

the start of the U11 girls' race

Boxing

Youth triumphs over experience for Dalton



Mitchell Dalton

A young Nairn boxer was in impressive form in his first fight of the year at the recent Inch ABC's Club Show at Bennachie Centre where he defeated his much more experienced opponent.

Mitchell Dalton, who is just 17 and still at Nairn Academy, took on 32-year-old Greg Paterson in a light-heavyweight contest over three two-minute rounds, which he won by a unanimous decision.

Dalton, boxes out of the Highland Boxing Academy at the Forge Gym in Inverness.

Head coach Liam Foy told the *Nairnshire*: "Mitchell was in control of the bout from start to finish. He was relentless, landing punch after punch.

"He caught his opponent with beautiful jabs on the way in, while in close he was catching him with lovely right hooks to the body fol-

lowed by right uppercuts.

"Late on in the second round he had his opponent in the corner and the referee was going to give him a standing count but was saved by the bell, such was Mitchell's dominance.

"It was a great win for Mitchell who was the co-main event on a sell-out evening, which created a brilliant atmosphere," Foy added.

More recently, Mitchell travelled to Aberdeen for the North District Schoolboy and Youth Championships but was left disappointed when it emerged there was no opponent for him.

However, he is expected to return to the ring at the Inverurie show on March 17.

Another local lad who has just passed his medical to join the Highland Boxing Academy is 14-year-old Alex Birks, from Auldearn.

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3:19.17 pb,
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200m back
36.49, 200m
200m free
n (13) 400m
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(13) 200m
free 28.13,
b, 200m fly
l Hoath (10)
200m breast
3:15.80 pb;
back 3:18.96
200m breast
e (10) 200m
00m breast
2:50.51 pb;
400m free
.15.