**The Pines Autism Information Sessions 2017**

**Supporting Parents and Carers of Children with Autism**

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| **Date** | **Time** | **Subject** |
| 12th January 2017 | 10am -12pm | Everyday Challenges –Sharon Morris (Occupational Therapy Team) |
| 2nd February 2017 | 10am -12pm | Responding positively to a child with an additional support need – Angela Stewart (Promoting Positive Relationships Team) |
| 7th February 2017 | 6pm - 7.30pm | **Twilight Session**Responding positively to a child with an additional support need – Angela Stewart |
| 2nd March 2017 | 10am -12pm | Education and additional support needs –Bernadette Cairns (Head of Additional Support Services) |
| 7th March 2017 | 5.30pm – 7.00pm | Story Session**Booking required** |
| 30th March 2017 | 10am – 12pm | Pines social coffee morning – all welcome |
| 11th May 2017 | 10am – 12pm | Positive futures –Kabie Brook (Autism Rights Group Highland) |
| 30th May 2017 | 5:30pm – 7pm | Story Session**Booking required** |
| 8th June 2017 | 10am – 12pm | Planning for a summer holiday – Sharon Fraser (SNAP) |
| 13th June 2017 | 5.30pm – 7pm | Pines family picnic –**Booking required** |
| 29th June 2017 | 10am – 12pm | Pines summer social – all welcome |
| 7th September 2017 | 10am – 12pm | Let’s make a deal –Liz Clark (Autism Outreach Team) |
| 12th September 2017 | 6pm – 7.30pm | **Twilight Session**Let’s make a deal – Liz Clark (Autism Outreach Team) |
| 5th October 2017 | 10am – 12pm | Emotionally coming to terms with a diagnosis –Led by NAS parent volunteers |
| 2nd November 2017 | 10am -12pm | Citizens Advice Bureau – Benefits etcElaine Donnelly (Raigmore CAB) |
| 14th November 2017 | 5.30pm – 7pm | Story Session**Booking required** |
| 5th December 2017 | 5.30pm – 7pm | Family session with Eden Court**Booking required** |
| 14th December 2017 | 10am – 12pm | Christmas social – all welcome |

Please note that all bookable events can be booked by phoning

either the NAS (01463 720056) or CHIP+ (01463 711189).

All events will be held at The Pines, Drummond Road Inverness, IV2 4NZ. Booking not required for most sessions. After the presentation there will be plenty of time for coffee and chat. We look forward to welcoming you.

The National Autistic Society Scotland (01463 720057) Chip+ (01463 711189)

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**The Pines Autism New Parent Drop-in Sessions 2017**

**Supporting Parents & Carers of Children with ASD**

The National Autistic Society Scotland and Chip+ welcome parents to a series of informal coffee morning in 2017. Come and meet other parents and enjoy a coffee and chat.

Please come along and join us if your child

* Has had a diagnosis of autism within the last 12 months, or
* Is going through assessment, or
* If you have started attending Pines Drop-ins within the last 12 months, or
* If for any reason you have not attended Drop-in sessions for 12 months or so.

**Thursday 16th February, 10:30am – 12pm**

**Thursday 16th March, 10:30am – 12pm – Session for Polish Families**

**Thursday 18th May – 10:30am – 12pm**

**Tuesday 22nd August 6.00pm – 7:30pm – Twilight Session**

**Thursday 26th October 10:30am – 12pm**

**Thursday 23rd November 10:30am – 12pm**

All events will be held at The Pines, Drummond Road Inverness, IV2 4NZ. Booking not required. Come for the whole session or just call in.

We look forward to welcoming you.

The National Autistic Society Scotland (01463 720057) Chip+ (01463 711189)