Supporting each other through the Corona Virus pandemic

I hope everyone is keeping well and getting used to the current restrictions, it has certainly been a challenge. I am very grateful for the nice weather we have had which has meant we can spend time outdoors as a family, we are very lucky to be surrounded by such lovely countryside in Walton.

I wanted to say a huge thank you to all our volunteers and to anyone who has helped out in the Community of the past few weeks. It has been heart warming to see the acts of kindness coming through in these difficult times. I have really enjoyed seeing the rainbow art work that the children have produced and everyone of them will get a prize, including special prizes for 1st, 2nd and 3rd. Please keep an eye out on our Facebook page for details. In the meantime keep looking out for each other and spreading kindness, ask for help if you need it and keep in touch.

Naomi, Walton parish council chairman

Our Community is Here to help...

Local volunteers within the community are still offering to help - for example with shopping being picked up or prescriptions collected.

So if you need to stay at home and cannot get out due to Covid 19 there are people that you can approach Contact the Walton Community Help line on 07342 115108 or 07342 115100

We are also on Facebook Search there for: Walton Community News or type this link into your browser: https://www.facebook.com/groups/waltoncommunitynews/?ref=share

clerk@waltonpc.org Walton Parish Council c/o 21 Bere Lane BA6 8BD
Searching for Rainbows Competition

A little bit of light - these are some of the pictures of Rainbows sent into us so far...

Other Colour...
The comment has been made that the Walton in Bloom competition this year will have some superb entries due to the amount of time that people have been able to spend on their gardens...
The judging usually takes place on the first Friday in August - with every garden that can been viewed from the road automatically included - there are categories for hanging baskets, containers, unusual gardens and best garden overall.

Wild Flowers
The new wild flower beds are starting to come into bloom and soon will be providing a beautiful display of colour around the village.
When the current lock down restrictions to keep us all safe are lifted Council are looking for people to ‘adopt’ a bed to care for - Cllr. Bob Musgrave will be happy to provide guidance and advice about looking after wild flowers so no experience is necessary!
With at least one bed already adopted do let us know if there is one you would like to look after.

In Touch with Walton
April / May 2020
Walton Village Hall

There have been some changes to the village hall. Richard and his team have taken advantage of the closure and nice weather to press ahead with extending the car park and levelling the slope out the back.

Bonfires -

With everyone staying at home during these difficult times, Mendip District Council is asking Mendip residents to be considerate to their neighbours and avoid having bonfires. Smoke from fires can aggravate the symptoms of vulnerable people and cause people stress when they are staying at home to shield, isolate or social distance. Additionally, the risk of uncontrolled fires places unnecessary demand on the Fire Service.

Mendip advice is to compost your garden waste or if it is not suitable to compost, store it, as well as any other waste, until it can be collected or taken to one of our household recycling centres once they reopen. This is not ideal, but your cooperation during this time will help you and your neighbours to stay at home, protect the NHS and save lives. More information can be found on our website:

www.mendip.gov.uk/article/7521/Smoke-Nuisance-and-Dark-Smoke

Fund raising Local Walton resident,

James Neal, considers himself to be extremely lucky, with a healthy family and a secure job that he can continue to do from home whilst in this period of lock down. Like many local people, he normally has a long daily commute, travelling to South Gloucestershire 5 days a week. Over night, a 90mile round trip was reduced to just a few steps to the spare room. James decided that instead of taking an extra hour in bed, he would put his extra time to good use. So, since his first day of working from home, he has gone for a run. The original plan was to run 10Km a day for 5 days with a target of £200 in support of NHS Charities Together. However, following an over whelming show of support from colleagues, friends and family, the target quickly grew to £1000, with a plan to run a minimum of a 10Km, 7 days a week, with a target of running 500Km. He the completed first 400Km in 31 days and is on target to achieve his 500Km target by the end of April.

If anyone would like to support James and NHS Charities Together, you can sponsor James on JustGiving.com, just search for James Neal or James’s 10K a day for the NHS.
CURRENT NHS ADVICE:

Do not go to a GP, pharmacy or hospital if you are displaying Coronavirus [COVID 19] Symptoms.
You can check your symptoms online at 111.nhs.uk.
or if you do not have access to the internet call 111 for the NHS non-emergency line and speak to a trained advisor, supported by healthcare professionals.

Also use NHS 111 if:
- you feel you cannot cope with your symptoms at home
- your condition gets worse
- your symptoms do not get better after 7 days

Prescription Delivery

Millfield school volunteers are providing a free local community prescription collection and delivery service on weekdays from Boots and Tout’s pharmacies in Street direct to your door.
To take advantage of this please call your local pharmacy and ask to be included:
- Boots: 01458 441 522
- Tout’s: 01458 442 448

Just a reminder...

Use the help lines, do not accept help from doorstep callers [unless you know them well!]
and do not hand over money in advance for shopping etc. pay on delivery.
- Keep safe -

Post Office Help Line - 0345 722 3344

If you usually collect your pension from the post office and are now staying at home please call the post office help line for advice on how to appoint a trusted person or carer to collect it for you.

Information and articles in this newsletter are gathered from council, village & public sources, and contributors. The information is accepted as factual and honest.

Newsletter printed by the Walton Press