Pre-arrival guide for coming to the UK
Kaplan International College London
Welcome

We are so glad you have chosen to study at Kaplan International College London. This guide will help you through your next steps to prepare for your arrival and ensure you have everything you need for your course in the UK.

We will do everything we can to make sure you are safe, supported and successful with us.

Click on the page links below for useful information:

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STUDY WITH CONFIDENCE
What you need to do now

Step 1
Use your Confirmation of Acceptance for Studies (CAS) number to apply for your visa online, and take your documents to a visa application centre. Your Kaplan representative (or Kaplan’s Admissions, Visa and Applicant Services team, if you applied directly without an agent) can give you more information on how to apply for a visa.

Step 2
If you’ve received your CAS and you know you’ll be travelling to the UK, book your accommodation using the accommodation guide and information on our website to choose the option you want. Then complete the online accommodation form.

Step 3
You will receive an Accommodation Agreement pack containing the documents you need to complete and return to: pathways.accommodation@kaplan.com

Step 4
When you receive your visa, send a copy to pre-enrolment@kaplan.com, then book your flights. Please aim to arrive in time for one of the scheduled Welcome Weeks, as this is when you will receive important information about your course and life in the UK.

Step 5
Check the transport options in this guide and complete the online pre-arrival form to tell us when you are arriving, and how you will travel from the airport to your accommodation.

Step 6
Prepare everything you need to bring to the UK using our checklist of what to pack (see pages 4 and 5).
Your document list

What documents to bring with you
Please check this list before you leave your home country, keep all the documents and information in your hand luggage and bring them with you on your first day at the College. Your enrolment is conditional on you providing all the correct documents.

- The original academic qualification listed on your listed on your CAS Statement or Study Plan Confirmation, with a certified translation if not in English.
- The UKVI Secure English Language Test (SELT) certificate listed on your CAS Statement or Study Plan Confirmation (unless you are exempt).
- A valid passport and entry clearance visa.
- The visa approval letter which tells you where to collect your biometric residence permit (BRP).
- Proof of your address in the UK (such as accommodation confirmation e-mail or signed tenancy agreement, utility bill or a letter from a family member).
- If you are a sponsored student, you must bring your original sponsorship letter. Please also make at least 1 photocopy of this document.
- Medical Screening Certificate (if needed)*

- The emergency contact number for your college (details on page 10).

If you are under 18, you must also bring the following documents:
- A copy of the Kaplan underage consent form completed by your parents (you will find a link to the form on your offer letter). Please also make at least 1 photocopy of this document for your records.
- The details of your transfer arrangements from the airport such as a taxi booking.
- The name and contact number for the person you will meet at the airport.

* Depending on the country you are from, you may need to be medically screened for tuberculosis (TB). Your Kaplan representative will ask you to do this before you apply for your visa. Students who have a Medical Screening Certificate will need to bring this document with them to the UK and show it with their visa at the airport on arrival. For more information and to check if you need to be medically screened, please visit the UKVI website.
What you need to pack

☐ All the documents needed for enrolment and entry to the UK
(see page 4)
Keep these in your hand luggage, along with the emergency contact number for the College (detailed in this guide), so you can easily access them when you arrive in the UK.

☐ Suitable clothing
The UK is famous for its changeable weather. In summer, the temperature is around 20°C, and in winter between -3°C and 10°C. You can buy many of the clothes you need in the UK, but you should still bring some warm clothes and a waterproof jacket. You do not need any formal clothes (such as a suit), as students dress casually for classes.

☐ Mobile phone
We can provide you with a local SIM card shortly after you arrive. You’ll need a UK mobile number for placing food orders or online shopping.

☐ Laptop
It’s essential that you have your own laptop for your studies.

☐ Electrical adaptor
The UK uses a 3-pin plug, so you’ll need an adaptor for your laptop and phone. The voltage in the UK is 240v. If you don’t already have an adaptor, you can easily buy one in the UK.

☐ Money
It can sometimes take several weeks to open a bank account in the UK, so we suggest you bring at least £1,000 with you to the country. Separate your money and bring £200 in cash (£10 or £20 notes), and the rest on your debit card. Please note that you might be charged a fee in the UK when withdrawing money from an international account.

You may also choose to undertake part-time work during your studies at the College. You’ll find more details on this webpage. However, it’s important to make sure you still have enough money to cover your living costs without any extra income.

☐ Prescription medication (if needed)
You should bring at least a 3-month supply of any prescription medication with you. You should also check if this medication is available in the UK.

Remember:
• Check the luggage weight limit for your flight(s) to the UK. This is usually around 20kg, but will depend on your airline(s).
• If you are staying at one of our residences, you do not need to bring any of the items included in the student starter pack (see page 7).
• You can find the latest UK government health and safety guidelines at: www.gov.uk/coronavirus

Examples of prices in London

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sandwich</td>
<td>£2.50–£6</td>
</tr>
<tr>
<td>Meal at a restaurant</td>
<td>£10–£30+</td>
</tr>
<tr>
<td>Tea / coffee</td>
<td>£1.50+</td>
</tr>
<tr>
<td>Cinema</td>
<td>£10+</td>
</tr>
<tr>
<td>Bus (with Oyster card)</td>
<td>£1.50</td>
</tr>
<tr>
<td>Weekly travelcard</td>
<td>£30+</td>
</tr>
<tr>
<td>Mobile phone bill (monthly)</td>
<td>£20–£40</td>
</tr>
</tbody>
</table>

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When you arrive at the airport

**Border control**
Make sure that you have all of your travel documents ready when you arrive at the airport. Make sure you have completed the online contact details form at [www.gov.uk/provide-journey-contact-details-before-travel-uk](http://www.gov.uk/provide-journey-contact-details-before-travel-uk) and have the completed form ready to show at the border (either printed or on your electronic device). You can find out more information about UK border control procedures at [www.gov.uk/uk-border-control/at-border-control](http://www.gov.uk/uk-border-control/at-border-control).

**Travelling to London**
We know how important it is to feel safe and welcome when you arrive in a new place. That’s why we’ll be here to support you from the moment you land at the airport. We’ll arrange a transfer service to take you to your accommodation, so there will be a friendly face waiting to take you to your new home.

**Free transfer service**
We will organise a free transfer service from London Heathrow airport (Terminal 3 Arrivals) for students on:
- September 12th and 13th, 2020
- October 24th and 25th, 2020
- January 9th and 10th, 2021

Before you travel, we will confirm all the details regarding your arrival and transfer from the airport. Once you arrived in the UK, we’ll make sure that you get to your Kaplan-booked accommodation safely. If you use this service and have booked alternative accommodation, you will need to arrange travel from the Kaplan accommodation to where you are staying. Our friendly staff can help you book a taxi when you arrive.

**Private transfer service**
If you are unable to use the free transfer service, or would prefer a private taxi, we can organise one to collect you from any airport for a fee. If you don’t arrive on the dates of the free transfer, we strongly recommend you use this service, as it will take you straight to your accommodation. All Kaplan organised transport will comply with current health and safety guidelines.

**Complete the pre-arrival form before you travel**
If you have booked your flights and know your arrival details, it is time to fill in our online pre-arrival form. It is important that you let us know when your flight arrives and how you plan to travel to your accommodation. Use the pre-arrival form to choose your preferred date for the free transfer service or to see the airports and prices for the private transfer service.

Please note: even if you are planning to travel to your accommodation independently, you must still complete the online pre-arrival form to let us know what your arrangements are.

**Public transport***
Although we recommend our transfer service as the safest option, London is accessible by many types of transport, and you can save money by booking in advance. Here are some ideas of how you can travel to your accommodation when you arrive, and you can read the latest UK government advice for travelling on public transport here.

**London Heathrow Airport**
- **Underground**: Piccadilly Line to central London. Departs every five minutes from 05:30 to 23:30.
  - **Journey approx. time**: 1 hour 10 minutes
  - **Price**: from £6 one way
- **Coach**: National Express coach from Heathrow Terminal 3 to London Victoria Coach Station. Departs frequently from 04:20 to 22:10.
  - **Journey approx. time**: 50 minutes
  - **Price**: from £10 one way
- **Train**: The Heathrow Express runs regularly from Heathrow Terminal 5 to London Paddington railway station. Departs every 15 minutes from 05:15 to midnight.
  - **Journey approx. time**: 30 minutes
  - **Price**: from £27 one way on the day of travel

**London Gatwick Airport**
- **Train**: Gatwick Express from Gatwick Airport South Terminal to London Victoria railway station. Departs every 15 minutes from 05:50 to 23:21.
  - **Journey approx. time**: 30 minutes
  - **Price**: from £17.80 one way
- **Coach**: National Express coaches run regularly from both South and North terminals to London Victoria railway station. Departs every hour from 05:15 to 22:50.
  - **Journey time**: 1 hour 35 minutes
  - **Price**: from £9 one way

**Luton Airport to central London**
- **Train**: Luton to London St. Pancras International railway station and Blackfriars railway station. Departs every 15 minutes, 24/7.
  - **Journey time**: 45 minutes to 1 hour
  - **Price**: from £15.70 one way

**London Stansted Airport**
- **Train**: Stansted Express from Stansted Airport to London Liverpool Street railway station. Departs every 15 minutes from 06:00 to 00:30.
  - **Journey time**: 50 minutes
  - **Price**: from £17.60 one way

Useful links
- **Underground**
  - [tfl.gov.uk](http://tfl.gov.uk)
- **Coach**
  - [nationalexpress.co.uk](http://nationalexpress.co.uk)
- **Train**
  - [heathrowexpress.com](http://heathrowexpress.com)
  - [gatwickexpress.com](http://gatwickexpress.com)
  - [nationalrail.co.uk](http://nationalrail.co.uk)

*Please check before you travel as ticket prices may vary.*
When you arrive at your accommodation

Your new home
When you arrive at our residence, a friendly member of staff will meet you and give you your room key.

In your room, you will find:
• a welcome letter
• a student starter pack (see below)

The accommodation has everything you need to settle in quickly, and you will be responsible for your own cooking once you arrive. The student starter pack includes basic kitchen equipment to make simple meals, and you can easily buy anything extra you may need. You will have internet access immediately, so you can contact your family to let them know you have arrived safely.

Homestay
If you are staying at a homestay, you can be sure you will have a warm welcome from your host when you arrive. They will introduce themselves, show you to your room and take you around the house. You will have an internet connection, so you can contact your family.

Please remember that you are a guest in their home, so always be polite and respect the rules of the house.

To find out more about your accommodation, click here.

Health and safety
Keeping all our students safe is our top priority. We will continue to follow UK government health and safety guidelines at all times, so you can rest assured that our residences and partner accommodation providers are taking the necessary precautions to protect your wellbeing.

These include:
• Hand sanitiser stations
• Regular and frequent cleaning routines
• Extra cleaning procedures for high-traffic points
• One-way systems
• Floor markings and signage for social distancing
• A maximum of one guest per resident to assist with moving in

Student starter pack
If you are staying at one of our residences, you do not need to bring any of the items in the student starter pack shown here. You will get basic bedding, cooking equipment and tableware (for legal reasons, knives are not provided).

Please note: actual contents of the student starter pack may vary.

In addition, we will also provide:
• Face mask
• Hand sanitiser

Fitted sheet
Toiletries pack
Toilet roll
Duvet cover
Hand towel
Toiletries pack
Toilet roll

Student residence
Homestay

Vegetable peeler
Spoon and Fork
Pillow
Fitted sheet
Duvet

Dinner plate
Glass Tumbler
Mug
Side plate
Cereal bowl
Pillow case

Saucepan
Spoon
Colander
Frying pan
Tin opener
Duvet cover
Hand towel

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When you arrive at the College

We’re preparing the College for face-to-face learning, and we have a range of solutions and innovations ready to make sure you’ll get a fantastic — and safe — study experience. We’ll make sure social distancing measures are in place if needed, and we will be following all UK government guidance on health and safety.

Welcome Week
You’ll have the opportunity to try out the different learning tools you’ll be using, and to get to know your classmates in a relaxed way. You’ll have a tour of your college, an introduction to your new city, and the chance to take part in games and social events. This will all help you feel part of a community as soon as you get to the College.

You’ll learn about:
• course details and academic support
• local university facilities
• UK laws and culture
• nearby places of religious worship
• public transport
• local shops and restaurants
• opening a bank account
• registering with a doctor*
• registering with the police (if required)
• visa and BRP information

* Students from European Union countries will require a European Health Insurance Card (EHIC). For more details, visit gov.uk.

Remember your documents
Don’t forget to have your documents available (see page 4), as we will need to see them before you can enrol.
Prepare for your pathway course

With Kaplan, you can gain entry to a university degree through a pathway course at Kaplan International College London. While you are studying with us, you’ll have many opportunities to gain the skills and confidence you need to succeed.

What you will study
You will take modules in 3 main areas:
• subjects related to your degree
• projects linked to your area of study
• English language and academic skills

How you will study
Your blended learning experience will involve a mix of traditional face-to-face teaching at your college and digital learning at your accommodation. This means that you’ll experience a variety of different teaching and assessment methods to help you demonstrate that you have met the learning outcomes of the modules and your programme.

You will develop a style of learning which involves doing some preparation work before you come to class. Please read about your pathway course and modules using the links from this page and prepare some questions to ask in the academic welcome sessions during your first week.

When you start your programme, we will provide you with all the essential learning materials you need for your programme, so you don’t need to buy any books before you arrive. During your course, your teachers may recommend supplementary materials that you may wish to purchase individually.

Preparing to study
Pathways Preview
This course gives you pre-arrival experience of Kaplan’s Virtual Learning Environment (VLE) and eligible students will have access to:
• digital learning preparation materials
• pre-recorded materials to experience online classes
• an online live class to experience Kaplan’s teaching
• additional modules on subjects such as eating healthily and taking exercise
• college staff contact for any questions

If you accept your offer at least seven days before the start of your course, you’ll receive a link giving you access.

KIC London Applicants’ area
This site will show you the modules you will take on your course, and will allow you to book your accommodation, prepare for a visa interview, and book your airport transfer. Kaplanpathways.com/london-applicants

University websites
Learn more about your degree and what you will study each year at your chosen university on their website. Some degrees also tell you the course books used in the modules, as well as a recommended reading list.

• aston.ac.uk
• birmingham.ac.uk
• bristol.ac.uk
• city.ac.uk
• cranfield.ac.uk
• qmul.ac.uk
• westminster.ac.uk
• york.ac.uk

London events
Find out about exciting events happening in London and plan your social life for when you first arrive.

• timeout.com/london
• allinlondon.co.uk

Connect with the College community before you arrive
Search: @KICLondon
#kaplanlife

Example timetable
Your studies will feature a mix of compulsory classes and additional activities. See below for an example of a Foundation Certificate for Science and Engineering timetable. You’ll receive your personal timetable shortly after you arrive at the College.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:00–11:00</td>
<td>Statistics</td>
<td>Self-study and collaborative work</td>
<td>English for Academic Purposes</td>
<td>English for Academic Purposes</td>
</tr>
<tr>
<td>11:00–13:00</td>
<td>Chemistry</td>
<td>Extended Project</td>
<td>Chemistry</td>
<td>Biology</td>
</tr>
<tr>
<td>14:00–16:00</td>
<td>Self-study and collaborative work</td>
<td>Self-study and collaborative work</td>
<td>Learning Support</td>
<td>Self-study and collaborative work</td>
</tr>
<tr>
<td>16:00–18:00</td>
<td>Self-study and collaborative work</td>
<td>Statistics</td>
<td>Extended Project</td>
<td>Applied Learning</td>
</tr>
</tbody>
</table>
Contact us

If you have any questions before you arrive in London, contact us and we will do our best to help. We are really looking forward to welcoming you at Kaplan International College London.

Kaplan International College London
3 Cathedral Street
London SE1 9DE
United Kingdom

+44 (0)20 3031 9710
KICL.Arrivals@kaplan.com

College arrivals number
(for use only when you’ve arrived in the UK)
+44 (0)7824 015653

UK Emergency services number
(police, fire brigade, ambulance)
999
Find out more
Visit the links below or contact us for more information.
We look forward to helping you make London your new home!

Click on the useful links below:
- KIC London pre-arrival information
- Accommodation at KIC London
- Studying in London
- Discover London

Contact details:
- Kaplan International College London
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- kaplanpathways.com/london

All information is correct at time of publication and is subject to change.
Published March 2021.