

SIMPLE STEPS TO AN EXCEPTIONAL LIFE (Ref. 071)

"Life is a series of problem solving situations. " - Dr. Arthur Caliendo

Dr. Caliendo reminds us of simple ways we can make our life more meaningful. Through stories and his own wisdom gained from experience, he leads your soul back home to a place of understanding and peace. No matter where you are in life he has something to teach you about enjoying life more through solving problems creatively and embracing life's challenges without fear.

"Simple Steps to an Exceptional Life" gently leads you through an understanding of attitude, how to establish relaxation rituals, why it is important to forgive and what it takes to be a true leader.

(1 hour 00 minutes)