

Supporting the Role of Parents

in

Mulbuie and Ferintosh Primary Schools



Developing Children's Relationship Skills

Social code

We are:

'Resilient, Respectful and Reaching our potential'

Helpful and kind

Achieving with confidence

Proud and independent

Prepared for life

YOURSELF

HELPING CHILDREN LEARN ABOUT RELATIONSHIPS

We understand that we have to help children to learn resilience, tolerance, empathy and respect for others.

This type of learning forms a significant part of the work we do in school, and underpins all learning.

Children begin learning about relationships from the moment they are born, and continue to do so for their whole lives. Successful relationships with others are important for us all and can positively affect both our self-esteem and self-image.

If your child is finding relationships difficult here are some pointers which may help your child:

Do

Expect your child to treat others with respect.

Don't

Speak disrespectfully of others in your child's earshot.



Respect



TOLERANCE
mean THAT **WE AGREE,** OR IGNORE EACH OTHER.
IT MEANS: We make SPACE
for **OTHER PEOPLE'S** DIFFERENT WRONG INTERESTING ODD **OPINIONS.**

Tolerance



Do

Model tolerance. Children learn from us.

Don't

Expect other children to get it right all the time. They make mistakes too.

Do

Help your children to learn how to manage situations that they don't like by talking with them about their behaviour and how they acted. Explore how this affected the situation and what they did well or might do differently.

Don't

Talk with your children about the behaviour of other children – this does not help them learn anything except intolerance.



HELPING CHILDREN LEARN ABOUT RELATIONSHIPS

The greatest glory in living

lies not in never falling,

but in rising every time we fall.

Nelson Mandela

Do

Remind your child regularly how you expect them to behave with others.

Don't

Tell your child he or others are bad. Label the behaviour, not the child.



Resilience

Do

Ask your child what went well in school, who they helped, something kind they did.

Don't

Worry if everything did not go well. We learn to be resilient from things that go wrong.



Do

Seize everyday opportunities to model—and induce—sympathetic feelings for other people. If you observe someone in distress (in real life, on TV, or in a book), talk with your child about how that person must feel. Even a very brief conversation will have an effect.

Don't

Label things as unfair with your child – this can develop the idea of your child as a victim.

Empathy - being aware of and sharing another person's feelings, experiences, and emotions.

Do

Foster self-esteem in your family. Children who feel good about themselves tend to be more courteous towards others. Tell your child they are great and celebrate when they do well or act selflessly towards someone.

Don't

Panic or get too cross if your child makes a mistake. Children who are not happy or secure within themselves can find it difficult to value and respect others.



Empathy

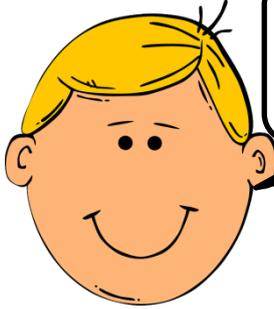
Do

Listen to your child and encourage them to talk about what is happening and how they respond to it.

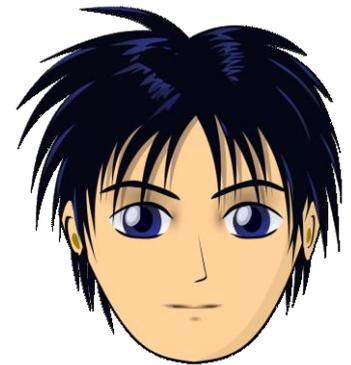
Don't

Worry about what other children are doing. It is your child that matters!

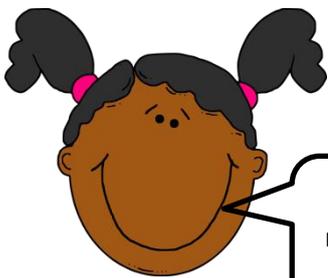
The children's views



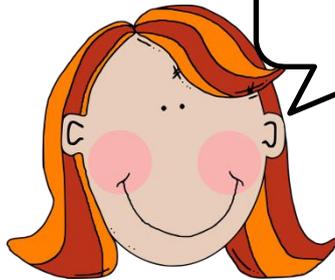
We are still learning, and so we need people to forgive us when we make mistakes.



We learn tolerance when others are patient with us.



To have good relationships, we need to learn to listen to others.



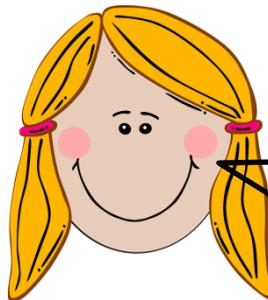
Empathy is understanding how others feel.



Good relationships are built on understanding. To have good relationships, we need to understand others.



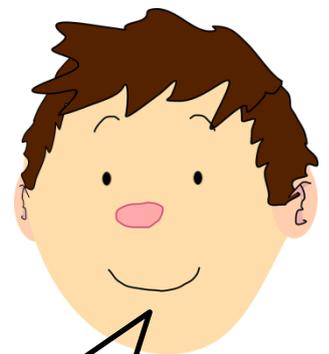
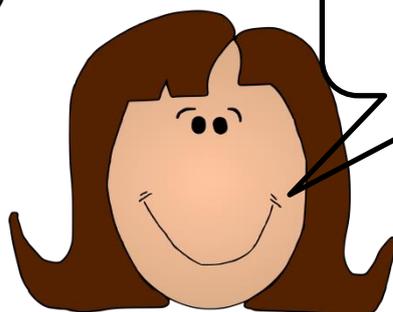
Loyal friends are ones that stick up for me. Having loyal friends helps me learn to trust and be resilient.



We learn resilience by learning to understand others and why they might do certain things



Good relationships are about caring, helping, listening and understanding



I learn empathy by talking to my mum about what is going on.