

AWAKENING IN THE NOW (Ref. 168)

An illuminating filmed talk by spiritual guide Eckhart Tolle, who explains profound concepts such as liberating the ego, aligning with the now and awakening to yourself. Throughout this stimulating encounter, the best-selling author explains how individuals can create a better world by tuning into the present instead of obsessing about the past and the future.

About Eckhart Tolle:

Eckhart Tolle graduated from the University of London and was a research scholar and supervisor at Cambridge University. At age 29, a spiritual transformation changed the course of his life. For the past 10 years, he has been a counsellor and spiritual teacher working with individuals and groups in Europe and North America. His first book, 'The Power of Now', has been translated into 17 languages, and is now in its sixth printing, with over 100,000 copies in print.

(1 hour 50 minutes)