

## Spring/Summer 2021 – Early Years Temporary Hot/Cold Menu from 19<sup>th</sup> April to date to be confirmed by school

Week 1: weeks commencing 19<sup>th</sup> April, 10<sup>th</sup> May, 31<sup>st</sup> May, 21<sup>st</sup> June, 30<sup>th</sup> August, 20<sup>th</sup> September

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato Pizza served with Seasonal Veg & Salad <sup>v</sup>	Savoury Mince (Beef or Quorn) & Tatties served with Seasonal Veg	Breaded Fish <sup>MSC</sup> & Boiled Potatoes served with Seasonal Veg & Salad	RT Chicken (or Roasted Veg) Curry & Boiled Riceserved with Seasonal Veg & Salad	Hot Dog in a Roll (pork or Quorn) served with Seasonal Veg & Salad
Homemade Soup <sup>v</sup> & Egg Mayonnaise Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup <sup>v</sup> & Tuna Mayonnaise Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup <sup>v</sup> & Cheese Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup <sup>v</sup> & Ham Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup <sup>v</sup> & Sliced RT Chicken Sandwich served with Veg Sticks, Salad or Grated Carrot
Fresh Fruit served with Flapjack	Fresh Fruit served with Ice Cream	Fresh Fruit served with Oaty Shortbread	Fresh Fruit Salad	Fresh Fruit served with optional Natural Yoghurt

### Meals consists of 2 courses: Choice of Orange, Green or Blue Meal plus Dessert

ALL MEALS WILL BE SERVED WITH A CHOICE OF 2 HOT SEASONAL VEG OPTIONS AND/OR SALAD.

MILK AND WATER ARE AVAILABLE TO DRINK EVERY DAY.

<sup>v</sup>Vegetarian; # Venison Burger – 64% Venison/28% Lamb; <sup>MSC</sup> certified by the Marine Stewardship Council; RT Red Tractor; \* Vegetarian option available

*Please check if your school is offering a 3 Choice menu, 2 Choice menu, Single Choice menu or Grab & Go Friday menu.*

*Some meals may be subject to change due to unforeseen circumstances. We will attempt to communicate changes to you locally where possible.*

Contact us Email: [cl.catering@highland.gov.uk](mailto:cl.catering@highland.gov.uk) / Tel: 01463 644102 / Write: Ruthven House, Drummond Road, Inverness, IV2 4NZ.

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**Week 3:** weeks commencing 3<sup>rd</sup> May (hol), 24<sup>th</sup> May, 14<sup>th</sup> June, 23<sup>rd</sup> August, 13<sup>th</sup> Sept (in-service), 4<sup>th</sup> October

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognese (Beef or Quorn Mince) served with Seasonal Veg & Salad	RT Chicken Fillet Bites & Savoury Rice served with Seasonal Veg & Salad	Steak (or Vegetable) Pie & Mashed Potatoes served with Seasonal Veg & Salad	Butcher's Sausages (or Quorn Sausages) & Mashed Potatoes served with Seasonal Veg & Salad	Roast RT Chicken with Gravy & Boiled Potatoes served with Seasonal Veg
Homemade Soup <sup>v</sup> & Tuna Mayonnaise Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup <sup>v</sup> & Egg Mayonnaise Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup <sup>v</sup> & Sliced RT Chicken Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup <sup>v</sup> & Ham Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup <sup>v</sup> & Cheese Sandwich served with Veg Sticks, Salad or Grated Carrot
Fresh Fruit served with optional Natural Yoghurt	Fresh Fruit served with Muffin of the Day	Fresh Fruit served with Ice Cream	Fresh Fruit served with Oaty Shortbread	Fresh Fruit Salad

### Meals consists of 2 courses: Choice of Orange, Green or Blue Meal plus Dessert

ALL MEALS WILL BE SERVED WITH A CHOICE OF 2 HOT SEASONAL VEG OPTIONS AND/OR SALAD.

MILK AND WATER ARE AVAILABLE TO DRINK EVERY DAY.

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**Week 2:** weeks commencing 26<sup>th</sup> April, 17<sup>th</sup> May, 7<sup>th</sup> June, 16<sup>th</sup> August (in-service), 6<sup>th</sup> September, 27<sup>th</sup> September

Monday	Tuesday	Wednesday	Thursday	Friday
Salmon Nibbles <sup>MSC</sup> & Cous Cous (or Maratoni Cheese & Crusty Bread) served with Seasonal Veg & Salad	Beef/Venison <sup>#</sup> Burger served with Seasonal Veg & Salad	RT Chicken Pasta Bake & Crusty Bread served with Seasonal Veg & Salad	Roast Beef with Gravy & Boiled Potatoes served with Seasonal Veg	RT Chicken (or Veggie) Curry & Boiled Rice with Seasonal Veg & Salad
Homemade Soup <sup>V</sup> & Sliced RT Chicken Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup <sup>V</sup> & Cheese Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup <sup>V</sup> & Ham Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup <sup>V</sup> & Egg Mayonnaise Sandwich served with Veg Sticks, Salad or Grated Carrot	Homemade Soup <sup>V</sup> & Tuna Mayonnaise Sandwich served with Veg Sticks, Salad or Grated Carrot
Fresh Fruit served with Carrot Cake	Fresh Fruit served with Oat & Sultana Cookie	Fresh Fruit Salad	Fresh Fruit served with optional Natural Yoghurt	Fresh Fruit served with Fruit Jelly

### Meals consists of 2 courses: Choice of Orange, Green or Blue Meal plus Dessert

ALL MEALS WILL BE SERVED WITH A CHOICE OF 2 HOT SEASONAL VEG OPTIONS AND/OR SALAD.

MILK AND WATER ARE AVAILABLE TO DRINK EVERY DAY.

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