



22ND JULY 2018

FAMILY FUN DAY!

RNLI FUNDRAISING EVENT

Come and enjoy the fun in the beautiful setting of Trumland House and Gardens.



**FAMILY FUN DAY
AT
TRUMLAND HOUSE
ROUSAY**

**FUNPACKED
AFTERNOON FOR
ALL AGES**

2.30PM – 5.00PM

**FOOD, DRINKS,
GAMES**

**FREE ENTRY
ALL PROCEEDS
TO THE RNLI**

**FERRY TIMES
TINGWALL-ROUSAY**

14.45

**LAST FERRY
FROM ROUSAY
17.30**

The Rousay Cinema returns on Saturday 21st July at the School. We will be showing The Shape of Water at 8pm.
Entry by silver collection. All welcome (even students).

THE SHAPE OF WATER

From master storyteller Guillermo del Toro comes THE SHAPE OF WATER, an otherworldly fable set against the backdrop of Cold War era America circa 1962. In the hidden high-security government laboratory where she works, lonely Elisa (Sally Hawkins) is trapped in a life of isolation. Elisa's life is changed forever when she and co-worker Zelda (Octavia Spencer) discover a secret classified experiment. Rounding out the cast are Michael Shannon, Richard Jenkins, Michael Stuhlbarg, and Doug Jones.

Send in your article for the next edition of The Review to the Editor:

E: kayleigh@aroundrousay.co.uk

T: 01856 821360

W: Howdis Meadow, Rousay, KW17 2PR

Deadline for the next issue: Friday 27th July 2018 (5pm)

Late articles are not guaranteed to be included



Funder
logo

July 2018

**What's On this month
in Rousay, Egilsay & Wyre**

Tuesday, 3rd July

→ Taversoe InnQUIZition, The Taversoe, 8pm

Saturday, 7th July

→ Egilsay Summer Dance, Egilsay Community Centre, buffet served from 7.30pm
(a late ferry will leave Egilsay at 1.30am)

Wednesday, 11th July

→ Orkney Heritage Society Eynhallow Trip
PRE-BOOK (Standby Date: Thursday 12th July)

Saturday, 14th July

→ 'At The Pier' Open Community Consultation Meeting, The Crafhub, 10am

Tuesday, 17th July

→ Taversoe InnQUIZition, The Taversoe, 8pm

Saturday, 21st July

→ Rousay Cinema: The Shape of Water, Rousay School, 8pm

Sunday, 22nd July

→ Family Fun Day (RNLI), Trumland House & Gardens, 2.30pm - 5pm

Regular Events

Every Monday

→ Coffee Morning, The Crafhub, 10.45am - 12.45pm

Every Wednesday

→ Triangle Club, Church Centre, 10am-1pm
→ Bridge, Rousay School, 7.30pm - 9.30pm

Every Thursday

→ Coffee Morning, The Crafhub, 10am - 11am

Every Friday

→ Rainbows & Brownies, Rousay School, 3.10pm - 4.30pm

Every Sunday

→ Fatburn Extreme, Rousay School, 11am

Coming Up

August

→ Children's Summer Holiday Art Club (4-12yrs), The Crafhub

Friday 3rd August

→ Blide Trust Workshop, The Crafhub, 11.30am - 3pm **PRE-BOOK**

Sunday 5th August

→ Rousay Horticultural Show, Rousay School, Open to public from 2.30pm

Friday 10th August

→ Mobile Library visits Rousay & Egilsay

Tuesday 14th August

→ Destination Orkney, Church Centre, 10am - 4pm

Wednesday 22nd August

→ Citizens Advice Bureau, Church Centre [or call to arrange a home visit], 11.30am - 2.30pm



The Taversoe
01856 821 325



Tuesday July 3rd @ 8pm

AND

Tuesday July 17th @ 8pm

Free Entry

Snowball Jackpot

Light Snack Supper

Summer Opening Hours

Monday - 11am to 5pm

Tuesday - Saturday - 11am to 11pm

Sunday - 11am to 10.30pm

Food served until 5pm (Monday),
9pm (Tuesday to Saturday) and 7.30pm (Sunday).

**My Favorite Thing
To Make For Dinner Is
RESERVATIONS**

Dinner Reservations

The summer is here and The Taversoe is getting busier every week. Food service may be affected.

As dining room space is limited, I would kindly ask you to make a reservation should you wish to come in for a meal.

Also please be aware that due to demand on the kitchen I may be unable to fulfil short notice take-away food orders.

Many thanks for your understanding,

Carey - 821 325

Want to Join....



Team Taversoe?

Team Taversoe

Would you be interested in joining our team?

I am looking for wait/general staff for a couple of weekday shifts.

No experience required as full training will be given, however you will need to be over the age of sixteen.

If you'd like to know more feel free to stop by The Tav for a chat or give me a call.

Many thanks, Carey xx

Orkney Mobile Library

Next visit to Rousay & Egilsay:

Friday 10th August



Weekly Bridge

Community School
Mondays 7.30 - 9.30pm

New players are always welcome and
help is on hand to get you started.



Rousay Tai Chi Chuan 2018

Apologies but there will not be any classes
in July as Mike is away on holiday.

See August Review for new class dates.



EGILSAY SUMMER DANCE

SATURDAY 7th JULY
AT EGILSAY COMMUNITY CENTRE

BUFFET SERVED 7.30 P.M

BAR *MUSIC BY* *RAFFLE*

THE GABLOS



ADMISSION - ADULTS £6.00
 KIDS £3.00
UNDER SCHOOL AGE FREE

A LATE FERRY WILL LEAVE EGILSAY AT 1.30 A.M, AFTER THE
DANCE, RETURNING TO WYRE, ROUSAY AND TINGWALL.
PLEASE BOOK ALL FERRIES IN ADVANCE.



SCOTTISH

FIRE AND RESCUE SERVICE

Working together for a safer Scotland

Retained Duty Service Firefighters

An RDS Firefighter is a professional firefighter who may have a full time job outside the fire service but responds to emergency calls within their local area as & when required

Applicants are required to be aged 18 years or over, have a good level of physical fitness & have the required standard of vision & colour perception

You will be required to be readily available to attend incidents & should therefore live or work around 5-8 minutes from the Rousay Fire Station

Why not join us?

For more information you can contact Russell (07761 939645) or Zoë (821 454)

For detailed information on the admission process and to apply please visit

WWW.MYJOBSOTLAND.GOV.UK

and search for "RDS Orkney"

Applications for this quarterly intake close on Monday July 9th

Wanted

Freezer, or fridge freezer
for outhouse.

Please phone Jean at Viera View
821202 or 07917683089

For Sale

2 wheel drive Freelander..tidy
vehicle..Towbar..mot ran out end of
May..needs new rear bearing and
sticky handbrake..work but needs
adjusting..bought but now not
needed...£250.

Contact Trish.



Wanted

Working TV
to complement digi box
and licence at Vaquoy

Age, size immaterial.
Happy to pay a modest sum.

Alison Firth
Text to 07887 568 900

Wanted

Looking for building stone to finish off wall,
please contact Trish...821487

For Sale

...2 seater sofa..and pouffe...£55....
3 seater sofa and matching recliner...£80.00...
single wardrobe...£45.00...

Young Cardoon plants.£2.00 each
Young Monkey Puzzle Trees...2 years old..£5.00 each
Young Hazelnut Trees..3ft...£6.00

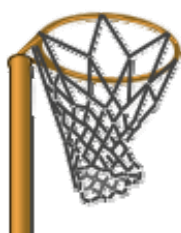


OLD SPORTS EQUIPMENT AVAILABLE TO A GOOD HOME!

We have 2 netball nets and a tumbling mat that have been deemed unusable for the school, but are still perfectly good for private use (netball nets are not padded and have an old-style type of netting, and there is stuffing coming loose from the mat).

If you are interested in these items, we are happy to give them away, providing that they are NOT used by any groups (individuals only) and that it is understood that Rousay Primary School has no liability whatsoever regarding any injury that may occur once the items leave the school.

Please email the school at admin.rousay@glow.orkneyschools.org.uk if you are interested in any of the items or would like more information about them.



ROUSAY NEEDS



Rousay Community Association

Secretary

The RCA is looking for a secretary. This is a vital role within the community. Without the secretary many of the community functions and events may be in jeopardy.

Duties would include taking the minutes of the RCA meetings, and a small amount of end-of-year paperwork.

If you are interested and would like out find out more please give Carole a call on 821234



A fond farewell and THANK YOU to Wendy Carroll

Wendy a founder member of The Crafthub cic has supported us in many ways over the last five years, as a volunteer, crafter and Chair of the Board of Directors. Her input has been invaluable and Wendy will be sorely missed by all at The Crafthub.

We wish you well in your new home near Inverness and look forward to receiving a parcel of crafter goods once in awhile.

If anyone would like to join us as voluntary Directors or Helpers just pop in for a chat. If you can spare a few hours, whether on a regular basis or just now and then, we'd be delighted to hear from you.

We are always interested in hearing community ideas and suggestions from groups and individuals so please come and talk to us and we'll see what we can do to make things happen.

OPEN DAILY

11am to 5.30pm

Every Monday – Coffee Mornings

10.45am to 12.45pm *note new time

Every Thursday – Coffee Morning

10am – 11am

Coffee and cake £3

Just In!

A range of hand-knitted items from REW crafters

An introductory selection of jewellery from ORTAK

Orkney Archaeology Review 2017 – featuring Rousay

New pottery - hand-made tea, coffee and espresso mugs from Andrew Appleby

Orkney Calendars 2019 – Charles Tait

Beautiful Orkney art work mugs signed by Ingrid Grieve

BACK IN STOCK

Rousay Remembered by Tom Linney – NOW IN PAPERBACK



THE CRAFTHUB Community Interest Company

WORKSHOPS

Everyone welcome

BLIDE TRUST

These workshops facilitated by The Blide Trust have proved so popular that the Blide Trust have scheduled an additional workshop in August for us.

Day: Friday 3rd August - time: 11.30am to 3pm

Everyone welcome

Nuno Felting with Kathy Potts

Mindfulness session

FREE workshop including sharing lunch

CHILDRENS SUMMER HOLIDAY ART CLUB

(for children aged 4 – 12)

Sessions in August – dates to be confirmed – check website!!!

COMING SOON –

Photography Weekend Workshop with James Grieve

Sat 7th/Sun 8th September – more details next month

Please contact crafthub@btconnect.com or phone 821455 during our regular opening hours with any queries.

Booking essential for all workshops

We'd also love to hear your ideas for future workshops

please check our website for updated opening times, upcoming workshops and events

please visit - www.crafthuborkney.co.uk

go to our Facebook page



At The Pier Community Interest Company

KW17 2PU
01856 821359
atthepier@mail.com

A welcome letter and membership form(s) have been sent to every household on Rousay, Egilsay and Wyre. So far we have had a fantastic response, but just to let you know - you can send your membership forms to us at any time in the pre-paid envelope supplied with the mailing or drop your forms in when you are passing the pier.

You can also bring your membership forms with you if you are able to attend either of the two planned community engagement events.

Saturday 30th June - Inaugural meeting of members 10am - 10.30am at The Crafthub

The first meeting for members of At The Pier Rousay c.i.c. and where the interim Directors stand down. All members are eligible to stand as a Director including those who have stood down.

If you would like to put your name forward to be considered as a Director you can either email or express an interest at the meeting.

Saturday 14th July - Open Community Consultation Meeting 10am at The Crafthub

This meeting is for members to bring their ideas for the use of the building, discuss any issues and provide support for the At The Pier Rousay c.i.c. proposal to apply for grant funding from the Scottish Land Fund to purchase The Pier Restaurant as a community asset - this will be done by way of a simple ballot.

If you are unable to attend on this date please let us know by email with any ideas or suggestions and we can email you a ballot paper that you can complete and return by 14th July.

ALL WELCOME - We look forward to seeing you!!!

Rousay, Egilsay & Wyre Development Trust

Community Update: July 2018

First Peedie Lap 5K Race

Huge thank you to everyone who supported out first Peedie 5K lap, the marshals, Matt & John for the ambulance and first aid cover, Kayleigh & Bailey for taking photos, to Tesco & Scottish Water for providing the water, but most of all to everyone who entered the race.

We had 81 taking part, 42 from REW. All those taking part received a certificate and finishers medal at the finish line. Thanks to the RNLI ladies for providing soup and sandwiches and in total £213.52 was raised on the day for the RNLI. Thanks also to the Rousay Fire Crew for holding an open day at our half way point.

Results and photos are on the REW DT's Facebook page and also on Around Rousay's Facebook page.



Peedie Lap

First Locals

Mollie Flaws (left)

21m 56s

**Kristian Evans (bottom left)
& Gavin Green (bottom right)**

24m 04s & 24m 05s



10th Rousay Lap Half Marathon

Our next event is our annual half marathon which will be held on 25 August 2018, registration opens at 10:00 and the race starts at 12:00. If you would like to help by being a marshal or at registration and/or the finish line, please let Helen know in the office. All volunteers will receive a £10 gift voucher for either Marion's Shop, The Taversoe or the Craithub. Entry forms are available from the office or on our website (under 'Events').

Stone Chippings Scheme

Bryan Kemp will be ready to start deliveries to REW in approximately 2 weeks as the stone chippings currently at the council are too large for driveways (more suitable for roads) and he is waiting for the smaller chippings to be ready. Bryan or Davey will be in touch directly with residents who have been notified of their award regarding delivery and spreading dates. Please be patient as there are 24 properties to deliver to, we will get to you as soon as we can.

Recent Changes at the Pier Bar and Restaurant

We are currently working with the owners of the Pier Bar and Restaurant and interested community businesses and groups to provide a community space and facility which can be used for our Charitable Purposes. REWDT will only be funding future community events and activities, which will be advertised in the usual manner, including The Review.

Rousay, Egilsay & Wyre Development Trust

Community Update: July 2018

Residents Survey 2017/18

The directors at their board meeting on 16 May have made some proposals for projects linked to the survey results. These are in the very early stages of creation and once we have details we will post the information here.

Land at Trumland Estate

REWDT have met with their Scottish Land Fund Case Officer and the Consultants who are conducting surveys and preparatory work for us to put together a Stage 2 application and work is progressing to meet the very tight timescales available to us. We have received the emerging findings and are working on a suitable application for external funding to progress this project. Look out for a community survey during July to help the board decide what options we can present to the Scottish Land Fund for future site development funding.

Getting Online for the Over Fifties



This helpful free service has been set up to encourage and help our 'slightly older folk' to get online. The focus of the club is to offer a friendly service where Clare Daintith will help you with any issues, big or small on iPads, Hudls, Kindles, Smartphones, any other tablets and general laptop usage.

If anyone would like some IT Support in their own home, so you can keep in touch with family and friends or to set up internet banking and any other online issues please give Clare a call on 01856 821287.

Clare will be setting up a monthly drop-in computer club at the Manse with refreshments and baked goods and the internet. If anyone is interested in attending, please let Clare know. Dates are still to be confirmed and will be advertised in the Review.

Shredded Paper - Great for Composting

The REWDT office has, from time to time, bags of shredded paper, which can be used for composting.

If anyone would like a bag, please let the office know and we can arrange for you to collect when available.



Rousay, Egilsay & Wyre Development Trust

Community Update: July 2018

Here's some of our current grant schemes and projects. For a grant application form for an educational bursary, driving lessons, well being grants, or our general grant fund, please go to our website or contact the Office.

All applications must be received a minimum of **two weeks** before the training/event/payment due date, whichever is earliest, as well as a minimum of **two weeks** before the planned Board meeting date.

This is to allow sufficient time for applications to be processed.



Here2Help

Regular help with a range of household tasks, at a rate subsidised by the Trust.

Contact Age Scotland Orkney direct:

Telephone: 01856 872438 (Gillian)

E-mail: gillian@ageconcernorkney.org.uk

Well Being Grants

This wide-ranging grant covers sporting, craft, arts, and other non-certified learning and general well being courses, workshops, and events. It also includes Orkney Islands Council's ActiveIslands and ActiveLife memberships. This grant scheme is open to both individuals and groups.



Car Club

Our electric vehicle is available for hire for as little as 1 hour (£2.50), or for as long as you need (24 hours costs £18).

Book the car online, where you will also find our Car Club FAQs and T&Cs.



Learning to drive?

Apply for a bursary for up to 80% of the cost of lessons (a maximum of £500 per financial year).



Apply for an **educational bursary**, for up to 80% of the cost. A maximum of £500 (adults) & £100 (children) per financial year.

Nationally-recognised qualifications only.



Opening Hours

Our 'Drop-In' times are Monday/Tuesday/Wednesday 10am-3pm. Outside of these hours, the inner door to the Manse may be locked. Thursday & Friday is by appointment only; this is to allow staff dedicated time to complete their work, without distraction.

Occasionally, all of the staff are away from the office on DT business, so if you wish to speak to us, it is always better to phone first, to make an appointment.

The next two Board Meetings are planned for
Wednesday 1st August 2018
& Saturday 22nd September 2018.



Free Wi-Fi access (plus access to a laptop and printer):
10am to 12 noon (Monday, Tuesday, Wednesday).
Contact us to arrange an appointment outwith these times.

Telephone: 01856 821 229

E-mail: info@rewdt.org

Website: www.rewdt.org



Facebook: www.facebook.com/rewdt

Directors:

John Garson (Chair), Gill Wigley (Vice-Chair), Kayleigh Tipper (Treasurer), Hilary Byland, Christina Cox, Carole Maguire, Bryan Milner, Eric Shortland, & Alan Odling. Mark Hull is a co-opted director.

Rousay, Egilsay and Wyre Development Trust is a charitable company limited by guarantee.

Co. Reg. No: SC318527 Charity Reg. No: SC040407

Registered Office: The Manse, Rousay, Orkney, KW17 2PR



Come and chat
with
Kate Lewington
from



10am – 4pm
14th August 2018

@
The Church Centre

As the new CEO of Destination Orkney, the reason I wanted to meet businesses and members and as many people as possible who are interested, invested and curious about the future direction of tourism as they see it.

In collaboration with strategic partners, I will be compiling Orkney's Tourism Marketing Strategy and Destination Management Plan, and I am keen to understand more about our membership and the benefits of it; I'd also like to gather thoughts, views and feedback about our tourism industry so that I can not only feed that into the aforementioned strategy and plan but also ensure that as many people have helped to co-produce it as possible.

Kind regards
Kate

REW Heritage SCIO

By now all residents' households should have received the REW Heritage SCIO booklet 'Stepping Back in Time', a brief history of Rousay, Egilsay & Wyre, produced by the Heritage group and the University of the Highlands & Islands as part of last year's Summer of History project.

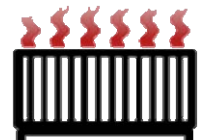
If you have not received your copy, please let Helen know at the REW DT offices and she will send you one.

Along with this you will also have received an invitation from myself to become a member of the new REW Heritage SCIO. Please return your completed forms to the REW DT office and once again, if you have not received an invitation to join our group or need more membership forms, please let Helen know.

Kind regards
Bryan Milner.



Heat Smart Orkney Ltd



DIVERTING UNUSED RENEWABLE ENERGY INTO AFFORDABLE HEATING



For more information or to join the project contact us:

Phone: **01856 821277**

Email: **info@heatsmartorkney.co.uk**

Alternatively, learn about our progress on **Facebook** by searching **Heat Smart Orkney**
and on the web at **www.rewdt.org/HSO**





Allotment Association



Membership

Annual membership is now due for the Allotment Association. If you have a plot, including the use of the sheds, and have yet to pay, please contact the office ASAP. If you wish to hire gardening equipment you will need to be a member, which costs only £5.00 per year.

Equipment for hire

The equipment we have for hire:-

Rotovator (we have both a large and small rotovator available): £10 per day plus fuel

Strimmer: £10 per day or £2.50 per hour (if preferred) plus fuel

Shredder: £10 per day

Hedge Trimmer: £10 per day or £2.50 per hour (if preferred)

Lawn Mower: £10 per day

Trailer (needed for the safe transport of the large rotovator and the lawn mower): £10 per day

Contact for plots or equipment hire

Plots are available now and the equipment is still available for hire. For information about the allotment plots, poly-tunnel plots or equipment hire, please contact Ian on 07879 496 686.

Items for sale

We still have some Tricoflex and blue plumbing pipe, plumbing connectors and plant pots for sale, please ask Ian if you are interested in any of these items.

Rousay Community Association Community Rooms Bookings

Community Rooms must be booked in advance. Failure to book may lead to the room you require being unavailable.

To book for your function, contact Sally:

Telephone: 821 383

Mobile: 07522 647 794



Orkney Citizens Advice Bureau

Next Rousay outreach visit: Wednesday 22nd August 2018, 11:30am to 2:30pm, in the Church Centre.

We are there to advise on any issue. To make an appointment or arrange a home visit, please contact 01856 875266 no later than Thursday 16th August.

Stephen Clackson's Letter from School Place

June 2018

Telling you what your councillor is doing for you at OIC and beyond

On the 30th May the *Islands (Scotland) Bill* was passed unanimously in the Scottish Parliament, which, when it receives Royal Assent, will become the *Islands (Scotland) Act 2018*. This is the crowning achievement of the *Our Islands Our Future* project initiated by former OIC Convener Dr Steven Heddle and the Constitutional Reform Working Group, of which I was a member. The Act is "to make provision for a national islands plan; to impose duties in relation to island communities on certain public authorities; to make provision about the electoral representation of island communities; and to establish a licensing scheme in respect of marine development adjacent to islands". Scottish Ministers will have a duty to consult island communities before making any material change to a policy, strategy or service likely to have an effect on an island community which is significantly different from its effect on other communities. This is the so-called "island proofing" concept.

We now need a corresponding culture change at OIC for "proofing" our own islands. Encouragingly, in the *Non-linked Isles Locality Plan 2018-2021* drawn up by The Orkney Partnership, one of the aimed-for outcomes (informed by the *Your Island Your Choice* survey) is that "'Isles-proofing' is applied to all new local policy developed by the Council ...".

At the meeting of our Policy & Resources Committee, the OIC Chief Executive agreed to consider a formal process for doing this. The OIC Leader said that "when we are looking for a thousand extra jobs" in Orkney through an "islands deal", "we also need to bear that in mind that we are looking for extra jobs, new jobs to go to our islands." I shall be keeping watch!

At the same meeting, the good news was reported that OIC has been invited to join the HYSEAS III project consortium and thereby get a free, hydrogen-fuelled ferry to be trialled on the Kirkwall-Shapinsay route. A more contentious issue was that of the provision of free school meals for all pre-school and nursery children. I have difficulty with Government Scotland coming up with schemes and then failing to fund them properly. Personally, I would prefer the money they are making available for their "flagship" *Early Learning & Childcare* to be given directly to parents to spend at their discretion, either to support a parent to stay at home and bring up their children themselves in the traditional way, or to be spent on childcare to permit both parents to go to work. In fact, the whole *Early Learning & Childcare* and associated *Named Person Scheme* reminds me uncomfortably of how things were done in some Eastern European countries back in the communist days, when children had to be brought up in the party dogma: "Give me a child until he is seven, and I will give you the man."

NB: All children entitled to free school meals and P1 to P3 pupils will continue to have their school lunches paid for by OIC.

After the meeting of the Orkney College Management Council, members were treated to a tour of the new premises of the Institute for Northern Studies at Scott's House in Hatston (see photograph below). The building might not look much from the outside, but its large windows give a splendid panoramic view of the town across Kirkwall Bay, which compares very favourably with the famous view across the Sound of Sleat from that other UHI institution, Sabhal Mòr Ostaig on Skye.

We all live close to the sea and frequently travel across it, so it is critical that all children in Orkney should learn to swim.

Therefore, at the meeting of the Education, Leisure & Housing Committee, I tabled an amendment to reverse a proposal from the Pickaquoy Centre Trust to remove the 50% discount for children's swimming lessons enjoyed by holders of the ActiveLife card. Regrettably, my amendment failed, 8 votes to 3.

Other meetings I've attended in Kirkwall this month include those of the Monitoring & Audit Committee, Orkney Health & Care Committee, the Board of Orkney Ferries, and my first meeting as an OIC member of the Council of the Society of the Friends of St Magnus Cathedral. I was also at the Community Council Conference and was pleased to see all eight of the North Isles community councils represented. (Unfortunately, the conference clashed with the official opening of the Kalisgarth Community Garden, so sadly I had to turn down an invitation to come to Westray for that.) Community Council Conferences are going to become a regular event, the next one being planned for the 2nd October.

Beyond Orkney, I travelled to Thurso for a meeting of the Dounreay Stakeholder Group. It is here that I learned of the proposed vertical launch facility near Tongue for sending small commercial satellites into space. I wonder if there is scope for Orkney to be involved in such a project, for example by hosting a satellite tracking station in the North Isles.

Out in the Isles, I went to a meeting of the Sanday School Parent Council (where it was reassuring to hear that inspectors had rated the nursery "very good" for the quality of its management & leadership), and meetings of both Westray's and Shapinsay's community councils. It was unfortunate that I had to miss the North Isles Sports in Stronsay, particularly as my younger daughter was competing in the 100m, 200m, 400m (which she won), high jump, long jump, relay and netball.

I shall be coming to Eday for their community council's meeting on the 27th June, then there is only the General Meeting of the full council to come before our summer recess. As an Isles councillor who actually lives in the Isles, I have to do a lot of travelling and spend many nights away from home in order to carry out my council duties, so I am looking forward to the recess for time to catch up on all those tasks I've had to neglect in the meantime.

CLlr Dr Stephen Clackson
West Manse, Sanday
stephen.clackson@council.orkney.gov.uk

Letter from School Place is available for downloading at lfsp.pbworks.com



ROUSAY HEALTHY LIVING CENTRE

(01856 821 443)

Opening Hours

Supervised Session Hours

Monday 19:00 – 21:00*

Tuesday 19:00 – 21:00*

Thursday 19:00 – 21:00*

Saturday 16:00 – 17:00

*The gym will close at 20:15 if empty

Temporary Changes to Supervised Sessions:

Tuesday July 3rd 18:45 – 20:30

Tuesday August 7th 18:45 – 20:30

Tuesday September 4th 18:45 – 20:30

FATBURN

EXTREME

Rousay Community School Hall
Sunday 11am

FREE - ActiveLife & ActiveIslands
50p - ActiveBudget Members
£4.25 - Standard Session Fee



Keep up to date with our official Facebook page and groups:

"Rousay Healthy Living Centre"

"Rousay Fatburn Extreme"

"RHLC Buddy System"

"Rousay Boxercise"

Buddy Session Hours

Sunday 10:45 – 11:45 (during Rousay FBX)

RHLC School Holiday Buddy Sessions

By kind permission of Sally Norquoy

Tuesday 3rd – Thursday 19th

09:30 – 11:00

Due to staffing issues we are regretfully unable to provide any additional supervised sessions during the school holidays

Remember to keep an eye on our Facebook pages for any updates

