



## What can you do to help Earth?

An evening gathering to provide information about how you might live more sustainably and, along the way, save yourself some money.

**Wednesday, 20<sup>th</sup> March at 7.00 pm in Glenuig Hall**

- **First.** Three short talks on energy saving in the home, recycling glass and other waste, and generally living in a more sustainable way.
- **Second.** A small display from the Lochaber Environmental Group (LEG) and information from the Highland Council
- **Third.** A chance to see the new LED lighting in the Hall and feel the difference between the different types of light bulbs.
- **Fourth.** An open discussion over a glass of wine (or two) with the chance to raise questions on environmental issues with experts from LEG: such as free energy surveys, free refurbished bicycles, electric cars and bikes, insulation, composting, growing your own food.....
- **Fifth.** A free LED light bulb (standard shape with a bayonet fitting). Available on a first-come basis with a limit of one per household.

Hope to see you on the evening.

Martyn Green

*On behalf of the Directors of Glenuig Community Association*