Pre-arrival guide for coming to the UK
Welcome

We are so glad you have chosen to study at the University of Essex International College. This guide will help you through your next steps to prepare for your arrival and ensure you have everything you need for your course in the UK.

We will do everything we can to make sure you are safe, supported and successful with us.

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What you need to do now

**Step 1**
Use your Confirmation of Acceptance for Studies (CAS) number to apply for your visa online, and take your documents to a visa application centre. Your Kaplan representative (or Kaplan’s Admissions, Visa and Applicant Services team, if you applied directly without an agent) can give you more information on how to apply for a visa.

**Step 2**
If you’ve received your CAS and you know you’ll be travelling to the UK, use the accommodation guide and information on our website to choose the option you want. If your course starts before August 2021, then complete the online accommodation form. However, if your course will begin from September 2021, you can check the available accommodation options on our UK accommodation live availability tool, then book your accommodation online through our accommodation portal.

**Step 3**
If your course starts before August 2021, you will receive an Accommodation Agreement pack containing the documents you need to complete and return to: pathways.accommodation@kaplan.com. However, if your course will begin from September 2021, you’ll receive your accommodation portal login details via email when you have an offer to study. If you have not received anything, contact us and we’ll resolve the issue. In the portal you will be able select your room, sign your tenancy agreement, pay the accommodation deposit and complete your accommodation booking.

**Step 4**
When you receive your visa, send a copy to pre-enrolment@kaplan.com, then book your flights. Please aim to arrive in time for one of the scheduled Welcome Weeks, as this is when you’ll receive important information about your course and life in the UK.

**Step 5**
Before you leave your home country, you’ll need to complete the online pre-arrival form. Check the transport options in this guide, and tell us when you are arriving and how you will travel from the airport to your accommodation.

**Step 6**
Prepare everything you need to bring to the UK using our checklist of what to pack (see pages 4 and 5).

**Autumn 2021 accommodation and arrival support**
For pathway courses starting in September 2021, we’re offering flexible arrival dates for accommodation contracts. You can choose an accommodation contract starting on 11 September, or on 23 October (subject to availability) to allow you to start your studies at home before transitioning to the UK.

You can also arrive up to 2 weeks early (subject to availability) at no extra cost. This will give you time to self-isolate if required. If you’re travelling from a country on the UK government’s ‘red list’ and need to isolate in a quarantine hotel, you’ll also get some financial support to help cover the cost of the stay, along with comprehensive wellbeing support while you’re in quarantine. Learn more about arrival support on this webpage, and visit our accommodation FAQs webpage for more information.
Your document list

What documents to bring with you
Please check this list before you leave your home country, keep all the documents and information in your hand luggage and bring them with you on your first day at the College. Your enrolment is conditional on you providing all the correct documents.

- The original academic qualification listed on your CAS Statement or Study Plan Confirmation, with a certified translation if not in English.
- The UKVI Secure English Language Test (SELT) certificate listed on your CAS Statement or Study Plan Confirmation (unless you are exempt).
- A valid passport and entry clearance visa.
- The visa approval letter which tells you where to collect your biometric residence permit (BRP).
- Proof of your address in the UK (such as accommodation confirmation e-mail or signed tenancy agreement, utility bill or a letter from a family member).
- If you are a sponsored student, you must bring your original sponsorship letter. Please also make at least 1 photocopy of this document.
- Medical Screening Certificate (if needed)*
- The emergency contact number for your college (details on page 10).

If you are under 18, you must also bring the following documents:

- A copy of the Kaplan underage consent form completed by your parents (you will find a link to the form on your offer letter). Please also make at least 1 photocopy of this document for your records.
- The name and contact number of the person you will meet at the airport. (Students under the age of 18 must either use the College transfer service or be collected by a responsible adult)
- The details of your transfer arrangements from the airport such as a taxi booking.

* Depending on the country you are from, you may need to be medically screened for tuberculosis (TB). Your Kaplan representative will ask you to do this before you apply for your visa. Students who have a Medical Screening Certificate will need to bring this document with them to the UK and show it with their visa at the airport on arrival. For more information and to check if you need to be medically screened, please visit the UKVI website.

Important UK travel information
Before you travel to the UK, you should visit www.gov.uk/uk-border-control to check the latest guidance from the government regarding the rules for arrivals into the UK. You must also complete this online form: www.gov.uk/provide-journey-contact-details-before-travel-uk to provide your accommodation and contact details. You can complete this form up to 48 hours before you travel and you must have the completed form with you when you arrive at border control (either printed or on your electronic device).
What you need to pack

☐ All the documents needed for enrolment and entry to the UK (see page 4)
Keep these in your hand luggage, along with the emergency contact number for the College (detailed in this guide), so you can easily access them when you arrive in the UK.

☐ Suitable clothing
The UK is famous for its changeable weather. In summer, the temperature is around 20°C, and in winter between -3°C and 10°C. You can buy many of the clothes you need in the UK, but you should still bring some warm clothes and a waterproof jacket. You do not need any formal clothes (such as a suit), as students dress casually for classes.

☐ Mobile phone
We can provide you with a local SIM card shortly after you arrive. You’ll need a UK mobile number for placing food orders or online shopping.

☐ Laptop with camera
It’s essential that you have your own laptop for your in-person or digital studies.

☐ Electrical adaptor
The UK uses a 3-pin plug, so you’ll need an adaptor for your laptop and phone. The voltage in the UK is 240v. If you don’t already have an adaptor, you can easily buy one in the UK.

☐ Money and Card
It can sometimes take several weeks to open a bank account in the UK, so we suggest you bring at least £1,000 with you to the country. Separate your money and bring £200 in cash (£10 or £20 notes), and the rest on your debit or prepaid card. Please note that you might be charged a fee in the UK when withdrawing money from an international account.

Unfortunately, as the International College is a private education provider, you are not permitted to work while you are studying. This is in accordance with UK law, and Student visa rules. You therefore need to make sure you have enough money to cover your living costs while you are studying at the College.

Remember:
• Check the luggage weight limit for your flight(s) to the UK. This is usually around 20kg, but will depend on your airline(s).
• If you are staying at one of our residences, you do not need to bring any of the items included in the student starter pack (see page 7).
• You can find the latest UK government health and safety guidelines at: www.gov.uk/coronavirus

Examples of prices in Essex

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sandwich</td>
<td>£2–£3.50</td>
</tr>
<tr>
<td>Meal at a restaurant</td>
<td>£10–£30</td>
</tr>
<tr>
<td>Tea / coffee</td>
<td>£1.50+</td>
</tr>
<tr>
<td>Cinema</td>
<td>£11.75</td>
</tr>
<tr>
<td>Bus (single journey)</td>
<td>£2.50</td>
</tr>
<tr>
<td>Weekly bus travel card</td>
<td>£15</td>
</tr>
<tr>
<td>Mobile phone bill (monthly)</td>
<td>£20–£40</td>
</tr>
</tbody>
</table>

☐ Prescription medication (if needed)
You should bring at least a 3-month supply of any prescription medication with you. You should also check if this medication is available in the UK.

Complete the pre-arrival form before you travel
As soon as you have booked your flights and know your arrival details, it is time to fill in our online pre-arrival form. It is important that you let us know as soon as possible when your flight arrives and how you plan to travel to your accommodation. Use the pre-arrival form to choose your preferred date for the free transfer service or to see the airports and prices for the private transfer service.

Please note: even if you are planning to travel to your accommodation independently, you must still complete the online pre-arrival form to let us know what your arrangements are.
When you arrive at the airport

Border control
Make sure that you have all of your travel documents ready when you arrive at the airport. Make sure you have completed the online contact details form at www.gov.uk/provide-journey-contact-details-before-travel-uk and have the completed form ready to show at the border (either printed or on your electronic device). You can find more information about UK border control procedures, testing and quarantine requirements at www.gov.uk/uk-border-control.

Travelling to Colchester
We know how important it is to feel safe and welcome when you arrive in a new place. That’s why we'll be here to support you from the moment you land at the airport. We’ll arrange a transfer service to take you to your accommodation, so there will be a friendly face waiting to take you to your new home.

Free transfer service
We will organise a free transfer service from London Heathrow airport (Terminal 3 Arrivals) for students on:
• 11 and 12 September 2021
• 23 and 24 October 2021
• 8 and 9 January 2022

Before you travel, we will confirm all the details regarding your arrival and transfer from the airport. Once you arrive in the UK, we'll make sure that you get to your Kaplan-booked accommodation safely.

If you use this service and have booked alternative accommodation, you will need to arrange travel from the Kaplan accommodation to where you are staying. Our friendly staff can help you book a taxi when you arrive.

Private transfer service
If you are unable to use the free transfer service, or would prefer a private taxi, we can organise one to collect you from any airport for a fee. If you don’t arrive on the dates of the free transfer, we strongly recommend you use this service, as it will take you straight to your accommodation. All Kaplan organised transport will comply with current health and safety guidelines.

Public transport*
Colchester is accessible by many types of transport, and you can save money by booking in advance. There are frequent trains from London Liverpool Street to Colchester train station (also known as Colchester North). The journey takes just under 1 hour and costs around £25 one way, and you can take a taxi from the taxi rank at the train station to your accommodation. Here are some ideas of how you can travel to your accommodation when you arrive, and you can read the latest UK government advice for travelling on public transport here.

From London Heathrow airport
Train: The Heathrow Express runs from Heathrow Terminal 5 to London Paddington station. From Paddington station, you can take the train to Colchester via London Liverpool Street station.
Journey approx. time: 2 hours 30 minutes
Price: Around £55

Coach: National Express from Heathrow Terminals 2 & 3 direct to Colchester.
Journey approx. time: 2 hours 30 minutes
Price: Around £30

From London Gatwick airport
Train: Operates from Gatwick airport to Colchester via London Bridge railway station and London Underground.
Journey approx. time: 3 hours 30 minutes
Price: £45 one way

Coach: National Express from both the South and North terminal to Colchester (includes a change at London Heathrow)
Journey approx. time: 5 hours
Price: Around £50

From Stansted Airport
Train: Operates from Stansted Airport to Colchester via London Liverpool Street.
Journey approx. time: 2 hours
Price: Around £42

Coach: National Express from Stansted Airport direct to Colchester
Journey time: Approximately 1 hour
Price: Around £15

Useful links
Coach
nationalexpress.co.uk
Train
heathrowexpress.com
nationalrail.co.uk
Underground
tfl.gov.uk/plan-a-journey

*Please check before you travel as ticket prices may vary.
When you arrive at your accommodation

Your new home
When you arrive at our residence, a friendly member of staff will meet you and give you your room key.

In your room, you will find:
• a welcome letter
• a student starter pack (see below)

The accommodation has everything you need to settle in quickly, and you will be responsible for your own cooking once you arrive. The student starter pack includes basic kitchen equipment to make simple meals, and you can easily buy anything extra you may need. You will have internet access immediately, so you can contact your family to let them know you have arrived safely.

To find out more about your accommodation, click here.

Enhanced safety
Keeping all our students safe is our top priority. We will continue to have health and safety measures in place that go beyond government guidelines, so you can rest assured that our residences and partner accommodation providers are taking the necessary precautions to protect your wellbeing.

These include:
• Hand sanitiser stations
• Frequent cleaning routines
• Extra cleaning procedures for high-traffic points
• Floor markings and signage for social distancing

Student starter pack
If you are staying at one of our residences, you do not need to bring any of the items in the student starter pack shown here. You will get basic bedding, cooking equipment and tableware (for legal reasons, knives are not provided).

Please note: actual contents of the student starter pack may vary.
When you arrive at the College

We’ve prepared the College for face-to-face learning, and we have a range of solutions and innovations ready to make sure you’ll get a fantastic – and safe – study experience. Face masks, social distancing, extra cleaning and other measures that go beyond government guidelines are in place in our buildings to help you feel safe and at ease.

Welcome Week
You’ll have the opportunity to try out the different learning tools you’ll be using, and to get to know your classmates in a relaxed way. You’ll have a tour of your college, an introduction to your new city, and the chance to take part in games and social events. This will all help you feel part of a community as soon as you get to the College.

You’ll learn about:
• course details and academic support
• the University campus
• UK laws and culture
• joining societies and clubs at the Students’ Union
• nearby places of religious worship
• public transport

• local shops and restaurants
• opening a bank account
• registering with a doctor*
• registering with the police (if required)
• visa and BRP information
• who to contact if you need help or advice

* As part of your Student visa application you will need to pay an Immigration Health Surcharge (IHS), unless you are exempt. This entitles you to access NHS services in the UK. For more information please visit www.gov.uk/healthcare-immigration-application

Remember your documents
Don’t forget to have your documents available (see page 4), as we will need to see them before you can enrol.
Prepare for your pathway course

With Kaplan, you can gain entry to a University of Essex degree through a pathway course at University of Essex International College. While you are studying with us, you’ll have many opportunities to gain the skills and confidence you need to succeed.

What you will study
You will take modules in 3 main areas:
• subjects related to your degree
• projects linked to your area of study
• English language and academic skills

How you will study
Your blended learning experience will involve a mix of traditional face-to-face teaching at your college and digital learning at your accommodation. This means that you’ll experience a variety of different teaching and assessment methods to help you demonstrate that you have met the learning outcomes of the modules and your programme.

You will develop a style of learning which involves doing some preparation work before you come to class. Please read about your pathway course and modules using the links from this page and prepare some questions to ask in the academic welcome sessions during your first week.

When you start your programme, we will provide you with all the essential learning materials you need for your programme, so you don’t need to buy any books before you arrive. During your course, your teachers may recommend supplementary materials that you may wish to purchase individually.

Preparing to study
Pathways Preview
This course gives you pre-arrival experience of Kaplan’s Virtual Learning Environment (VLE) and eligible students will have access to:
• digital learning preparation materials
• pre-recorded materials to experience online classes
• an online live class to experience Kaplan’s teaching
• additional modules on subjects such as eating healthily and taking exercise
• college staff contact for any questions

If you accept your offer at least seven days before the start of your course, you’ll receive a link giving you access.

College Applicants’ area
This special area for pre-arrival students will allow you to:
• book your accommodation
• book your airport transfer
• learn more about your pathway course and modules
• prepare for your visa credibility interview (if required)

If you accept your offer at least seven days before the start of your course, you’ll receive a link giving you access.

University of Essex website
Learn more about your degree and what you will study each year at the University of Essex by visiting its website.

Essex events
Find out about exciting events happening in Essex and plan your social life for when you first arrive.

Connect with the College community before you arrive
Search: @UEICEssex
#KaplanLife

Example timetable
Your studies will feature a mix of compulsory classes and additional activities. See below for an example of a Foundation Certificate for Social Sciences timetable. You’ll receive your personal timetable when your programme starts.

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:00–11:00</td>
<td>English for Academic Purposes</td>
<td>Extended Project</td>
<td>English for Academic Purposes</td>
<td>People, Culture and Society</td>
<td>Statistics</td>
</tr>
<tr>
<td>11:00–13:00</td>
<td>Mathematics</td>
<td>Extended Project</td>
<td>Self-study</td>
<td>Learning Support</td>
<td>Self-study</td>
</tr>
<tr>
<td>14:00–16:00</td>
<td>People, Culture and Society</td>
<td>Statistics</td>
<td>Logic and Critical Thinking</td>
<td>Self-study/ Skills Workshop</td>
<td>Self-study</td>
</tr>
<tr>
<td>16:00–18:00</td>
<td>Self-study</td>
<td>Learning Support</td>
<td>Mathematics</td>
<td>Self-study</td>
<td>Logic and Critical Thinking</td>
</tr>
</tbody>
</table>
Contact us

If you have any questions before you arrive in Essex, contact us and we will do our best to help. We are really looking forward to welcoming you to the University of Essex International College.

University of Essex International College
Constable Building
University of Essex
Wivenhoe Park
Colchester, CO4 3SQ
United Kingdom
📞 +44 (0)1206 873838
✉️ UEIC.arrivals@kaplan.com

College arrivals number (for use only when you’ve arrived in the UK)
📞 +44 (0)7741 660 659

University of Essex emergency number (in use 24 hours per day, throughout the year)
📞 +44 (0)1206 872 222

UK Emergency services number (Police, fire brigade, ambulance)
📞 999
Find out more
Visit the links below or contact us for more information.
We look forward to helping you make Colchester your new home!

Click on the useful links below:
- University of Essex International College pre-arrival information
- Accommodation at the University of Essex International College
- Prepare for your studies at the University of Essex International College
- University of Essex
- Guide to Essex

Contact details:
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