## E6 Visual, Aural, Kinaesthetic Questionnaire

## **E6** Brief description:

The template is a set of questions to enable you to think about the way you use your senses to do various tasks.

It is intended as a starting point to think about your use of the different senses. Further observation of real situations can then be used to be sure of the result from the questionnaire.

The questions are on one A4 page, with a table for results on the 2<sup>nd</sup> page.

## **E6 Instructions:**

- Download the template onto your device or print it.
- Circle the letter on the margin for any statement that is true for you.
- Count the number of As, Vs and Ks you have circled.
- Enter the numbers into the table on page 2 and see what percentage of answers you chose 'yes' for each of Visual, Aural or Kinaesthetic.
- The relative numbers indicate the relative use you make of these three different senses.
- Think about the results using the questions below the table.