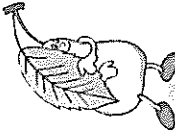
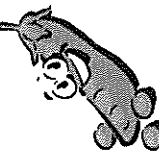
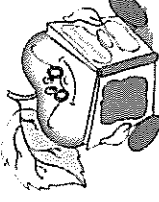
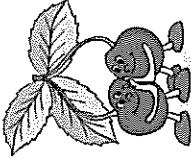



Sandwich fillings can be in wraps or rolls for variation

## August 2020: Temporary Primary hot and cold meal choices

WEEK 1 commencing WEEK 1 commencing 17th August, 14th September (In-Service) - subject to change

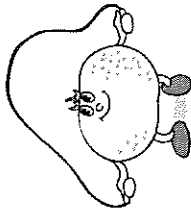
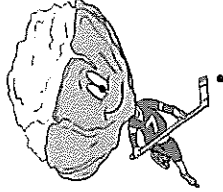
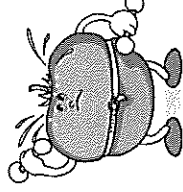
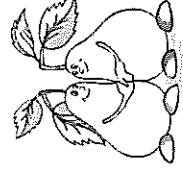
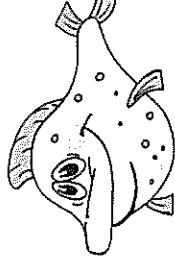
Monday	Tuesday	Wednesday	Thursday	Friday
 Butcher's Sausages, Seasonal Veg & Mashed Potatoes Or Ham (or Cheese) Sandwich With Homemade soup where possible & Veg Sticks / Salad selection Home Bake & Fresh Fruit	 Cheese & Tomato Pizza, Salad, Seasonal Veg & Potato Wedges Or Egg Mayo Sandwich With Homemade soup where possible & Veg Sticks / Salad selection Home Bake & Fresh Fruit	 Breaded Haddock, Salad, Seasonal Veg & Chips Or Sliced Chicken (or Egg Mayo) Sandwich With Homemade soup where possible & Veg Sticks / Salad selection Home Bake & Fresh Fruit	 Chicken Curry, Seasonal Veg, Salad & Boiled Rice Or Tuna Mayo (or Cheese) Sandwich With Homemade soup where possible & Veg Sticks / Salad selection Home Bake & Fresh Fruit	 Herby Tomato Pasta Bake, Crusty Bread, Salad & Seasonal Veg Or Cheese Sandwich With Homemade soup where possible & Veg Sticks / Salad selection Home Bake & Fresh Fruit

# SMART LIFESTYLE

## August 2020: Temporary Primary hot and cold meal choices

WEEK 4 commencing 10<sup>th</sup> August (Hol), 7<sup>th</sup> September, 5<sup>th</sup> October - subject to change

Sandwich fillings can be in wraps or rolls for variation

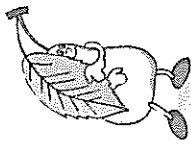
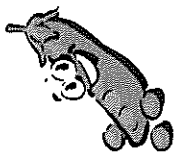
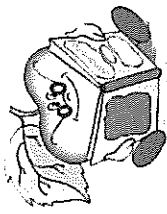
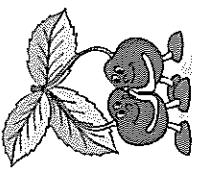

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Salmon Nibbles, Salad, Seasonal Veg &amp; Chips</p> <p>Or</p> <p>Cheese Sandwich</p> <p>With</p> <p>Homemade soup where possible &amp; Veg Sticks / Salad selection</p> <p>Home Bake &amp; Fresh Fruit</p>	 <p>Macaroni Cheese, Salad, Seasonal Veg &amp; Garlic Bread</p> <p>Or</p> <p>Sliced Chicken Sandwich</p> <p>With</p> <p>Homemade soup where possible &amp; Veg Sticks / Salad selection</p> <p>Home Bake &amp; Fresh Fruit</p>	 <p>Chicken Curry, Salad, Seasonal Veg &amp; Boiled Rice</p> <p>Or</p> <p>Egg Mayo Sandwich</p> <p>With</p> <p>Homemade soup where possible &amp; Veg Sticks / Salad selection</p> <p>Home Bake &amp; Fresh Fruit</p>	 <p>Homemade Sausage Roll, Salad, Seasonal Veg &amp; Potato Wedges</p> <p>Or</p> <p>Ham (or Cheese) Sandwich</p> <p>With</p> <p>Homemade soup where possible &amp; Veg Sticks / Salad selection</p> <p>Home Bake &amp; Fresh Fruit</p>	 <p>Beef Lasagne, Salad &amp; Seasonal Veg</p> <p>Or</p> <p>Tuna (or Egg) Mayo Sandwich</p> <p>With</p> <p>Homemade soup where possible &amp; Veg Sticks / Salad selection</p> <p>Home Bake &amp; Fresh Fruit</p>

# SMART LIFESTYLE

## August 2020: Temporary Primary hot and cold meal choices

WEEK 3 commencing 31st August, 28th September - subject to change

Sandwich fillings can be in wraps or rolls for variation

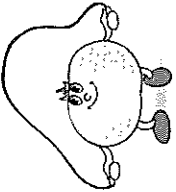
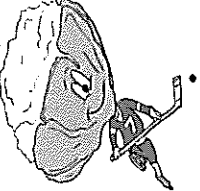
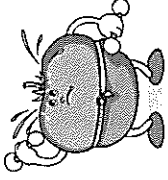

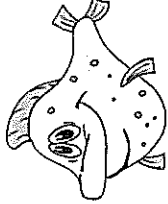
Monday	Tuesday	Wednesday	Thursday	Friday
 Cheese & Tomato Pizza with Quorn topping, Salad & Seasonal Veg  Or  Egg Mayo Sandwich  With  Homemade soup where possible & Veg Sticks / Salad selection  Home Bake & Fresh Fruit	 Beef Casserole, Seasonal Veg & Boiled Potatoes  Or  Tuna Mayo (or Cheese) Sandwich  With  Homemade soup where possible & Veg Sticks / Salad selection  Home Bake & Fresh Fruit	 Roast Chicken, Gravy, Seasonal Veg & Roast Potatoes  Or  Cheese Sandwich  With  Homemade soup where possible & Veg Sticks / Salad selection  Home Bake & Fresh Fruit	 Jacket Potato, Cheese, Salad & Seasonal Veg  Or  Sliced Chicken Sandwich  With  Homemade soup where possible & Veg Sticks / Salad selection  Home Bake & Fresh Fruit	 Butcher's Hot Dog Sausage in a Roll with Salad & Seasonal Veg  Or  Ham (or Egg Mayo) Sandwich  With  Homemade soup where possible & Veg Sticks / Salad selection  Home Bake & Fresh Fruit

# SMART LIFESTYLE

## August 2020: Temporary Primary hot and cold meal choices

WEEK 2 commencing, 24th August, 21st September - subject to change

Sandwich fillings can be in wraps or rolls for variation

Monday	Tuesday	Wednesday	Thursday	Friday
 Salmon Fillet, Seasonal Veg, Salad & Potato Wedges  Or  Cheese Sandwich  With  Homemade soup where possible & Veg Sticks / Salad selection  Home Bake & Fresh Fruit	 Macaroni Cheese, Salad, Seasonal Veg & Garlic Bread  Or  Egg Mayo Sandwich  With  Homemade soup where possible & Veg Sticks / Salad selection  Home Bake & Fresh Fruit	 Beef/Venison Burger in a Bun, Salad, Seasonal Veg & Chips  Or  Ham (or cheese) Sandwich  With  Homemade soup where possible & Veg Sticks / Salad selection  Home Bake & Fresh Fruit	 Chicken Fillet Bites, Seasonal Veg, Salad & Mashed Potatoes  Or  Tuna (or Egg) Mayo Sandwich  With  Homemade soup where possible & Veg Sticks / Salad selection  Home Bake & Fresh Fruit	 Pasta Bolognese, Seasonal Veg & Salad  Or  Sliced Chicken (or Cheese) Sandwich  With  Homemade soup where possible & Veg Sticks / Salad selection  Home Bake & Fresh Fruit