## **Badenoch and Strathspey Food Hub**

## Items suggested for Harvest Services on 8th October

SOUP - TINS OR PACKETS

CARTONS OF JUICE - APPLE OR ORANGE

LONG LIFE MILK

TINS OF MEAT

**TEA BAGS** 

PASTA SAUCE

**SUGAR** 

**CUSTARD – TINS OR PACKETS** 

WASHING UP LIQUID

**TOILET ROLLS** 

CAT FOOD