

pepto bismol™

Created by Debra Hildebrand



Total Time: 5–10 minutes

Why This Works—Any milk will work. For the photos of this recipe, 1% milk and Greek yogurt were used. Alternative or lactose-free milk was not tested, but could yield positive results.

Baker’s food coloring is more concentrated and saturated pigment than the food coloring purchased at the local grocery store, therefore less can be used. Always check color under stage lights.

Show Application—Debra Hildebrand, Cincinnati Playhouse in the Park Thompson Shelterhouse Theatre Prop Running Crew Master, created this recipe for *The Book Club Play* by Karen Zacarías.

Safety Precautions

- Always read and follow the manufacturer’s instructions.
- Whenever food needs to be consumed on stage, always check with both actors and crew for food allergies and sensitivities.

Ingredients

- 12 oz Milk
- 3 tbsp Nestle® Nesquick® Strawberry Powder
- 8 drops US Cake Supply® Concentrated Food Coloring, Red

Tools

- 44 oz. Beverage Pitcher
- Pepto Bismol™ bottle



Supplies needed for creating Pepto Bismol™

Pour milk into pitcher. Add 3 tbsp Nestle® Nesquick® Strawberry Powder, 8 drops of red concentrated food coloring, and 1 cup of vanilla yogurt. Whisk with a fork or whisk. Pour into bottle. Before this is used on stage, it needs to be shaken. Not too much because it will become too foamy.



Mixture of fake Pepto Bismol™



Real Pepto Bismol™ in the bottle (left) and the fake Pepto Bismol™ (right)