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MARR AREA partnership

Dear All,

Mindfulness Skills for Times of Difficulty. Includes guided compassionate based mindfulness practices that can help us to: pause during difficult times; settle the mind using breath, mindful movement, and mindful object practices. Suitable for people new to mindfulness. Sessions will be gentle and inclusive. Weekly practice: starts Friday 24th August: 2:30-3:30pm, Networks of Wellbeing, 18 Steven Road, Huntly. For more details, and to book your place call 01466 793732 or email maria@networksofwellbeing.org

Smarter Choices, Smarter Places Open Fund. The Smarter Choices, Smarter Places (SCSP) Open Fund aims to encourage people to change their behaviours to walk or cycle as part of their everyday short journeys. The fund will also encourage people to use sustainable travel choices for longer journeys. The Open Fund is available to support public, third and community sector organisations that want to change people's everyday travel behaviour. The fund aims to help cut Scotland's carbon emissions and improve our air quality. It will also help reverse the trend towards sedentary lifestyles and will tackle health inequalities. Grants available are between £5000 and £50,000 and will require to be match funded. For examples of previous SCSP projects, [click here](#). Expressions of interest are being accepted for the SCSP Open Fund from interested applicants. See the attachments below for full details.

[SCSP Open Fund Guidance Doc.pdf](#)

[SCSP Open Fund Small Grant Guide Smc V2.pdf](#)

[SCSP Open Fund Large Grant Guide Smc V2.pdf](#)

Cairngorms Nature Action Plan 2018-2023. What do you think are the most important things that need to happen to safeguard and enhance the rich and varied wildlife of the Cairngorms National Park in the next five years? The Cairngorms National Park Authority is asking for your views on the draft Cairngorms Nature Action Plan 2018-2023. Click on the link below to give your views: consultation ends on Friday 14th September.

<http://cairngorms.co.uk/consultation/cnap18/?>

[utm_medium=email&utm_campaign=Cairngorms%20Nature%20Takes%20Action&utm_content=Cairngorms%20Nature%20Takes%20Action+CID_0b5bb325784e8ee48f58ac60c7f32c72&utm_source=Campaign%20Monitor%20Newsletter&utm_term=now%20consulting](http://cairngorms.co.uk/consultation/cnap18/?utm_medium=email&utm_campaign=Cairngorms%20Nature%20Takes%20Action&utm_content=Cairngorms%20Nature%20Takes%20Action+CID_0b5bb325784e8ee48f58ac60c7f32c72&utm_source=Campaign%20Monitor%20Newsletter&utm_term=now%20consulting)

The 2018 /2019 Making Places initiative is now open. This initiative is for community-led design and the Place Standard Conversations Fund, and aims to encourage communities to positively and actively contribute to the development of their local places. In all cases, projects coming forward to access support should be able to demonstrate a strong emphasis on tackling inequality and will have a clear ambition to combat disadvantage through community activity and creative thinking. There are two funding options: 1. The Place Standard Conversations Fund will support communities who are keen to develop their understanding of place and build their skills and confidence. 2. The Community-led Design Fund will support communities to participate in and lead design events, such as workshops and charrettes. Next deadline: 28th September. <https://beta.gov.scot/publications/making-places-initiative-2018-2018-prospectus-and-application-form/>

kind regards
Natasha

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