### Ladies' Group

The Ladies will be meeting on Monday the 7th of August at 1:30pm We will be knitting and **nattering.** 

### Praise & Worship

There will be NO Praise & Worship Meeting this month. The next one is on Thursday 7th of September at 7:00pm

### Do keep in touch

Recordings of our Sunday Family Services can be accessed from the Homepage of our website. The Newsletter can be printed from the website. Do checkout the latest messages on the website.

Our website-:www.mountpleasantgospelhall.co.uk

Our email address: mpghlowestoft@gmail.com



## Tuesdays

Tuesday is Coffee Morning





Do pop in



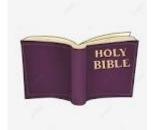
The Coffee Mornings continue through the holiday season. However please note that there will be no Coffee Morning on Tuesday 29<sup>th</sup> August as on this date we have the privilege of holding the Wedding Service of Philip Overy and Anna Davies. Our prayers and best wishes are with Philip and Anna as they come together in Christian marriage

#### Tuesday Evening Prayer & Bible Teaching

7:00-7:30 Prayer

7:30-8:00 Bible Teaching

8:00 Refreshments followed by discussion



# Family Service

Sundays at 4:30pm. Everyone welcome

Those taking the Service in August

06 Ken Castleton -Tea follows

13 -Ken Castleton -Refreshments follow

20 Nigel Wren - Refreshments follow

27 Nigel Wren - Refreshments follow



## River Trip

The Ladies had a very good time on their day out on July 3rd. We all met at the Hall at 11.15 and the coach left at 11.30 to take us to Oulton Broad. We went to The Wherry Hotel for lunch. Following a lovely lunch we made our way over to the Broad where we boarded the Waveney Princess for our trip. We had a very good commentary as we journeyed up the Broad. We were told a lot of historical facts about the area, and it was pointed out to us some improvements to the conservation areas as we passed by. We saw a Kestrel, a Marsh Harrier and a Heron flew past the boat. We were told that there were reed buntings and reed warblers nesting in the reeds but they were very shy and we did not see them or the Kingfishers who were there in the morning.

And he arose, and rebuked the wind, and said unto the sea, Peace, be still. And the wind ceased, and there was a great calm. Mark 4:39

## Work Party

On Saturday the 15<sup>th</sup> of July about 15 willing workers met at the Hall at about 10:00am to do a whole variety of jobs in the Hall and the car park and borders. After the work session we sat down to enjoy a lovely meal the ladies had prepared.















