

GOING NOWHERE (Ref. 244)

In 'Going Nowhere' Jac O' Keeffe speaks about the natural functioning of pure perception, encouraging the viewer towards the recognition of life living itself without personal ownership of any subjective thought. The workings of mind are demystified. When studied, this film offers copious opportunities to understand how thinking processes culminate in a belief in separation. Enlightenment and non-duality are shown to be phenomena within duality: 'Going Nowhere' is an invitation to that which is prior to non-duality.

(1 hour 14 minutes)