**Appendix**

From: Resnick, S. (2018) *Body-to-Body Intimacy: Transformation Through Love, Sex, and Neurobiology, New York: Routledge*

**Family Closeness Profile (FCP)**

Ο = Female Name­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­\_\_\_\_\_\_\_\_

Δ = Male DOB \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Town, State\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Today’s Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Creating a Family Closeness Diagram**

1. Draw a diagram of your family as you were growing up *until the age of 12*. Do it this way: If every female is a circle and every male is a triangle, assign a symbol to every member of your immediate family. Your mother and any sisters would be circles; your father and any brothers would be triangles; you are (a circle or triangle). Show me the emotional closeness or distance between every member of the family by how close or distant you sensed they with you and one another. (Transgenders may use the symbol corresponding to identity.)
2. Start with your mother’s circle and your father’s triangle. If you were closer to one parent than to the other, put your symbol next to that parent. Place any brothers or sisters in that matrix according to how you saw them then. Label each symbol by name.
3. If there was any change or traumatic event that changed your family life, draw two diagrams—one before the childhood changing event, and one after.
4. I am interested in *how it felt to you then*, when you were growing up, not how you see it now. When you are finished, hand me your diagram. Thank you.

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**Creating a Family Legend**

1. **Mother’s Name and Current Age =**
2. **Father’s Name and Current Age =**
3. **Name and current age of siblings from oldest to youngest, including client, placed in order of birth**

**Biographical Details**

1. **Three Adjectives**: Give me three adjectives, that is, three descriptive words that express what it was like for you growing up in this family. I am interested in how it *felt for you then*, and not how you understand it now.
2. **Details: How was it (first word)? How was it (second word)? How was it (third word)?**
3. **Describe the relationship as you saw it then between your mother and your father.** Were they ever affectionate in front of you? Did they ever fight in front of you?
4. **Describe your relationship with your mother.** Was she affectionate with you?
5. **Describe your relationship with your father.** Was he affectionate with you?
6. **Describe your relationship with your siblings.**
7. **Describe any traumas, illnesses or accidents growing up.**
8. **Were you raised in any religion?**

**Family Sexual Attitudes**

1. **Many people become aware of sexual feelings at an early age and can remember stimulating themselves or playing doctor with playmates.** How old were you when you began having sexual feelings? Do you remember early childhood sex play with a friend? If so, how did you feel about it then? How do you feel about it now?
2. **As a child or teenager, were you ever surprised by either parent while masturbating or engaging in sexual activity with a friend?** If so, how did your parent react? How did you feel about it then? How do you feel about it now?
3. **As a child or teenager, did** **you ever experience unwanted touch or sexual assault by any member of your extended family, or at any time by anyone?** If so, how old were you and did you tell anybody? How did you feel about it then? How do you feel about it now?
4. **Is there anything I haven’t asked you about your childhood or teenage years that I should know about?**

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