma.** Amanda Aronczyk and Bethel Habte. Radiolab. 40 minutes.
  Introduction to the Trolley Problem and how new technologies are making life-or-death choices.

**FILMS & TELEVISION**

• **Sophie’s Choice.** Directed by Alan J. Pakula.
  Perhaps the most well-known example of a person faced with a morally impossible choice.

• **The Dark Knight.** Directed by Christopher Nolan.
  More cinematic examples of “tragic dilemmas” where there are no good options.

• **“Cooperative Calligraphy,” episode of Community.** Directed by Joe Russo.
  Lighthearted introduction to jumping to conclusions about people when something is stolen.

• **“The Fires of Pompeii,” episode of Doctor Who.** Directed by Colin Teague.
  Ethical dilemmas arising from competing worldviews.

• **“The Beast Below,” episode of Doctor Who.** Directed by Andrew Gunn.
  Ethical dilemma pitting torture of one individual against many lives.

• **“Kissed By Fire,” episode of Game Thrones.** Directed by Alex Graves.
  Difficult choices in Westeros.

• **“The Trolley Problem,” episode of The Good Place.** Directed by Dean Holland.
  Puts a new, hilarious, and cringe-worthy spin on the classic philosophical Trolley Problem.

CHAPTER 11, Saray Ayala-López and Erin Beeghly
“Explaining Injustice: Structural Analysis, Bias, and Individuals”

**BLOGS**

• **The Real Reason Fans Hate the Last Games of Season of Game of Thrones.** Zeynep Tufekci. Scientific American Blog.
Hypothesis about why fans of Games of Thrones—a popular and long-running television show which finished in 2019—didn’t like the last season, namely, that the show moves away from a structural analysis of injustice to a psychological analysis. Are we bad at telling structural (or sociological) stories about injustice?

**FILMS & TELEVISION**

- **Milk.** Directed by Gus Van Sant. Harvey Milk was the first openly gay man elected to public office in the U.S. This award-winning film tells his story and illustrates how collective action in the name of justice requires focus on both individual and structural change.

- **How to Survive a Plague.** Directed by David France. This documentary tells the story of the AIDS crisis in the U.S. and how activists and scientists rose to fight it, illustrating how the causes of social injustice include both individualistic factors like specific people acting in prejudiced ways, as well as structural factors having to do with institutions and social norms.

- **Let It Fall: Los Angeles 1982-1992.** Directed by John Ridley. This documentary is replete with first-hand interviews and historical analysis of race relations (with a heavy emphasis on social structures).

- **Bowling for Columbine.** Directed by Michael Moore. Award-winning documentary about one of the first school shootings in the United States—which occurred on April 20, 1999 at Columbine High School in Colorado—which examines why the U.S. has higher gun violence rates than the rest of the world. Heavy emphasis on structural factors.

- **“Conspiracy Theories,” episode of The People v. O.J. Simpson: American Crime Story.** Directed by Anthony Hemingway. This true crime series tells the story of how O.J. Simpson—beloved American football icon—was acquitted of murdering his wife Nicole Brown Simpson and her lover Ron Goldman. The whole series is worth watching but episode 7 is particularly interesting because it switches from individualistic to structural perspectives and back again. Do individualistic factors take moral precedence over group harms in legal settings?

**CHAPTER 12, Alex Madva**

“Individual and Structural Interventions”
ONLINE RESOURCES & ACTIVITIES

- **Parable of the Polygons.** Vi Hart & Nicky Chase. This interactive website illustrates how individual racial attitudes shape broader social trends like segregation and integration. Based on the work of Nobel Prize winner, Thomas Schelling.

- **Would You Rather? Questions.** Conversation Starters World. Chapter 12 (Section 4.3, Tool #3) explains how adopting a common-ground mindset can foster productive intergroup conversations. “Would You Rather?” is an excellent (empirically tested) icebreaker here.

- **Challenges to Perspective-Taking.** Chapter 12 (Section 4.4, Tool #4) explores the benefits of perspective-taking to reducing implicit and explicit biases. The internet is replete with illuminating examples of how much our perspectives can differ, even at a basic perceptual level:
  - **Do you The Dress as blue and black or white and gold?** Excellent discussion and explanation on [Wikipedia](https://en.wikipedia.org) and [Slate by Pascal Wallisch](https://www.slate.com)
  - **Do you hear “lauren” or “yanny”?** Helpful discussion and analysis on [The New York Times](https://www.nytimes.com) by Maya Salam and Daniel Victor
  - **Do you hear “brainstorm” or “green needle”?** Embedded tweets and discussion on [The Tab by Diyora Shadijanova](https://thetab.com)

VIDEOS

- **How I Learned to Stop Worrying and Love Discussing Race.** Jay Smooth. TEDx. 12 minutes. A helpful and inspiring way to frame our approach to individual change.

- **Last Week Tonight with John Oliver episodes about criminal justice.** HBO. The Marshall Project’s curated list of brief, accessible, and alternately humorous and heartbreaking introductions to the fundamental flaws in the criminal justice system.

- **What People Miss about the Gender Pay Gap.** Sarah Kliff. Vox. 5 minutes. It’s more complex than women earning 79 cents for every dollar a man makes.

- **“Why Women Are Paid Less,” episode of Explained.** Joe Posner. Netflix. 18 minutes. The cultural norms at the center of the worldwide gender pay gap, including the “motherhood penalty.”
ARTICLES

- **The truth about the gender wage gap.** Sarah Kliff. Vox. Accessible and thorough exploration of the complexities of the gender wage gap.

PODCASTS

- **Empathy Gym.** Shankar Vedantam, Parth Shah, Tara Boyle, and Jennifer Schmidt. Hidden Brain. 53 minutes. The value (and some of the pitfalls) of perspective-taking (Tool #4) and empathy through engaging narratives and reviews of scientific research. Offers tools for improving empathy. Transcript included.

- **The Problem We All Live With - Part One.** Nikol Hannah-Jones. This American Life. 59 minutes. Discussion of the historical challenges facing desegregation, focused on a school district that accidentally launched a program for integrating schools. Transcript included.

- **The Problem We All Live With - Part Two.** Nikol Hannah-Jones & Chana Joffe-Walt. This American Life. 57 minutes. Exploration of the challenges, opportunities, benefits, and drawbacks of ongoing efforts to integrate schools, focused on “magnet” schools in Hartford, CT. Transcript included.


- **Future Perfect.** Vox. Podcasts, articles, and newsletters with exciting ideas about how to experiment to bring about a better society.

- **The Impact.** Vox. Series of narrative podcasts about the consequences that laws have on real people's lives.

- **Code Switch.** NPR. How race impacts every part of society — from politics and pop culture to history, sports and everything in between.

- **Hi-Phi Nation.** Slate. Delivering philosophy in story form, Barry Lam focuses in numerous episodes on contemporary injustices related to race, gender, and the legal system.
• **Intersectionality Matters.** African American Policy Forum. Kim Crenshaw’s podcast with interviews, narratives, and roundtable discussions about the complexities of social injustice and identity.

*If you find more helpful resources related to our chapters (or if you find broken links), please let us know and we will periodically update this space!*  
*Email Alex Madva at alexmadva@gmail.com*