Praise & Worship

Thursday July 7 at 7.00pm

Ladies' Group

Monday 4th July at 1:30pm.

A lady will speak about the Shoe-box Ministry.

A box is at the back of the Hall for items for Shoe-boxes

Home Bible Study Group

on Thursday the 14th and 28th

at 7:30 at Nigel & Caroline's

Email Address

Please note you can now contact us by email mpghlowestoft@gmail.com

Website

Recordings of our Sunday Evening services can be accessed from the Homepage of our website.

The Newsletter can be printed from the website.

Do checkout the latest messages on the website.

Our website-:www.mountpleasantgospelhall.co.uk



July 2022

If only you had said, by Nigel Wren

I got into the back of the taxi which had just arrived to take us home from the Garden Centre where we had purchased several plants, which I put into a flat box. I declined the offer of putting the box in the car boot to save the driver time and trouble and instead had them in the car with me. The journey took quite a while as we were held up at a set of temporary traffic lights for several minutes. In the conversation that we had the driver said that he suffered from hay fever. I immediately apologised for having a box of plants in his car and I thought if only he had said at the outset that he suffered in that way I would have taken up his offer and put the box in the car boot.

I reflected back on people I had known who were in difficulty of a personal, emotional or financial nature and kept it hidden and never said what was troubling them. The bottling of things up and the thought that no-one cared or understood led to some sad outcomes. If only they had said, they might well have been helped.

Many are going through difficult times with issues relating to the cost of living which are made worse if the mortgage payment or rent goes up or there is a drop in household income. Don't bottle things up! We can feel that if we need help that somehow we are inadequate or have failed. That though is definitely not the case. As brothers and sisters in Christ we are here to help one another. As members of the one body of Christ the members have a care and concern for other members.

Paul says in Galatians 6:2, "Bear you one another's burdens, and so fulfil the law of Christ." How can I bear my brother's burdens if I don't know what they are?

Meeting Time changes in September

6:30pm Sunday Service

Moves to



4:30pm Sunday

Starting on

September 4

Family Service everyone welcome

Refreshments follow.

The literature on the booktable is all free.

7:30pm Tuesday
Meeting
Moves to



7:00pm Tuesday.

Starting on September 6

7:00 – 7:30 Prayer

7:30-8:00 Teaching

Refreshments and discussion follow the close of the Meeting.

Speakers for 6:30pm Sunday Services

- 3 Nigel Wren
- 10 Nigel Wren
- 17 Nigel Wren
- 24 Andrew Fenwuck
- 31 T. B. A.



Coffee Morning

Every Tuesday10:00-12.00

Prayer Meeting

Tuesday at 7:30pm

Children's Club (age 5-11 years)

6:30 - 7:30pm every Wednesday in Term Time

*A registration form will need to be completed on the first session attended by a parent or guardian

Visit of Jonathan Hughes on Wednesday 14 September at 7:00PM Jonathan will be speaking on the Emmaus Course ministry