

Appendix A

Hypnosis Organizations and Journals for Professionals

AMERICAN PSYCHOLOGICAL ASSOCIATION, DIVISION 30, THE SOCIETY OF PSYCHOLOGICAL HYPNOSIS

The American Psychological Association (APA) is the national organization for psychologists in America, with a large membership exceeding well over 100,000 members. It is divided into dozens of components, each with a specialized focus within the domain of psychology. Division 30 is called the Society of Psychological Hypnosis. Once a member of APA, you are eligible to join the component division branches of your choice. When you join Division 30, you will receive an informative newsletter, *Psychological Hypnosis*, three times per year. It lists events within the field in general and within Division 30 in particular and includes discussions of clinical issues, news updates, literature reviews, and other informative and helpful information. Furthermore, at the large annual meetings of APA, the Society of Psychological Hypnosis holds specialized programs with prominent members sharing their latest research and clinical insights. For membership information, you can contact APA directly.

Website: www.apa.org

Journals: The *International Journal of Clinical and Experimental Hypnosis* and the *Psychology of Consciousness: Theory, Research and Practice*. Both are published quarterly and are available to members at a discounted rate.

For Division 30 information write:

The American Psychological Association
APA Division Services
750 First Street NE
Washington, DC 20002-4242
Phone number in the U.S.: (202) 336-6013.

AMERICAN SOCIETY OF CLINICAL HYPNOSIS (ASCH)

ASCH is an interdisciplinary organization and the largest of the national professional hypnosis societies in the world. ASCH holds smaller, more topically focused regional workshops

several times a year around the United States, and a large annual meeting with an impressive array of topics and presenters. ASCH also has component branches in most of the major cities across the United States. Components vary in their level of local activity. Many hold monthly meetings and annual workshops. ASCH also provides a certification in hypnosis to members who complete the necessary educational and consultation requirements.

Website: www.asch.net

E-mail: info@asch.net

Journal: *American Journal of Clinical Hypnosis (AJCH)*—published quarterly and included with membership in the organization along with a quarterly newsletter.

For membership information write:

American Society of Clinical Hypnosis
140 North Bloomingdale Road
Bloomingdale, IL 60108–1017
Phone number in the U.S.: (630) 980–4740

INTERNATIONAL SOCIETY OF CLINICAL HYPNOSIS (ISH)

ISH is the umbrella organization for dozens of component society branches all over the world. ISH holds tri-annual meetings, each time in a different location somewhere around the world, that feature many of the world's premier researchers and clinicians presenting their latest findings. Membership includes an informative newsletter, conference notifications and discounts, and more.

Website: www.ishhypnosis.org

E-mail: contact@ishhypnosis.org

Newsletter: ISH quarterly newsletter featuring informative articles, interviews, meeting information, research findings, and component activity updates. It is included in the membership fee.

For membership information write:

ISH Central Office
P.O. Box 602
Berwyn, PA. 19312
Phone number: 1-800-550-4741

SOCIETY FOR CLINICAL AND EXPERIMENTAL HYPNOSIS (SCEH)

SCEH is a prominent American organization for hypnosis professionals, both clinical and research oriented. SCEH places an especially heavy emphasis on research. The *International Journal of Clinical and Experimental Hypnosis* is one of the most

respected and most frequently cited scientific journals in all the behavioral sciences and reflects the high standards of SCEH. SCEH holds an annual conference that features papers, workshops, and panels on latest developments within the field, presented by many of the most well-known and respected people in the field.

Website: www.sceh.us

E-mail: info@sceh.us

Journal: *International Journal of Clinical and Experimental Hypnosis (IJCEH)*, published quarterly and included with membership in the organization; members are given online access and also receive a quarterly newsletter called FOCUS.

For membership information write:

Society for Clinical and Experimental Hypnosis
305 Commandants Way
Commoncove Suite 100
Chelsea, MA 02150-4057
Phone number in the U.S.: (617) 744-9857

THE MILTON H. ERICKSON FOUNDATION

This organization is very active in advancing psychotherapy in all its forms but is especially dedicated to the advancement of Ericksonian approaches to hypnosis and psychotherapy. The foundation is not a society and does not have a membership. They organize major internationally attended annual meetings on Ericksonian approaches, brief therapy approaches, couples therapy, and the especially impressive Evolution of Psychotherapy. These meetings are held over four to five days and feature stellar faculties conducting workshops, clinical demonstrations, and other presentation formats. The foundation also holds many smaller meetings throughout the year around the United States. The foundation is the core of an international network of Erickson Institutes around the world (more than 120 to date) that also strive to advance the work of Dr. Erickson. Each institute sets its own length and frequency of training. Contact the foundation for institute locations.

Website: www.erickson-foundation.org

E-mail: office@erickson-foundation.org

Newsletter: published three times a year, provides workshop announcements, interviews, clinical discussions, and much more. It's available electronically at no charge when you register for the foundation mail list on their home page.

For general information write:

The Milton H. Erickson Foundation, Inc.
2632 E. Thomas Rd., Suite 200
Phoenix, AZ 85016
Phone number in the U.S.: Toll-Free: 1-877-212-6678 or (602) 956-6196

NATIONAL PEDIATRIC HYPNOSIS TRAINING INSTITUTE (NPHTI)

NPHTI offers state-of-the-art education and skill development for health care professionals in the art and science of clinical hypnosis and hypnotherapy for children and adolescents. NPHTI has an annual conference featuring many of the most skilled pediatric hypnosis practitioners in the U.S.

NPHTI also provides a resource for licensed professionals and the public for:

1. The latest information in the field of pediatric clinical hypnosis for professionals and parents via their website;
2. A communication hub via the NPHTI list serve for consultation, discussion, and exchange of ideas among clinicians who have trained with them; and
3. A public relations resource for communication with the media.

Website: www.NPHTI.org

Contact: Use their contact email form on the home page