

High Life Highland Great Glen Youth Work Summer Programme 2018



Summer Programme Informed Consent Programme Details

Age Range and
Booking
Information

High Life Highland Youth Development has a fantastic programme of activities available for the new S1 pupils to S6. To book activities please return the attached booking form and payment.

Follow us on Face Book:

<https://www.facebook.com/Great-Glen-Youth-Development-322271341248703/>

Details

Equipment

Personal equipment for all activities (e.g. climbing, walking, bushcraft,)

- Lightweight waterproofs*
- Fleece/s* & Comfortable warm clothing (no jeans), including a change of clothes in the event of wet weather or getting cold
- Small rucksack around 25ltr*
- Warm gloves & hat
- Sturdy trainers (like trekking shoes) or walking boots
- Sun cream/midge repellent/ net – weather / time of year dependent
- Water bottle (at least 1ltr and not fizzy or caffeinated)
- Packed lunch and snacks for the duration
- Personal medications (discuss with HLH staff)

Additional Equipment for specific activity types

Watersports (e.g. Kayaking Canoeing, gorge walking)

- Large towel
- Optional flask of warm drink
- Swimming costume or shorts & fleece
- Footwear with a 'grippy' sole to get wet (must be lace up)

Biking

- Close fitting leggings or trousers / shorts
 - Thin hat (if cold) to fit under helmet
 - Biking or thin gloves
 - Mountain Bike* and Cycling Helmet* appropriate to the planned activity
- NB: Mountain Bikes and Helmets can be supplied. Participants wishing to use their own bikes and helmets will have them checked for suitability by HLH staff.

* provided on request.

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Staff and Instruction	All activities are coordinated and delivered by HLH Youth Work staff and instructors in possession of appropriate experience, qualifications and guidance and a sense of humour ☺
Communication	Please be aware that mobile coverage in and around activity areas may at times be limited. The activity leader will always have a communication plan. In the event that a message needs to be passed to a group / individual they can be contacted via the HLH Youth Work staff on 07788387541 - John Taylor.
Medical	Any changes to medical conditions since booking that may affect participation must be communicated to kirsten.petrie@highlifehighland.com
Valuables and Security	Please minimise valuables. Valuables and their security are the responsibility of the participant. HLH staff will do their best to advise and maintain security of items.
Conduct and Behaviour	The highest level of conduct and behaviour will be expected from all participants and staff during HLH Youth work. Any concerns may be addressed with parents and guardians directly or via HLH management as necessary.
Pastoral Care	HLH staff will provide pastoral care. Where there are specific areas requiring further attention parents and guardians should discuss needs with HLH Youth Work staff.

We will always strive to offer the activity, itinerary and venue as agreed. However, there may be times where the programme may need to be adapted due to weather and unforeseen circumstances can affect the best activity plans. Where necessary we may be required to adjust the programme whilst continuing to meet its aims. In the event of a significant change we will contact all parties.

Please email kirsten.petrie@highlifehighland.com or call us on 01456459224 / 07795304941 if you require any further information.

Kind Regards

Kirsten Petrie

Youth Development Officer



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Date	Activity	Activity Description	Cost
03/07/2018	Gorge Walking/ Culloden Gorge	<p>Walk, scramble and swim your way up and down some fascinating stretches of Highland burns. Water confidence is an advantage to get the most from this activity, instructors will always be on hand to support if need be. This at times can be physically challenging and the instructors will choose the route and activity to suit the group needs. On occasions due to the water levels venues and or activity may need to change at short notice</p> <p><u>Pick Up</u> Fort Augustus Car Park 9.30am</p> <p>Invermoriston Car Park 9.50am</p> <p>Glen Urquhart High School 10.15am</p> <p><u>Drop Off</u> Glen Urquhart High School 4.00pm</p> <p>Invermoriston Car Park 4.15pm</p> <p>Fort Augustus car park 4.30pm</p>	£10pp
05/07/2018	Cooking session	Come along and have an afternoon of cooking 11.00- 2.00 Fort Augustus Village Hall	Free
10/07/2018	Mountain Biking	<p>Off road cycling, at Learnie Red Rocks holds some fantastic flowing mountain bike trail suitable for all abilities.</p> <p>All participants will be supplied with helmets and appropriate bikes for the planned route.</p> <p>A skills assessment will take place before embarking on trails and individuals will be expected to ride within the parameters given by the instructor and as the group skills allow.</p> <p>If participants are bringing their own bike and associated equipment it must be fit for purpose and will be checked by the ride leader before departure.</p> <p><u>Pick Up</u> Fort Augustus Car Park 9.00am</p> <p>Invermoriston Car Park 9.20pm</p> <p>Glen Urquhart High School 9.45pm</p> <p><u>Drop Off</u> Glen Urquhart High School 4.30pm</p> <p>Invermoriston Car Park 5.00pm</p> <p>Fort Augustus car park 5.15pm</p>	£10pp
11/07/2018	Cooking session	<p>Come and Bake Cakes for our coffee morning tomorrow and some quality assurance testing!</p> <p><u>Pick Up</u> Glen Urquhart High School 11.30am</p> <p>Invermoriston Car Park 11.50pm</p> <p><u>Drop Off</u> Glen Urquhart High School</p> <p>Invermoriston Car Park</p>	Free

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As the parent or guardian of _____ I give my permission for the participation in the Summer Activities Selected above and the transportation to the activity by minibus or staff car as described in the informed consent above.

The Emergency contact details: Name _____ Number:: _____

Secondary Emergency Contact: Name: _____ Number: _____

Medical/ Learning Needs _____

Parent/ Guardian Signature. _____

Date	Activity	Please tick your activity choice	Cost
03/07/2018	Gorge Walking: Culloden Gorge		£10
05/03/18	Cooking session		Free
10/07/18	Mountain Biking		£10
11/07/18	Cooking Session		Free
12/07/2018	Coffee Morning		Free
13/07/18	Roller Bowl		£13
16/07/18	Canoeing and Bush Craft: Loch Oich		£10
16/07/18	Fusion – Pizza and Film Night		Free
26/07/18	Fusion – Film Night		Free
24/07/2018	Infinity Trampoline Park		£15
Please make cheques payable to "Highland Council"		Total Cost	£

Data Protection: The information you have supplied will be used for the purpose(s) for which you have provided it. High Life Highland will also use it to plan improvements and to meet our obligations in delivering services on behalf of The Highland Council. This data will be maintained in accordance with the Data Protection Act 1998 and will not be passed on or sold to any other organisation without your prior approval, unless there is a legal requirement to do so. High Life Highland would like to send you information about our own products and services and the benefits of being a High Life member by post, telephone, email and SMS. If you agree to being contacted in this way, please tick the relevant boxes.

Post Phone Email SMS

Declaration: I consent to my child taking part in Great Glen Youth Development activities and I agree to the use of my personal data as detailed above

I agree to the use of my personal data as detailed above.

Signature:

Date:

