Understanding your pet's
CONVALESCENCE
How you can help your pet during convalescence.

If your pet is recovering after surgery or an episode of sickness, it can be a stressful time for both of you. But with your loving care they will soon begin to feel better. Remember your vet is there to help you through this difficult time. While your pet is at home recovering, there are also a number of steps you can take to make their recovery as comfortable and successful as possible. In this leaflet we will explain how you can offer the most advanced nutritional support to your convalescing pet, as well as some practical tips on the best way to encourage eating at a time when their appetite may be reduced.

Tips for feeding your convalescing pet.

It is important that you follow your vet’s advice. The following tips will help you provide additional support for your pet:

- Provide your pet with small quantities of food several times a day in a quiet environment.
- Hand feeding can also help. Gently offer small amounts of food to your pet from your hand.
- Try sitting with your pet and gently talking to them to encourage them to eat.
- Warming food to body temperature can help enhance palatability.
- As with any diet change, introduce food gradually.
- Pets should have fresh and clean water available at all times.
- If surgery is planned, your vet may advise specific nutritional support before their operation.
- Keep an eye on your pet. Pets with nausea, vomiting, or diarrhoea are at increased risk of malnutrition and slower recovery.

If your pet loses weight while being fed for nutritional support, contact your vet. Your vet may increase the number of calories your pet is eating and then reassess your pet several days later. While a fussy appetite for a day may not pose any significant risk, contact your vet if your pet does not eat for more than two days or consumes less than 50% of the normal intake for more than three days. Anorexia is the term your vet will use when your pet stops eating, or loses appetite for two or more days.
Food is important during recovery.

- Since many recovering cats and dogs can lose their appetite, it is important to feed a high calorie diet so they receive the maximum number of calories in a small quantity of food.

- Protein is an essential nutrient to help recovery and aid repair. Protein is important for building tissues and helps support the immune system. A high protein diet is crucial to help preserve muscles reducing lean body mass loss.

- Increased levels of omega-3 fatty acids help support the natural anti-inflammatory process, while increased levels of omega-6 fatty acid help tissue repair.

- Vitamin E (a powerful antioxidant), vitamin A and zinc are important nutrients to promote skin construction and support your pet's immune system.

PURINA® PRO PLAN® VETERINARY DIETS CN Convalescence Feline and Canine formula is a complete canned food designed to nutritionally support the veterinary treatment of cats and dogs during recovery.

Specially formulated with highly digestible ingredients such as turkey, salmon, liver and kidney, it is high in calories and contains optimal levels of essential nutrients. This provides your pet with the nutritional support needed for recovery. This product can also be fed to kittens and puppies during critical care.
Benefits of feeding Feline and Canine CN Convalescence to your pet:

- **Increased levels* of high quality protein.**
  To aid recovery, repair and preserve lean body mass.

- **High nutrient density.**
  To ensure your pet receives the energy they need to aid their recovery.

- **High digestibility.**
  To ensure essential nutrients are easily absorbed by your convalescing pet.

**PURINA®: a name you can trust.**

PURINA® PRO PLAN® VETERINARY DIETS are backed by strong science. The latest nutritional findings are applied to bring you some of the most innovative and effective formulas. Some sick cats and dogs can lose their appetite or even stop eating, so a palatable diet is of paramount importance.

Feline and Canine CN Convalescence is available in a highly palatable canned formula and this veterinary diet offers complete and balanced nutrition while meeting the specific dietary needs of your recovering pet.

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Feeding guidelines for Feline and Canine CN Convalescence.

Feline and Canine CN Convalescence formula can be fed straight from the can or diluted for syringe feeding as recommended by your vet (blend one part of Convalescence formula with one part of water). Your vet will advise the quantity to feed your pet depending upon their specific needs. This feeding programme is recommended as a guideline only. Provide fresh water daily in a clean container. Feline and Canine CN Convalescence is also suitable for kittens and puppies; please ask your vet for the feeding guidelines.

**FEEDING RECOMMENDATIONS for cats:**

<table>
<thead>
<tr>
<th>Cat body weight (kg)</th>
<th>Daily feeding quantities (adult maintenance) - can/day</th>
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<tbody>
<tr>
<td>2</td>
<td>2/3</td>
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<tr>
<td>4</td>
<td>1 1/4</td>
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<tr>
<td>6</td>
<td>1 3/4</td>
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<tr>
<td>8</td>
<td>2 1/4</td>
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</tbody>
</table>

For each additional 5 kg of body weight, feed an additional 2/3 of can per day.

**FEEDING RECOMMENDATIONS for dogs:**

<table>
<thead>
<tr>
<th>Dog body weight (kg)</th>
<th>Daily feeding quantities (adult maintenance) - can/day</th>
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</thead>
<tbody>
<tr>
<td>5</td>
<td>2</td>
</tr>
<tr>
<td>10</td>
<td>3</td>
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<tr>
<td>20</td>
<td>4 3/4</td>
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<tr>
<td>30</td>
<td>6 1/4</td>
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<tr>
<td>40</td>
<td>7 3/4</td>
</tr>
</tbody>
</table>

For each additional 5 kg of body weight, feed an additional 2/3 of can per day.

*versus FEDIAF Nutritional Guidelines