INTEGRATED MATERNAL NEWBORN AND CHILD HEALTH (IMNCH) STRATEGY

Why IMNCH Strategy?

- In 2000, at the Millennium Summit held in New York, World Leaders pledged to reduce child mortality and improve maternal health among other Goals (Millennium Development Goals) to ensure human development by the year 2015. Since the millennium declaration, Nigeria and many other countries are not on track to attaining the targets for reducing child mortality and improving maternal health.
- There are effective interventions to significantly reduce child mortality and improve maternal mortality. The problem is that they are not delivered to the populations in need at high enough coverage (e.g., 80% immunization coverage).
- Efforts have been largely fragmented and have not taken into good account the interdependency of the different stages of life. For instance, what we fail to give to a mother today in terms of health care, could affect the baby yet to be born and may have intergenerational effect that accrue to affect the child in school and his/her ability to attain the fullest potential for development.
- The situation calls for a new approach to doing business in health to improve the health of Mothers, newborns and older children. Thus, the recent development what is now known as a **Maternal, Newborn and Child Health Strategy** and the birth of a partnership for maternal, newborn and child health whose primary aim is to support countries to reduce newborn and child mortality and improve maternal health.

What does the IMNCH strategy entail?

- Focus on care with linkages from home to community to health facility Health policies, programmes and interventions in the fields of maternal, newborn and child health will be approached together and incorporated into integrated programmes.
- New and radical way of resource mobilisation (or resourcing), coordination (or coordinating) and putting into action a minimum range of effective interventions that have been proven to work for the attainment of MDG 4 -Reduce child mortality- and MDG 5 – Improve maternal health.
- Re-invigorating the struggle by governments, partners and all stakeholders for attainment of MDGs 4 and 5.

Packages of interventions for child survival and development strategy in Nigeria

Delivery		Intervention Mode
Family oriented / Community-based services	**1.1 Family Preventive/WASH Services**	
		Use of ITN by Under-five children
		Use of ITN by pregnant women
		Use of safe drinking water
		Use of sanitary latrine
		Hand washing with soap by mothers
		Condom use
	1.2 Family neonatal care	
		Clean delivery and cord care
		Putting to breast within 30 minutes of delivery and temperature management
		Universal extra community-based care of LBW infants
	1.3 Infant and child feeding	
		Exclusive breastfeeding for children 0-5 months
		Continued breastfeeding for children 6-11 months
		Complementary feeding from 6 months
		Supplementary feeding for moderately malnourished children (< 2SD)
	1.4 Community Management Illnesses	
		Oral Rehydration Therapy
		Zinc for diarrhea management
		Vitamin A - Treatment for measles
		Antimalarial treatment
Delivery		**Intervention Mode**
Population oriented schedulable services	**2.1 Preventive care for adolescents and adults**	
		Family planning
	2.2 Preventive pregnancy care	
		Antenatal Care
		Tetanus immunization
		Deworming in pregnancy
		Detection and treatment of asymptomatic bacteriuria
		Detection and management of syphilis in pregnancy
		Prevention and treatment of iron deficiency anaemia in pregnancy
		IPT for malaria
		ITN for pregnant women through ANC
	2.3 HIV/AIDS prevention and care	
		PMTCT (testing and counseling, AZT + sd NVP and infant feeding counseling)
		Condom use
		Cotrimoxazole prophylaxis for HIV+ mother
		cotrimoxazole prophylaxis for infants of HIV+ mothers
	2.4 Preventive infant & child care	
		Measles vaccine
		BCG vaccine
		TT vaccine
		OPV vaccine

		DPT vaccine
		Pentavalent (DPT-Hib-Hepatitis)
		Hib vaccine
		Hep B vaccine
		Vitamin A - supplementation
		ITN for under five through EPI
Delivery		**Intervention Mode**
Individual oriented clinical services	**3.1 Clinical primary level skilled maternal & neonatal care**	
		Skilled delivery care
		Resuscitation of asphyctic newborns at birth
		Antenatal steroids for preterm labour
		Antibiotics for Preterm/Prelabour Rupture of Membrane (P/PROM)
		Detection and management of (pre)ecclampsia (Mg Sulphate)
		Management of neonatal infections at PHC level
	3.2 Management of Illnesses at Primary Clinical Level	
		Antibiotics for U5 pneumonia
		Antibiotics for diarrhea and enteric fevers
		Vitamin A - Treatment for measles
		Zinc for diarrhea management
		Artemisinin-based Combination Therapy for children
		Artemisinin-based Combination Therapy for pregnant women
		ART for children with Aids
		ART for pregnant women with AIDS
	3.3 Clinical first referral illness management	
		Basic emergency obstetric and immediate neonatal care (B-EONC)
		Management of severely sick children (referral IMCI)
		Clinical management of neonatal jaundice
		Universal emergency neonatal care (asphyxia aftercare, management of serious infections, management of the VLBW infant)
		Management of complicated malaria (2nd line drug)
	3.4 Clinical second referral illness management	
		Comprehensive emergency obstetric and neonatal care (C-EONC)
		Other emergency acute care
		Management of complicated Aids

Who should take action to accelerate the achievements of Millennium Development Goals 4 and 5 and to keep the promise made to mothers and children?

- **All of us:** The Executive (Federal and State), Legislature (Federal and State), Local Government Authority, Professionals, Journalists and Media, Community Organizations and leaders, Parents

What can you do?

- Introduce policy and legislation
- Provide funding
- Maintain low duty rates on ITNs/LLTNs and other malaria commodity
- Provide physical and financial access to health facility and safe water as well as ensure adequate sanitation
- Immunize newborns and children
- Popularize IMNCH strategy

National Integrated Maternal Newborn and Child Health Strategy

Keeping the promise made to mothers and children by ensuring high coverage of effective interventions to reduce newborn and child mortality and improve maternal health

Canadian International Development Agency · PATHS · DFID · unicef · UNFPA · USAID · World Health Organization · aropharma · Mc Arthur Foundation