

International College

Our meal plans at the Compass Restaurant

While all rooms in Lansdowne Point enable you to cook for yourself if you would prefer to, our meal plan packages are perfect if you want the comfort of knowing you'll always have freshly cooked, nutritious and varied meals during your time at BU International College. There are other advantages to our meal plans:

- a 10% discount on all items in the Compass restaurant – a great value package
- no need for expensive visits to the supermarket to stock up on food / ingredients
- time saved on shopping, cooking and washing the dishes after!
- make new friends and practise your English by eating your meals with other students
- freshly cooked, varied and nutritious menu including theme nights (BBQ's, pizza and pasta, etc.)

How does the meal plan work?

Q) How does the meal plan work?

A) Our package gives you £15.73GBP of credit per day, Monday to Friday, loaded onto your key card for the residence. This is enough for breakfast, lunch and dinner. At the weekend and on public holidays, when we offer only a brunch service between 11:00 and 13:00, you will have £4.47GBP credit per day. When you are on a meal plan, you receive a 10% discount on everything you buy in the restaurant, compared to those paying with cash.

Q) What happens if I want to spend more than the amount of credit given in a day?

A) You can pay the extra in cash at the restaurant.

Q) What happens if I do not spend all my credit on that day?

A) The credit refreshes every evening, so any unspent credit **does not** roll over to the following day.

Q) How long is the meal plan contract i.e., is it for the full programme, or by month or term?

A) Like the accommodation contract, the meal plan is available for the duration of your studies at the College. Dates vary depending on your programme – more details are available on request.

Q) Can I still cook in the kitchen in the accommodation if I join the plan?

A) Yes, of course!

Q) Can I still use the restaurant if I am not on a meal plan?

A) Yes, but you will have to pay full price for the items you buy. Only students on a meal plan are entitled to the discount.

Service dates for end of 2018

The restaurant will have a special timetable for the holiday period as below:

- Until Friday 14 December 2018 – service as usual.
- Saturday 15 and Sunday 16 December 2018 – no restaurant service; only packed lunches will be provided for students with meal plans.
- From Monday 17 to Friday 21 December 2018 – the coffee shop will be closed. The Compass restaurant service times will be as usual, with a reduced menu available to order for breakfast, lunch and dinner.
- From Saturday 22 December 2018 to Sunday 6 January 2019 (inclusive) – the restaurant and coffee shop will be closed. Service will restart with breakfast on Monday 7 January 2019.

Further information on the start and end dates of your meal plan, **and any other breaks in the plan**, can be found on your tenancy agreement.

Our menu

Q) Is the food freshly prepared?

A) All food is freshly prepared in our kitchens by our experienced chefs and where possible, using locally sourced and seasonal ingredients.

Q) Is there a good variety of food?

A) Our menu is truly international, flexible and tailored to the tastes of our students – our chefs will both welcome and actively seek feedback and requests from you. At lunch and dinner, there is a minimum of 3 different hot dishes available, as well as a salad bar, filled jacket potatoes and freshly made sandwiches.

Q) Are there regular healthy options?

A) Yes, see our appetising sample menus!

Q) How often does the menu change?

A) The lunch and dinner menus change every weekday. Weekly menus are posted in advance at the information points in both the College and the Lansdowne Point residence.

Service times

Q) What are the serving times?

A) Service times are designed to fit in around your classes.

Hot breakfast:	08:00 to 10:30	(Monday to Friday)
'Grab and go' breakfast:	10:30 to 11:30	(Monday to Friday)
Lunch:	12:00 to 14:30	(Monday to Friday)
Dinner:	17:30 to 19:00	(Monday to Friday)
'Grab and go' brunch:	11:00 to 13:00	(Saturday, Sundays and public holidays)

In addition, our coffee shop is open Monday to Friday serving teas, coffees and light snacks from 07:30 until 16:30. On Saturdays and Sundays the coffee shop opens from 10:30 until 13:30.

Q) Is it possible to take food purchased from the restaurant up to my room?

A) Yes, of course. Please just tell the server that you would like it 'to go'. All we ask is that you return any cutlery to the restaurant afterwards.

Dietary requirements

Q) Do you cater for vegetarian diets?

A) Yes – at every mealtime there is at least one vegetarian option. At every mealtime, we also have a fantastic salad bar and a tasty range of freshly prepared sandwiches and jacket potatoes.

Q) Do you provide food suitable for those following Halal diets?

A) Yes, at every mealtime there is at least one option suitable for Halal diets and often more as much of our meat is suitable for Halal diets. We also make every effort to support students who are observing Ramadan.

Q) What if I have special dietary requirements such as gluten free or lactose free?

A) Please tell us when you apply for a plan and we will discuss your requirements with you.

Booking

Q) At what stage of the application process can I request a meal plan?

A) You can request a meal plan when you book your accommodation at Lansdowne Point.

Q) Can I sign up to a meal plan once I have arrived?

A) It *may* be possible but is not guaranteed, as meal plan packages are limited in availability. As a result, we strongly recommend you apply before arrival as above to avoid disappointment.

Q) Can I try a meal plan for a short time and then make decision for long term?

A) You can of course use the restaurant without being on a meal plan, but it is more expensive. If, after trying things you then decide you would like to move onto a meal plan, it would be dependent on availability. As above, we strongly recommend you apply before arrival.

Q) Can I cancel a meal plan if I am unhappy with it?

A) Generally, no. We would request that you tell us if you are unhappy with a meal plan package, so we can try to address any issues. We're confident you won't have any though and will enjoy not only our food, but also the value and convenience the meal plan offers.

All information, included dates and prices for catering provision, is correct at the time of production (November 2018) but may be subject to change.