

ACPEM Study Day & AGM
Friday 27th March 2020
In the CSP council chamber,
14 Bedford Row, London, WC1R 4ED



**The Association of Chartered Physiotherapists in Energy
Medicine warmly invite you to join us for our study day in
March when we will be running an
OldPain2Go® certification course
& holding our AGM 7 hours CPD**

Members £125
Non-members
£150
Includes lunch

This is an exciting opportunity for ACPEM physiotherapists

to be at the forefront, learning an innovative technique with a growing evidence base which can reduce or completely remove chronic pain in one session.

OldPain2Go® has the potential to do that.

Physiotherapist Drew Coverdale MSc, BSc Hons, MMACP will deliver our training in the OldPain2Go® technique live at the CSP in March. Drew graduated in 1997 and worked as an ESP in County Durham and also as an Associate Lecturer at Teesside University before moving into private practice. Two years ago, he observed the OldPain2Go® approach developed by Steven Blake, who has a background in NLP.

Although initially very sceptical of this talking therapy, Drew developed a way of integrating it within his physiotherapy practice and was amazed at the outcomes, often markedly reducing chronic pain in one session. He now teaches OldPain2Go® to a variety of therapy professionals in the UK and internationally.

Building an evidence base to match the empirical testimonials is vital so that many more physiotherapists will learn this technique and take the opportunity to facilitate their patient's journey out of chronic pain. To this end, Drew worked in collaboration with Teesside University to complete the first feasibility study on OldPain2Go® which is currently being prepared for publication.

The OldPain2Go® training is a 6-hour course which includes a review of current pain neuroscience, instruction in the technique, a full demonstration, how to apply it within your practice and access to other ongoing resources. On completion participants will be able to register and be listed as OldPain2Go® practitioners adding a new tool to their portfolio of skills.

[click here to enjoy some testimonials of OldPain2Go cases](#)

ACPEM are delighted to be the first group of Physiotherapists to engage with the Oldpain2Go technique and have managed to negotiate a fantastic discount package for you.

Join us if you can!

If there is time the afternoon we will end with an open session for putting learning into practice or for ACPEM style treatment swaps – a little time to share treatments and stories within small groups, to swap on a one to one basis or perhaps experience multi-therapist bodywork.

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planning for the day - in a flexible way



Experience Listen Observe Sense Feel Do

Please come with a willingness to share and to participate in a short AGM to strengthen the group whilst earning valuable CPD hours and experiencing invaluable peer support. There is a lot to get through on the day and we should all leave with our spirits soaring. As there is no option to over-run at the CSP please be on time ;-)

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| 9 - 9.15 am | welcome teas, coffees and catch-ups |
| 9.15 - 11.00am | OldPain2Go® Introduction and review of neuroscience |
| 11 - 11.15am | coffee break |
| 11.15 - 1pm | OldPain2Go® Instruction in the technique |
| 1 - 2pm | Lunch together |
| 2pm – 3.30pm | OldPain2Go® Demonstration and application to practise |
| 3.30 - 4 pm | tea break and short AGM |
| 4 - 4.30 pm | OldPain2Go® Resources |
| 4.30 - 5pm | Free session with a personal focus – try something that you learned today or participate in some ACPEM style intuitive work. |

Close of the day and farewells until next time

Pre-workshop videos will be sent out in advance so that we can save time and get through as much practical as possible on the day.



We are delighted to be able to use the council chamber at the CSP in Bedford Row, London. Don't miss this opportunity to share this special day with ACPEM in our professional home.

Places will be allocated on a first come first served basis - members only until the end of December.

Payments should be made using bank transfer with your name clearly used as the reference directly into the ACPEM bank account Sort code **30-91-12** Account number **03086713**

[Application form](#) or type <https://form.jotform.co/73406969895881> into your browser

Enquiries to Tracy Maunder tracy.lawson-may@talk21.com or Carol Robertson carolacmos@live.co.uk

Enquiries about payment to Christine Shelley, ACPEM Treasurer Mobile 07595 397964